









# North Hunterdon High School Volleyball Summer 2020 information for Graduating 8<sup>th</sup> graders / Incoming Freshman

Girls planning to try out for volleyball please plan for:

## **High School Summer Workouts**

No fee to participate Mondays and Wednesday nights, 5:30 pm – 8 pm, at North Main Gym Starts June 22, 2020

## **Team Training at Pro-Activity (optional)**

Costs to be shared later this spring Tuesdays and Thursdays, usually afternoons, times to be confirmed later

#### **Jr. Lions Summer Camp**

Monday July 20 – Thursday July 23, 8 am – 12 pm

Incoming freshman should register to participate at nhjrlionsvolleyball.com

Returning high school players serve as camp assistants

### **Preseason training**

Monday Aug 3 – Thursday August 6, 8 am - 10 am Monday August 10 – Thursday August 13, 8 am – 10 am

## **Tryouts**

Monday August 17 – Wednesday August 19, 8 am - 11 am Rosters are posted following tryouts. Practice begins Thursday August 20