THE PRIDE

Newsletter of Lions District 44-H New Hampshire October 2023, Volume 49, Issue 04





A Message from District Governor Kamal Masand

2023 marks one hundred years of Lions in New Hampshire!

Fall colors are here, let's get motivated to get our services in full gear. If you have trips planned with friends and family to the mountains, make sure to ask them to visit your service activities and invite them to Club meetings. Engaging in service projects applies to existing Lions too. An engaged Lion is more involved and enjoys fellowship and friendship. Volunteers could become new members also. Tools are available online to help with getting people involved. If you need any help, contact a member of the Cabinet.



My September travels took me to the Zone 1 meeting, the Nashua anniversary celebration, and a visit with Meredith Lions.

WE SERVE. As you all know, the integrity of our work depends on the dedication of our members, so as part of our latest incentive plan, please recruit one member each, dig into your network. Ask people within your community-your workplaces, places of worship, friends, and family. Invite them to your service

projects and Club meetings. I strongly believe service projects will be an excellent catalyst for membership growth; more hands will allow us to do more service and be more effective in our communities.

Earn Your MISSION 1.5 Awards

Every Lion has the chance to earn exclusive *MISSION* **1.5** awards when they participate in our march towards 1.5 million members worldwide. Find out how to qualify for your mission rewards. **LEARN MORE** •

Learn How to Run Great Meetings

Elevate your meeting management skills to the highest level by taking the *Meeting Management* course at the Lions Learning Center (LLC). This seven-module course provides best practices to help you prepare for and manage meetings, guide productive discussions, create accurate notes and more. **LOG IN** •

Let's Go 44H Lions! We Serve! Kamal Masand



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District Goal Progress

Membership

| District Membership* | Previous Month | 2023-2024 Year | 2023-2024 Goal |
|----------------------|-----------------------|----------------|----------------|
| Opening Balance | 1,230 | 1,246 | |
| Added Members | 16 | 26 | |
| Dropped Members | 12 | 38 | |
| Closing Balance | 1,234 | 1,234 | +2/club |
| Net Gain/Loss | 4 | -12 | |

^{*}data as of 9/29/23

Remember to provide new member orientation, and a mentor for each new member. Include new members in service projects.

International membership is currently 1,375,122.

Welcome new members!

| Club | New Member | Sponsor |
|---------------------|-------------------------|------------------|
| Atkinson | William Friel | Joseph De Rosa |
| Epping | Evie Proctor, transfer | |
| Epping | Becky Ross | Joseph Denoncour |
| Epsom Chichester | Carol Gallant | James Falzone |
| Exeter | Mary Jean Shiner | Alfred Fournier |
| Kingston | Michelle Whittier | Renee West |
| Loudon | Dennis Jakubowski | Edward Friedrich |
| Loudon | Lois Friedrich | Edward Friedrich |
| Nashua | Stephanie Langenbeck | Ed Lecius |
| Saddleback Mountain | Karen Street (eff 8/31) | Norman Royce |
| Wakefield | Kathy Luis (eff 8/1) | Margie O'Kane |
| Wakefield | Phil Valenti | Tom Daniels |
| Wakefield | Sue Valenti | Shelly Daniels |
| Wakefield | Mary Collins | Mary Soares |
| Wakefield | Carrie Webster | Doug Soares |
| Wolfeboro | Brian Guigan, transfer | |
| Wolfeboro | Barbara Fioravanti | Nancy O'Dowd |

Service

| District Service | This Month | This Year | Goal |
|----------------------------|-----------------------|------------|-----------|
| Vision Screenings | 4 clubs/1529 children | 5/1589 | 1+/club |
| Hugs & Cuddle Bears | Sept 46 bears | 178 bears* | 10/club |
| Percent of Clubs Reporting | | 73% | 95% |
| Volunteer Service Hours | 2,611 | 5,594 | 22,500 |
| Service Activities | 137 | 304 | 1,100 |
| Individuals Served | 10,833 | 30,680 | 190,000 |
| Funds Raised | \$149,908 | \$172,883 | \$305,000 |
| Funds Donated | \$14,381 | \$49,767 | \$222,000 |

^{*}Please send pictures of any bear donations made by your club Newsletter44H@outlook.com.

LCIF Donations

| District LCIF Donations | This Month | This Year | Goal |
|-------------------------|------------|-----------|----------|
| LCIF Donations | \$6,000 | \$9,665 | \$38,100 |

Leadership Directory & Resources

District Governor Kamal Masand

603-661-6638; kmasand01@gmail.com

First Vice District Governor Peter LaPointe

978-479-0454; plapointe.lions@gmail.com

Second Vice District Governor Marie Valliere

603-998-0871; keylion03@gmail.com

Cabinet Secretary Linda Quebec

508-380-4098; LindaQuebec@Ymail.com (not Gmail)

Cabinet Treasurer

PDG Jerry Vaccaro 603-204-7752; lionjerryvaccaro@gmail.com

Multiple Council Chair Eric Lindberg

603-801-9421; ericlindberg@me.com

Immediate Past District Governor Randy Tompkins

603-765-4965; rye642@comcast.net

Zone 1 Chair, Linda Hedrick

603-553-9015; lindahedrick676@gmail.com Clubs: Derry, Hudson, Litchfield, Londonderry, Nashua, Salem,

Zone 2 Chair, Krissy McKeeman

917-314-9445; krissy8379@gmail.com Clubs: Atkinson, Danville, Epping, Hampstead, Plaistow, Sandown, Kingston

Zone 3 Chair, Langdon Plumer

603-770-6499; langplumer@gmail.com Clubs: Exeter, NH Everest, Hampton Area, Newmarket, Portsmouth, Dover/Rollinsford/S. Berwick, Rye, Seabrook, Somersworth

