



BROOKFIELD COMMUNITY CAFÉ



OPEN: Monday-Friday
11:00 AM - 2:00 PM
Lunch Served at 11:30 AM



Join Us For:

- A Nutritious Lunch
- Exercise
- Bingo & Games
- Nutrition Education
- Parties, Trips & More!

Health is an important factor for remaining independent as we age. Our Café Programs address the need for socialization and nutrition education.

We ask for a small \$3.00 voluntary contribution per meal. However, no one is turned away if they are unable or unwilling to contribute.

Menu and activity calendars are available for pickup each month!

For more information, contact us at (708) 310-4434.

We are located at:

9022 31st. Street
Brookfield, IL 60513
In the Town of Brookfield
Brookfield Elks Lodge





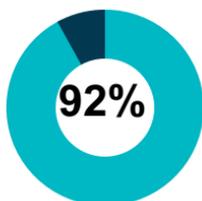
BERWYN, CICERO & LYONS TOWNSHIP MEALS ON WHEELS



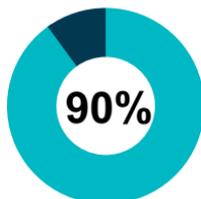
Delivering Monday-Friday 9:00 AM - 2:00 PM

Hot meals are brought to the client's door by a friendly volunteer delivery driver. If you know someone who could benefit from Meals on Wheels, Contact us at (708) 310-4434

MEALS ON WHEELS HELPS SENIORS STAY IN THEIR OWN HOMES.



says it enables them to remain living at home



says it makes them feel more safe and secure

KEEP SENIORS OUT OF HOSPITALS AND NURSING HOMES SAVES BILLIONS IN MEDICARE AND MEDICAID COSTS.



1 YEAR

=



1 DAY

We can provide a senior Meals on Wheels for **1 YEAR** for roughly the same cost at **1 DAY** in a hospital.

More than **570** individual meals are delivered every day throughout Brookfield Township.

This year alone, we anticipate to deliver more than **95,000** meals in this area, helping to keep seniors in their homes!

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