

# GIVE ME FIVE!



5

FREE VISITS WITH A  
LAMP COUNSELOR,  
REGARDLESS OF HEALTH  
PLAN STATUS

5

FREE VISITS WITH A  
HEALTH COACH\*

5

FREE VISITS WITH A  
REGISTERED  
DIETITIAN\*

5

FREE VISITS WITH A  
PERSONAL TRAINER\*

**NEW ARRIVAL** 5 **NEW ARRIVAL**

FREE SYMMETRY  
ALIGNSMART  
SESSIONS\* ®



\*YourChoice Health Plan Members

Sessions run calendar year and do not roll over



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