Zone 4 Chair, Vince Giambalvo

603-708-1258; rosevin68@gmail.com Clubs: Barrington, Chester, Epsom/Chichester, Loudon, Raymond, Saddleback Mtn, Suncook Valley

Zone 5 Chair, PCC Bill Rathbun 603-707-6209:

pdgbill33y@yahoo.com Clubs: Conway Area, Laconia/Gilford, Meredith, Moultonborough, Rochester, Wakefield, Whittier, Wolfeboro

Global Action Team Leader DG Kamal Masand

603-661-6638; kmasand01@gmail.com

Global Extension Leader PID Ed Lecius

603-321-6458;

lioncommish@gmail.com

Global Leadership Leader SVDG Marie Valliere

603-998-0871; keylion03@gmail.com

Global Membership Leader Gail Dacey

603-560-1029; grd514@aol.com

Global Service Leader FVDG Peter LaPointe

978-479-0454; plapointe.lions@gmail.com

LCIF District Coordinator PDG Al Goldstein

A1goldstein@comcast.net



Se Ai

Camp Pride

Second Weds of the month, 6:30pm Airport Diner, Manchester

Health Services of NH

Fourth Tues of the month, 6:30pm Meets via Zoom md44healthservices@gmail.com

Lions Twin State Soccer Assoc.

Fourth Tues of the month, 6:30pm meets via Zoom LTSSAVTNH@gmail.com

Lions Youth Services

Second Thurs of the month, 6:30pm Airport Diner, Manchester

Sight & Hearing Foundation

Third Thurs of the month, 6:30pm Airport Diner, Manchester

Childhood Cancer Chair:

Michelle Ackroyd m.ackroyd@comcast.net

Diabetes Chair:

Kris Pavlik lionkrispav@aol.com

Environment Chair:

Jeri Maynard lionjeri@comcast.net

Hunger Chair:

Martha Ackerman jamamc@comcast.net

Lions Fellowship:

Nancy O'Dowd Lupesmom14@gmail.com

Peace Poster:

PDG Marie Hall mariehall326@gmail.com

District Photographer

PCC Deedee LaTulippe liondeedee@comcast.net

Uniforms/Jackets:

Joe Kasper JKasper@nedelta.com

month in Word format.

Newsletter Editor: Linda Quebec
Newsletter44H@Outlook.com
Send submissions by the 20th each



Facebook Resources:

Use the search feature in Facebook to find these sites, and look up other clubs you want to follow. For example, Hudson NH Lions Club, Salem NH Lions Club, or Nashua Lions

NH Lions District 44-H

Our district page

Global Lions Forum

 Learning from Lions leaders around the world

Lions Clubs International

Posts from Lions International

Lions Club Members: Public Image, Graphics & Ideas Hub

Great Lions images to use in your marketing, social media, newsletters

Lions SMiLE (Social, Media, including, Lions, Everywhere)

 Excellent resource on how to improve your club's social media marketing.

Online Resources:

Lions International website

https://www.lionsclubs.org/

District 44H website

http://e-district.org/sites/district 14l/index.php

Report Your Service:

MyLion video to report service

The new <u>Lion Portal videos</u> (scroll down to videos)



Upcoming Events

| Date | Event | |
|--------|--|--|
| Oct 3 | DG Visitation, Loudon | |
| Oct 6 | Keene Lions Dinner in the Dark. See flyer at end of newsletter. | |
| Oct 7 | Atkinson Lions Meat Raffle | |
| Oct 9 | DG Visitation, Hudson | |
| Oct 15 | File your New Membership Grant Request Form for new members since 7/1 | |
| Oct 19 | DG Visitation, Wakefield | |
| Oct 20 | Deadline for district newsletter submissions | |
| Nov 2 | DG Visitation, Epsom/Chichester | |
| Nov 5 | Daylight Savings ends; clocks fall back 1 hour | |
| Nov 5 | 44H Cabinet Meeting: The Venue at 22 Portwalk Place, Portsmouth. 8:30, not 7:30 LOL. | |
| | Registration form in newsletter. Bring boxed stuffing or mashed potatoes for food drive. | |
| Nov 15 | | |
| Nov 18 | 18 Camp Pride Work Day | |
| Nov 20 | Nov 20 Deadline for district newsletter submissions; newsletter44H@outlook.com | |
| Nov 21 | | |
| Dec 8 | ec 8 DG Visitation, Litchfield | |
| Dec 9 | Rochester Lions Club Craft Fair | |
| Dec 14 | DG Visitation, Chester | |
| Dec 20 | Deadline for district newsletter submissions; newsletter44H@outlook.com | |



Celebrating A Milestone in Service



Happy Anniversary!

Moultonborough Lions Club celebrating 60 Years of Service!





Peter LaPointe, First Vice District Governor & Global Service Leader

Inspiration is what every leader would like to accomplish. This feat is not so easily achieved as much too often the goals of leadership do not coincide with the goals of those who are led. How do we all work together toward common objectives and goals? It all starts with communication – listening and discussing with the individuals at all levels of our organization. Then demonstrating to everyone that we all can ...

"Choose to make a difference and serve the needs of our communities! "

The traction we are obtaining so far on the Hugs & Cuddles Project across the district has been great. Let's keep the momentum going!! Several clubs have embraced this project and have made better-than-expected impacts in their local communities. I invite all clubs to join in the project and to share their stories with the district via social media and the district newsletter.

We Serve Lion Peter



Marie Valliere, Second Vice District Governor & Global Leadership Leader mar·ket·ing /ˈmärkədiNG/ noun

1. the activity or business of promoting and selling products or services, including market research and advertising.

