

Advent 2025: Sensing the Way Through Advent

The Advent season is full of so many different stimuli. The world around us becomes, or is already transformed with the bells and whistles and stuff of Christmas and other light-filled holidays or just really basic consumerism stuffed existing it can be easy to forget or to be overwhelmed. The world around us operates on the notion that we are not stimulated enough and provides us with what it sells to us as cures for our inadequacies. But there has to be a different way to wait?

Humans have been gifted with the five senses of touch, taste, smell, sight and hearing (to varying degrees) and with them every day we endeavor to understand and exist in the world. There's nothing more human than feeling, than sensing, not in an overwhelming way but in a way that invites us into taking the time to truly experience the fullness of what it means to be human. After all, Jesus was a human among us, and as did our parents, his mother too waited for his arrival, amidst her changing and tumultuous world.

In this waiting season, we will engage the five senses alongside the hope, peace, joy and love that awaits us in the coming of Christ.