



AVID Newsletter



The AVID team at Foothill wants to share monthly tips and strategies that are helpful for ALL students.

This Month: Test Prep - SAT vs ACT
(Created for teachers, parents, and students)



	SAT	ACT
	**most information is directly from the SAT website	**most information is directly from the ACT website
WHO	It is suggested that ideally you take the test for the first time in the winter of your Junior year. Taking it a few more times after is a great idea! November of senior year is typically the last test date that you can take where the colleges will absolutely get your scores in time for review of college applications. *Sophomores are encouraged to take the PSAT to help prepare for the SAT in junior year.*	
WHY	If your plan is to leave Foothill and go straight to a 4 year university, taking the SAT or the ACT is likely a requirement.	
WHAT	<p>The SAT is a standardized college admissions exams. There is a need for more people who can solve problems, communicate clearly, and understand complex relationships. The SAT focuses on the skills and knowledge that will help today's students meet that need.</p> <p>The test subjects are: Critical Reading, Math, and Writing** <small>**Writing is optional, but encouraged to keep more doors open!</small></p>	<p>The ACT is a standardized college admissions exam. It is accepted and valued by universities and colleges in the US. The ACT is based on what students learn in high school and provides personalized information about their strengths for education and career planning.</p> <p>The test subjects are: English, Math, Reading, and Science</p>
WHEN	Here are the 2019-20 test dates	Here are the 2019-20 test dates
HOW	<p>How to register online (and registration tips)</p> <p>Click HERE for practice tests</p>	<p>How to register online</p> <p>Click HERE for practice tests</p>

Please [share](#) your successes and feedback!

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