



Mayor Adrian O. Mapp
Plainfield City Council
Plainfield Senior Citizens Center



One Plainfield
One Future



The Center is offering the following free virtual activities on Zoom for our Senior Membership to help stimulate and strengthen their minds and bodies.



If you are a Center Member who would like to sign up for any of these free classes or you are a Plainfield resident age 55 and over and would like to enjoy the benefits of Center membership, please call 908 753-3506 between the hours of 10:00am and 4:00pm, M-F and ask for Greg and he will assist you in getting all your Zoom activity log in information.

MIDDLE EASTERN BELLY DANCE with Judi Johnson

Fridays from 1:00 p.m. to 2:00 p.m.

Judi Johnson, also known as Hareema Ebona, teaches beginner to intermediate level belly dance, cabaret style with an introduction to finger cymbals, commonly called "zills." Join her for the mystic moods, rhythms and exotic movements of belly dancing. Emphasis will be on technique, warm-up isolations, stretches, and stepping patterns. Each class will culminate in a short routine.



PENCIL DRAWING FUN with Greg Gilchrist

Wednesdays 11:00am to noon

Students will learn basic pencil drawing techniques through a combination of: virtual classroom instruction, easy step by step worksheets and fun drawing puzzles. The Center will supply your class materials and worksheets.

DRAMA CLASS with Colin Baptiste

Friday from 2:30 p.m. to 4:00 p.m.

The Center Drama Class, instructed by , will hold its drama class rehearsals virtually every Friday. The class is currently rehearsing R.E.B.E.L., a stage play written by Colin Baptiste. If interested please contact Colin at 908 416-5109



"CONVERSATIONS" Audio Book Club with Anna Sims-Phillips

Monday from 11:00 p.m. to 12:30 p.m

My name is Anna Sims-Phillips. I got absolutely hooked on audio books during my isolation while sitting out the pandemic. I would love to share my experience with you. Join me for a new idea called "Conversations, An Audio Book Club." We will meet on Zoom for weekly or bi-weekly sessions. I will be the facilitator and you will lead the discussion. The rest of it we will tweak as we go along. Join me for this exciting experiment of audio book reading.

All virtual activities are led by : Center Members, Volunteers and Staff