

The PRIDE



Newsletter of Lions District 44-H New Hampshire September 2022 Volume 48 Issue 3



DG Randy Tompkins Rye642@comcast.net

Greetings Fellow Lions,

On August 13th the two Districts got together for Zone Chair Training at the Milford Community House in Milford, NH. The district had 4 out of the 5 Zone Chairs attend. I went and sat in for part of the training and the information that was presented was very beneficial for the Zone Chairs to better understand their role as Zone Chairs. Job well done goes out to all the presenters and organizers for taking the time to share their knowledge and experience. "Together We Can".

I had the opportunity to visit the Hampton Area Lions Club and Install the incoming officers and to witness the presentation of 4 Melvin Jones Fellowships. Job well done to those who received their fellowships. It is great to see Clubs in the District engaged in community projects that serve those that truly need assistance. Keep up the good work.

As the year progresses (far too rapidly) Clubs should begin to look around for the future club leaders who may also go on to lead the district in the future. Club leadership succession is something every club needs to work on. Current leaders in the club can MENTOR potential new leaders so that when the time comes to step up, they will be better prepared for the task.

At our Multiple District Meeting on August 17th the Governors of both Districts voted to Endorse Past International Director Mark Lyon of Connecticut as a candidate for the Office of 3rd Vice President of Lions Clubs International. We know Lion Mark will do a great job.

My first Cabinet meeting for the year was held on August 21st at Lions Camp Pride. There were 21 Clubs from the District represented. I hope that all who attended took the opportunity to check out all the improvements that have been done in the last 12 months at the Camp. The weekly volunteer crew has done a truly outstanding job. A special thank you to those that came early to the meeting and helped with some "hands on" service work. The many extra hands lightened the load for the staff of the Camp.

Just a reminder that the November Cabinet meeting is on SATURDAY!

Please continue to be the "Beacon of Hope" to your community and to those in need.

I look forward to visiting each club over the course of the next 10 months so please contact Cabinet Secretary Kitty Callender and set up a date.

We Serve,
Lion Randy

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We Serve



MEMBERSHIP MATTERS



District Membership	This Month	This Year
Opening Balance	1255	1255
Added members	3	8
Dropped members	4	10
Closing Balance	1253	1253
Net Gain/Loss	-1	-2
Worldwide	1,392,755	

CLUB	NEW MEMBER	SPONSOR
Nashua	Gail T Ciardi	Linda Quebec
Saddleback Mountain	Dale Dean	Laurel Dean



Facebook NHLionsDistrict44-H
District Photographer
PCC Deedee LaTulippe
136 Lowell Rd. Hudson, NH 03051
C: 603-566-0691
E: liondeedee@comcast.net

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PEACE POSTER
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Hudson, NH 03051 C: 603-438-7438
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HUNGER
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VISION
Emily Lovely
E: emilylovely@comcast.net

Health Services of NH Meeting

Monthly 4th Tues 6:30PM

Airport Diner

Brown Ave, Manchester

Sight & Hearing of NH Meeting

Monthly 3rd Thurs 6:30PM

Airport Diner, Brown Ave

Manchester

Lions Youth Services Meeting

Monthly 2nd Thurs 6:30 PM

Airport Diner, Brown Ave.

Manchester

Camp Pride Meeting

Monthly 2nd Weds 6:30PM

Airport Diner, Brown Ave

UPCOMING EVENTS

September 11 Everest Centennial
September 19 Nashua
September 25 Hudson-75th Celebration
September 27 Meredith

October 26 Sandown
October 27 Salem

November 3 Epsom Chichester
November 15 Exeter
November 19 Cabinet Meeting-White Birch,
Hudson Saturday a.m.

December 8 Chester

UPDATE ON PID PORTER SCHOFF

New Address

PID Porter Schoff
Wentworth Home Room 207
795 Central Ave
Dover, NH 03820
Tel. 603-516-8842

KEEP IN TOUCH!!!



FVDG Kamal Masand
kmasand01@gmail.com

As summer is in full swing, enjoy the warm weather with family and friends. With autumn just around the corner, what service projects do you have planned? This is our way to be visible and attract service minded individuals. Our membership goal is to add two new members (net) to each club. Ask people to join you in a service project and see if they would like to become a Lion and work on more service projects with you.

After you finish a service project, make sure it gets reports in MyLion so everyone can see what you are doing as Lions. Global Service Team Leader, Lara Raymond, is available to help any Club who needs help in reporting. Reach out when you have questions or need help; the district is here to serve the Clubs.

I enjoy staying active and involved. This month I participated in Zone Chair training, an environmental service project in Nashua, plus a few other activities for the district.

Here is a message recently shared by International President, Brian Sheehan:

We accomplish amazing things together every day because of what you give. And while giving takes many forms, one of the best is your ongoing support of Lions Clubs International Foundation (LCIF). Because that's how we ensure that our biggest projects succeed. And like all things Lions, it starts with you and your club.

The work of LCIF is so important. And you can be a part of it by making a donation, by applying for a grant to take on even bigger projects, and by sharing your LCIF stories and videos. Because the more that our communities know about LCIF, the more our foundation can magnify our service at home and around the world. We're all working together to make a big difference. And when we all give a little, we can accomplish so much.

Have a successful September!

Selfless Service to Humanity is Service to God.

Kamal Masand

SVDG Peter Lapointe



September is now upon us and clubs across the district are gearing up for reuniting in fellowship, service and fun. Service to the community, membership, planning and developing leadership is at the core of each beginning year. Please reach out to me with questions and ask for assists if needed, I am here to serve.

While planning your year why not plan a visitation to another club in the district, it's a great way to make new friends, get new ideas and have some fun. Please make sure the club you plan on visiting has been contacted before your visitation.

Reminder that your annual filings with the IRS and State of NH are coming soon, please ask for help if it's needed to complete these important tasks.

Remember to Spread your Wings and reach new highs!

Regards,

Peter

2nd Vice District Governor 44H

Peter J. LaPointe

978-479-0454

Comments from GST, Lara Middlemiss

Comments from GML, Gail Dacey

Global Membership Team September

Congratulations we are still above 1250 in membership. Conway, Sandown and Wolfeboro have added members. We have also dropped members but to date we are at 1,254. Our club year has just started so we have plenty of time. Remember just ask.

At the cabinet meeting I Passed out packets to each club that included new signature cards, Club Membership Chairperson Guide, New Member Orientation Training Guide, New Member Orientation Guide, Just Ask booklet and Membership Satisfaction Guide. If no one from your club was there the packet was given to your Guiding Lion or Zone Chair. Please connect with them to get the information.

I will be glad to attend zone or club meetings. Let me know if there is anything I can do. Just ask.

