

# TEXAS NEWSLETTER

American College of Physicians | Texas Chapter

Issue No. 1 | 2025 Edition

## PRESIDENT'S MESSAGE

Hello Everyone,

As we enter Spring, it is a great time to recharge and refresh. Part of this includes taking time to be thankful. I am thankful for the job I get to do taking care of patients, teaching, and being part of this amazing community of Internal Medicine physicians. I am a Program Director of a residency, and we recently had Match Week. All of you know how exciting Match Week is and what it exemplifies in the amount of work that students and programs put into medical education. Make sure to congratulate students and programs on their accomplishments.

The Texas ACP has been hard at work making sure to find out your needs and try to meet those needs in many ways of education and patient care. Healthcare is constantly changing, and we want to make sure Texas and National ACP know your need and anticipate what you will need and help along the way. If you would like to be more involved in those efforts, please see the link below about interest in participating in our committees. I hope you all will take some time to reflect and recharge and it was so good to see many of you in New Orleans earlier this month!

Sincerely,



**Austin Metting, MD, FACP, SFHM, DipABLM**  
*President, Texas Chapter of the American College of Physicians*

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# GIMSPP PRECEPTORS NEEDED!

The General Internal Medicine State Preceptorship Program (GIMSPP) offers individual mentorship to Texas MS1s & MS2s interested in learning more about the field of internal medicine.

## Interested in Precepting this Summer?

Impact the future of primary care. Texas is experiencing a significant shortage of primary care physicians. Through GIMSPP, you introduce and mentor medical students in the field of primary care early on in their medical careers. You have the chance to directly impact the next generation and the vital field of internal medicine.

## Preceptor Eligibility Requirements:

- Preceptor must be board certified in internal medicine with a current Texas medical license.
- Preceptors must practice at least 40% as a general internal medicine physician apart from any other sub-specialties.
- Preceptors are expected to provide daily, personal instruction and supervision to a medical student.
- Preceptor time commitment ranges from two to four weeks during the summer.

## Preceptor Perks

We're excited to share that preceptors enjoy FREE registration to the chapter's Annual Scientific Meeting! It's our way of saying thank you for your contributions. Sign-up to precept, work with your assigned student for a commitment of 2-4 weeks during the summer and you'll automatically become eligible to receive the complimentary registration.

All preceptors will also be sent a copy of ACP's Teaching Medicine Series.

*"...free registration to chapter's Annual Scientific Meeting!"*

[Sign Up to Precept Today!](#)

## REGIONAL RESIDENT DAY EVENTS

**The ACP Regional Resident's Day are scheduled for 2025!**

Thank you to this year's host programs.

- Southeast: HCA Kingwood, September 6th
- Northwest: Texas Tech HSC - Lubbock, April 17th
- Far Northwest: TTUHSC El Paso - May 2nd, Clinical Vignette; May 6th, Doctor's Dilemma
- Northeast: Texas Health Harris Methodist Hospital - Date TBD
- Southwest: Round Rock - Date TBD

Good luck to our residents- the clinical vignette winner from each is offered the opportunity to present an Oral Vignette at our 2025 Chapter Meeting in November.



## ACP Physician Peer Coaching

Now available through ACP: Member-exclusive coaching support for ACP physician members. Coaching has a positive impact on physician professional development and fulfillment, well-being, practice performance, and patient outcomes. Invest in yourself and discover the transformative potential of coaching with ACP. ACP offers coaching services for individuals and groups, available in various bundles and values.

[Learn More and Sign Up Today!](#)



# SAVE THE DATE

ANNUAL CHAPTER MEETING AND EXHIBITION

**November 7-9, 2025**

Hilton Austin | Austin, Texas

FRIDAY

SATURDAY

SUNDAY

7

8

9

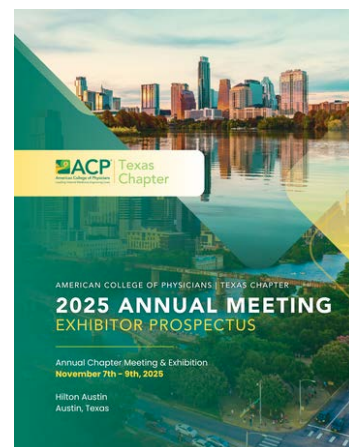
## ANNUAL CHAPTER MEETING & EXHIBITION

### Save the Date!

Our 2025 annual meeting planning is well underway, and we are open for exhibitor and sponsorship registration! We are aiming to increase our number of exhibitors and sponsors this year, and have expanded our offerings accordingly. Check out our prospectus for all levels available, including a la carte sponsorship opportunities.