This is how we tell our community who we are, what we do, and what we plan to do. This is where we use the Lions logo on flyers, programs, apparel, and Facebook. Marketing is used to promote your events before, during, and after. Pictures showing Lions in action and having fun at the same time is one of the best ways to show your club as a welcome group to join. Basic Club marketing is wearing your Lions pin. For more information about Lions branding and marketing search Lions International and click on resources and search those titles.

Leadership is more than being an officer. With that in mind the Multiple District is looking into having another Regional Lions Leadership Institute during the 2023-2024 year. This is a great opportunity to learn things about Lions clubs and about yourself. Some members who attended in the past never planned on stepping up. They only came to find out more about the organization. Surprize! Recent graduates have gone on to become Club Presidents, Zone Chairmen, Second Vice District Governors, and District Secretaries. This is a wonderful program where you make friends while learning about yourself and Lions. Start thinking now about planning to spent time with your fellow Lions for a fun weekend with some information thrown in.



Gail Dacey, Global Membership Leader

We are in area 1F and there will be 3 orientations put on by our area on zoom in November, March and June. I will keep you posted. It is very important to orient your new members. Remember they joined for fellowship, friendship and fun to do service so put them to work. Any service project is a membership event. Have an elevator speech, wear your Lion's clothing. Just ask. I sent information to all the presidents and membership chairs about all of the incentives you can earn for Mission 1.5. Remember if you have added new members get the information to Linda Quebec by October 15th if you want to have the \$35 fee refunded and to be put in the lottery grant. I hope you are using the GMA approach of building a team, a vision, a plan and success. Discover your clubs' strengths, weaknesses, opportunities and threats. Do a community assessment every few years to see what your community might need and listen to new members ideas. If you need anything just give me a call.



Linda Quebec, Cabinet Secretary

11/5 Cabinet Meeting: Save the date and join Lions from our district at the November 5th meeting in Portsmouth. Use the registration form in this newsletter to register. Our Hunger Chair, Martha Ackerman, is coordinating a food drive; please bring boxed stuffing and/or mashed potatoes with you for the NH Food Bank.

Lion Portal: The anticipated rollout for the new Lion Portal has been moved to January 2024. Secretaries/Presidents please continue to input your service in MyLion until the Lion Portal goes live. To get familiar with the new Lions Portal, <u>view these videos</u> and stay tuned for more information.





Eric Lindberg, Multiple Council Chair

USA/Canada Lions Leadership Forum

Returning from the 47th annual USA/Canada Leadership Forum in Reno Nevada, the group of NH Lions who attended came back informed and energized and looking forward to utilizing the skills which were learned to strengthen and grow our organization to better serve those in need.

Of the more than 90 seminars and meet & greets, there was something to interest every Lion.

Socializing with old and meeting new friends across North America is another way to sharpen our skills to meet the Mission of 1.5 million members by June 30th 2027.

"As our community needs **change**, Lions need the leadership abilities to **be the change** to meet those needs." ~ Lion Jama Wahl, Forum Chairperson

If you missed this year's forum, consider attending next year in Louisville Kentucky, Sept 5th-7th 2024, you will not be disappointed!

Eric Lindberg
MD44 Council Chair



Michelle Ackroyd, Childhood Cancer Chair

Below is the first wish that was granted from the Hampstead Make a Wish dinner in March. A 3 ½ year old from Salem wanted a swing set and sandbox in his yard, below is the picture of the swing set.







Kris Pavlik, Diabetes Chair

Boo! It's Halloween time!

Diabetic Friendly Service Projects:

- Participate in a local Trunk or Treat program. Instead of candy, go
 to the Discount (or Dollar) store and purchase a bunch of
 inexpensive party favors and toys. Maybe look for tiny tubs of
 Play Doh available. I recently found boxes of 24 crayons for a
 quarter each at Walmart for back to school.
- Host your own Halloween Event, or partner with a local orchard, corn maze, craft fair, etc. Purchase inexpensive craft supplies and set up crafting tables. Dollar stores have pkgs of wooden cut our shapes. Add some paints, sparkles, and maybe some feathers – and see what the kids come up with!
- Organize a community walk in a local corn maze, sunflower garden, or Apple orchard. There is a very famous haunted walk in Lee that hosts daytime walks through the maze (no scary monsters out during the day). It is fun walk, slightly challenging with hills.

Peanut Butter & Chocolate Banana Smoothie

- 1 Cup nonfat milk
- 1 frozen medium banana
- 2 Tablespoons natural peanut butter
- 1 Tablespoon unsweetened cocoa powder
- 1 Tablespoon chia or hemp seeds (optional)
- 1 teaspoon vanilla extract

Combine ingredients in a blender and puree til smooth. Serve immediately.



Jeri Maynard, Environment Chair

October 17, 2023 - "WORLD GEOTHERMAL ENERGY DAY"

<u>World Geothermal Energy Day</u> is a global celebration of the positive benefits of geothermal energy held on October 17th each year. October 17 was chosen because it is the anniversary of the thermal eruption of Mt. Vesuvius in 79 AD.

<u>What exactly is geothermal energy?</u> Geothermal energy is heat within the earth; it is a renewable energy source because heat is continuously produced inside the earth. <u>Geothermal energy can heat, cool, and generate electricity</u> depending on the technology used.

<u>Did you know:</u> (1). While fossil fuels make up at least 80% of our energy consumption and is considered toxic to the environment, geothermal energy can produce electricity 24/7 and alleviates the number of toxins in our atmosphere. (2). Geothermal energy has potential growth as we see the popularity of heat pumps, more geothermal power plants and heating structures (3) Geothermal Energy is seen in many areas around the world ex: <u>Yellowstone National Park-60%</u> of the world's geysers (Old Faithful, etc.) are there spouting water and steam. Do not forget <u>Iceland</u> -known for its popular hot springs and volcanoes-66% of Iceland's energy use comes from geothermal energy.