Gail Dacey Grd514@aol.com

603-560-1029

GLOBAL LEADERSHIP



Comments from GLT, Marilyn Vaccaro

Do you want to learn about your own club? Answer these questions!

What are your Strengths? - Strengths are activities your zone does well or are positive qualities - that set you apart from zones that are average or struggling. Think of processes in your zone that are producing results

What are your Weaknesses? - Weaknesses are things your clubs or zone lack, things that other zones do better than your zone, or resource limitations. Think of processes in your zone that need improvement

What are your Opportunities? - Opportunities are favorable or advantageous circumstances, which if acted upon, can help position your club for growth and success. Think of things that your zone has access to that could help it grow and become more successful

What are your Threats? - Threats are circumstances or events that can pose a risk to your zone's progress. Think of things that your zone is exposed to that could limit its growth or success

Marilyn Vaccaro

603-204-7251

Jvac1408@comcast.net

MCC Chair Comments, Robert Gustafson



The New Hampshire Multiple District 44 had its first meeting of the new fiscal year on Wednesday, August 17th at T-Bones in Concord. It was District 44N District Governor John Wynne's birthday and we all sang a nice rendition of "Happy Birthday". I thought DG JW very pleased with this honor bestowed upon him.

This is a very exciting year for the Multiple District. We will be voting on our International Director candidate, PCC Steve Middlemiss, at the Mid-Winter convention in January and then we will be preparing for Convention festivities at the 105th International Convention in Boston in July. A committee will be convened to discuss fundraising and other necessary activities to be accomplished for this Event. More information will be forthcoming. Remember, 2023 will be the 100th anniversary of Lionism in New Hampshire. Let's celebrate with gusto!

DG Randy Tompkins and DG John Wynne updated us on their intentions this year for their respective Districts. Our two New Hampshire DG's also voted to endorse Mark Lyon from Connecticut as the 3rd Vice President of Lions International. The DG's also voted to accept the audit report from PCC Charlie Vars from MD44's last fiscal year. Congrats to PCC Alan Ricard for a fine year. And, the MD44 Budget for the upcoming year was approved.

We heard reports from the GAT team-GLT Bill Rathbun/GMT Henry McKee and GST Celeste Ricupero (read), LCIF – PDG Eric Lindberg, NELC–PDG Al Goldstein, NHPPDG–PDG Toni Olden, Twin State Soccer–PDG Henry McKee, LYS– Lion Eric Olsen, LS&H–PCC Steve Middlemiss (read) , HSNH (PCC Scott Wilson stepped in for Lion Tom Reynolds) and of course, MD44 bylaws and Uniforms- Lion Joe Kasper. Overall, a very informative meeting.

PDG/Cabinet Secretary Treasurer
Kitty Callender

Childhood Cancer by Michelle Ackroyd

Hello Lions,

As you all know September is Childhood Cancer month. I am attaching information on different organizations in the state who help children with Cancer maybe reach out to see how you can help with a donation of money or your time if they need a helping hand.

Chad wish list:

<https://www.chadkids.org/donate/chad-wish-list>

Childhood Cancer Lifeline

<https://childhoodcancerlifeline.org/>

David's house where families stay while children are in treatment:

<https://davids-house.org/>

St Baldrick's cancer Foundation

<https://www.stbaldricks.org/>

Diabetes Awareness

Diabetes Awareness

Mary Tremblay, Chair

IT'S TIME TO EXERCISE!

One of the best ways to prevent diabetes type 2 is through regular exercise during the week. The American Diabetes Association recommends at least 150 minutes of exercising a week. Amazingly it is not difficult to do, it does not have to be going to the gym to workout. A pre-diabetic program, I am enrolled in showed me how easy it is to get 30 minutes in 5 days a week.

Around the house it includes things like vacuuming, washing floors, washing the car, mowing the lawn (a riding mower does not count), gardening (pulling weeds) all are good forms of exercise.

Walking around the block or along the beach count too. Playing golf counts even if you use a cart, involves in using many muscles and involves some walking. Other outdoor sports and games are good means of exercise. Exercise helps control glucose and strengthens your heart and lungs.

The link below from the American Diabetes Association describes how to begin a healthy exercise program. ***The weather is good, get started.***

<https://diabetes.org/healthy-living/fitness/weekly-exercise-targets>

Environment by Jeri Maynard

ENVIRONMENT

There has been a lot of press lately about buying environmentally friendly products for your child's back-to-school supplies. One thing that was mentioned was bamboo paper in place of plastic notebook covers and as a substitute for composition paper.

This sparked an interest in me so I decided to look up bamboo and why it is considered so essential to the environment. Remember, it wasn't too long ago that bamboo sheets and bamboo cooking utensils were all the rage....

Did you know:

- Bamboo is not a wood but actually a grass. However, it is as sturdy, if not sturdier, than wood and can be used as an alternative to hardwood in flooring and furniture.
- Bamboo grows extremely fast, as much as 1.5 inches per hour, while an oak tree may take 50 years before it can be harvested. Bamboo forests can be replenished in as little as 1-5 years with shoots regrowing from their stumps- no need to replant.
- Bamboo absorbs carbon dioxide and releases 35% more oxygen into the environment than hardwood trees of the same size. Bamboo roots help control soil erosion. Bamboo crops require very little water and do not need pesticides or fertilizers to grow.
- Bamboo has natural defenses against pests, bacteria and fungus, unlike other types of wood products
- Bamboo has been estimated to be of use as far back as 2,000 BC in China. First uses were medicinal (fevers) but eventually bamboo moved into irrigation projects and into building materials. The Ming Dynasty used bamboo as an alternative to wood and coal.

Today, the main uses of bamboo are:

1. Food-shoots contain high amounts of calcium and fiber-traditionally consumed in the regions of the world where it is native- products can be found in the grocery stores
2. Construction: used to build bridges, houses, floors, roofs, etc. Bamboo is flexible, excellent for areas that have earthquakes, is fire and water resistant- bamboo fibers are stronger than steel- my handman says his nail gun cannot penetrate bamboo!
3. Fuel: can replace other types of fuel- bamboo grows in spaces that do not support tree growth- bamboo is quickly replaced and have a low "eco-cost" compared to hardwood
4. Textiles: Fibers can be shaped into cloth, yarn and clothing but that comes with a warning: Some bamboo products are really bamboo processed into rayon. This process is toxic and releases pollutants into the air. Caution is advised when purchasing clothing that is called 100% rayon from bamboo.
5. Cultural Arts: Music, writing, martial arts: bamboo writings predate paper, used in construction of flutes, rattles, drums. Bows, arrows and swords are also crafted from bamboo.

