

10 SECRETS

To Level-Up Your Leadership

Author | Speaker | Emotional Intelligence Expert

TARA RENZE



SECRET ONE:

Get
Mentally
Fit.

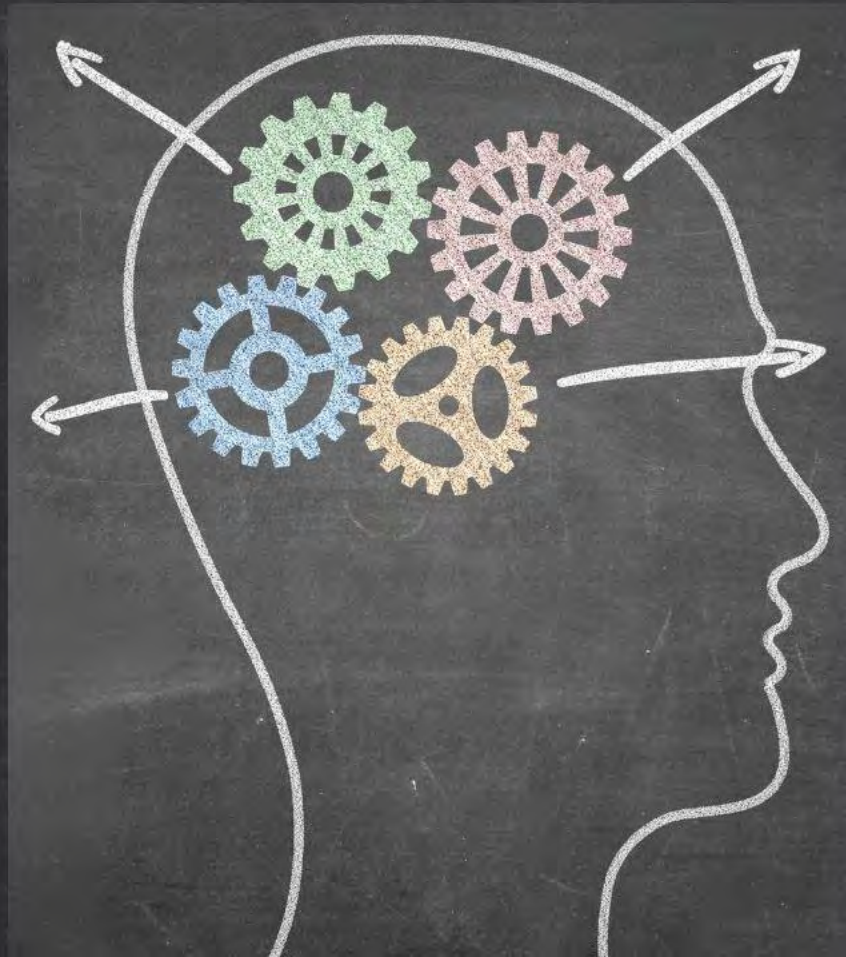
Emotional
Intelligence &
Positive
Intelligence



Get Mentally Fit

NEGATIVE
THOUGHTS

STRESS
CORTISOL



POSITIVE
THOUGHTS

SEROTONIN
DOPAMINE

Emotional Intelligence & Performance



- Emotional intelligence is responsible for 58% of professional success.
- Salespeople with high EQ bring 2x more revenue than those with low to average emotional intelligence.
- 80% of customers say the experience a company provides is as important as its products and services.

SECRET TWO:

Set Clear
Boundaries &
Expectations.



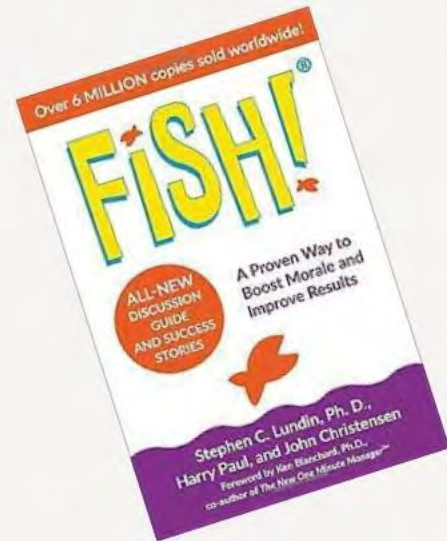


SECRET THREE:

It's not about
YOU.

When everyone wins....YOU Win.

