



Register online at [www.linseyscheeranddance.com](http://www.linseyscheeranddance.com) or call 586-566-7055

**Princess Camp (Ages 3 & up) 4 days.... \$85**

**July 8<sup>th</sup>-11<sup>th</sup> 10:30-12:00**

Attention all Princesses! Are you growing tired of royal balls and boring banquets with visiting kings and princes? Do you long to escape the confines of the palace and find yourself in a completely new place, surrounded by other princesses your own age? Then Journey to our Magical Kingdom. During the camp little ones will dress up like princesses, do crafts, activities, and learn new dances and have a snack at the daily royal princess tea party. The last day of camp a real princess will make an appearance to take pictures with all the little princesses.

**Puppy Pals (Ages 3-5) 3 days... \$55**

**July 15-17 10:15am-11:00am**

Come join Bingo, Rolly, Hissy and the others for a week of fun! We will have arts and crafts, creative movements, and exciting guests join us!

**Squishy, Slime & Scrunchie Camp - (Ages 6 & up)... \$85**

**July 23<sup>rd</sup>-25<sup>th</sup> 1:00pm-2:00pm**

Join all the craze at this fun-filled, 3-day camp. Music, stories and fun all while creating your very own ooey, gooey slime, super cute squishies and groovy scrunchies.

**Ninja Warrior -**

**Ages 3-5 Tuesdays 10:30am-11:00 am 5 weeks July 9<sup>th</sup>-August 6<sup>th</sup>...\$60**

**Ages 6-9 Mondays 10:30am-11:15 am 5 weeks July 8<sup>th</sup>-August 5<sup>th</sup> ...\$75**

Come jump, climb, and flip with us! Burn some energy while developing basic motor skills through mobility, balance, power, strength, and endurance. Students will use warrior training equipment in our gymnasium. Music and games are used in our lesson plans as added fun and development.

**Fairy Frolic - Ages 4 & Up...\$75**

**July 29<sup>th</sup>-31<sup>st</sup> 10:15am-11:00am**

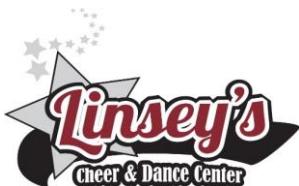
Join us for our Fantastic Fairy Summer Camp! Bring your creativity, unleash your imagination, wish on some Fairy Dust and make lots of Fairy Friends! In this magical camp we will create fairy crafts, learn a beautiful ballet dances, and make your very own fairy garden.

**Polar Bear Party - Ages 4-6...\$75**

**August 5<sup>th</sup>-7<sup>th</sup> 10:30-11:30am**

Come stomp, roar and roll into class for a Polar Bear party! We will create arts and crafts, learn creative movements and cuddle with our bears. Large or small bring them all!

**\*\*Payment due at the time of registration. A minimum of 4 students in each class is required in order for the class to be active. If class is cancelled you will be refunded. If you cancel your class after registration you will be refunded your amount minus a \$20 processing fee. No refunds 7 days prior to start of class. \*\***



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**Jazzy Jungle - Ages 5-7 ... \$75**

**July 15<sup>th</sup>-17<sup>th</sup> 1:00pm-2:00pm**

Come be fierce with us during our Jazzy Jungle camp. We will let our imaginations go, explore fun activities and dance through the mighty jungle.

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**Tutus & Bowties - Ages 18mths to 2.5 ...\$55**

**Mondays 9:30am-10:00am July 8<sup>th</sup>-August 5<sup>th</sup>**

This toddler dance class is full of stimulation in sight, touch and sound. Your child will begin to learn terminology and basic dance movements all the while using many different props, body movement and gross motor skill development games. This class is a wildly interactive introduction to dance for your little one! We keep pace with your child's sense of play as well as their desire to learn. Adult participation is optional.

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**Tiny Ballerina - Ages 3-5 ... \$60**

**Tuesdays 9:30-10:15am July 9<sup>th</sup>-August 6<sup>th</sup>**

Twirl and leap into class as we sparkle in front of the dance mirror. In this class the child learns the basic motor skills and steps to develop into a beautiful ballerina. We explore, play games, sing and dance to music.

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**Tiny Tappers - Ages 3-5 ... \$60**

**Wednesday 9:30-10:00am July 10<sup>th</sup>-August 7<sup>th</sup>**

Our tiniest dancers will have so much fun making noise with their shoes! Students will learn basic steps in the center and across the floor, all while focusing on rhythm and intricate footwork.

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**Little Divas - Ages 3-4 ...\$55**

**Tuesdays 11:00-11:30am July 9<sup>th</sup> - August 6<sup>th</sup>**

This creative movement class is a perfect transition from our little tot class. The class is filled with music, fun, imagination, and interactive games.

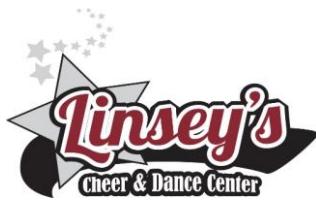
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**Pure Fitness- \$50 once a week or \$80 unlimited**

**5 Weeks Tuesday, Wednesday, or Thursday 9:30-10:15am**

Our high-intensity, rhythmic fitness classes are focused on matching movements to the beat of the music. Expect to forget life's stressors while enhancing core strength, increasing mobility, and toning muscles. This class welcomes all ages and abilities in hope to push you to perform at your personal best.

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**Tiny Cheer.... 5 wks ...\$60 (Ages 3-5)**  
Once a week starting July 8<sup>th</sup> to August 8<sup>th</sup>.

**Mondays 9:30-10:15am**  
**Tuesdays 12:00-12:45pm**  
**Wednesdays 9:30-10:15am**  
**Thursdays 12:00-12:45pm**

Teamwork is always a key ingredient in our non-competitive cheerleading program, because children learn trust and cooperation by working as a team. This class teaches the basic skills of cheerleading. Children will learn basic cheerleading moves, group cheers, formations, jumps, dance routines & some tumbling.

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**Mini Cheer.... 5 wks... \$60 (Ages 6-8)**  
Once a week starting July 8<sup>th</sup>-August 8<sup>th</sup>

**Mondays 12:00-12:45pm**  
**Tuesdays 9:30-10:15am**  
**Wednesdays 12:00-12:45pm**  
**Thursdays 9:30am-10:15am**

Cheerleading will help your little one feel confident and makes them feel like they are part of a team. It is a great program to learn, make new friends, and most important build memories. This class teaches the basic skills of cheerleading. Children will learn basic cheerleading moves, group cheers, formations, jumps, dance routines, & gymnastics.

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**Youth Cheer.... 5 wks... \$70 (Ages 9-12)**  
Once a week starting July 8<sup>th</sup>-August 8<sup>th</sup>

**Wednesdays 10:30-11:30am**  
**Thursdays 2:30-3:30pm**

This class teaches children the basic skills needed to advance in the sport of cheerleading. Your child will learn to memorize cheers and master the art of performing them. With professional instruction they will learn arm motion techniques, proper poster, jumps and kicks, and tumbling using our state-of-the-art equipment. This class is recommended for students interested in cheerleading, are enthusiastic, and full of energy!

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