<u>Other types of renewable energy sources available</u>: Solar Energy, Wind Energy, Hydro Power, Ocean Energy and Bio-Energy- more on each later!





Martha Ackerman, Hunger Chair

Hunger: Lasagna Love

"We believe that kindness, big or small, is the key to strengthening our communities." Lasagna Love is a global non-profit and grassroots movement that aims to positively impact communities by connecting neighbors through homemade meal deliveries. Lasagna Love seeks to eliminate stigmas associated with asking for help when it's needed most. Their mission is simple: feed families, spread kindness, and strengthen communities. Lasagna Love is represented by an international collection of volunteers from all walks of life, diverse ethnicities, and socio-economic backgrounds. Click here to learn more about Lasagna Love.

Some statistics: 45,000 volunteers have delivered 350,000 lasagnas to 1.5 million in 3 countries.

Take the Pledge: I pledge to spread kindness, offer help when I see someone in need and empower others through positive acts and words."



Club Happenings

Club Flyers at the end of this section.

Atkinson

Hello from Atkinson. After a wet and hot summer, the Atkinson Lions are ready for another busy year. To live up to the motto "We Serve", members participated in a number of town and district activities. The Annual Atkinson Elder Barbeque is always a fun afternoon and the Lions provided the food, as well as helped with the cooking. The District day at the Fisher Cats game was well attended and a couple of our members helped sell 50/50 tickets to raise money for Lions Youth Development. A quick response to a request for food from the local food pantry had members do a Saturday morning drive outside the local Dollar Tree. In just a couple of hours, almost 60 boxes of food and toiletries was collected. We were also joined by some local high school students doing community service hours as well.

Our Annual Car Show was a great day! We hold this in conjunction with the Atkinson Fire Department. The weather was perfect, and we had over 250 antique cars and trucks gather for a public showing. Food sales (delicious sausage and pepper subs, home cut French fries and chicken fingers, and homemade lemonade) and raffles raised money that will benefit local need. Some of our members attended the Annual Hampton Seafood Festival to help with entry fee collection. This is always a great weekend for all.

Camp Pride is an ongoing weekly project that is near and dear to members of Atkinson Lions. A core group shows up to take care of projects and maintenance that needs to be done. Some of this month's projects included grass cutting, demolition of old sheds, recycling materials, floor work in bunkhouse baths, plumbing work, cleaning out debris from various buildings, and demolition of some bathrooms. The upkeep of the Camp is ongoing and takes a lot of work, but the joy on the face of the campers makes it all worthwhile. There's always a need there, so consider reaching out and lending a hand.

And on a sad note, we faced the untimely death of fellow Lion and Fire Chief Brian Murray. Lions provided a pancake breakfast for the Fire Department as they came together to honor the Chief.



KINGSTON LIONS CLUB

The Kingston Lions Club partnered with Saddle Up Saloon in Kingston, NH to host 2 **Bike Night** fundraisers this summer. Over \$1,000 was raised for Childhood Cancer Lifeline of New Hampshire!



Another successful **Meat Raffle** fundraiser was held at Saddle Up Saloon in September. Over \$1,500 was raised for Maui Hawaii Fire Relief.

The Kingston Lions Grille was busy at the recent **Newton Olde Home Day**, serving burgers, hot dogs, sausages and drinks all day. This was a fun event and allowed our club to connect with one of the communities in which we serve!

The Kingston Lions will be the beneficiary of proceeds from the **Dover Poker Room** for the dates September 18th through September 22nd and November 7th through November 11th.



iildhood Cancer I F E L I N E

Hudson

Hudson Lions Club Hugs & Cuddles Teddy Bear Service Project

Zone 1 Chair IPP Linda Hedrick, also chair of this project. Linda has purchased bears for the club and on Sept. 7, 25 bears were delivered to Gateway's Adult Memory Care and 20 bears to Fairview Memory Care. Linda's car trunk and her house are now Zoned for Bears!







On September 7th, PCC Roger LaTulippe, PCC Celeste Ricupero, PCC Deedee Latulippe, ZC Linda Hedrick and President Kimberlee Fournier distributed bears.









At the September 9th meeting PCC Deedee LaTulippe was presented a membership award medal for bringing in more than 25 new members into Lions. Receiving award membership pins for bringing in more than 5 new members were PDG Gary Rodgers, Chad Raymond, ZC Linda Hedrick, President Kimberlee Fournier and Lara Raymond.

Nashua

Service: Nashua Lions have been busy with several projects recently: providing vision screenings for 60 students, packing 1500 backpacks with school supplies, working a gate at the Hampton Seafood Festival, building a playhouse for Habitat for Humanity, cleaning trails at Mine Falls Park, serving 30 meals at Marguerite's Place (a transitional program for mothers and children), recycling plastic and pill bottles and eyeglasses and hearing aids, assisting with vision and hearing requests, supporting DG Kamal, and of course celebrating our 100th anniversary!

