

My Journey

By Tim Sullivan

Tim Sullivan is the Convener and MROP Coordinator for Illuman Colorado.

How and when were you introduced to male spirituality?

I was introduced to men's work and initiation 12 years ago through the ManKind Project (MKP). They do powerful work and I still attend my weekly I-Group, but I wanted to integrate my spirituality. I learned of Richard Rohr seven or eight years ago and then attended an MROP in 2012.

How has your participation in Illuman/M.A.L.Es fostered the use and development of your gifts?

As one of the founders and now the Convener of Illuman Colorado, I have been able to use my gift of leadership as well as my ability to create sacred space and safe containers for men to connect and be vulnerable with one another. As the Coordinator for the upcoming Men's Rites of Passage in Colorado, I will be challenged to use my administrative gifts as well as "keeping the edges hot" as we move our event forward.

Describe a recent Illuman/M.A.L.Es event you attended. What was the impact on you?

I recently had the privilege of serving on the first Young Men's Rites of Passage in Texas this June, where my 19-year-old son was being initiated. It was truly inspiring to see the depth of heart in the young men and their longing to connect with God and with one another. It reaffirmed the importance of this work and of the need to bring this to younger men in a way that addresses where they are in their lives.

What's one thing you'd recommend to a man starting on the spiritual journey?

Not that I am biased, but attend the Men's Rites of Passage in the beautiful Colorado Rockies this September! If that is too big a step, the best thing you can do is to connect with other men on the journey. Illuman has local groups and this is a great place to get started.

What's the best thing about doing this work?

Illuman's work gets me to the depth dimension of my life as a mature spiritual man. While the work can be difficult and even trying at times, it is ultimately life-affirming. It is rewarding to

become aware of my own transformation as I see the transformation of other men.

Concluding thoughts?

I am truly blessed and privileged to serve Illuman Colorado and the broader Illuman community. I have come into contact with so many men who lead deep spiritual lives and are dedicated to the transformation of other men and the world.