

EVERYBODY CAMP PROGRAMS

Meet every day with the same small group over Zoom. Times are EST.

Week One (July 6-10)

Zumba with Sarah, 9 am

Come dance, move, get sweaty, and have a party! Zumba is a fun, aerobic, dance workout that's sure to liven up your morning! Ages 7- adult welcome, no equipment needed.

Intro to Guitar with Ian and Lily, 9 am

Learn some guitar basics! We'll be strumming, learning chords, and hopefully playing some Friends Camp classic tunes. Ages 12-17, no experience necessary. Bring your own guitar!

Recess with Danny, 10 am

It's time to play!!!! All you love about recess-- now online! Bring yourself, your sense of competition, and your game face!! Ages 7-12, no equipment needed.

Rising Leaders with Emma, 10 am

Programs. Electives. Cabin Time... There's so much that goes into being a Friends Camp leader, but it's even more than what the camp schedule suggests! In Rising Leaders, we will learn more about ourselves and about working at a Quaker camp. Together, we will use our knowledge to explore how to become more peaceful, patient, and effective leaders. Open to all campers ages 16- 17, no equipment needed. If you are hoping to be a Rising Leader at camp in the future, this will be a helpful introduction. Please note, this is a TWO WEEK program, running from July 6-17th.

Game Show with Ty, 11 am

Are you smarter than a Friends Camper? Test your knowledge in the ultimate game show extravaganza! We'll be playing every game show we can-- with a Friends Camp twist! After we test out the games, we'll be creating our own epic game show! Ages 10-14, no equipment needed.

Dungeons & Dragons with Ben, 11 am

Create your character. Roll the dice. Decide your fate!! Join Ben in Dungeons & Dragons: The Legend of The Skeleton Train! Ages 10-14, no equipment or experience needed. An explanation of play will be provided prior to the start of the program.

Writing Workshop with Chloe, 12 pm

Friends Camp's first adult program! Join Chloe in Writing Workshop to explore creative writing of all genres. Whether you're a published author, or only write emails, this gathering of Friends Camp adults will help you mindfully approach writing with joy and creativity!

Picture This with Nora, 12 pm

Picture this-- you're having the time of your life drawing cartoons, comics, and picture books with Nora! In Picture This... you'll do just that!! Draw, doodle, and cartoon to tell stories and make fun art! No experience necessary, bring your paper and colored pencils! Ages 7-12

Zines with Gabby, 1 pm

What's a zine? A zine is an amazing, low-cost, low-tech way to express yourself in writing and images! Write and draw about your passions and perspectives in a personalized platform: Zines! Bring your own craft supplies: paper, markers, scissors, tape, glue... whatever you like to use to craft! Ages 12-17

Mindfulness with Alex, 1 pm

Looking for new ways to be mindful and present? In this program, Alex will lead you through exercises and activities to help reframe negative thinking, and introduce more mindfulness into your life. This program is sure to help you feel calm, centered, and confident! No equipment needed. Ages 12-17

Week Two (July 13-17)

Crafts with Steph, 9 am

Come do a new craft everyday! Paper mache, sculptures, dioramas-- the sky's the limit! A list of supplies will be provided one week prior to the start of the program, and most supplies will be recycled from your home. Ages 7-12.

Songwriting with Ian, 9 am

Bring your voice, instruments, love of music, and lyrical genius to Songwriting! In this program, we will be writing our own songs, talking about the components of songs, and performing our songs together. Ages 12-17. Bring whatever you need to make music!

A Few of Our Favorite Things with Callie and Ivy, 10 am

In this program, we will be celebrating the things we love! Each day we will focus on and share one of our favorite things as a whole group: favorite books, favorite music, favorite outfits, favorite recipes. All the best parts of show and tell plus more!!! Share old favorites, make new favorites, and reimagine the possibilities of each! Ages 10-14.

Rising Leaders with Emma, 10 am

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Art Class! with Lily and Mary, 11 am

You don't have to be in school to experience the wonders of art class! In this program, we'll be drawing, painting, sketching, and diving deeply into the world of art! Learn and practice drawing new subjects like your friends and your home! Bring whatever you need to make art. Ages 12-17.

Dungeons & Dragons with Ben, 11 am

Create your character. Roll the dice. Decide your fate!! Join Ben in Dungeons & Dragons: The Legend of The Skeleton Train! Ages 10-14, no equipment or experience needed. An explanation of play will be provided prior to the start of the program.

Workout and Wisdom with Lauren, 12 pm

Need a little fitness motivation and spiritual inspiration? In this program for camp adults, we will meet, complete a high intensity interval workout, and enjoy some brief worship sharing. Workout plans and discussion topics will be provided, bring water! Ages 17+

Scavenger Hunt with Ty and Danny, 12 pm

Rediscover the treasures all around you-- at home, outside, in your books, everywhere! In scavenger hunt, we'll be completing a new scavenger hunt each day and celebrating the wacky things we find! Ages 7-12.

Baking with Sarah, 1pm

If there's one thing we love, it is tasty treats! Come learn how to bake delicious recipes for you and your family to enjoy! Recipes and ingredients list will be provided prior to the start of the program. Ages 10-14.

Photography with Abby, 1 pm

A picture's worth a thousand words, and we can't wait to see the many thousand words your pictures tell! In photography, we will be zooming in on the beauty all around us. We'll be staging scenes, taking photos, and sharing them with each other! Bring your own picture-taking device. Ages 12-17.