

Melissa Stevenson began her treatment career in San Diego working with homeless veterans who were suffering from mental illness and addiction. Since that time, she has honed her skills by working with individuals, couples, families and groups to foster health and recovery from co-occurring disorders. She has extensive experience working with trauma, psychosis, depression, anxiety and addiction in both for-profit and non-profit mental health programs. She has also worked in mental health primary programs as well as addiction primary with a focus on co-occurring disorders.

After becoming licensed as a Marriage and Family therapist in 2011, Melissa held multiple Director roles for programs ranging from San Francisco to San Diego. In many ways, joining the BrightQuest team has been like coming home to Melissa. She feels it has been an honor to get the chance to lead a program that helped her launch not only her career, but also her understanding of therapy.