

## GLEE Presentation – January 2022

### Honoring 2021

Donita Decker and Pam Kramer, Presenters

***Take time to do some writing about your life and practice in 2021:***

What were the blessings? Surprises?

What did you accomplish? In what ways did you transform?

What challenges did you face? How did you address those challenges?

What would you like to leave behind?

How did your practice support you?