

FRIENDSHIP AT THE HOLIDAYS

Hello Compeer friends! We're once more moving closer toward the last part of the year and the return of the holiday season. As we all know, the holidays can be a tough time for those struggling with mental health challenges. It can be difficult to spend the holiday season alone, and that feeling can only exacerbate as the season continues.

This is why Compeer is here for you! Throughout the next few months, we have a lot of fun socials for you to enjoy with your Compeer friends, including a bowling social at Palmyra Bowling Alley, a Friendsgiving event in November, and finishing up with a visit to Chocolate World in December! These events will offer all of our Compeer friends, whether they are paired with a friendship match or not, a chance to enjoy a fun time with their community and to celebrate the holiday season together!



Socials

Oct 11 @ 6 PM [20 clients]
RSVP by Oct 10

Bowling Social

Oct 21 Coffee & Camaraderie [CompeerCorps]

Nov 8 Chocolate World Visit

Nov 18 Coffee & Camaraderie [CompeerCorps]

Dec 8 @ 6 PM Christmas Story the Musical @
RSVP by Nov 30 Lebanon Community Theater

Dec 16 Coffee & Camaraderie [CompeerCorps]

RSVP BY CALLING US AT (717) 272-8317



friendaversaries

October

Cameron C. and Hannah H.	10/7	2 Years
Cindy R. and Pat M.	10/9	2 Years
Kenneth H. and James M.	10/13	6 Years
Russ Y. and John M.	10/29	2 Years

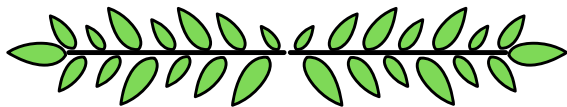
November

Mary S. and Robin Z.	11/1	3 Years
Daniel W. and Ron K.	11/1	10 Years
George M. and Rick D.	11/14	6 Years
Noreen M. and Tam N.	11/18	2 Years
Annie B. and Brooke S.	11/20	7 Years

December

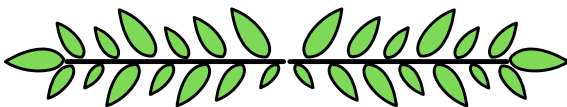
Carl W. and Mike F.	12/1	1 Year
Melissa G and Pat M.	12/29	6 Years

★ CONGRATULATIONS! ★



Activities in Lebanon Valley

Harvest Festival	Oct 8 11 AM	Coleman Memorial Park	Free
Fall Fest	Oct 29 11 AM	Myerstown Community Park	Free
50+ Festival	Nov 5 9 AM	Lebanon Valley Expo Center	Free
Christmas at the Expo	Nov 25-27	Lebanon Valley Expo Center	Free
Christkindl Market	Dec 3 9 AM	Coleman Memorial Park	Free



Introducing a New Team Member

Today we're so excited to introduce a new member to our team, Ryan Allman. Most of you may recognize Ryan already from socials you have attended in the past or from going on a wellness walk with us.

Ryan has been a volunteer at CompeerCorps for the past several years but is now stepping into a more formal role here at Compeer of Lebanon County, helping out with social media and event planning. He's already been a big help to us and we're excited to have him!

 **HAPPY** 
BIRTHDAY

October

Elizabeth S.	10/1
Noreen M.	10/2
Catherine H.	10/3
Mary Ellen M.	10/5
Thomas L.	10/16
Patricia M.	10/22
Karen H.	10/28

November

Carl W.	11/5
Lois M.	11/8
Daniel W.	11/9
Ronald K.	11/10
Johnathan B.	11/11
Rob K.	11/13
Margaret K.	11/15
Kelly S.	11/17
Joseph C.	11/18
Ashley W.	11/21
Don M.	11/21
Stacy G.	11/23
Russ Y.	11/28
Gloria E.	11/29

December

Constance S.	12/1
Ann K.	12/2
Michael I.	12/5
Charles F.	12/8
David B.	12/10
Pierre H.	12/14
Dorcas O.	12/16
John M.	12/17
Ron P.	12/25
Gabriele T.	12/27
Emily B.	12/27

