

A Prevention Education Initiative
For Older Adults

Generation Rx

Safe Medication Practices in Today's Prescription Drug Epidemic

A Panel Discussion featuring

- **Reisa Berg, LMSW**
Director of Education and Prevention
Long Island Council on Alcoholism and
Drug Dependence (LICADD)
- **Howard Jacobson, R.Ph.**
President, Long Island Pharmacists Society
- **Richard Koffler LCSW-R, CASAC-G**
It's Never too Late: Nationally Recognized
Older Adults Chemical Dependency Outreach Program
- **Paulette Phillippe**
Advisory Committee Member
Families in Support of Treatment (F.I.S.T.)
Senior Citizen who lost her grandchild to opioid overdose



According to the National Institute on Drug Abuse, as of 2014, prescription drug misuse or abuse is increasing among people in their fifties. Older adults are likely to experience more problems with relatively small amounts of medications because of increased medication sensitivity, and slower metabolism and elimination. Older adults are at higher risk for medication misuse than the general population because of their elevated rates of pain, sleep disorders/insomnia, and anxiety.

This program is sponsored by the Caring Committee of the Unitarian Universalist Congregation at Shelter Rock
For more information or to RSVP, contact

Kimberly Rossiter, Assistant to the Ministers at 516-472-2941 or Manhasset CASA at 516-267-7548

