

Practice: February 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 7p Group Reformer [Kitty]	2 5p 30-Minute Jumpboard Class [Leslie]	3	4 10a Matwork [Kitty]	5 9a Vinyasa Flow Yoga [M'Le]
6 6p Matwork [Patrick]	7 12p Restorative Yoga [Jessica]	8 7p Group Reformer [Kitty]	9 5p 30-Minute Jumpboard Class [Leslie]	10	11 10a Matwork [Kitty]	12 9a Vinyasa Flow Yoga [M'Le]
13 6p Matwork [Anaka]	14 12p Restorative Yoga [Jessica] HAPPY VALENTINE'S DAY!	15 7p Group Reformer [Kitty]	16 5p 30-Minute Jumpboard Class [Leslie]	17	18 10a Matwork [Jenny]	19 9a Vinyasa Flow Yoga [Anaka]
20 6p Matwork [Teresa]	21 12p Restorative Yoga [Jessica]	22 7p Group Reformer [Kitty]	23 5p 30-Minute Jumpboard Class [Leslie]	24	25 10a Matwork [Kitty]	26 9a Vinyasa Flow Yoga [M'Le]
27 6p Matwork [Patrick]	28 12p Restorative Yoga [Jessica]					

CLASS CHANGES:

EVENTS

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