

# 2022 North Hunterdon High School Volleyball Program Information

**Current 8<sup>th</sup> graders** planning to try out for the high school team should participate in these programs:

- High School Summer workouts: every Monday and Wednesday beginning June 20, 5:30 pm - 8:00 pm - NHHS Main gym  
*- No fee to participate*
- Team Training at Pro-Activity (optional): Tuesdays and Thursdays, starting June 21  
*Players pay for this. Costs and times will be shared once the program details are finalized later this spring.*
- Jr. Lions Summer Camp, Jul 18 - Jul 21, 8:00 am - 12:00 noon  
*Register online at [nhjrlionsvolleyball.com](http://nhjrlionsvolleyball.com). Early bird rate available until May 31.*
- Pre-Season Training, Aug 1-4 and Aug 8 - 11, 8:00 am -10:00 am
- Tryouts, Aug 15 - 17, 8:00 am -11:00 am.  
*Regular season practice begins Aug 18*