SECRET FOUR:

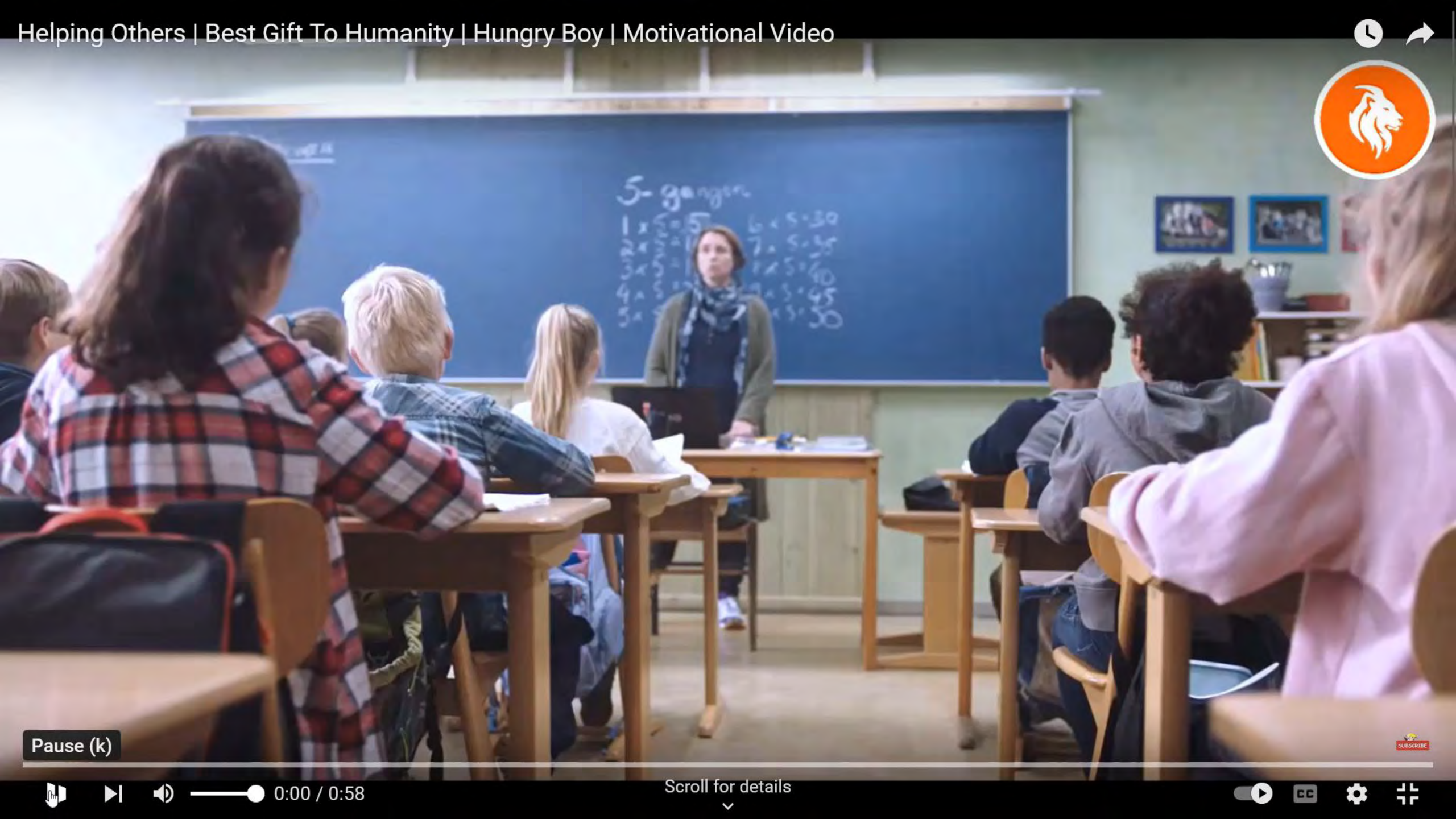


Leave Everyone BETTER
Than When You Met Them.