If you are aware of any potential sponsors or exhibitors, please send them to [office@txacp.org](mailto:office@txacp.org)!

Check out the Annual Meeting Exhibitor Prospectus for exciting opportunities to get involved and connect with attendees!



[Download the Exhibitor Prospectus](#)

[Exhibitor Registration Here](#)

## CONGRATULATIONS TEXAS ACP FELLOWS

These newly elected members join more than 1,600 colleagues in the state who have been elected a Fellow of the ACP. The distinction recognizes achievements in internal medicine, the specialty of adult medical care.

Elmer G Smith Jr, MD FACP  
Durado D Brooks, MD FACP  
Byron L Cryer, MD FACP  
Asim R Usman, MD FACP  
Karen L Harrison, MD FACP  
Isitri Modak, MD FACP  
Beverly E White, MD FACP  
Gerardo Mendoza Catalasan, MD FACP  
Jason G Holman, MD FACP  
Shawnta R Pittman-Hobbs, MD FACP  
Soumya Yemme, MBBS FACP  
Cherese M Wiley, MD FACP  
Jesheeja Kuniyil, MD FACP  
Imad Salahuddin, MD FACP  
Michelle Marchessault, MD FACP  
Jessica Garza, MD FACP  
Madhu Chiluveri, MD MBBS FACP  
Michael Meansup Song, MD PhD FACP  
Vishnu Karthik Ilineni, MD FACP  
Vamsi Kiranchowdary Korrapati, MD FACP  
Dipaben Patel, MD FACP  
Dipesh R Bista, MD FACP  
Srinivasa R Madhavan, MD FACP  
Nancy Chen, MD FACP  
Ilanko Upendran, MD FACP

Jeffrey Zsohar, MD FACP  
Robert M Garcia, FACP MD  
Sujata Bhushan, MD FACP  
Luke Sorrell, MD FACP  
Arti Ameet, MD FACP  
Katherina Avila, MD FACP  
Austin Baraki, MD FACP  
Hema P Bohra, DO FACP  
Oscar M Aguilar, MD FACP  
Shafaq Ejaz, MD FACP  
Matthew W McMahon, MD FACP  
Samantha J Allen, MD FACP  
Christina J Kuo, MD FACP  
Marina C Saad, MD FACP  
Sheeba V Tano, DO FACP  
Deborah Freeland, MD FACP  
Susan L Andrew, MD FACP  
Edward C Sankary, MD FACP  
Scott W Clitheroe, MD FACP  
Ana M Torres, MD FACP  
Patrice Alves, MD FACP  
Michael E Lozano, MD FACP  
Eric A Fein, MD FACP  
Kevin A Grimes, MD FACP  
Brian S Treuhaft, DO FACP

Shawn C Chen, MD FACP  
Ketul R Patel, MD FACP  
Astrud L Leyva, MD FACP  
Derrick Nguyen, MD FACP  
Nicolas A Melgarejo, MD FACP  
Mogbolahan O Kuye, MD FACP  
Srikanth Gogineni, MBBS FACP  
Anoop Bhagat, MD FACP  
Lara Voigt, MD FACP  
Julio P Zavala, MD FACP  
Vajeeha V Sadi, MD FACP  
Jessica M Stull, MD FACP  
Victor S Jackson, MD FACP  
Candice Dunn, MD FACP  
Rachel Hogan, DO FACP  
Deobrat C Mallick, MD FACP  
Jack Badawy, MD, MBChB FACP  
Guy Hartwell Handley IV, MD FACP  
Johanna Busch, MD PhD FACP  
Jocelyn Juarez, MD FACP  
Amelia Averyt, MD FACP  
Teny Mathew John, MD FACP  
Frederick B Peng, MD FACP  
Balu Lakshmanan, MD FACP  
Paul Park, MD FACP  
Orhue Odaro, MD FACP