BOTTOM LINE: Bamboo is one of the most beneficial and eco-friendly materials on earth- it is perfect for use as a plastic and hardwood alternative. Bamboo is sustainable, affordable and economical – the best of all worlds...

P.S. Bamboo toilet paper, razors and toothbrushes will be in your future!

Hunger by Martha Ackerman

National Food Bank Day is marked on the first Friday of September. This year the celebration will be on September 2. Hunger is a continuing problem in our global community and National Food Bank Day is a reminder to others that no one should go to bed hungry. Food Banks provide food to the poor with the help of volunteers and social workers. They also promote tools for self-sufficiency. This day is to honor those workers, volunteers, and the food bank charities who work to help fight hunger.

National Food Bank Day is created by St. Mary's Food bank, a non-profit foundation founded by John Ven Hengel in the year 1967 as a part of his social activities. John thought about to prevent wastage of groceries and eventually came up and formed this foundation and hence St. Mary's pioneer in food banking system and it holds a 50 years of service and their goal is to alleviate hunger.

Moreover, the idea has reached all over the country leading to the formation of several such food banks. To commemorate his extraordinary works in this regard, a day was selected on behalf of John Hengel and named as National Food Bank Day. Apart from this, their values are to deplete hunger by encouraging education. They provide around 250000 meals per day to the concerned to eradicate hunger. The Main motto of this foundation is **"NONE SHOULD BE HUNGRY"**.

On an annual basis, nearly 35 million people die of hunger and hunger is considered the world's biggest health problem and a growing problem as well. Perhaps, children are more prone to this and it becomes one of a great challenge for us to be succeeded.

It is reported that in the United States, one in every seven persons irrespective of ages highly depend on the Food Bank. A notable such food bank is **"FEEDING AMERICA"**, a chained network and has more than 200 food bank branches all over the country.

How we can Celebrate National Food Bank Day:

We shall donate for a good cause. Let us avoid any starvation deaths by contributing a small amount to any Food banks. Fine! Do not throw food and if you are organizing a party, please make sure that you are in contact with a food bank so that the leftover food can be distributed to the needy via that food bank.

Let us create a hashtag and name as **#FeedForPoor**. Post if you have any left out food so that someone could come forward to collect and distribute it to those who are in need of food. We shall join hands to eradicate this world's biggest threat.

Thank you to all who participated in the August 21st Cereal Collection at the Cabinet meeting. We collected 150+ boxes/bags of cereal for the New Hampshire Food Bank. Thank you for your generosity!

Hunger by Martha Ackerman

150+ Boxes of cereal were collected at the 8/21 Cabinet meeting.



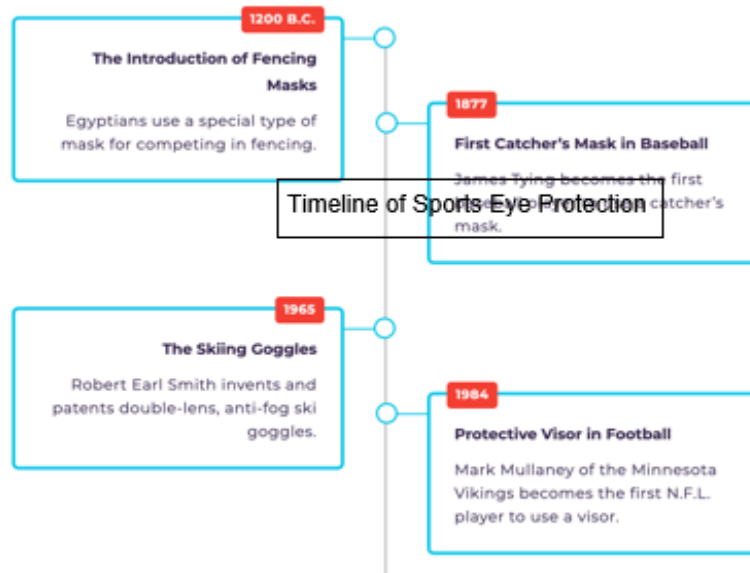
Vision by Emily Lovely

September is Sports Eye Safety Month

- According to the American Academy of Ophthalmology, an estimated 100,000 people are hurt each year by sports-related injuries, and about 13,500 of these injuries result in permanent vision loss.
- Sports eye injuries occur most frequently in baseball, basketball, and racquet sports.
- Regular eyeglasses, sunglasses, and contacts don't protect you from eye injuries. It is important to wear proper eye protection, such as safety goggles, face guards, and special eyewear designed for specific sports.
- Sports eye safety is not just for players. It is important for spectators to wear eye protection as well.

5 Facts About Sports Eye Safety:

1. Protective eyewear is effective: 90% of sports-related eye injuries can be prevented with protective eyewear.
2. The most common eye injuries: Blunt injuries, corneal abrasions, and penetrating injuries are the most common.
3. It shouldn't be taken lightly: Eye injuries are at the top of the list of causes of blindness in children.
4. It's more common than you think: Every 13 minutes, an E.R. in the US treats a sports-related eye injury.
5. Kids ages 11 to 14: Most eye injuries among kids aged 11 o 14 are sports-related.





LIONS CAMP PRIDE CONNECTION

September 2022

Greetings to all who read the newsletter. Summer is almost behind us. It seems like last week that the docks went out, the bunkhouses got cleaned and the water got turned on. Pretty soon it will be time to shut it all down. This of course means it will be time to reach out to those same volunteers to help with that process. There's always an open invitation of course for new volunteers to join up and give us a hand. After all none of us are getting any younger! Fall work dates are as follows: September 24th, October 1, 8, 25, 22. Any club who would like to get in earlier can of course work on their building during the week if they prefer, just let me know so there will not be a conflict. Docks will be coming out sooner.

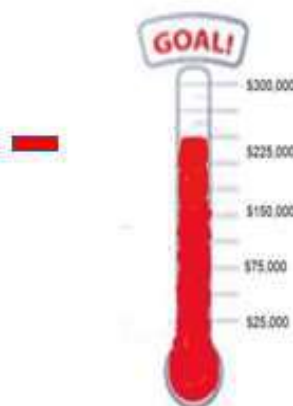
DG Randy Tompkins' cabinet meeting was well attended and was a big success. 50/50 raffle was won by MCC Bob Gustafson and donated back to Lions Camp Pride. Thanks Bob Thank you to all the folks who got there early, set up the hall, worked in the kitchen, and especially those who took on the task of doing some cleaning in Camp Pride buildings. A Granite State Fellow was given to John and Janet Chapin who live on the lake for all the volunteer painting they have done over the last 3 years. Wonderful people and very appreciative.

