

EFFECTIVE JANUARY 1, 2026 ALL MANATEE YOURCHOICE
HEALTH PLAN MEMBERS CAN RECEIVE A FREE
PEAK RESULTS MEMBERSHIP

THE ULTIMATE CRUNCH EXPERIENCE FOR THOSE WHO WANT IT ALL

YOUR MEMBERSHIP INCLUDES:

- Access to 500+ Crunch locations nationwide
- Group Fitness Classes to stay motivated and inspired
- HIIT Classes to challenge your strength and endurance
 - Ride Classes for high-energy cycling sessions
 - Tanning for that post-workout glow
 - HydroMassage to relax and recover
- Guest Privileges so you can bring a workout buddy
- Hot Classes for a sweat-dripping, calorie-burning workout
- Child Care (additional fee paid by employee, not employer)

Amenities and class availability vary by location.



USE YOUR GIVE ME 5 PERSONAL TRAINING AT CRUNCH!

Request your membership here!

