

Yoga: Classes Resume November 12

With the hustle and bustle of the Holidays soon upon us, take time Saturday mornings at 10:00 AM to refresh your body, mind, and spirit with yoga classes offered by Lois Howlett here at First Universalist.

Classes resume this Saturday, November 12. Donation: \$10.

Questions? Call Lois at 847-3055 or email: loishowlett@yahoo.com.