



MIND-BODY WELLNESS FAIR



FREE & OPEN TO THE PUBLIC
THURSDAY MAY 2, 2024

3:30 - 7:30 PM

**500 E Villa St
Pasadena, CA 91101**

Fair will include:

- Resource tables
- A tour of the Stars Community Center!
- Nutrition education
- Fitness Classes
- Wellness Activities
- Educational games and activities for children and youth
- Giveaways for wellness items like yoga mats & stress balls



Scan the QR code
to learn more
about Stars!



gostars.org/who