100th Anniversary: Immediate Past International President Brian Sheehan was our guest speaker at the anniversary celebration. He was joined by his wife, Lion Lori Sheehan, International Director Steve Middlemiss, Past International Director (PID) John and Lion Carol Youney, PID Bob and Lion Michelle Libin, PID Ed and Lion Elaine Lecius, District Governor Kamal and Lion Neeta Masand, Club President Erin Hendrickson, DG(44N) Toni Olden and partner in service Henry McKee, Multi District 44 Council Chair Eric and PDG Sue Lindberg, Speaker of the NH House Honorable-Lion Sherm Packard, Nashua Mayor Jim Donchess, and over 150 Lions from 29 Lions Clubs. Thank you all for being a part of the celebration! Guests were greeted by a string quartet, photobooth (Click here to view the gallery of photos and GIFs), slideshow, and an immense collection of historical Lions memorabilia. There were smiling Lions everywhere, and it was a fun evening of celebration.

IPIP Brian infused a ton of energy with his rousing speech. We danced, laughed, and chanted his mantra that everything is AWESOME and that's a fact, Jack! We were encouraged to start each day by saying we will make it a great day, and go into the day with enthusiasm and a positive attitude.

Throughout the past year, in celebration of our anniversary and some of the Lions who led us in the first century, we presented Progressive Melvin Jones Fellowships (PMJF) to past Club Presidents who are still Lions. Congratulations to Al Savage, PID Ed Lecius, Dr Karl Engelhart, Lou Marino, Elaine Lecius, Louise Deschenes, DG Kamal Masand, Mike Francoeur, Paul Bergeron, and Erin Hendrickson. Past Presidents Paul and Al received their PMJFs from IPIP Brian Sheehan during the celebration.

IPIP Brian also presented awards to more Lions who were recognized for their service to the Club and the community: King Lion Erin Hendrickson received the Presidential Medal (second highest award in Lions), Cabinet Secretary and Club Secretary Linda Quebec received the Presidential Leadership Medal (third highest award in Lions). Presidential Certificates (fourth highest award in Lions) were presented to Sarah Kiley, Linda Hudon, and Kelly Fox. Elaine Lecius received a world-renown Sheehan Stress Penguin.

The celebration was AWESOME, and that's the fact Jack!



Portsmouth





Club President Amy Pruszenski and Andy Allen represented the Portsmouth Lions Club at this year's Thunder Over New Hampshire Air Show on Saturday, Sept. 9 as volunteers. They sold lemonade, more than \$2,000 worth of lemonade, and earned tips from many thirsty customers for the club's charity account.

Salem



Twelve Salem Lions could be seen throughout the day helping at the Hampton Seafood Fest. We were recognized by the Salem HS Robotics team for our support with the First Robotics Team and two students from the program presented us with a beautiful hand carved plaque. And, in usual fashion, members of our Club were hard at work up at Camp Pride.













Wakefield



Wakefield Lions helped serve a BBQ lunch to students and their families for a Back to School celebration.



"FEEL GOOD DAY" Wakefield Lions were out and about throughout Wakefield and Middleton holding their signs of positive messages to help the two communities have a great start to their day either at school or at work. Great feedback from the townsfolk!!

Windham

At a recent club meeting, members honored the current past presidents of the Windham Lions Club for their invaluable services and commitment to Lions. Left to right: Past Presidents Bill Brown, Marie Russo, Becky Brown, Renee Bailey, Ted Dooley, and Zack Brown. Missing from photo: Wayne Bailey.



Windham Lions recently held their golf tournament fundraiser at the Windham Country Club and what a successful event it was! Thank you to our sponsors, raffle donors, supporters, golfers, members, family and friends!





Gathering of Lions

The 3rd Annual Gathering of Lions Organizations that benefit from the proceeds of the River Casino & the Lucky Moose Casino. Lions organizations showing that we appreciate all that these casinos proceeds do for us.

Please save the date of Saturday Night November 11, 2023 @ 6PM (details to follow). Let Lions show their support to these casinos.

John Wynne, NH Lions District 44N IPDG



Club Flyers:

Exeter, Loudon, Rochester, Hudson, Nashua, Wakefield





The Loudon Lions Club proudly endorses

Vincent Giambalvo



Candidate for 2nd Vice District Governor NH District 44H 2024-2025









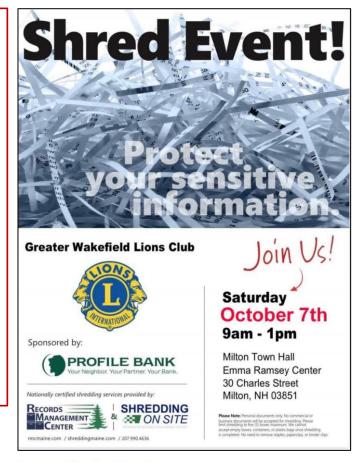
Senior Activity Center

70 Temple Street Nashua, NH

Friday, December 1 — 4:00 p.m.-7:30 p.m. Saturday, December 2 - 8:00 a.m. to 12:00 p.m.

Stroll through amazing creations from local individuals and organizations. Attendees can vote for trees in categories such as People's Choice, Most Charming, Most Festive, and Most Creative. Everything will be raffled. Raffle Tickets: Strip of 10 — \$5

To donate a tabletop tree, wreath, or centerpiece, contact Martha Ackerman at jamamc@comcast.net/603-438-9338 or Judy Porter at jporter@nashuaseniorcenter.org/603-816-2649





Hugs and Cuddles District Service Project

Choose to make a difference by participating in the Hugs & Cuddles service project. Follow the steps outlined below, and let Bob Bedrosian know how many bears your club donates each month (bbedrosian@comcast.net). Remember to track your service and donations through MyLion too!