Much progress has been made on the new pavilion, but more still needs to be done. **Remember** Wednesdays are workdays until further notice.

Sorry no pictures this month. Next month's newsletter will have a link to access all the Camp's progress pictures so you get to see them all and keep this page to only one.

Thanks Lenny

LCP Board members	\$34,735
Lions	\$67,140
Clubs	\$74,445
Corporate	\$6,700
LCP Friends	\$34,505
Pledges	\$14,100
Total	\$231,625



Thanks for listening, Lenny Hall
LAH03811@gmail.com
978-360-0958



LIONS DISTRICT 44-H

LIONS CAMP PRIDE NH
for special needs individuals
www.lionscamppride.org

Peter LaPointe
Immediate Past President

Lenny Hall
President

Robert Bedrosian
Vice President

Elaine Foster
Treasurer

Jerilyn Maynard
Secretary

Patrick Rossiter
Camp Administrator

Lions Camp Pride
154 Lions Camp Pride Way
New Durham, NH 03855

*A Lease Site
for Non-Profit
Camp, Conference & Retreat
Programs*

Mailing Address:
Lions Camp Pride NH
P. O. Box 135
E. Hampstead, NH 03826

Telephone
(603) 482-6115

E-Mail:
LionsCampPride44h@gmail.com



Dear Lions Clubs of District 44H

In accordance with the By-Laws of Lions Camp Pride NH (aka Lions Camp Pride), four (4) new directors, to serve four (4) year terms, shall be elected.

Each Lions Club, in good standing of District 44-H, may nominate, by a written nomination, a director to the Camp Pride Board of Directors at least thirty (30) days prior to the annual meeting. Each nominee shall be a Lion in good standing. Their names shall appear on a ballot to be used during the district cabinet meeting and distributed to all Lions in good standing present to cast said vote.

The Camp Pride BOD is looking for individuals willing to commit, become involved, and work towards the success of the camp.

Candidates for election to Director must have their name submitted by their club secretary in a letter of intent to Lion Jeri Maynard, 104 Lowell Road, Hudson, NH 03051 by October 2, 2022. The election will take place during the November 19, 2022 Cabinet Meeting at the White Birch Catering in Hudson, NH.

Please note: This Cabinet Meeting will be held on Saturday, November 19, 2022.

Respectfully,

Jeri Maynard

Lion Jeri Maynard, Camp Pride Secretary
603-320-3614
Lionjeri@comcast.net



Celebrate With Us!

Hudson Lions Club Diamond Jubilee

Sunday
September 25, 2022
3:00-4:00PM Social
4:00PM Dinner
Followed by Guest Speaker
and entertainment



The White Birch
Function Hall
222 Central St.
Hudson, NH

Serving the Hudson Community, the District and Lions International since 1947!

Served Buffet Menu \$35.00 per person

Roasted Turkey w/Gravy & Stuffing, Mashed Potatoes, Butternut Squash,
Dinner Rolls & Butter, Tossed Garden Salad

Vegetarian Menu available upon request by September 13th!

Business Casual Attire

Guest Speaker PID Ed Lecius

Entertainment by Marlena Phillips, Singer, Songwriter

BY RESERVATION ONLY

RETURN FORM WITH PAYMENT BY SEPTEMBER 13, 2022

MAKE CHECKS PAYABLE TO HUDSON LIONS CLUB (\$35.00 PER PERSON)

MAIL TO: KIMBERLEE FOURNIER, 16 MARSH RD, HUDSON, NH 03051

Email: Kimberleef60@yahoo.com

NAME (S) _____

EMAIL: _____ PHONE _____

NUMBER ATTENDING _____ CLUB _____ AMOUNT ENCLOSED _____ CHECK NO.# _____



Hudson Lions Club



MEAT RAFFLE

-It's like Bingo with Playing Cards-

Beef— Poultry—Pork
Friday September 16th
7:00pm @VFW Post 5791
15 Bockes Rd Hudson, NH

Proceeds Benefit Hudson Lions Club Charities including Vision and Hearing assistance, Vision Screening in the schools, Holiday Gifts for families in need, Holiday gifts for seniors, Food Pantry, College Scholarships for High School Seniors, and many other community needs



For Questions or Information please contact Jerry Vaccaro

603-204-7752 or lionjerryvaccaro@gmail.com

PSYCHIC & Craft Fair

SAT October 22, 2022

10am-4pm

Located at the Hudson
Community Center
12 Lions Ave, Hudson



Event Sponsored
by Hudson Lions Club

For Info Contact:

Sholeh 603-557-2490 or Jeri 603-320-3614
email: Sholeh.sexton4@gmail.com

What's in Your Future?
What do you wish for?

Join in the Fun!

Check out our many vendors selling their wares!

www.nhlions.org/hudson

Hudson Club Events

"National Night Out" August 2nd at the Rodgers Memorial Library.

The Hudson Lions Club along with the police & fire departments, local merchants, and town volunteer organizations took part, making a fun evening with live music and activities for families, free of charge. The Hudson Lions had a membership booth, bottles of blow bubbles for the kids demonstrations of the use of a white cane.



Nancy Poulin, PCC Celeste & Pamela Lalmond



PCC Steve Middlemiss



Lion Nancy Poulin



Pam Lalmond & LeeAnn Middlemiss



Photos Top L-R: PDG Jerry Vaccaro & PDG Steve Middlemiss get bubbles blown their way. President Linda Hedrick, LeeAnn & PCC Steve Middlemiss. Pres Linda demonstrates the use of a white cane for the visually impaired. PDG Jerry with T-shirt that the Leos Club members sold in support of Ukraine. Lion Marilyn Vaccaro, Margaret St Onge assisting at one of the games, Lara Raymond and Patty Leone helping out!

Meredith Club Events



The Meredith Lions Club held a "Not Just Food Drive" recently at the Family Dollar store in Meredith. Pictured is what was collected in just two and a half hours. Not shown is the donation jug with over \$100.00 in contributions. The club would like to thank the store for allowing us to set up there to accept donations. A big thanks also goes out to all who participated. This was able to make a small dent in the growing needs in our community. For more information about the food pantry call 603-279-1115. To learn more about the Meredith Lions club check out the website at eclubhouse.org/sites/meredith/

Nashua Club Events

Nashua Lions Busy in August



5,000 National Anthems

Congratulations Al St. Louis on 5,000 national anthems in 12 years!!! Al has submitted this feat for a Guinness World Record. This will add to the other 7 world records Al holds. Good luck, Al!

Lions in attendance included Al St Louis and Renee McLaughlin, Mark and Fran Hendrickson, Erin Freda, Paul, and Lisa Bergeron (practically a Lion), Joel Ackerman, Linda Hudon and Mike Francoeur.

