

Behavioral Health Impacts of COVID-19 for Educators & The Back to Classroom THINK Toolbox

Important

Registration is a **Two Step Process**



1. Register for the webinar using the link below
2. Use the registration link in your confirmation email to complete the Zoom pre-registration

You will immediately be directed to the course Zoom information page, including the link to access the course. Save this information. You can also add the event information to your calendar from this page.

WEA's Inclusionary Practices Project (IPP) and Special Education Support Center (SESC) is providing professional development via Zoom. When you register, if you are one of the first 500 participants (1000 for this special event) You will receive a confirmation email with the Zoom pre-registration link. Once registration is full, the course will no longer be available in the drop down menu. We do not maintain a wait list. Courses are available to all. Courses are free. Clock hours will be provided within 5-10 business days.

● **Monday, December 6, 2021 4:00 pm – 5:30 pm**

Dr. Kira Mauseth, from the Washington DOH Behavioral Health Strike Team, will share current youth behavioral health symptoms and how those correspond with the phases of disaster, as well as, the newly released COVID-19 Back-to-Classroom THINK Toolbox.

The COVID-19 Back-to-Classroom THINK Toolbox includes:

- Impact of Disasters on Children and Teens
- The Importance of Resilience
- Impact of COVID-19 on School Staff and Mentors: How to Effectively Practice Self Care
- Tools for Teachers – Interventions for the Classroom
- Tools for Coaches, Mentors, and Other School Staff
- Tools for Parents and Caregivers

Learning Objectives

- Participants will understand the mental health impact of COVID-19 on youth, the importance of resilience, and an awareness of what to expect as we return to the classroom.
- Participants will understand the value of and how to effectively practice self-care.
- Participants will receive tools and resources for teachers, school-wide staff, and families that mitigate the effects of trauma.

REGISTER: <https://forms.washingtonaea.org/Forms/pdonline>

Check for the most updated flyer(s) here:
<https://bit.ly/WEA-IPP>

Asynchronous Canvas courses will be available soon!

For more information or questions about our course offerings please email Thera Grady (tgrady@washingtonaea.org) or Rosy Wokabi (rwokabi@washingtonaea.org)

After each course, in approximately 5 – 10 business days, you will receive a course evaluation via email. Once you've completed and submitted the course evaluation, you will receive a clock hour verification form via email. Please check your spam/junk folders for the emails. Use the clock hour verification form to process your clock hours and/or attendance according to your district policies.

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