Spread Kindness

Hugs & Cuddles

- Get sponsors for \$18 bears
- Arrange bear assembly
- Donate bears to spread kindness
- Track your Service & Donations



Hugs & Cuddles Project Plan for 44H Lions Clubs

Get sponsors for \$18 bears

- Set Club goal of getting sponsors for 10-20 bears
- Individuals, Clubs, and Companies can be sponsors
- Use order form to collect bear headcount and sponsor name and contact info
- Keep cost at \$18 for consistency across the district
- Send thank you notes to sponsors; use contact info for potential members

Arrange bear assembly

- Contact Build-A-Bear in Manchester, Nashua, or Salem
- Request Lil Brownie Cub and Condo (box)
- Typical lead-time is less than one week
- Pick up bears, pay for them from sales money
- If cost is less than \$18, donate excess to childhood cancer org such as St Jude, CHaD, or other org selected by Club

Donate bears to spread kindness

- Coordinate with organization of Club's choice for donation
 - Consider orgs with sick children, children recovering from trauma, org serving at-risk children (Police, Fire, EMT), or elderly dementia care facilities

Track Your Service & Donations

- Track service project and donations in the Lion Portal
- Provide project success details to district Childhood Cancer Chair

District Org Happenings

Camp Pride



LIONS CAMP PRIDE CONNECTION



It's time to start thinking about closing your bunkhouses and buildings. Empty trash, mattresses turned on edge, curtains taken down and cleaned ready for next year. November 18th is our District wide Camp Pride workday, so get your membership on board to come to camp and give us a day of service.

Lions Camp Pride is hoping to get District Club support to raise our portion of the \$15,000 needed to replace the doors and windows in the dining hall. 38 clubs x \$400 each would cover our end of the deal. **Boy would it not be a dream come true to get 100% club support? This is doable folks, let's all chip in.**

If you would like me or one of our directors to come to your Club meeting and talk to you about Lions Camp Pride, all we do, and how you can help, please reach out. If you're curious about what's happening at the Camp, follow us on Facebook at Lions Camp Pride NH. If you would like to come for a visit, a personal tour, or just to help out, reach out to me.

Please visit https://www.lionscamppride.org/, select Support Us/Fundraiser, for information on the following:

- 1. Commemorative Bricks
- 2. TD Bank Affinity Program
- 3. Calendar raffle
- 4. Northwood Ice Racing
- 5. Latest Camp news and pictures.

Please let us know how many from your club will be at Camp Pride for our semi-annual workday.

Lenny Hall LAH03811@Gmail.com 978-3609-0958



DogSight

THE DOGSIGHT PROJECT

A Program of the New Hampshire Lions
Multiple District 44 – Health Services of New Hampshire

How Many Words Does a Guide Dog Know?

When I started pondering this question, the obvious way of figuring it out was to start listing words, and word combinations. Twenty words immediately came to mind, although there are a few more, not as frequently used. Almost all of the words give her directions, like "right" or "left" and some are requests for assistance like "find a seat." I have without any effort on my part taught her a few, too. Perhaps it would be more accurate to say Jewel has learned a few for herself – words that have significance to her, like "cat," "patio,,"and "gazebo," three of her favorite things. It's a joyful experience living with an intelligent animal, especially one who is dedicated to help me live and walk safely in the world.

You can help us jump-start the new Lions year with a donation to the DogSight Project! Please make checks payable to LSHF with DSP on the memo line. Checks should be sent to: Gregg Kleiner, DSP Treasurer, PO Box 94, Keene, NH 03431

Thank you all for your generous support! Linda Piekarski Chair, the DogSight Project









Peace Poster Contest 2023-2024 "Dare to Dream"

As of this date, the following clubs have entered the Peace Poster Contest: Antrim-Bennington, Atkinson, Bedford, Canaan, Chesterfield, Concord, Conway, Jaffrey-Rindge, Hampstead, Hudson, Litchfield, Loudon, Milford, and Winchester.

If you have not yet sent payment for the \$12.00 Kit, please make your check payable to Lions Youth Services, with "Peace Poster" on the memo line and mail to Lions Youth Services, PO Box 156, Atkinson, NH 03811.

As a reminder, the deadline for the contest is November 15, 2023. It is up to your club and the school as how you wish to make any award or presentation at the local level.

However, at the district level, keep in mind that you will be asked for your first place winner's poster to be photographed and emailed (as to who the submission should be emailed to will be given out on November 1st) as the District Governor's, DG Kamal and DG Toni, will select the final winner for their district. Once a district winner is determined from each district, the photograph of each will be sent to the MCC Eric Lindberg to select 1st and 2nd place. All judging from the DG's and MCC will be kept anonymous.

Also keep in mind that both winners, art teachers, and family will be invited to the Mid-Winter Convention, Saturday, January 27, 2024 being held at the Westford Regency, Westford Ma so that they may be presented with the Lions Youth Services awards and a framed poster of their artwork. Please look for further details as the deadline approaches in November.

LYS Grant Program - A Grant Application may be found in this issue of the newsletter. Many applications are coming in using an outdated version. Please be sure to use the updated application form found in this newsletter or contact Lenny Hall at lah03811@gmail.com for a copy of the current form.

\$

CONTEST RULES & CONDITIONS

Entries not meeting the rules listed below will be disqualified:

- ♥ The contest's theme is "Dare to Dream."
- ▼ The contest is open to individuals who will be 11,12 or 13 years of age on November 15, 2023. (Eligible birth dates are November 16, 2010 through November 15, 2012.)
- ▼ Artwork MUST BE NO SMALLER than 13 inches by 20 inches and NO LARGER than 20 inches by 24 inches. DO NOT mat or frame artwork.
- ♥ ONLY ONE entry per person per year, and each entry must be the work of only one person.
- ♥ All artwork must be the individual's original creation. Duplications are not accepted.
- ▼ All media are accepted. Note: Chalk, charcoal and pastel entries should be sealed with fixative spray to prevent smearing. DO NOT LAMINATE entry.
- ◆ Three dimensional entries WILL NOT BE accepted. NOTHING may be glued, stapled or attached to the artwork in any way.
- ▼ The use of lettering or numbering on the front of the poster, in any language, is not allowed. All artist signatures or initials should be written *ON THE BACK* of the poster. Artwork should be done on a flexible material so it can be rolled for shipping in a mailing tube. *DO NOT FOLD* poster.

