



## 2017-2018 Religious Education and Faith Formation First Universalist Church of Yarmouth

### Adult Programs Schedule Overview

Frequency	Time	Program	Location	Facilitator(s)
First Sundays	9:30 am	ACC: Inclusion and Identity	Gathering Room	Rev. Jennifer Emrich
Third Sundays	9:30 am	ACC: Soul Matters	Gathering Room	Varies
Every Tuesday	9:00 am	Book Discussion Group	Common Room	Varies
Some Sundays	9:30 am	Guest Speaker Series	Gathering Room	Varies

For more information on adult programs, contact Rev. Jennifer Emrich at [revjemryq@gmail.com](mailto:revjemryq@gmail.com)

### Youth Programs Schedule Overview

Frequency	Time	Program	Location	Facilitator(s)
Most Sundays	10:30 am	Junior Youth Group	Common Room	Gwen Matthews
Most Sundays	4:30 pm	Senior Youth Group	Gathering Room	Joanna Landsman, Gwen Matthews, and Rev. Jennifer Emrich
Wednesdays in the Fall	3:45 pm	Our Whole Lives 6th Graders	Maine Waldorf School	Rev. Jennifer Emrich and Gwen Matthews

For more information on youth programs, contact Gwen Matthews at [gwenatfirstu@gmail.com](mailto:gwenatfirstu@gmail.com)

### Children's Programs Schedule Overview

Frequency	Time	Program	Location	Facilitator(s)
Every Sunday	10:30 am	Nursery Care	Nursery	Senior Youth Group
Every Sunday	10:30 am	Children's Chapel	begin in the Sanctuary	Gwen Matthews*
First and Third Sundays	9:30 am	UU Games	Common Room	Senior Youth Group
First Sundays	11:45 am	Games and Tea with the Minister	begin in Rev. Jennifer's Office	Rev. Jennifer Emrich

For more information on children's programs, contact Gwen Matthews at [gwenatfirstu@gmail.com](mailto:gwenatfirstu@gmail.com)



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### Adult Program Descriptions

#### Adult Conversation Circles

ACC: Identity and Inclusion with Rev. Jennifer First Sundays  
Rev. Jennifer leads facilitated discussions focusing on racism and identity using popular texts.

ACC: Soul Matters Third Sundays  
Deeply explore the worship themes of our church year we explore what it means to be people of Bravery, Welcome, Abundance, Hope, Intention, Perseverance, Balance, Emergence, Creativity, and Blessing.

#### Guest Speaker Series: Check It Out Various Sundays

Receive updates, discuss, and engage with peace and justice work that is happening both inside and outside of our building. Guest speakers from within our congregation and from other organizations will lead these forums.

#### Book Discussion Group Tuesday Mornings

Read and gather to discuss in community books related to the faith and values of Unitarian Universalism.

### Youth Program Descriptions

#### Junior Youth Group Sundays

For youth in 5th—8th grades. Our youth groups are based on the four Fs of youth ministry: food, fun, friends, and faith. When we're not playing games or eating snacks, our youth choose to advance justice in our community and world by identifying problems that they see and partnering with others to help and to explore our community and world in order to broaden our understandings and our views.

#### Senior Youth Group Sundays

For youth in 9th—12th grades. Our youth groups are based on the four Fs of youth ministry: food, fun, friends, and faith. When we're not playing games or eating snacks, our youth choose to advance justice in our community and world by identifying problems that they see and partnering with others to help and to explore our community and world in order to broaden our understandings and our views.

#### Our Whole Lives Varies

The Our Whole Lives human sexuality program is a comprehensive, accurate, and developmentally appropriate sexuality curriculum available for children, teens, young adults, adults, and seniors.



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### Children's Programs Descriptions

#### Nursery Care

Sundays

Our Nursery is a safe and inviting place for our youngest friends and members to play on Sunday mornings, and during all major church events. The Nursery is staffed by our Red cross certified teen caregivers.

#### Children's Chapel

Sundays

Families begin the worship service together in the Sanctuary. After the Time for All Ages, children are then sung out to participate in Children's Chapel. Joining other children on Sunday mornings can help your child to create friendships and explore the same worship and religious education themes in which the adults are finding inspiration. A mix of stories, games, celebrations, shared snack, activities and group discussion allows all children to chime in with their big questions and helps them to find their own answers.

#### UU Games

First, Third, and Various Sundays

Lead by our Red Cross certified senior youth group members, children are invited to play a variety of cooperative, team building, and just plain fun games before worship.

#### Games and Tea with the Minister

First Sundays

Knowing that children use play to try out different identities, ways to behave, and how to navigate our world, Rev. Jennifer leads children in a variety of games that are infused with Unitarian Universalists principles, involve cooperation and team-building, and are just plain fun.