Orhue Odaro, MD FACP  
Carlos A Paris, MD FACP  
Lindsay Dunn, MD FACP  
Adriana E Suarez Santos, MD FACP  
Abdullah Shaikh, MD FACP  
Nadia Haj-Ismael, MD FACP  
Christopher H Tan, DO FACP  
Rebecca Nekolaichuk, MD FACP  
Cynthia Cantu, AHP DO FACP  
Sashidaran Moodley, MD FACP  
Maleeha Zahid, MD FACP  
David Vadala, MD FACP  
Olubunmi Oladunjoye, MBBS FACP  
Rakshya Sharma, MD FACP  
Ahmad Ghorab, MD FACP  
CPT Qing Wang, MC USA FACP  
Angel R Rivera Castro, MD FACP  
Andres Suarez, FACP  
Jose Ignacio Ruiz-Rodriguez, MD FACP  
Patrick I Igharosa, MBBS FACP  
Alec B Rezig, MD FACP  
Indira Kanouka, MD FACP  
Candace Walkley, MD FACP

# KIDNEY HEALTH WEBINAR SERIES

Join Texas ACP for an upcoming four-part CME webinar series on kidney health featuring Donald E. Wesson, MD MBA. Each webinar offers one CME credit.

## Importance of Treating the Metabolic Acidosis of Chronic Kidney Disease

June 10<sup>th</sup>, 2025 | 7:00PM - 8:00PM

Chronic metabolic acidosis is a common complication of chronic kidney disease (CKD). Despite guidelines recommending when and how it should be treated, most candidate patients with CKD are not being treated. Published data support that treatment of metabolic acidosis in patients with CKD improves muscle and bone health and might slow CKD progression.

## Dietary Fruits and Vegetables Promote Kidney Health

August 12<sup>th</sup>, 2025 | 7:00PM - 8:00PM

Diets high in fruits and vegetables (F&V) are recommended first-line management for the two major causes of chronic kidney disease (CKD) in the US, diabetes and hypertension. Unfortunately, such diets are under-prescribed for the management of diabetes and hypertension and when prescribed, are under-implemented. Such diets not only improve management of these two causes of CKD, they also improve kidney health in individuals with CKD due to diabetes and/or hypertension.

## Kidney Harm Caused by Our Modern Acid-Producing Diets

July 8<sup>th</sup>, 2025 | 7:00PM - 8:00PM

Modern diets, which are high in acid-producing animal foods and low in base-producing fruits and vegetables, lead to increased acid excretion by the kidneys. Over time, this chronic acid load can damage the kidneys and contribute to chronic kidney disease (CKD). Reducing dietary acid through more plant-based foods may help protect kidney function and slow CKD progression.

## Gaining Community Trust Facilitates Evidence-Based Treatments for Chronic Kidney Disease

September 9<sup>th</sup>, 2025 | 7:00PM - 8:00PM

Chronic kidney disease (CKD) disproportionately impacts under-resourced and minoritized communities, with stark income and ethnic disparities in the U.S. Because CKD develops silently over decades and often isn't diagnosed until late stages, effective prevention requires studying early-stage CKD in high-risk, asymptomatic individuals. Building trust within these communities—who often have justified mistrust of healthcare systems—is essential for successful research and intervention efforts.



featuring  
**Donald E. Wesson, MD, MBA**

*Professor of Medicine, Dell Medical School- The University of Texas at Austin, Austin, TX  
Professor of Medicine, University of Texas Southwestern Medical Center, Dallas, TX  
President, Donald E Wesson Consulting, LLC, Dallas, Texas*

Dr. Wesson is immediate Past President of the Baylor Scott & White Health and Wellness Center in Dallas, TX and is now Professor of Medicine, Dell Medical School- The University of Texas at Austin and the University of Texas Southwestern Medical Center, Dallas, TX. He is a long-time advocate for improving the health of communities through focused, data driven population health initiatives. Dr. Wesson is a thought-leader in academic medicine and an internationally recognized researcher in kidney acidifying mechanisms. He has authored and published more than 150 scientific papers regarding kidney physiology, more than a dozen books about kidney disease and hypertension, 18 chapters in scientific textbooks and many other publications on cigarette smoking and its effects on kidneys.