<u>Terri Lynn Fundraiser</u> - Please visit their website https://LYSNH.terrilynn.com to place your order. Remember, the holidays will be here in no time! What better opportunity to place an early order!

Mid-Winter Service Project -



a food packaging project has been approved and scheduled to take place at the Mid-Winter Convention January 2024. Further information and details to follow soon.

<u>Next Meeting</u> - will be held on Thursday, October 12, 2023 at 6:30 pm at the Airport Diner in Manchester, NH. All Lions are *WELCOME!*



District 44H Cabinet Meeting Registration Form



November 5, 2023 The Venue at Portwalk Place, 22 Portwalk Place, Portsmouth, NH

All Lions are welcome to attend to learn more about District 44H. Red jacket if you have one. If not, please wear business casual.

8:30 Registration, 9:00 Meeting; 9:15 Breakfast Buffet; Noon expected adjournment.

Cost per person: \$22.

The theme for this meeting is "Hunger" and we will have a food drive at the meeting to benefit the NH Food Bank.

If possible, please bring boxed stuffing and/or boxed mashed potato items with you.

A note about parking: There is no complimentary parking in downtown Portsmouth; you may want to carpool. Here are a few parking facilities near The Venue:

- The Foundry Place Garage: 100 Foundry Place, \$1/hour. 2-min walk to The Venue.
- Hanover Parking Garage: 34 Hanover St, \$2/hr, 3-min walk to The Venue.
- Portwalk Place Parking: 195 Hanover St, \$10/2 hours

Donations of gift baskets for the meeting raffle are greatly appreciated. Please contact LindaQuebec@Ymail.com if you are able to donate a basket.



| Club: | | |
|---|-----------------------------|-------------------|
| Name(s) registering: | | |
| | | |
| | | |
| Number registering | X \$22 per person = \$ | (amount of check) |
| Please make check pa | yable to Lions District 44H | |
| Registration & Payment due by October 20, 2023. | | |
| Mail registration form and payment to | | |
| Linda Quebec, 16 Woodcrest Dr, Nashua, NH 03062 | | |
| Contact info: LindaOuebec@Ymail.com: 508-380-4098 (cell). | | |



44N District Meeting November 12, 2023



Celebrating 100 years of Service!

Location: Alan's of Boscowen, 133 North Main St, Boscowen

Registration: 8:00 AM Meeting: 8:45 AM

Cost: \$22.00 per person



Meal: Assorted Chilled Fruit Juices; Coffee; Teas; Fresh Seasonal Fruit Bowl; Assorted Danish & Pastries; Scrambled Eggs; Sausage & Ham; Pancakes; Home Fries

Guest Speaker: Patricia Copeland, NH Veteran's Home

If you have a red jacket, please wear it!

Deadline for reservations is Saturday, November 4. Remit to

CST Gregg Kleiner; PO Box 94; Keene NH 03431

| Attendees: | |
|------------|---------------------|
| 1 | |
| Club: | Amount remitted: \$ |



District 44H New Membership Grant Request Form

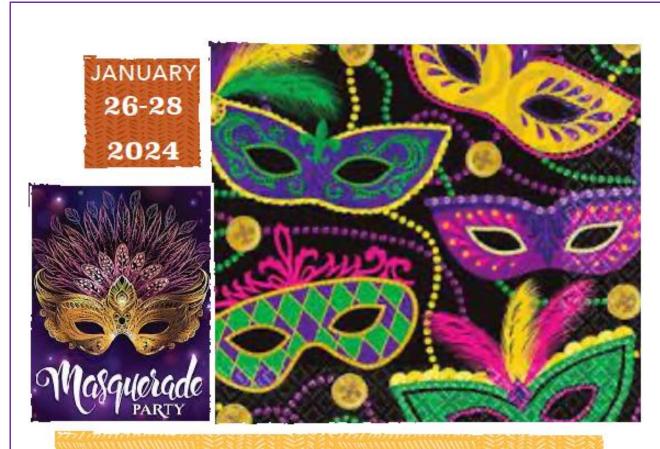


Grant Information: District 44H is offering grants to clubs bringing in new members from July 1, 2023 through December 31, 2023. The grant is to refund the one-time **\$35** international entrance fee for each new member input into the Lion Portal during the grant timeframe. The form below needs to be completed and submitted by the 15th of the month after the end of a quarter. Refer to the grid below for deadlines.

Raffle Information: In addition to the grant, clubs who submit this form will be entered into a drawing for \$100. One winning entry will be drawn at the end of each quarter. Refer to the grid below for deadlines.

| New members entered into Lion Portal/MyLCI between: | Grant request form deadline: |
|---|------------------------------------|
| 7/1-9/30 | 10/15 |
| 10/1-12/31 | 1/15 |

| Club: | | |
|--------------------------|---------------------------------|-------------------------------------|
| | | |
| | | |
| Name(s) of members(s) | | |
| added this | | |
| quarter: | | |
| Entrance fee: \$35x | (# new members) = \$ | (requested grant amount) |
| Email this form to grid. | indaQuebec@Ymail.com (not Gmail | l) each quarter by deadlines in the |



LIONS MASKED BASH! MD 44 MID-WINTER CONVENTION

Mid-Winter Convention Bash January 26-28, 2024

Westford Regency Hotel

219 Littleton Road

Westford MA 01886

Friday Night Entertainment:

Masked Bash with DJ Dave Alcott

Start looking at your pictures for the Photo Contest!



