

# COMMUNITY NEWS YOU CAN USE

brought to you by FIRST UNIVERSALIST CHURCH OF YARMOUTH

## COMMUNITY DISCUSSIONS

The **Central Men's Club of Yarmouth** will be meeting the third Tuesday of each month, October—April at the Community House, 179 East Main Street, in Yarmouth, for dinner (at 6:00 pm), conversation, fellowship, education, and information from guest speakers. Those from Yarmouth and surrounding towns are welcome. For a place at the table, call Reg Wentworth (847-3379), Nelson Haynes (829-5867), Richard Lippencott (846-4767), or Joe Saunders (688-4177).

**Recycling and Contamination: What it Means for You, Your Town, and The Recycling Market** will be presented in Yarmouth on September 25th at 6 pm at the Merrill Memorial Library. Ecomaine staff will present about where your recycling goes, how it's sorted, and why it matters what we put in the recycling bin versus the trash can. For more details about this event, email [venhuizen@ecomaine.org](mailto:venhuizen@ecomaine.org).

## NEW ENGLAD REGION UUA NEWS & EVENTS

The New England Region UUA will be offering a number of workshops this Fall including:

- **Claiming Our Spiritual Leadership** is a workshop is for boards, committees, church staff, newly nominated or elected leaders, and longtime volunteers who want to tap their individual and collective power for living into the mission and purpose of their congregation. Spiritual leadership transforms church work into spiritual growth, community building, and faithful action. Saturday, October 13, in Brunswick, ME.
- **Aren't We Welcoming Already?** is a workshop for congregational leaders and teams looking to deepen their commitment to and practice of being a Welcoming Congregation. Saturday, November 3, in Framingham, MA.
- **Lay Pastoral Care Training** is a skill-building workshops designed to develop skills in focused listening, pastoral presence and communication, and emotional intelligence. It also explores the nature of both lay and professional pastoral care, and the roles and boundaries of each, as well as how to build effective Pastoral Care teams in different congregational settings. Saturday, November 10 in Chelmsford, MA.
- **Healthy and Vibrant Youth Ministry** is a workshop designed for adults who work with youth, which could include Youth Advisors, Religious Educators, Youth Program Directors, and Ministers. Join other adults working with youth to learn more about the core competencies of healthy youth ministry, to dream beyond the Sunday-night-in-the-basement model, and to support the developmental needs of our youth in relevant, meaningful, and faithful ways. Saturday, November 17 in Needham, MA.

More information about these programs can be found at [uua.org/new-england](http://uua.org/new-england).

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## NONPROFIT EVENTS

**Habitat for Humanity** is proud to present an annual dinner, networking, and awards evening in honor of our volunteers, families and supporters on Friday, October 5 at the Marriott at Sable Oaks. Senator Angus King will be our keynote speaker! Our Spirit of Humanity and Volunteer of the Year awards will be presented to volunteers who have made a powerful impact in the Habitat for Humanity community in Greater Portland. Tickets are \$65 each and include dinner. Tables of eight are available for \$500, half tables of four are \$250. For more information or to purchase tickets, contact [volunteer@habitatme.org](mailto:volunteer@habitatme.org).

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**Days of Mindfulness** on Saturday 9/29/18 in Augusta, ME and Sunday 9/30/18 in Freeport, ME from 9:00am to 4:00pm, sponsored by the **Maine Communities in the Plum Village tradition of Thich Nhat Hanh** and led by Monks and Nuns from Blue Cliff Monastery. Come for one or both days to enjoy mindful meditation practices and dharma talks. Children (supervised by adults) are welcome. For more information or to register contact Greg Fahy: [peacefulheartsangha@gmail.com](mailto:peacefulheartsangha@gmail.com) or 207-242-4708.