Lions Golf to Support Girls Inc

Nashua Lion golfers Nick Caggiano, Linda Hudon, Joel Ackerman, and Joel's brother-in-law, John Couillard, participated in the Girls Inc benefit golf tournament on August 8th. The tournament generates support for the thousands of girls who participate in Girls Inc center and community-based programs. Where there's a need, there's a Lion.



Mine Falls Clean Up: On August 13th Nashua Lions joined other volunteers with another round of cleaning up Mine Falls park. Thanks to Bob Pavano, Erin Freda, Kamal Masand, and Linda Quebec for volunteering.

Camp Pride Service Project: Before the Cabinet Meeting on August 21st at Camp Pride, Lions worked together to clean cabins before a veterans group will arrive at camp soon. We cleaned, swept, and wiped down mattresses.



Nashua vols Mike, Linda, Linda, Paul



Cereal Food Drive: Nashua Lions participated in the district's cereal food drive at the cabinet meeting. Overall, Lions donated over 150 boxes of cereal to support the NH Food Bank. The NH Food Bank provides nutritious food and resources to hundreds of thousands of New Hampshire residents who are food insecure. Last year the NH Food Bank distributed over 17 million pounds of food throughout the state



Nashua Goes Back to School – Bag Packing: Nashua Lions participated in packing school supplies into bags for students. Thank you for volunteering to support our students!

Nashua Goes Back to School – Vision Screening: Nashua Lions ran a free vision screening for students participating in the Nashua Goes Back to School event at the end of August. Several Nashua Lions volunteered to make the screening process so smooth.





1st Annual Lion's Club Holiday Craft Fair

Saturday October 22, 2022

10:00am-3:00pm

The James W Foley Memorial Community Center

150 Wakefield Street, Rochester, NH 03867

Space is limited on first-come first served basis.

All spaces are 10x6 and are \$45.00

Electricity is available for an extra \$5.00

Payment must be made with application via:

[Venmo @Rochester-LionsClub](#)

or

[@PayPal RochesterLionsClubNH@gmail.com](#)

Please Note: You Must provide your own tables and chairs. For an application

Contact: Carol Park @ 603-866-1518



We Serve

Car Registration
8 am -11 am

Cars \$10
Spectators \$3

Free
Parking

39th Annual Rye Lions Car Show

September 18, 2022

Parsons Field
Washington Road, Rye, NH

Trophies & Awards 2:00 pm

TROPHY CLASSES

- Special Interest
 - Customs
 - Mustangs
 - Thunderbirds
 - Muscle Cars
 - Camaros/Firebirds
 - Hot Rods
 - Sports Cars
 - Street Machines
 - Antique: pre 1950
 - Classic: 1950, 1960, 1970 & later
 - Trucks: pre 1960, 1960 & later
 - Corvettes: pre 1968, 1968 & later
 - Volkswagens: Open Class
 - People's Choice • Best of Show
- Non-competitive
Cruise-In Area*



**Great Food
Music
Door Prizes
Raffles**

Contact: Alan
603-379-2080

Check our web site at www.rye.nhlions.org

Salem Club Events



Salem Lions had a booth at the Field of Dreams Family Fun Day. We had a lollipop pull and signed Christmas Cards for the troops.



Salem Lions donated school supplies for teachers at Kathryn's Confections.



Salem Club Events

Meredith's' raffle prize was won by Salem Lion Carol Sargent and she took a few lions with her. A great time was had by all.



Nancy, Kitty, Pat and Gail handing out information and selling raffle tickets.



Salem Lions donated to Salem High School's first girls hockey team. Pictures Past President Bob Dennis. president Christine Sylvain and immediate past president Michelle Ackroyd.





Sandown LIONS Club



Cord of Seasoned Firewood Raffle



**\$20.00 per ticket
up to 100 tickets being sold!**

**Delivery only available to Sandown,
Hampstead, Chester, Danville, Plaistow, and
Atkinson**

@sandown-lions



venmo

Wakefield Lions Club Events



The Greater Wakefield Lions Club is excited to announce Mia Talaferro was chosen for our 2022 Education Award. Ms. Talaferro was presented with a \$1000 check to use toward her study of Criminal Justice at Plymouth State University. She is pictured here with her parents.

Cabinet Meeting





Lions Youth Services

The August 11, 2022 monthly Lions Youth Services meeting was called to order by Vice President Rhonda Wynne at the Airport Diner in Manchester. Joining the meeting were Lions Lori Wiley from the Bedford Lions, Smyth Bouchard from the Granite State Virtual Lions, and Jeff White from the Canaan Lions.

Peace Poster Contest - "Lead with Compassion".

The following clubs have purchased kits for the 2022-2023 contest as of this date:

44N Clubs: Bedford, Canaan, Chesterfield, Concord, Jaffrey-Rindge, Lebanon Upper Valley, Milford, Pinardville, Winchester. (9 clubs)

44H Clubs: Atkinson, Barrington, Conway, Hampstead, Hudson, Rye/AIR, Sandown, Windham, and Wolfeboro/Camp Pride. (9 clubs)
A total of 18 clubs with 26 kits purchased to date. If you have not paid for your kit, please send payment to Lions Youth Services, PO Box 156, Atkinson, NH 03811 and indicate "Peace Poster" on the memo line.

Please make sure your Peace Poster Chair is getting ready to implement the contest if they have not already done so in order that they can stay on top of it as the beginning of the school year is fast approaching.

See editor's article on the Peace Poster Contest in this issue of the newsletter.

Terri Lynn Fundraiser - please look for the latest flyer in this newsletter. Check out the latest recipe for Pecan Crusted Salmon. Please visit:

<https://LYSNH.terrilynn.com> to check out all the other great nuts, snacks, and chocolate selections Terri Lynn has to offer.

As always we thank you for all the support with this fundraiser.



Fisher Cats - approval was made for tickets for the Souhegan Boys & Girls Club to attend a Fisher Cats baseball game the end of August.

A discussion on purchasing tickets for other youth groups to attend Fisher Cats games was made. No confirmed game event or group was requested at this time. A potential idea was also brought forth concerning offering youth groups to the Twin State Soccer game with a similar package as the Fisher Cats.

LYS Grant Program - two applications were received and reviewed. One from Wolfeboro Lions and one from the Granite State Virtual Lions. A motion to approve both was called and both were approved.

Mid-Winter Service Project - potential ideas were discussed, one was collection of supplies for the WayPoint Drop-In centers for youth similar to what we had done previously, (toiletries, underwear, socks). Another potential idea was to make fleece blankets to give to first responders and social workers to give to children in times of crisis (i.e. fire, removal from home, etc.). Members will research these ideas and report at the next meeting. No other ideas were brought forth at this time. Further discussion and ideas to be brought up at the next meeting.

