

Harvard Beets – Mrs. Nancy West

Mrs. Bernice Ledbetter

Mrs. June Troup

$\frac{1}{2}$ c. sugar

$\frac{1}{4}$ c. vinegar

2 c. beets (cooked and cut or sliced)

1 $\frac{1}{2}$ t. cornstarch

$\frac{1}{4}$ c. water



Mix sugar and cornstarch. Add vinegar and water; boil 5 min. Add beets and let stand over low heat 30 min. Just before serving, bring to boiling point and add butter. Serves 6.

- ❖ This recipe is from *Dedication Day Recipes*, a book of recipes from the Famous Basket Luncheon at the Kate Duncan Smith DAR School in Grant, Alabama. It was featured in the *PATRIOTE-News* March, 2019.