

Semmes Senior Center

9635 Moffett Road
Semmes, AL 36575

email: semmesseniorcenter@gmail.com

Telephone 251-649-2010
Fax 251-649-2322



Welcome!

HOURS

Monday-Friday

8:00 AM-4:00 PM

DUES

\$40.00

Paid Annually

Minimum Age

62

Linda Davis, Co-Director

Travis Moore, Co-Director

Semmes Senior Center
is a certified Silver
Sneakers Facility. Call
the Center for more
information at
649-2010.



Events & Classes

February 1-Wednesday

10:00 Ikebana – Art of
Japanese Flower
Arrangement, Mary
Rodning

February 2-Thursday

11:30 Lunch-Hickory Pit
Too-\$5.50 (Sign up)
12:00 Fire Captain & Sgt.
Bailey

February 7-Tuesday

10:00 Blood Pressure and
Glucose Checks, Cindy
Lundy, Citronelle Health &
Rehab

February 8-Wednesday

11:00-12:00 Bingo &
Prizes
12:00 Birthday Celebration

February 9-Thursday

11:30 Pot Luck Lunch
(Sign up)
“Valentine’s Special
Music” led by the
Backporch Boys

*Happy Valentine’s
Day*



February 16-Thursday

11:30 Lunch-Foosakly’s-
\$5.50 (Sign up)
12:00 “Protecting against
Medicare Fraud”, Don
Morris with Mainstay
Financial Group

February 22-Wednesday

11:00 Mobile Master
Gardner, Judy Stout, “Every
Kid Should Eat a Pound of
Dirt”

February 23-Thursday

11:30 Lunch-Semmes
House of Pizza-\$5.50 (Sign
up)
12:00 “What am I NOT
being told about
Immunizations”, Ms.
Barren, Pharmacist

**The Center will be
closed
Monday,
February 27
&
Tuesday,
February 28
for
Mardi Gras**

DECEMBER CLASSES/ACTIVITIES

MONDAYS

8:00 Learn To Play Rook
Instructors: Wanda Hankins &
Wayne Faust
1:00 Mexican Train Dominoes

TUESDAYS

7:00 Walk With Friends
9:00 Billiards
10:30-11:30 Zumba Gold
1:00 Mexican Train Dominoes
2:00 Quilting (6th & 20th)
Instructors: Susan Digman &
Margaret Reach

WEDNESDAYS

9:00 Computer 101
Instructor: Karen Brown
1:00 Shanghai Rummy
1:00 Skip-Bo

THURSDAYS

8:00 Men’s Bible Study (1st &
15th)
9:00 Rook
1:00 Mexican Train Dominoes

FRIDAYS

7:00, Walk With Friends
9:00 Crochet
Instructor: Edna Townsend
10:00 Needle Arts/Crafts
10:00 Open Billiards
12:30 Open Cards
12:30 Advanced Guitar Group
Jam
1:00 Painting 101

Fire Chief & Sgt. Bailey

Semmes Fire Department

The Fire Chief and Sgt. Bailey will be here on the 2nd to present to us before lunch.

Mary Rodning

Local Artist and Center Member

Local artist and SSC member, Mary Rodning will present and lead the class, "Ikebana – the Art of Japanese Flower Arrangement" on Wednesday the first. She is a talented, regular contributor to the Semmes and greater Mobile art community. Join the class and learn this beautiful technique. Check at the desk for more information.

Jessica Whitehead

Volunteer Coordinator

St. Joseph Hospice

Jessica will be hosting our monthly Bingo & Birthday prizes. If your birthday is in the month of February plan to join us on the 8th at 11:00am

The Admiral

Semmes Disc Golf

Disc golf is the fastest growing sport in the United States. While traditional golf is played with a ball and clubs, disc golf is played with a flying disc. Players throw a disc across a fairway to a suspended metal basket. Much like traditional golf, the player with fewest throws at course end wins the game. The City of Semmes will soon take its place among a short list of other American cities with bragging rights to a professionally designed disc golf course. John Houck, designed the course and is renowned for his expertise. Due to the hard work of many local disc golf enthusiasts and City of Semmes' officials, Admiral Park has become a reality. Located on Morris Hill Drive, across from the Splash Pad, Admiral Park is forty plus acres of natural beauty with lakes and wooded places.



Check us out on Facebook and follow Semmes Senior Center!

A special word of thanks goes to our local partners for sponsoring treats for our Birthday Celebrations. Please stop by and show your appreciation and say thank you in person.

Wal-Mart, Richard Eubanks, Manager

(Birthday Cake)

Walgreens, Semmes, Natalie McMillian, Manager (Ice cream)

**Have your taxes prepared
for
FREE
RSVP Tax Services
Call for an appointment
(251) 574-7787**

News of Note:

Beginning at 12:01 a.m. (CST) on Friday, February 24, 2017, and ending at twelve midnight on Sunday, February 26, 2017, Alabama will hold its sixth annual SALES TAX HOLIDAY

giving shoppers the opportunity to purchase certain severe-weather preparedness supplies free of state sales or use tax.

Need more information?

<https://www.revenue.alabama.gov/sales/tax/WPSalesTaxHol.cfm>

Save the Date:



CLASS DESCRIPTIONS

Rook Class - Learn to play this fun card game.

Computer 101 - Learn basic knowledge of operating features, storing files, and general overview.

Crochet - Beginners and advanced crochet class - bring a J-hook and yarn.

Needle Art/Crafts - Various crafts will be taught.

Quilting - Beginners and advanced quilting class - supply list will be provided.

Men's Bible Study - Participate in Bible classes and discussion.

Painting 101 - Learn beginning painting. Supply list is available at reception desk.

Intro to Water Color - Learn this fun and simple art form.

Walk With Friends - Walk the trail with group behind the Center to Snow Road and back for 1.5 miles of exercise!

New Class!!!!

Zumba Gold - is for active older adults who are looking for a modified Zumba class that recreates the original moves everybody loves at a lower-intensity.

Receptionist Volunteers Needed!

If you would like to volunteer for a shift at the reception desk, we need you. It is a great way to meet people and share all that the Senior Center has to offer. If interested, contact the Center at 649-2010.