## Pricing

**One Webinar** | \$30 for ACP Members or \$40 for Non-Members

**All Four Webinars Bundle** | \$100 for ACP Members or  
\$130 for Non-Members

**Free** to All Residents/Fellows/Students

## Registration

Scan or select the following link to register today!

**Register for the  
Webinar Series Today!**

# RECOGNIZING 5, 10, 15, AND 20-YEAR ACP MEMBERSHIP MILESTONES

Congratulations to our members for these amazing levels of commitment!

## 5 Year Members

Jose L Aguirre, MD  
Frank O Ajatta, MD  
Nadia Alawi-Kakomanolis, MD  
Shane C Alexander, DO  
Samantha J Allen, MD  
Lee Edward Anderson III, MD  
Jason E Bacon, MD  
Viraj R Bhise, MD  
Richard M Bliss, MD  
Adam K Brittain, MD  
Christopher Burnette, DO  
Jean Luis Cabrera, MD  
Dillan Chai, MD  
Adila Chaudhry, MBBS  
Deepthi R Chiluvuri, DO  
Luis C. Corral Guerrero, MD  
Ashley N Cruz, MD  
Manoj Das, MD  
Suzanne J Davis, MD  
Robel Desta, MD  
Daniel Driver  
Scott Ewing, DO  
Jane M Fon-Ndikum, MD  
Kristi J Garrett, MD  
Oziel Garza De La Garza, MD

Usman Ghani, MBBS MD  
Meghana Gore, MD  
Jeevan Gowda, MBBS  
Guy Hartwell Handley IV, MD  
Lauren Hassoun  
Dina Hazim, MD  
Stephen Marshall Hudson, MD  
Mohamed Ginawi Hussein, MD, MBBS  
Ceena Neena Jacob, MD  
Sayyed Jaffri, MBBS  
Mahendra G Jain, MD  
Mamta K Jain, MD  
Teny Mathew John, MD  
Kimberly Johnson, DO  
Benjamin E Jones, MD  
Indira Kanouka, MD  
Shravan Katta, MD  
Pooja Khatiwada, MD  
Tehmina R Khowaja, MD  
Prathik Kolluru, MBBS  
Paavani Komanduri, MD  
Shweta Kumar, MD  
Carlos Enrique Kummerfeldt, MD  
Christopher Lam  
Benjamin J Lee, MD

Chen Li, MD  
Maria I Macias, MD  
Lara Magnabosco  
Abhishek Maiti, MD  
Rehan A Malik, MBBS MD  
Lance Mandell, MD  
Philip J MAPLE, MD  
Gerard Martins, MD  
Matthew W McMahon, MD  
Charli Athena Mella, MD  
Alyssa Mohammed, MD  
Jorge-Jayme Montes, MD  
Eduardo Mulanovich, MD  
Muhammad Mumtaz, MBBS  
Jared Nathanson  
Leslie W Nelson, MD  
Derrick Nguyen, MD  
Chau B Nguyen, DO  
Juan J Olivero, MD  
Sean E O'Neil, MD  
Manji Osifeso  
Mohan Pamerla, MD  
Jaimin Patel, MD  
Pushpa R Pathak, MBBS  
Grace Philip, MD

Leonardo C Profenna, MD  
Balaguru Ravi, MD  
Erin A Reese, MD  
Ghazi Rizvi, MD  
Akhi Saha, MD  
Ahmed Salman, MBBS MD  
Bennett W Schmidt, MD  
Beth Scholz, MD  
Abid Shaikh, DO  
Shweta Sharma, MD  
Alvin Shih, DO  
David Sommerhalder, MD  
Barney Soskin, MD  
Chelsea A Therrien, MD  
Ritik Tiwari, MD  
Mustafa Burak Tunc, MD  
Gregory Vo, MD  
Rebecca L Watson, MD  
Shwe Win, MD  
Jorge A Zamora-Legoff, MD  
Hao Chi Joseph Zhang, MD

