



Melissa Stevenson, MA, LMFT
Executive Director

Melissa Stevenson joined BrightQuest Treatment Centers San Diego as Executive Director. She returns to BrightQuest after spending four years with Foundations Recovery Network. Melissa came to BrightQuest from Foundations Recovery Network, where she was the Executive Director of Foundations San Diego. She began her career in the treatment field working with homeless veterans who were suffering from addiction and mental illness. Since that time, Stevenson has honed her skills in environments that include couples, families and groups, fostering health and recovery from co-occurring disorders. She has a strong commitment to helping those around her find healing, believing that recovery is always possible. Her extensive experience working with trauma, psychosis, depression, anxiety and addiction in both for-profit and nonprofit mental health programs includes stints as director at Foundations San Francisco, program director for a therapeutic community in San Diego and associate director for evidence-based programs in the San Francisco Bay Area. Melissa is a Licensed Marriage and Family Therapist (LMFT 50226).