

# NCADD WESTCHESTER

PRESENTS

A Support Group

*“A Panic Free Society”*

*Dennis Andrews, LMSW, Master-CASAC*

Every Friday @ 7:00 pm  
Starting – January 22, 2021

Dealing with daily stressors and anxiety during this time of COVID-19 pandemic. Learning to be okay in your own skin.



**ZOOM LINK BELOW:**

<https://us02web.zoom.us/j/81925035218?pwd=Y21lZ2tEM1hEMTBaWFJmMmRDVWFFdz09>

**Meeting ID: 819 2503 5218**

**Passcode: 725794**