## 10 Year Members

Muhammad Abdullah, MD  
Nabil Barbara, MD  
Sita M Boppana, MD  
Brittany N Dawson, MD  
Rodrigo De La Coteria Jule, MD  
Valerie K DeLuca, DO  
Sarawathi Dopathi, MD  
Asif Farooq, MD  
Alfredo Garcia, MD

Manoj K Gogia, MBBS  
Enrique Gonzalez, MD  
Alfredo Gonzalez, MD  
Steven Huan-Ling Hsu, MD  
Edwin Olatunji Imiere, MD  
Sarat Jampana, MD  
Julie E Kennedy, MD  
Elizabeth M Lee, MD  
Min Liang, MD

Sajeela Malik, MBBS  
Sandra J Martinez Esparza, MD  
Alan J McBride, MD  
Michael McPherson, MD  
Viresh Patel, MD  
Monalee Patel-Chheda, MD  
Pavithra Pattabiraman, MD  
Sarah I Reichert, DO  
Leena L Samuel, MD

Mythri Sharma, DO  
Sandeep Sharma, MBBS  
Li Sun, MD  
Junior A. L. Taylor, MBBS  
Jenny Thomas Jacob, MD  
Dianne N Tran, MD  
Faisal S Uddin, MD  
Cory R Walker, DO  
Carl P Walther, MD

## 15 Year Members

Erdem Aktunc, MD  
KoKo Aung, MD MPH MACP  
Narendra Civunigunta, MBBS  
Nathan R Cohen, MD  
Parmanand J Dawani, MD  
Sangeetha Dayalan, MD

Andrew G Hickl, MD  
Charles A Kwaw, MD  
Gregory E Martin, MD  
Jessy Cherian Mathews, MD  
Madhu V Pamganamamula, MD

Mosha M Peters-Harris, MD  
Jared B Petty, DO  
Himabindu Ramireddy, MBBS  
Sherif M Rizkalla, DO  
Narendra Sajja, MD

Raj T Sehgal, MD  
Navneet Sidhu, MD  
Aparna Vallabhaneni, MD  
Alexandra M Villacres, MD  
Gladys C Weng, DO

## 20 Year Members

Robert B Allison, MD  
Kathryn Cillessen, MD  
Charles E Ewoh, MBBS  
Alexander A Gaidarski, MD

Jason A Gukhool, MD  
Padmashri Rastogi, MD  
Shariq J Rauf, MBBS  
Suresh Vemula, MBBS

# CONGRATULATIONS

# CLICK, POST, HEAL: ENHANCING YOUR ONLINE PRESENCE IN MEDICINE

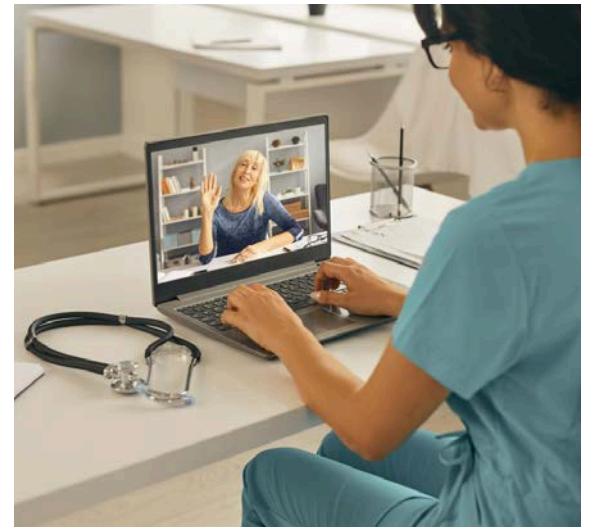
Learn from a panel of speakers using real-world examples how to utilize LinkedIn, Instagram and other online platforms as a physician or medical professional. Join your Texas, Arizona and North Carolina colleagues to learn together! Content will be relevant for any and all, especially residents and early career physicians.

**Date:** Wednesday, June 25<sup>th</sup>

**Time:** 7:00PM - 8:00PM Central Time

**Format:** Webinar via Zoom

**Cost:** Free!



[Register Today!](#)