MULTIPLE DISTRICT 44 MID-WINTER CONVENTION



Lions Masked Bash

Westford Regency Hotel, Westford MA January 26-28, 2024

Our Invited Guests: International Director Lee Vrieze and Lion Mary Vrieze

| | | • | |
|--|------------------|------------|------------|
| Lion #1 | CLUB | | |
| Lion #2/guest | CLUB | | |
| Home Tel. #email | | | |
| Plan Meals and registration | # of persons | Cost | total cost |
| A Fri. dinner, entertainment, Sat night banquet (dinner both nights) | _ | @ \$82.00 | |
| B Sat. night banquet Pork Roast or Pasta: # of Pork /# of Pasta | | @ \$ 45.00 | |
| C Fri. night dinner and entertainment | | @\$37.00 | |
| Total Amount Due \$ Friday night: Italian Buffet of Chicken Parm, pasta, meatballs, garden salad, rolls, butter, coffee & tea, chef's choice of dessert. Saturday Night choice of entree served with veggies, side, rolls, butter, coffee & tea, chef's choice of dessert: Roast Pork Loin with Gravy | | | |
| Pasta Primavera | | | |
| Saturday and Sunday Breakfast and Saturday lunch will be on your own. There is breakfast buffet available at the hotel for \$15/person | | | |
| Please note any special dietary needs | | | |
| Deadline for meal reservations is January 9, 2024 | | | |
| Hotel Reservation: Lions Convention Room rate: single or double \$119.0 | 0/night plus tax | | |
| Call the Westford Regency at (978) 692-8200 and identify yourself as part of the group of NH Lions Multiple District 44. All reservations must be made by Friday, December 20, 2023 for the special rate. You will call and pay the hotel direct for your room. | | | |
| Send reservation form and check for meals to: Make checks payable to: Lions MD 44 Convention Fund Mail Registration and checks to: PCC Celeste Ricupero, Convention Coordinator 7 Winn Ave, Hudson, NH 0305 (603) 321-0737 | | | |







RECOGNITION TO A MEMBER OF YOUR CLUB OR COMMUNITY

LIONS SIGHT & HEARING FOUNDATION OF NH, INC GRANITE STATE FELLOW (GSF)

Give recognition to someone in the community who helps and supports your club, or a member in your club that goes above and beyond.

Your club may have money in your account with Sight & Hearing. Consider using those funds to thank individuals or entities for their support, and honor them with a GSF award. The Award comes with a beautiful plaque, a lapel pin and a letter honoring the recipient.

By making a donation of \$500.00 to LSHF, you are not only giving recognition, you are aiding a NH Citizen in need of our services.

Services include, hearing aids, eyecare and cataract surgery.

Donations go directly into the LSHF Endowment.

Clubs may donate to LSHF in \$100.00 increments

Donations may be banked for up to 5 years, by putting a designation on the donation memo.

Applications online: nhlions.org (Sight & Hearing, Granite State Fellow

Or from Chairman PCC Roger LaTulippe at 603-566-9409 email: dgroger@comcast.net

Lions Camp Pride







154 Lions Camp Pride Way New Durham, NH 03855

DATE: November 18, 2023

Rain Date November 19, 2023

DATE: May 25, 2024

Rain Date May 26, 2023

Lunch will be served

Building Cleanups both inside and outside

Looking for 50 or more Lions to help with Lions Camp Pride Work Days. Bring the family! Help us beautify the camp!!

Let us know how many from your club will be joining us



LIONS YOUTH SERVICES PO Box 156 Atkinson, NH 03811

~ GRANT APPLICATION ~

Amount requested

All completed applications MUST be sent to the above PO Box

| Requesting Club: | Date requested |
|---|--|
| Club President: | |
| Club Mailing Address: | Club Phone: |
| | Club Eil |
| Briefly describe the project and how it will be | nefit the Youth in New Hampshire: (continue on back if needed) |
| | |
| | |
| # of Youth Benefitting: | |
| Project Budget: | Requested Amount: |
| Project Start Date: | Project End Date |
| Requesting Club President's Signature: | |

Grant Request Guidelines:

All Grant Applications meeting the following guidelines will be reviewed at the next Lions Youth Services Meeting. Our meetings are held at 6:30 pm on the 2nd Thursday of every month at the Airport Diner in Manchester. We encourage all clubs to join us to present their request.

- 1) All requests submitted by the President of a Lions Club in the State of New Hampshire Districts 44N and/or 44H
- The Maximum Grant is \$500. LYS will consider up to 2 requests per NH Lions Club per Lions year (July-June)
- Each application must be for a unique project. Applications for the same project within the same Lions Year will not be considered.
- 4) Each application should benefit more than one individual. Applications benefitting one person will not be considered.
- 5) Grant Applications MUST be mailed to LYS, PO Box 156, Atkinson, NH 03811 by the last day of the month *prior* to the start of the project, otherwise the request may not be considered.

It is the intent of Lions Youth Services Grant Program to partner with the Lions Clubs of New Hampshire to serve the Youth of our state; not to replace your club's support.

Grant Application rev 07.2023

The Keene Lions Club Presents PINNER IN THE PARK

Registration for the event:

Name: Email:

How many tickets: _____

Amount enclosed: _____



Friday, October 6th, 2023

\$50/Plate

5:30 - 8:30 PM

Keene Country Club 755 W Hill Rd, Keene, NH 03431 Checks payable to

Keene Lions Foundation:

Mail to: PO Box 62 Keene NH 03431

Learn more at keenelions.com/dinner-in-the-dark