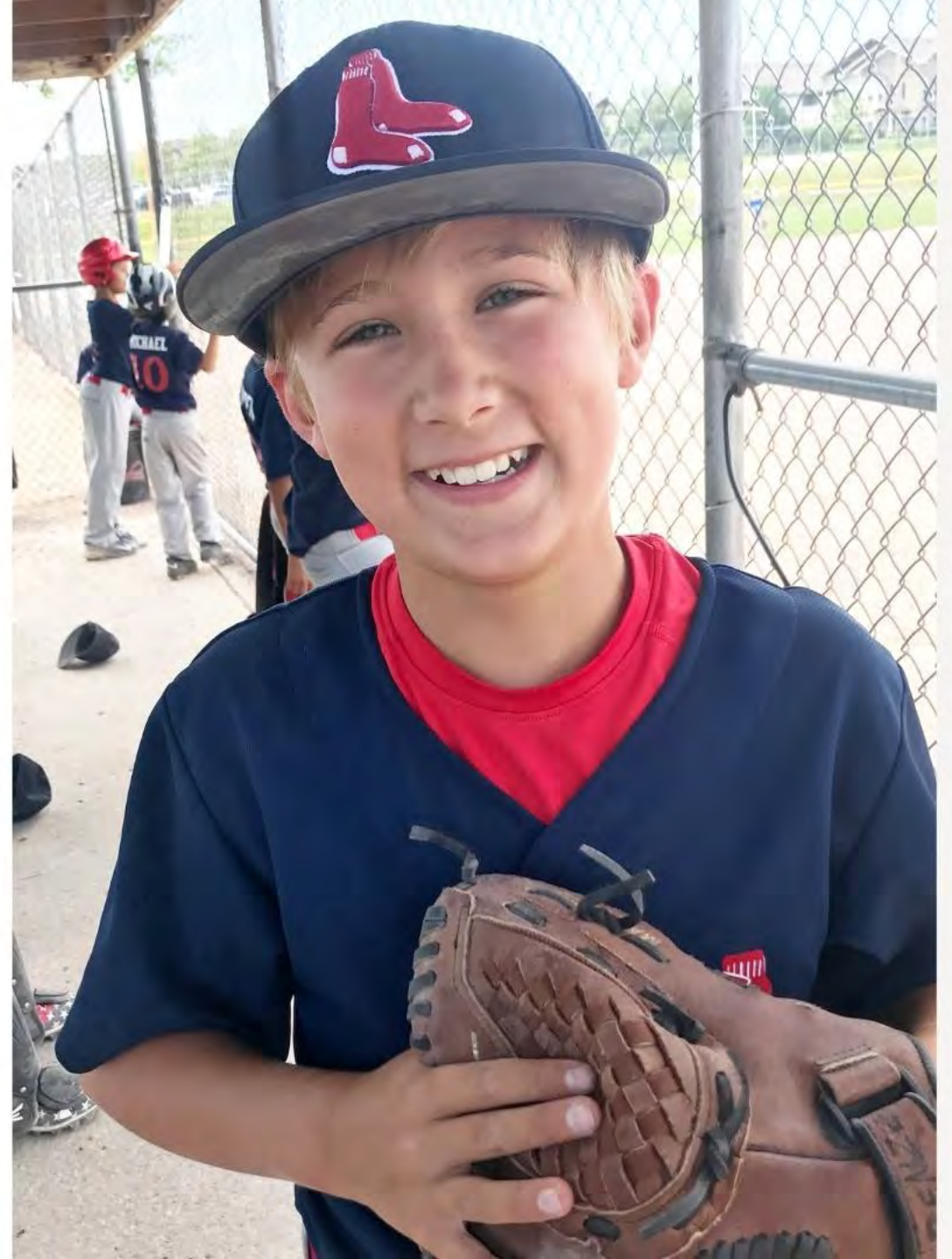
CIRCLE OF INFLUENCE




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SECRET FIVE:

Use a
Clear Mirror to
Self-Assess



SECRET SIX:

Always Assume a
Misunderstanding



iMessage
Today 12:20 PM

I am here for you

Thanks :) I'm going through a tough time so it means a lot

And sorry, I lost all my contacts who is this?

This is your Uber driver

I am here to pick you up

Oh

Delivered

SECRET SEVEN:

Never Complain Down



SECRET EIGHT :

Put Your Big Ask
Out There.

Men apply when
they meet just
60% of the
qualifications



Women apply
only if they
meet 100%
of them



SECRET NINE:

Don't make decisions
based on NOSTALGIA.



Turn a Setback
Into a COMEBACK.

**SECRET
TEN:**







Turn a Setback
Into a COMEBACK.

