

Meeting third/fourth Mondays from 6:30-7:30pm. Classes are September-November & January-May

Please join us this year for a series of parenting classes designed to help develop "better homes and guardians." When our families are stronger, our school is stronger. These free classes will help you develop better tools for the job of raising your children.

September 19 Screen Time: the impact of technology on the emotional health of your children	October 24 Empowering your child: giving your child healthy responsibility; how much, how soon?
November 21 Making the Most of Holidays: using special occasions as powerful teaching times for your children even from early years.	January 23 Face Time: the value of fact-to-face interactions with your children, and how to increase them!!
February 20 Birds & Bees: when and how to talk with your children about sex and sexuality	March 20 Turning Your Heart Toward Home: keeping the home fires burning in the midst of busy lives.
April 17 Dating Games: helping your children when they awaken to love!	$\frac{\text{May } 22}{\text{The Rest of Your Life:}} \text{ helping our children launch successfully.}$

Jana Schmutz, MA MFT CMHS. Mental Health Primary Care Provider, Columbia Wellness. (BA, Psychology) Judson University, Elgin, IL. (MA, counseling – Marriage and Family Therepist) George Fox University.

Mark Schmutz, senior pastor, Northlake Church. (BA, Psychology, Christian Religion and Philosophy) Judson University, Elgin, IL. (MDiv, Pastoral Counseling) Trinity Evangelical Divinity School, Deerfield, IL. Ordained, ABC/USA.

Mark and Jana have been married for 30 years and are the proud parents of Christian (25), Meredith (23), and Mackenzie (20) who have all reached early adulthood and now think their parents are pretty wise parents, after all!