



SCHOOL MENTAL HEALTH

Tip of the Week



Guide for Suicide Prevention for School Personnel

NYSED recently released its [*Guide for Suicide Prevention for School Personnel*](#). This Guide is designed as a companion to the previously released resource, [*A Guide for Suicide Prevention in New York Schools*](#). This new Companion Guide is intended as a "user-friendly resource ... to provide school personnel with the knowledge to identify and act when a student is at risk for suicide."

The Guide provides schools with the following resources that can be customized for immediate school use:

- Sample Suicide Crisis Protocol;
- Protocol for Responding to a Student Suicide Attempt;
- Sample Suicide Risk Assessment and Safety Planning Document;
- Columbia Suicide Severity Rating Scale;
- Sample Parent/Guardian Notification of Child's Suicide Risk;
- Sample Student Safety Plan;
- Sample Return to School Meeting; and
- Sample HIPAA-FERPA Release Form.

In addition to this Guide, we have many related professional learning opportunities below; e.g. *Creating Suicide Safety in Schools* and *DBT STEPS-A*. We also partner with [*Cognitive Behavioral Consultants*](#) who provide schools with a full continuum of professional development and technical assistance on CBT, DBT, and clinical supports. Lastly, as Hudson Valley Region Leader for the Suicide Prevention Center of New York, please feel free to [email me](#) if you have questions about any of these resources or would like to learn more about professional learning for your school district.

Lastly, great thanks go to Beth Rizzi, President of [NYASP](#), for sharing these resources for helping children during this transitional time of (un-)masking.

- [Click here](#) for the resource, *Supporting Our Children Through Change*, shared by NYASP Board Member, Dr. John Garruto, and the Oswego City School District.
- [Click here](#) for an infographic, *Masking is Optional, but Respect is Mandatory*.

En beca y solidaridad,

Andrew, Ann, and the GCSC Team

Join us!

3/3: [Strategies to Support Youth with Specific Phobias](#)

Starting 3/4: [Social Emotional Wellness for Immigrant Youth](#)

3/8: [Worthiness is M.E.S.S.Y.](#)

3/9: [MHANYS Mental Health Matters Day](#)

3/9: [When A Family Member Struggles with Suicide](#)

3/10: [School Clinicians' Collaborative](#)

3/10: [Creating Suicide Safety in School](#)

Register by 3/14: [Classroom Management in Early Childhood \(Pre-K to Grade 2\)](#)

3/10: [Lunch and Learn with NY Project Hope](#)

3/16: [NAMIWalks Westchester Kickoff](#)

3/22: [Guidance Directors' Collaborative](#)

3/22: [School Mental Health Lunch & Learn](#)

3/23: [Supporting Youth with Coming Out](#)

3/24: [2022 CODA Hybrid YOU\(th\) Summit](#)

3/24: [NAMI's Ending the Silence](#)

Register by 3/25: [Intro to Culturally Responsive-Sustaining Education](#)

3/28: [CODA \(Co-Occurring Disorders Awareness\) in Schools Collaborative](#)

3/29: [Understanding the Impact of Trauma and Covid on Students with Disabilities and Special Education Services](#)

Starting 3/30: [DBT STEPS-A](#)

Resources

Last week's tip: [Pausing & Boundaries](#)

[Women's History Month Resources, Events, and Activities](#)

[Happy Women's History Month! \(Learning for Justice\)](#)

[Teen Mental Wellness Day Resources \(YMH Project\)](#)

[Talking to Children about War \(NCTSN\)](#)

[Understanding Refugee Trauma: for Child Welfare \(NCTSN\)](#)

[Child Traumatic Grief \(NCTSN\)](#)

[How to Talk to Kids About Violence, Crime, and War \(Common Sense Media\)](#)

[Resilience in a time of war: Tips for parents and teachers of elementary school children \(APA\)](#)

[Resilience in a time of war: Tips for parents and teachers of middle school children \(APA\)](#)

[Supporting Nonbinary Educators in the Workplace \(Learning for Justice\)](#)

[Reimagining Wellness: Preventing Suicide Among Black Boys \(Central East MHTTC\)](#)

[Reimagining Black Families' Cultural Assets Can Inform Policies and Practices That Enhance Their Well-being \(Child Trends\)](#)

[25+ LGBTQ Books for Teens \(Book Riot\)](#)

[Advocating for LGBTQ Students with Disabilities \(NASP\)](#)

[Implementation Training](#)

4/1: [Partnering with Immigrant Families and Communities to Promote Social Emotional Wellness](#)

4/5: [Enhancing Family Engagement within your MTSS](#)

4/5: [Examining Disproportionality in the Declassification Rates of Students of Color](#)

4/7: [Leading Powerfully During Transitions](#)

4/7: [Strategies to Support Student-Athlete Wellness](#)

4/21: [LGBTQ+ Inclusive Schools Collaborative](#)

4/22: [Manhattanville's Changing Suburbs Institute - Cultural Responsiveness: Unlocking the Potential for Diverse Learners](#)

Register by 4/24: [Dimensions of Equity in Education](#)

[Black Mental Health Matters: A Resource Guide \(National Council for Mental Wellbeing\)](#)

[National Suicide Prevention Lifeline](#)

[Know the Warning Signs of Suicide \(NAMI\)](#)

[NY Project Hope: Coping with COVID](#)

[Suicide Prevention Resources for Schools \(SRPC\)](#)

[Trevor Project for LGBTQ+ Youth](#)

[Veterans Crisis Line](#)

[NYSED Culturally Responsive-Sustaining Education Professional Development Toolkits](#)

[Find Your Regional NYS Food Bank](#)

[New York State Domestic and Sexual Violence Hotline](#)

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All local BOCES provide professional development and support services and you should check with your local BOCES to see what is offered. These offerings are not intended to take the place of similar offerings provided by your own BOCES.