

a Texas ACP Publication

TEXAS NEWSLETTER

American College of Physicians | Texas Chapter

Issue No. 1 | 2025 Edition

PRESIDENT'S MESSAGE

Hello Everyone,

As we enter Spring, it is a great time to recharge and refresh. Part of this includes taking time to be thankful. I am thankful for the job I get to do taking care of patients, teaching, and being part of this amazing community of Internal Medicine physicians. I am a Program Director of a residency, and we recently had Match Week. All of you know how exciting Match Week is and what it exemplifies in the amount of work that students and programs put into medical education. Make sure to congratulate students and programs on their accomplishments.

The Texas ACP has been hard at work making sure to find out your needs and try to meet those needs in many ways of education and patient care. Healthcare is constantly changing, and we want to make sure Texas and National ACP know your need and anticipate what you will need and help along the way. If you would like to be more involved in those efforts, please see the link below about interest in participating in our committees. I hope you all will take some time to reflect and recharge and it was so good to see many of you in New Orleans earlier this month!

Sincerely,



Austin Metting, MD, FACP, SFHM, DipABLM
President, Texas Chapter of the American College of Physicians

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GIMSPP PRECEPTORS NEEDED!

The General Internal Medicine State Preceptorship Program (GIMSPP) offers individual mentorship to Texas MS1s & MS2s interested in learning more about the field of internal medicine.

Interested in Precepting this Summer?

Impact the future of primary care. Texas is experiencing a significant shortage of primary care physicians. Through GIMSPP, you introduce and mentor medical students in the field of primary care early on in their medical careers. You have the chance to directly impact the next generation and the vital field of internal medicine.

Preceptor Eligibility Requirements:

- Preceptor must be board certified in internal medicine with a current Texas medical license.
- Preceptors must practice at least 40% as a general internal medicine physician apart from any other sub-specialties.
- Preceptors are expected to provide daily, personal instruction and supervision to a medical student.
- Preceptor time commitment ranges from two to four weeks during the summer.

Preceptor Perks

We're excited to share that preceptors enjoy FREE registration to the chapter's Annual Scientific Meeting! It's our way of saying thank you for your contributions. Sign-up to precept, work with your assigned student for a commitment of 2-4 weeks during the summer and you'll automatically become eligible to receive the complimentary registration.

All preceptors will also be sent a copy of ACP's Teaching Medicine Series.

"...free registration to chapter's Annual Scientific Meeting!"

[Sign Up to Precept Today!](#)



REGIONAL RESIDENT DAY EVENTS

The ACP Regional Resident's Day are scheduled for 2025!

Thank you to this year's host programs.

- Southeast: HCA Kingwood, September 6th
- Northwest: Texas Tech HSC - Lubbock, April 17th
- Far Northwest: TTUHSC El Paso - May 2nd, Clinical Vignette; May 6th, Doctor's Dilemma
- Northeast: Texas Health Harris Methodist Hospital - Date TBD
- Southwest: Round Rock - Date TBD

Good luck to our residents- the clinical vignette winner from each is offered the opportunity to present an Oral Vignette at our 2025 Chapter Meeting in November.



ACP | Physician Peer Coaching

Now available through ACP: Member-exclusive coaching support for ACP physician members. Coaching has a positive impact on physician professional development and fulfillment, well-being, practice performance, and patient outcomes. Invest in yourself and discover the transformative potential of coaching with ACP. ACP offers coaching services for individuals and groups, available in various bundles and values.

[Learn More and Sign Up Today!](#)

SAVE THE DATE

ANNUAL CHAPTER MEETING AND EXHIBITION

November 7-9, 2025

Hilton Austin | Austin, Texas



CONGRATULATIONS TEXAS ACP FELLOWS

These newly elected members join more than 1,600 colleagues in the state who have been elected a Fellow of the ACP. The distinction recognizes achievements in internal medicine, the specialty of adult medical care.

Elmer G Smith Jr, MD FACP
Durado D Brooks, MD FACP
Byron L Cryer, MD FACP
Asim R Usman, MD FACP
Karen L Harrison, MD FACP
Isitri Modak, MD FACP
Beverly E White, MD FACP
Gerardo Mendoza Catalasan, MD FACP
Jason G Holman, MD FACP
Shawnta R Pittman-Hobbs, MD FACP
Soumya Yemme, MBBS FACP
Cherese M Wiley, MD FACP
Jesheejaa Kuniyil, MD FACP
Imad Salahuddin, MD FACP
Michelle Marchessault, MD FACP
Jessica Garza, MD FACP
Madhu Chiluveri, MD MBBS FACP
Michael Meansup Song, MD PhD FACP
Vishnu Karthik Ilineni, MD FACP
Vamsi Kiranchowdary Korrapati, MD FACP
Dipaben Patel, MD FACP
Dipesh R Bista, MD FACP
Srinivasa R Madhavan, MD FACP
Nancy Chen, MD FACP
Ilanko Upendran, MD FACP

