

Yoga Classes - See You in September

The Fall Yoga Session starts Saturday, September 17th. Classes are at 10:00 AM at the Church. This is a multi-level class. Donation requested: \$10. One-half of the funds collected go to the Church and one-half to a charity selected with the class.

Contact: Lois Howlett at loishowlett@yahoo.com or tel: 847-3055.

Newcomers welcome. Come give it a try!