

## Updated COVID-19 Guidance March 15, 2023

### Situational Update

On March 3, 2023, California State Public Health Officer, Dr. Tomas Aragon, announced an update to the COVID-19 guidance. Sacramento County will align with the CDPH guidance.

### Updated Guidance

In accordance with updates by the California Department of Public Health (CDPH):

1. **Beginning April 3, masks will no longer be required in indoor high-risk and health care settings.** This includes health care, long-term care, and correctional facilities as well as homeless, emergency, and warming and cooling centers. However, individual health care facilities may develop and implement plans customized to their needs and local conditions.
2. Recommendations for the use of face masks for individuals with respiratory symptoms continues especially in indoor areas of public transportation and transportation hubs such as airplanes, trains, buses, ferries, and airports.
3. **Beginning April 3, the State will no longer require [vaccination for health care workers](#)** including those in adult care, direct care, correctional facilities, and detention centers. However, CMS maintains requirements for COVID-19 vaccination for staff at applicable Medicaid-certified providers and suppliers [CMS Memo for Staff Vaccination Requirements](#) Local health care facilities may also develop and implement plans customized to their needs and local conditions.
4. Vaccine data collection is also being rescinded on April 3. The immunization provider will no longer be required to collect mobile phone number and/or email address from individuals who wish to receive the COVID-19 vaccination.
5. A COVID-19 positive person may end isolation after five days if they feel well, have improving symptoms, and are fever-free for 24 hours, with less emphasis on testing negative. This change aligns with Centers for Disease Control and Prevention (CDC) recommendations and took effect on Monday, March 13.

#### Resources:

1. CDPH Updates COVID-19 Guidance and Reminds Californians Vaccines, Testing and Treatment Remain Available: <https://www.cdph.ca.gov/Programs/OPA/Pages/NR23-014.aspx>
2. Governor Newsom to End the COVID-19 State of Emergency: <https://www.gov.ca.gov/2022/10/17/governor-newsom-to-end-the-covid-19-state-of-emergency/#:~:text=SACRAMENTO%20%E2%80%93%20Today%2C%20Governor%20Gavin%20Newsom,used%20to%20combat%20COVID%2D19.>

Sincerely,



Olivia Kasirye, MD, MS  
County Health Officer