

Ingredients

- Apples, sliced and sprinkled with pineapple or lemon juice to prevent browning
- Natural peanut, almond, and/or sunflower seed butters
- Unsweetened shredded coconut
- Crushed nuts, such as pecans, walnuts, almonds, and/or pistachios
- Cacao nibs
- Hemp seeds and/or flaxseeds

Instructions

1. On a snack board or platter, lay out your ingredients in separate small bowls.
2. Place apple slices in dip and sprinkle with desired toppings.