

Lunch September 2020

Benedictine High School

31 Hot dogs with Fries and fruit	1 Penne pasta, meatballs, marinara, Salad and garlic bread	2 Orange chicken, Fried rice, Broccoli	3 BBQ chicken sandwich, cheesy potatoes and fruit	4 Sausage, pepperoni or cheese pizza and salad	Student Lunch \$3.50 Adult Lunch \$4.50
7 NO SCHOOL	8 Breakfast for lunch: Pancakes, sausage, hash browns and fruit	9 Nachos	10 Corn dogs & potato wedges with baked beans	11 Teriyaki chicken with rice and green beans	<p>Fruit Offerings</p> <ul style="list-style-type: none"> Peaches Pears Apples Strawberries Mixed berries Oranges
14 Chicken and waffles & fruit	15 Chicken alfredo and broccoli	16 Salisbury steak with mashed potatoes and corn	17 Riblet sandwich with tater tots and fruit	18 Sausage, pepperoni or cheese pizza	This institution is an equal opportunity provider.
21 Chicken sandwich with fries and fruit	22 Honey garlic bone in baked chicken with cheesy potatoes and green beans	23 Chicken Parmesan with penne pasta and fruit	24 Turkey dinner: Turkey, mashed potatoes and mixed veggies	25 Chicken, rice, broccoli, and cheese Casserole with fruit	Menus are subject to change due to availability of products.
28 Cheeseburgers with tater tots and fruit	29 Turkey or Ham subs with chips and fruit	30 Pizza pasta bake With salad & Garlic bread			<p>Milk Choices</p> <ul style="list-style-type: none"> Fat-Free Chocolate Fat-Free Strawberry 1% White