Do you remember these?

Underwear!



Next Meeting - will be held on Thursday, September 8, 2022 at 6:30 pm at the Airport Diner in Manchester, NH.

All Lions are WELCOME! *See you then!*



PEACE POSTER CONTEST 2022-2023 "LEAD with COMPASSION"

In reflecting upon the number of years I have been involved with Lions Youth Services and the LCI Peace Poster Contest, I found that it has been 8 wonderful years. Boy the time passes quickly and I have been blessed to be a part of such a group of Lions and watch as this Lion family grows each year. I have a special place in my heart for all the service and support that we provide to our communities and beyond especially to our youth. I guess that's the maternal instinct in me!

We have now begun another year and the Peace Poster Contest is underway. Schools will or have now opened for the year. Please be sure that your club has contacted the school or youth group in your area and if necessary guide them as to what the rules or requirements are for the contest. You will find all necessary information in the Peace Poster Kit. If you have any question as to how to proceed, please don't hesitate to contact me or anyone on the Lions Youth Services Board.

Sometimes it is difficult to get participation because of the LCI age requirements (11,12,13) but during the pandemic we found a way to include all who are interested in holding the contest. I don't know why LCI has these age requirements but nonetheless we have found it hasn't deterred the participation. My club has been participating for quite some time, even before I was involved, with offering the middle school art class to enter the contest under the LCI age requirement. Our club chooses three winners, 1st, 2nd

and 3rd place. We present them with a framed photo copy of their work along with a monetary award. Of course the 1st place winner's original poster is turned in for judging to the District Governor and if it is the winner it goes on to the Multiple Council Chair for further judging and if it is the final winner, the chair forwards it to LCI. Their original poster will not be returned to them. That's why it is a great idea to have their poster photographed and framed for them. However, if they are not selected as the final winner, then their poster is returned to them. Well, last year the Milford Lions included a youth group outside of the school and we followed the same reward process as we did with the school. All were able to participate regardless of their age. There was only one participant that fell into the age requirement who could move on in the LCI judging process but a 2nd and 3rd place winner were also chosen, all were given a framed photo copy of their poster along with a monetary award. To summarize, it's basically up to your club whether or not you wish to follow this process or something similar. Hopefully, I have helped in explaining how your club can get involved with this contest regardless of the LCI age requirement. Of course, you can do it your way!

Below, I have featured the past district winners since 2014. It amazes me how talented and creative these young artists are and continue to be through the years. I am excited to see what's in store for November!

Again, if you need any further information or have questions, please don't hesitate to contact me.

Thank you — Rhonda Wynne, LYS, Editor



2014 - 2015
Peace, Love, & Understanding
Emily Sullivan - Milford Lions



2015 - 2016
Share Peace
Ezra Avery - Orford Lions



2016 - 2017
Celebration of Peace
Jillian Dorf - Merrimack Lions



2017 - 2018
The Future of Peace
MacKenzie Franek - Hudson Lions



2018 - 2019
Kindness Matters
Stella Belanger - Pinardville Lions



2019 - 2020
Journey of Peace
Nyla Shosa - Concord Lions



2020 - 2021
Peace Through Service
Madisen Eno - Concord Lions



2021 - 2022
We Are All Connected
Kylie Rilling - Chesterfield Lions

Fundraising *with* Terri Lynn

EST. 1936



Please visit: <https://LYSNH.terrilynn.com>
Thank You for your Order!

Free shipping when you order \$30 or more (per recipient address).
For orders under \$30, it's a \$5 flat rate shipping fee (per recipient address).

Terri Lynn's Signature Nuts, Snack Mixes, and Chocolates are delicious on their own; but they also make great ingredients for your homemade, tasty creations.
Here is another delicious recipe to try!

Pecan Crusted Salmon



Take dinner to the next level with this easy salmon dish. Our Fancy Pecan Pieces are the secret to a perfect finish!

Ingredients

- 4 six oz sized pieces of Salmon
- 2 cups Milk
- 1 cup Terri Lynn Fancy Pecan Pieces (finely chopped)
- ½ cup Flour
- ¼ cup Brown sugar
- 1 tsp Salt
- 1 tsp Pepper
- Vegetable oil

Directions

- Put salmon and milk in a Ziploc bag for 10 min. Take out salmon and discard milk.
- Combine all dry ingredients in a bowl. Completely coat salmon in dry mixture.
- Place oil in a frying pan on med-high heat. Brown both sides (about 2-3 min each side). Place salmon on a cookie sheet lined with non-stick cooking spray and bake at 400 degrees for 8 to 10 min.



The premium nuts, decadent confections, savory snacks and tempting mixes that Terri Lynn provides are unlike anything you will find at your local grocery store and better yet, a portion of every product sold on this website benefits Lions Youth Development of New Hampshire (LYSNH - Lions Youth Services of New Hampshire!)



LIONS YOUTH SERVICES
PO Box 156
Atkinson, NH 03811

~ GRANT APPLICATION ~

All applications must be mailed

1. Contact Info: _____
2. Phone # _____
3. Club _____ District _____
4. Requester's Name _____ Club President Signature _____
5. Mailing Address: _____
6. E-Mail Address: _____

7. Project Details _____

8. Project Budget: _____
9. Requested Amount: _____

10. How does this benefit the Youth of New Hampshire? *(Evidence of impact)*

Grant Request Summary: All requests made must be made through Lions in 44H and/or 44N in the State of New Hampshire for \$500.00 with no more than 2 within a Lion's Year. (Jul-Jun) and they must be for different projects.

Project Title; Start and End Date _____

Today's Date: _____

Board Approved _____

Board Denied _____



New England Lions Council (NELC)
"Serving the Needs of the Districts of New England"

2022 NELC "Fall Weekend"
Theme: Leadership Development

October 14-16

Boxboro Regency Hotel 242 Adams Place, Boxboro, MA / NELC Booking Code is: **Lions**

978-263-8701 - www.reservationsfrontdesk@boxbororegency.com

Rooms are \$124.00 + Tax / Cutoff Date for the Group Rate is 9/14/2022

Friday & Saturday Evening... Fellowship in the NELC Hospitality Room (Off of Pool Level)

Sat. 9:30-10:30 *Kick-Starting Leadership Development & Creating Deeper "Bench Strength" (GAT Team)

10:45-11:45 *Past International Directors Roundtable...Leadership-Based Stories, Experiences, Insights & Advice from New England's Senior Leaders. Ask Questions of our PIDs!