Jeffrey Zsohar, MD FACP
Robert M Garcia, FACP MD
Sujata Bhushan, MD FACP
Luke Sorrell, MD FACP
Arti Ameet, MD FACP
Katherina Avila, MD FACP
Austin Baraki, MD FACP
Hema P Bohra, DO FACP
Oscar M Aguilar, MD FACP
Shafaq Ejaz, MD FACP
Matthew W McMahon, MD FACP
Samantha J Allen, MD FACP
Christina J Kuo, MD FACP
Marina C Saad, MD FACP
Sheeba V Tano, DO FACP
Deborah Freeland, MD FACP
Susan L Andrew, MD FACP
Edward C Sankary, MD FACP
Scott W Clitheroe, MD FACP
Ana M Torres, MD FACP
Patrice Alves, MD FACP
Michael E Lozano, MD FACP
Eric A Fein, MD FACP
Kevin A Grimes, MD FACP
Brian S Treuhaft, DO FACP

Shawn C Chen, MD FACP
Ketul R Patel, MD FACP
Astrud L Leyva, MD FACP
Derrick Nguyen, MD FACP
Nicolas A Melgarejo, MD FACP
Mogbolahan O Kuye, MD FACP
Srikanth Gogineni, MBBS FACP
Anoop Bhagat, MD FACP
Lara Voigt, MD FACP
Julio P Zavala, MD FACP
Vajeeha V Sadi, MD FACP
Jessica M Stull, MD FACP
Victor S Jackson, MD FACP
Candice Dunn, MD FACP
Rachel Hogan, DO FACP
Deobrat C Mallik, MD FACP
Jack Badawy, MD, MBChB FACP
Guy Hartwell Handley IV, MD FACP
Johanna Busch, MD PhD FACP
Jocelyn Juarez, MD FACP
Amelia Averyt, MD FACP
Teny Mathew John, MD FACP
Frederick B Peng, MD FACP
Balu Lakshmanan, MD FACP
Paul Park, MD FACP
Orhue Odaro, MD FACP

Orhue Odaro, MD FACP
Carlos A Paris, MD FACP
Lindsay Dunn, MD FACP
Adriana E Suarez Santos, MD FACP
Abdullah Shaikh, MD FACP
Nadia Haj-Ismail, MD FACP
Christopher H Tan, DO FACP
Rebecca Nekolaichuk, MD FACP
Cynthia Cantu, AHP DO FACP
Sashidaran Moodley, MD FACP
Maleeha Zahid, MD FACP
David Vadala, MD FACP
Olubunmi Oladunjoye, MBBS FACP
Rakshya Sharma, MD FACP
Ahmad Ghorab, MD FACP
CPT Qing Wang, MC USA FACP
Angel R Rivera Castro, MD FACP
Andres Suarez, FACP
Jose Ignacio Ruiz-Rodriguez, MD FACP
Patrick I Igharosa, MBBS FACP
Alec B Rezigh, MD FACP
Indira Kanouka, MD FACP
Candace Walkley, MD FACP

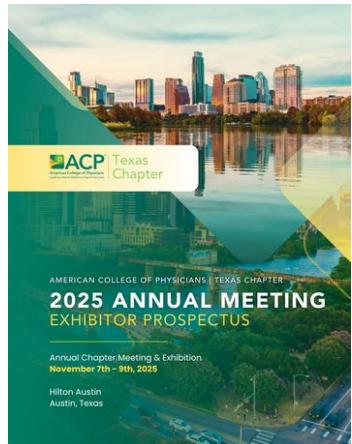
ANNUAL CHAPTER MEETING & EXHIBITION

Save the Date!

Our 2025 annual meeting planning is well underway, and we are open for exhibitor and sponsorship registration! We are aiming to increase our number of exhibitors and sponsors this year, and have expanded our offerings accordingly. Check out our prospectus for all levels available, including a la carte sponsorship opportunities.

If you are aware of any potential sponsors or exhibitors, please send them to [office@txacp.org!](mailto:office@txacp.org)

Check out the Annual Meeting Exhibitor Prospectus for exciting opportunities to get involved and connect with attendees!



[Download the
Exhibitor Prospectus](#)

[Exhibitor
Registration Here](#)

KIDNEY HEALTH WEBINAR SERIES

Join Texas ACP for an upcoming four-part CME webinar series on kidney health featuring Donald E. Wesson, MD MBA. Each webinar offers one CME credit.

