

Persimmon and Yogurt Toast

Serves: 1 person Time: 5 mins

Ingredients

- 1 persimmon, cut into bite sized pieces
- 1 Tbsp. Neutral oil, like grapeseed
- 1/2 teaspoon cinnamon
- dash of vanilla extract
- 1 slice sourdough bread, toasted
- almond butter, to drizzle
- yogurt of choice, to spread

Instructions

1. In a small pan over medium heat, add oil and sauté persimmon with cinnamon and vanilla.
2. Spread yogurt over sourdough toast and top with persimmons. Drizzle with almond butter and enjoy.