

HOSPICE & PALLIATIVE CARE OF KODIAK

MONTHLY NEWSLETTER



SEPTEMBER
2026

www.hospiceandpalliativecareofkodiak.org

(907) 512 - 0600

1915 E. Rezanof Dr Suite A107

Kodiak, AK 99615

MORE THAN END-OF-LIFE CARE:

Naturally, when people hear the word "hospice" they often think the final days or weeks in someone's life, but our work stretches far beyond that.

A life-limiting illness can be a significant change to someone's life, affecting the person experiencing it and all those who love and care for them,

We are here to provide support and guidance through these changes, wherever you may be in your journey.



PHOTO BY NAQL, CC BY 2.0

WHAT DO WE OFFER?

HOSPICE CARE

Hospice is support for individuals with terminal illness or end of life care.

PALLIATIVE CARE

Palliative is focused on comfort and quality of life for individuals with life-limiting illness.

GRIEF & BEREAVEMENT PROGRAMS

Resources and programs for individuals and families before, during, and after a loss.

Volunteers are the heart of hospice

You do not have to walk this journey alone.

SEPTEMBER

SUICIDE AWARENESS MONTH



988

American foundation for
suicide prevention

September is a time to bring awareness to suicide and remind our community of the importance of compassion.

REACHING OUT MATTERS

This month, we encourage everyone to check in with the people around them, open spaces for honest conversations, and remember that it is okay to ask for help.

MEET OUR HPCK STAFF

Director: Juliana Belden

Programs Manager: Jonathan Acker

Social Media Manager: Trinity Wasakari





VOLUNTEER HIGHLIGHT

*We
thank
you!*

This month, we are taking a moment to say a huge thank you to every volunteer who gives their time to HPCK. Whether you are helping with events, lending a hand behind the scenes, or showing up with a smile, you're the reason HPCK can keep doing what it does for our Kodiak neighbors.



Juliana Belden &
Mary Ann Kondro

The best part of volunteering with HPCK? The people you meet along the way. It's laughing with fellow volunteers, meeting neighbors, and feeling good knowing you made someone's day a little easier.



Interested in volunteering?

Scan this QR code to sign up





HOSPICE & PALLIATIVE CARE OF KODIAK

DIRECTOR'S UPDATE:



Juliana Belden



Happy Autumn, Friends!

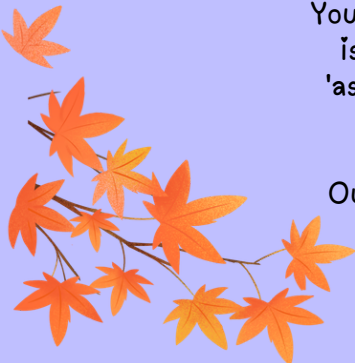
This year we experienced many transitions here at the HPCK office ~ for board members, staff, and volunteers. I'm grateful we are in this together.

Each one of you have worked together to bring our best, offering time, talent, and treasure in support of individuals and families in navigating their journeys. This final stretch of 2026 includes several community and volunteer support programs. Keep an eye out for our social media events and updates!

We have seen a significant increase in referrals along with volunteers having much needed time off island, Jonathan and I are now focusing on best practices to balance the time each one is giving to clients so that "no one is left behind".

Your creativity and efforts serving as volunteers is a treasure for Kodiak. It is with a heartfelt 'ask' that we consider our commitments so that we can meet the community's needs.

Our HPCK team is here for you as you are here for Kodiak.





HOSPICE & PALLIATIVE CARE OF KODIAK

NOTE FROM OUR PROGRAM'S MANAGER

There Is a Place for You at Hospice & Palliative Care of Kodiak

Our community needs you—and you may need Hospice & Palliative Care.

Our greatest need right now is volunteers who can spend time directly with clients. Sometimes the most meaningful thing you can offer is simply your time, presence, and a listening ear.

Hospice & Palliative Care of Kodiak is currently serving more than 30 clients, and **several clients and their families are still waiting for a volunteer to come alongside them.**

There are many ways to help. You don't need medical experience or a particular professional background. We welcome all skill sets!

Volunteers can provide:

- Companionship and direct client support
- Respite for family caregivers
- Family education and support
- Handyman and home-safety assistance, such as installing safety rails or helping with wheelchair accessibility
- Clerical assistance, including preparing intake packets, addressing envelopes, mailings, and organizing materials
- Creative companionship, such as sharing music, art, food, walks, beach time, or a movie

In 2026, our volunteers have already contributed more than 1,000 documented hours of service to the Kodiak community. We are grateful for every hour—and **there is still much more work to do.**

If you have time, skills, compassion, or simply a desire to contribute to our community, we would love to hear from you.

If HPCK has touched your life in any way, we also ask that you reach out to one friend and invite them to consider becoming a volunteer.

There is a place for you at Hospice & Palliative Care of Kodiak—and someone in our community may be waiting for what you have to offer.

Please contact us at Hospice & Palliative Care of Kodiak
(907) 512-0600

programs@hpck.org

[Volunteer sign-up](#)



Jonathan Acker



COMMUNITY CORNER:



UPCOMING EVENTS:

FALL GRIEF GROUP

Hosted by HPCK
Begins September 30th
Wednesday's at 5:15 - 7 PM

Located at St. Paul's Lutheran Church, off Rezanof in Spring Hill Hall



SIGN UP HERE



KWRCC VIGIL

Remembering those Alaskans
whose lives were lost to domestic
and sexual violence.

Tuesday, October 6th, 5:30 PM
St. James the Fisherman Episcopal
Church

MOONLIGHT MADNESS

See you there!!

shop
MOONLIGHT MADNESS
Fall Shopping Event & Block Party
FRIDAY, OCT 16TH
OPEN 5 PM - 9 PM
Visit kodiakchamber.org
for Participating Businesses

KODIAK
CHAMBER OF COMMERCE

ENJOY ENTERTAINMENT
MUSIC REFRESHMENTS
FOOD TRUCKS | FACE
PAINTING | NON-PROFITS
& FRIDAY NIGHT SHOPPING

Shop LOCAL

MOONLIGHT MADNESS FUNDRAISER
Event Date & Time: Friday, October 16th | 5:00 PM - 9:00 PM
KODIAK CHAMBER OF COMMERCE

TWILIGHT INSPIRED MENU:

- Vampire's Kiss \$8**
Lemonade topped with soda, grenadine and whipped cream
- Midnight Sparkle \$8**
Blue raspberry lemonade topped with soda and edible glitter
- La Push Baby \$8**
Strawberry lemonade topped with soda
- Garlic Parm Pretzel Bites \$13**
Two homemade garlic parmesan pretzel bites and onion soup cheddar

All proceeds support Hospice & Palliative Care of Kodiak
1001 11th Avenue
Kodiak, Alaska 99561
(907) 546-2222
www.hospiceofkodiak.org

LAST NATURE WALKS OF THE SEASON

WHEN?

09/12 @ 10-11 AM
09/20 @ 2-3 PM
10/10 @ 10-11 AM
10/18 @ 2-3 PM

WHERE?

Spruce Cape trail head
end of Woodland Drive

QUESTIONS?

Marilyn: (907) 942-9033

Peggy: (907) 942-4050

Community Resources



SCAN ME