Importance of Treating the Metabolic Acidosis of Chronic Kidney Disease

June 10th, 2025 | 7:00PM - 8:00PM

Chronic metabolic acidosis is a common complication of chronic kidney disease (CKD). Despite guidelines recommending when and how it should be treated, most candidate patients with CKD are not being treated. Published data support that treatment of metabolic acidosis in patients with CKD improves muscle and bone health and might slow CKD progression.

Dietary Fruits and Vegetables Promote Kidney Health

August 12th, 2025 | 7:00PM - 8:00PM

Diets high in fruits and vegetables (F&V) are recommended first-line management for the two major causes of chronic kidney disease (CKD) in the US, diabetes and hypertension. Unfortunately, such diets are under-prescribed for the management of diabetes and hypertension and when prescribed, are under-implemented. Such diets not only improve management of these two causes of CKD, they also improve kidney health in individuals with CKD due to diabetes and/or hypertension.



featuring
Donald E. Wesson, MD, MBA

Professor of Medicine, Dell Medical School- The University of Texas at Austin, Austin, TX
Professor of Medicine, University of Texas Southwestern Medical Center, Dallas, TX
President, Donald E Wesson Consulting, LLC, Dallas, Texas

Dr. Wesson is immediate Past President of the Baylor Scott & White Health and Wellness Center in Dallas, TX and is now Professor of Medicine, Dell Medical School- The University of Texas at Austin and the University of Texas Southwestern Medical Center, Dallas, TX. He is a long-time advocate for improving the health of communities through focused, data driven population health initiatives. Dr. Wesson is a thought-leader in academic medicine and an internationally recognized researcher in kidney acidifying mechanisms. He has authored and published more than 150 scientific papers regarding kidney physiology, more than a dozen books about kidney disease and hypertension, 18 chapters in scientific textbooks and many other publications on cigarette smoking and its effects on kidneys.

Pricing

One Webinar | \$30 for ACP Members or \$40 for Non-Members

All Four Webinars Bundle | \$100 for ACP Members or

\$130 for Non-Members

Free to All Residents/Fellows/Students

Kidney Harm Caused by Our Modern Acid-Producing Diets

July 8th, 2025 | 7:00PM - 8:00PM

Modern diets, which are high in acid-producing animal foods and low in base-producing fruits and vegetables, lead to increased acid excretion by the kidneys. Over time, this chronic acid load can damage the kidneys and contribute to chronic kidney disease (CKD). Reducing dietary acid through more plant-based foods may help protect kidney function and slow CKD progression.

Gaining Community Trust Facilitates Evidence-Based Treatments for Chronic Kidney Disease

September 9th, 2025 | 7:00PM - 8:00PM

Chronic kidney disease (CKD) disproportionately impacts under-resourced and minoritized communities, with stark income and ethnic disparities in the U.S. Because CKD develops silently over decades and often isn't diagnosed until late stages, effective prevention requires studying early-stage CKD in high-risk, asymptomatic individuals. Building trust within these communities—who often have justified mistrust of healthcare systems—is essential for successful research and intervention efforts.



Registration

Scan or select the following link to register today!

Register for the
Webinar Series Today!

RECOGNIZING 5, 10, 15, AND 20-YEAR ACP MEMBERSHIP MILESTONES

Congratulations to our members for these amazing levels of commitment!