12PM Luncheon: Updates & Guest Speaker USA GAT Chair Jerome Thompson, PID

Sat. 1:20-2:30 *John Maxwell's Five Levels of Leadership Workshop by PID Jerome

3PM-4PM *Necrology Service (Governors Honor Their Districts' Departed Lions)

6PM Banquet/Buffer: & Guest Speaker LCI's Endorsed 3rd VP Candidate Mark Lyon, PID

Sunday AM Gathering: Business Meeting & New England Governors' Reports

Saturday Meals

12:00 Luncheon Buffet: Spinach Salad w/ Walnuts, Apple, Blue Cheese & Balsamic Dressing, Assortment of Deli Sandwiches, Freshly Baked Cookies & Brownies. Soft Drinks, Bottled Water, Herbal Teas, Caffeinated and Decaffeinated Coffees.

Lunch Buffet at \$28 x ____ Total = ____

6:30 Banquet Buffet: Fresh Garden Salad, Boneless Stuffed Chicken Breast with Supreme Sauce, Salmon with Tarragon Cream Sauce, Green Beans & Roasted Herb Potatoes. Dessert Assortment, Coffee & Herbal Teas. Cash Bar.

Dinner Buffet at \$50 x ____ Total = ____

Grand Total = ____

NAME(s): _____

ADDRESS: _____

DISTRICT: _____ DISTRICT/MD POSITION: _____

CLUB: _____ POSITION (If Applicable): _____

CONTACT: Phone: _____ Email: _____

Make Check Payable to:

NELC

Mail Check/Form to:

PDG Al Goldstein, Treasurer

35 Main Street, Atkinson, NH 03811

OR

Venmo Payment to:

AL-Goldstein-2

(Not Case Sensitive)

& Send Imaged/Scanned Form to: algoldstein@comcast.net

(Using #1, not "L")

Registration Deadline: October 11th

Questions or Special Dietary Needs to: NELC President Hilary Kumnick, PCC

Cell/Text: 860-638-7869 or: hkumnick@aol.com



THE DOGSIGHT PROJECT

A Program of the New Hampshire Lions
Multiple District 44 – Health Services of New Hampshire

Coming Together as A Team

Jewel and I had our placement review about 6 months after she came to me. We were clearly a good working team by then, but as we approach our one-year anniversary, something very special has happened. We are now much more than a 'good working team,' we are a great team. I have heard that it takes about a year for a team to really get to know one another – and we are proof of that. There really is so much to work through concerning both guide work and sharing the home. She has almost got the cats figured out, too!

Be well, be kind, be hopeful.

You can get this new Lions Year off to a great start by sending a contribution to the DogSight 2022-2023 campaign to the project chair. Checks should be made out to **LSHF** with **DSP** on the memo line. Please send checks to: The DogSight Project, c/o Linda Piekarski, 15 Edgewood Ave, Keene, NH 03431

Thank you for your support!!

Linda Piekarski
Chair, the DogSight Project
lpiekarski@ne.rr.com



Goal for Fidelco in 2022-2023: \$15,000



Comments from LSHF President PCC Steve Middlemiss

LSHF held its August meeting via Zoom as I was out of town. We had 14 directors attend.

Project chair Lion Dan Diemand brought forward 2 new cases which were all approved. After vendor discounts and club contributions the final cost to LSHF was \$2,000. Year to date LSHF has helped 6 individuals for a cost of \$6,600.00. Once again, a great job by Lion Dan. Thank you Lions of MD 44 for supporting LSHF and allowing us to help those in need in our communities.

Treasurer PCC Fred Plett reported that the Audit was completed on August 6, 2022, and everything was in order.

PDG Eric Lindberg mentioned that the Health Service of NH has purchased 10 new vision screeners which LSHF had contributed funds in support of our past fiscal year.

Lion Mike Davis had forwarded information to the members of the board information regarding the FDA approving Over-The-Counter OTC hearing aids for mild to moderate hearing issues. We will monitor this as we attempt to determine how this will affect hearing aid costs.

Please remember that every lion of MD 44 is a member of Lion Sight and Hearing Foundation and are always welcome to our monthly meetings held the third Thursday of each month at the Airport Diner at 6:30 pm. (Due to my being out of town for the September meeting as I will be attending USA/Canada Forum VP PDG Marie Hall will be chair the meeting.)

Yours in Lionism

PCC Steve Middlemiss

President LS&HF

Water was rising at an alarming rate and before anyone would realize, the water went from flowing past their home to flowing through their home.



In late August of 2011, Hurricane Irene brought tremendous devastation to New England. The storm was downgraded to a tropical storm by the time it hit New England. Swollen Rivers swept homes off their foundations, reshaped roads, destroyed businesses and claimed the lives of 9 people in NH (44 people in New England). Within 2 days, a check for \$10,000 was sent to MD 44, the funds were quickly turned into water, food and blankets and Lions from across the state of New Hampshire went to work helping families whose lives had been turned upside down in a matter of hours. These funds came from Lions Clubs International Foundation, the charitable arm of Lions Clubs International. While we may not know when devastation will arrive or who will be in it's path, we can count of LCIF to be there with funds to support those in need.

Those funds are available because Lions and Lions Club give generously in support of the work done by LCIF, not just the work in our back yard, but around the nation and across the world.

When you put LCIF into your Lions Clubs annual budget, you provide the support needed to help those in their time of need. We can only hope we will not need to turn to LCIF for disaster relief but it is good to know they are there for us and people like us across the country and around the world. 5% to 10% of your annual budget will help those unable to help themselves.

Yours in Service
Scott A Wilson, LCIF District 44-H Coordinator

Every day, Lions Clubs International Foundation (LCIF) works to fulfill our mission:

**"To support the efforts of Lions clubs and partners
in serving communities locally and globally,
giving hope and impacting lives through humanitarian service projects and grants."**



Thank You!

As we conclude 'Campaign 100', the most ambitious fundraising effort in LCIF history, I want to take this moment to thank every Lion in New Hampshire for your extraordinary efforts and support in the success of this campaign!

Over the past 105 years, we have proven that Lions united in service can transform millions of lives. As lions, we serve proudly, empowered by our global foundation. Together we are able to serve more than 200 million people a year and continue to fulfill our mission:

"To support the efforts of Lions clubs and partners in serving communities locally and globally, giving hope and impacting lives through humanitarian service projects and grants."

The success of this campaign was made possible by the commitments of individual Lions, club and district wide fundraisers and especially 'Model Club' pledges.

A team of district 'LCIF Coordinators' throughout the campaign, starting with Lions Scott Wilson and Alan Ricard and finishing with Lions Bill Rathbun and John Wynne were instrumental in the success by communicating and working with their respective districts, without these dedicated Lions this would not have been possible. Thank You!

