



Mastery in the Bay Cycle 10

2017 - 2018

Dates	Topics
11/4 – 11/5	Visioning
12/9 – 12/10	Affirmations
1/13 – 1/14	Kata
2/10 – 2/11	Theory & Philosophy
3/10 – 3/11	Leonard Energy Training
4/7 – 4/8	Staying Current
5/6 – 5/7	Integral Fitness
6/9 – 6/10	Leadership
7/8 – 7/9	Mastery Retreat at Asilomar

1:00 – 6:00 pm | Aikido of Tamalpais, Corte Madera

For more information, please contact Charlotte Hatch at starlightmatters@gmail.com.