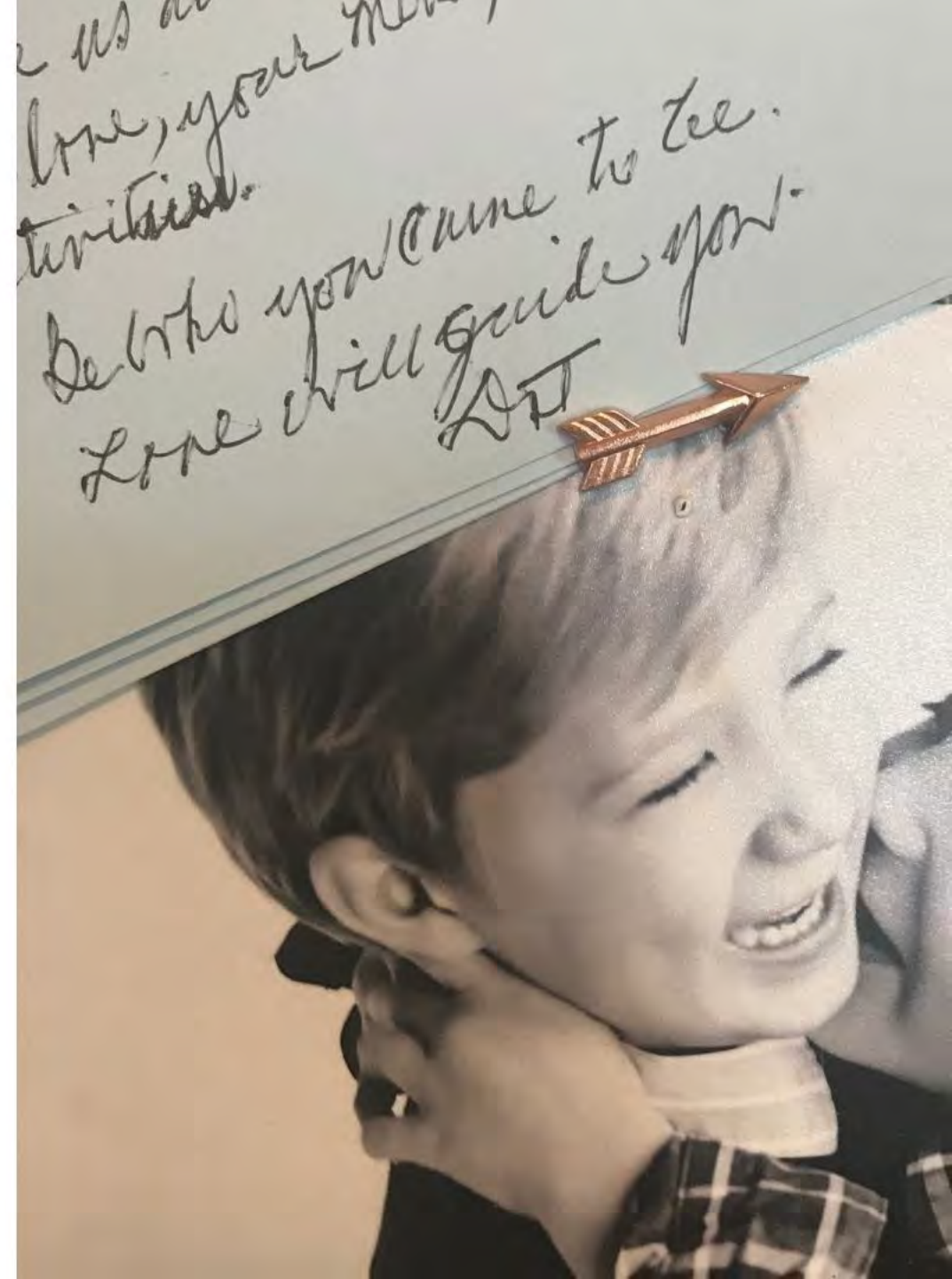
**SECRET
TEN:**



Bonus Secret:

Be Who YOU Came To Be.

Honor Your Authenticity.
Honor Their Authenticity.



10 SECRETS

To Level-Up Your Leadership

SECRET 1:

Get Mentally Fit

SECRET 2:

Set Clear
Boundaries &
Expectations

SECRET 3:

It's Not About
YOU

SECRET 4:

Leave Em'
Better

SECRET 5:

Use a Clear
Mirror to Self-
Assess

SECRET 6:

Always Assume a
Misunderstanding

SECRET 7:

Never Complain
Down

SECRET 8:

Put Your Big Ask
Out There

SECRET 9:

Don't Make
Decisions Based on
Nostalgia

SECRET 10:

Turn a Setback Into
a Comeback

Just For YOU!



Scan for a
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saboteur assessment
AND
weekly EQ Video Tips!

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