5 Year Members

Jose L Aguirre, MD	Usman Ghani, MBBS MD	Chen Li, MD	Leonardo C Profenna, MD
Frank O Ajatta, MD	Meghana Gore, MD	Maria I Macias, MD	Balaguru Ravi, MD
Nadia Alawi-Kakomanolis, MD	Jeevan Gowda, MBBS	Lara Magnabosco	Erin A Reese, MD
Shane C Alexander, DO	Guy Hartwell Handley IV, MD	Abhishek Maiti, MD	Ghazi Rizvi, MD
Samantha J Allen, MD	Lauren Hassoun	Rehan A Malik, MBBS MD	Akhi Saha, MD
Lee Edward Anderson III, MD	Dina Hazim, MD	Lance Mandell, MD	Ahmed Salman, MBBS MD
Jason E Bacon, MD	Stephen Marshall Hudson, MD	Philip J MAPLE, MD	Bennett W Schmidt, MD
Viraj R Bhise, MD	Mohamed Ginawi Hussein, MD, MBBS	Gerard Martins, MD	Beth Scholz, MD
Richard M Bliss, MD	Ceena Neena Jacob, MD	Matthew W McMahon, MD	Abid Shaikh, DO
Adam K Brittain, MD	Sayyed Jaffri, MBBS	Charli Athena Mella, MD	Shweta Sharma, MD
Christopher Burnette, DO	Mahendra G Jain, MD	Alyssa Mohammed, MD	Alvin Shih, DO
Jean Luis Cabrera, MD	Mamta K Jain, MD	Jorge-Jayne Montes, MD	David Sommerhalder, MD
Dillan Chai, MD	Teny Mathew John, MD	Eduardo Mulanovich, MD	Barney Soskin, MD
Adila Chaudhry, MBBS	Kimberly Johnson, DO	Muhammad Mumtaz, MBBS	Chelsea A Therrien, MD
Deepthi R Chiluvuri, DO	Benjamin E Jones, MD	Jared Nathanson	Ritik Tiwari, MD
Luis C. Corral Guerrero, MD	Indira Kanouka, MD	Leslie W Nelson, MD	Mustafa Burak Tunc, MD
Ashley N Cruz, MD	Shravan Katta, MD	Derrick Nguyen, MD	Gregory Vo, MD
Manoj Das, MD	Pooja Khatiwada, MD	Chau B Nguyen, DO	Rebecca L Watson, MD
Suzanne J Davis, MD	Tehmina R Khowaja, MD	Juan J Olivero, MD	Shwe Win, MD
Robel Desta, MD	Prathik Kolluru, MBBS	Sean E O'Neil, MD	Jorge A Zamora-Legoff, MD
Daniel Driver	Paavani Komanduri, MD	Manji Osifeso	Hao Chi Joseph Zhang, MD
Scott Ewing, DO	Shweta Kumar, MD	Mohan Pamerla, MD	
Jane M Fon-Ndikum, MD	Carlos Enrique Kummerfeldt, MD	Jaimin Patel, MD	
Kristi J Garrett, MD	Christopher Lam	Pushpa R Pathak, MBBS	
Oziel Garza De La Garza, MD	Benjamin J Lee, MD	Grace Philip, MD	

10 Year Members

Muhammad Abdullah, MD	Manoj K Gogia, MBBS	Sajeela Malik, MBBS	Mythri Sharma, DO
Nabil Barbara, MD	Enrique Gonzalez, MD	Sandra J Martinez Esparza, MD	Sandeep Sharma, MBBS
Sita M Boppana, MD	Alfredo Gonzalez, MD	Alan J McBride, MD	Li Sun, MD
Brittany N Dawson, MD	Steven Huan-Ling Hsu, MD	Michael McPherson, MD	Junior A. L. Taylor, MBBS
Rodrigo De La Cotera Jule, MD	Edwin Olatunji Imliere, MD	Viresh Patel, MD	Jenny Thomas Jacob, MD
Valerie K DeLuca, DO	Sarat Jampa, MD	Monalee Patel-Chheda, MD	Dianne N Tran, MD
Saraswathi Dopathi, MD	Julie E Kennedy, MD	Pavithra Pattabiraman, MD	Faisal S Uddin, MD
Asif Farooq, MD	Elizabeth M Lee, MD	Sarah I Reichert, DO	Cory R Walker, DO
Alfredo Garcia, MD	Min Liang, MD	Leena L Samuel, MD	Carl P Walther, MD

15 Year Members

Erdem Aktunc, MD	Andrew G Hickl, MD	Mosha M Peters-Harris, MD	Raj T Sehgal, MD
KoKo Aung, MD MPH MACP	Charles A Kwaw, MD	Jared B Petty, DO	Navneet Sidhu, MD
Narendra Civunigunta, MBBS	Gregory E Martin, MD	Himabindu Ramireddy, MBBS	Aparna Vallabhaneni, MD
Nathan R Cohen, MD	Jessy Cherian Mathews, MD	Sherif M Rizkalla, DO	Alexandra M Villacres, MD
Parmanand J Dawani, MD	Madhu V Pamganamamula, MD	Narendra Sajja, MD	Gladys C Weng, DO

20 Year Members

Robert B Allison, MD	Jason A Gukhool, MD
Kathryn Cillessen, MD	Padmashri Rastogi, MD
Charles E Ewoh, MBBS	Shariq J Rauf, MBBS
Alexander A Gaidarski, MD	Suresh Vemula, MBBS

CONGRATULATIONS

CLICK, POST, HEAL: ENHANCING YOUR ONLINE PRESENCE IN MEDICINE

Learn from a panel of speakers using real-world examples how to utilize LinkedIn, Instagram and other online platforms as a physician or medical professional. Join your Texas, Arizona and North Carolina colleagues to learn together! Content will be relevant for any and all, especially residents and early career physicians.

Date: Wednesday, June 25th

Time: 7:00PM - 8:00PM Central Time

Format: Webinar via Zoom

Cost: Free!



Register Today!