Although this Campaign is over, the mission and goals of LCIF are not, please continue to support **our** Foundation!

Thank You
Eric Lindberg
MD44 LCIF Coordinator



ORDER YOUR AWARDS FOR SPRING CONVENTION

LIONS SIGHT & HEARING FOUNDATION OF NH, INC

GRANITE STATE FELLOW (GSF)

Give recognition to someone in the community who helps and supports your club, or a member in your club that goes above and beyond.

Some clubs have money in their accounts with Sight & Hearing. Consider using those funds to thank individuals or entities for their support, and honor them with a GSF award. The Award comes with a beautiful plaque, a lapel pin and a letter honoring the recipient.

By making a donation of \$500.00 to LSHF, you are not only giving recognition, you are aiding a NH Citizen in need of our services.

Services include, hearing aids, eyecare and cataract surgery.

Donations go directly into the LSHF Endowment.

Clubs may donate to LSHF in \$100.00 increments

Donations may be banked for up to 5 years, by putting a designation on the donation memo.

Applications online: nhlions.org (Sight & Hearing, Granite State Fellow

Or from Chairman PCC Roger LaTulippe at 603-566-9409

email: dgroger@comcast.net

TALES OF THE SERVICE TRAIL UPDATE

August 2022

Ahhhh August The summer doldrums of Lions Clubs activities. In North America, right? Not much going on in our world. Yeah, we all have some fundraising, Like my club's 10-day State Fair operation of the last sit-down restaurant on the oldest fair in the US (continuous since 1818, even through world wars and Covid. Of course, our club did not join until 1935 when the club formed). Or the service activities providing youth activities and continuing with summer food backpacks across many of our communities.

But things of great importance also happen in our Lions world! On Tuesday, August 9, 2022, the Lions Clubs International Board of Directors met by video links. The Executive Officers and Pursuant to the new Board policy enacted in June at the Montreal Board Meeting to promote openness in Board proceedings, the Directors received the report of the Advisory Committee which vets the endorsed candidates for Third Vice President. I am excited to announce that by the unanimous vote of both the Executive Officers and the 2022-2023 Board of Directors, the endorsed candidate for 3VP to be voted in LCICON 2023 Boston is (Drum roll) **Lion Mark Lyon**, PID, of CT's MD23A and his partner in service Lion Lyn Lyon! Hurrah! Lions Mark and Lyn will serve this Association with great enthusiasm and distinction. Please support Lion Mark at this convention!

In the meantime, I hope to see many of you at the USA/Canada Lions Leadership Forum in Calgary this September. It will be a blast to finally be back in Canada for this great time. At the Forums, Lions excel in providing training, camaraderie, and friendship across all our districts. Karol and I are always excited to see old friends at the Forum, and to make new friends. And the world-class speakers and the best of our Lions presenting sessions for all our interests make this the event that Lions do best.

This is a great start to further Lion Brian Sheehan's goal as our new International President - TOGETHER WE CAN! Together we can learn how to make Lions the best service organization in the world. Together we can continue to grow our clubs and zones which will lead to more members' hands to help each of us serve more people in need. And together we can continue to support LCIF so that Lions can Raise the World well into the future.

And speaking of LCIF - **Thank You** for helping to raise over \$326 million for Campaign 100! But this is not the time to stop supporting LCIF as we still have so much need in our own worlds as well as across the globe. We still serve when floods and tornadoes strike, and when each of us has a project in our district that needs that extra boost to happen. Our Foundation!

TALES OF THE SERVICE TRAIL UPDATE

August 2022

For several months, I have closed each “Tales” with ten ideas for finding new members (totally stolen from other Lions). The response continues warming, so here are ten more ideas:

61. Wear your Lions Pin! You will need the 15-sec elevator speech!
62. Promote your club events at other groups during announcements.
63. Send your newsletter to guests as a follow-up!.
64. When asked about your leadership skills, mention your Lions club.
65. Ask a member of the DG or GAT team to talk to your club about growth.
66. Have every member submit three potential member names to the chair.
67. HAVE FUN!
68. Give every member a Lions car decal or sticker to every member.
69. Give club testimonials when guests are at the meeting.
70. Repeatedly invite prospective members to club projects and meetings.

Another ten next month!

Enjoy your fellow Lions! Enjoy the summer fundraising projects, service, and fun! Please take care of your Lions and yourself, as well as your communities.

And remember - **LCI CON 2023 BOSTON** is here soon!

I thank all of you again for this honor to serve Lions and the world. We promise that we will do our best to represent all Lions world-wide.

Lion John W. Youney,

**DISTRICT GOVERNOR****DG Randy Tompkins**

1 Coombs Farm Rd
Greenland, NH 03840
H: 603-431-7352
C: 603-765-4965
E: Rye642@comcast.net

1st VICE DISTRICT GOVERNOR**FVDG Kamal Masand**

20 Jennifer Drive
Nashua, NH 03462
H: 603-886-4389
C: 603-661-6638
E: Imasand01@gmail.com

2nd VICE DISTRICT GOVERNOR**SVDG Peter Lapointe**

12 Blackstone Drive
Raymond, NH 03077
H: 603-244-2354
C: 978-479-0454
E: hampstead.lions@gmail.com

CABINET SECRETARY-TREASURER (CST)**Kitty Callender**

112 Iron Wheel
Danville, NH 03819
C: 575-937-7911
E: callendergirl54@hotmail.com

MULTIPLE COUNCIL CHAIR**MCC PDG Robert Gustafson**

16 East Road
Atkinson, NH 03811
C: 603-553-0531
E: robertgustafson11@gmail.com

IMMED. PAST DISTRICT GOVERNOR**PDG Robert Gustafson**

16 East Road
Atkinson, NH 03811
C: 603-553-0531
E: robertgustafson11@gmail.com

Global Leadership Team

GLT Marilyn Vaccaro
74 Chase Road
Londonderry, NH 03053
C: 603-204-7251
E: jvac1408@comcast.net

Global Membership Team

GMT Gail Dacey
26 Winward Terrace
Salem, NH 03819
H: 603-898-6913
C: 603-560-1029
E: grd514@aol.com

Global Service Team

GST Lara Raymond
15 Lindsey St
Hudson, NH 03051
H: 603-438-7438
E: lamiddlemiss@gmail.com

LIONS YOUTH SERVICE

Second Thursday of the month at
Airport Diner, Manchester

SIGHT & HEARING FOUNDATION

Third Thursday of the month at the
Airport Diner, Manchester at 6:30PM

HEALTH SERVICE OF NH

Fourth Tuesday of the month at
Airport Diner, Manchester at 6:30PM

TWIN SOCCER ASSOCIATION (LTSSA)

Last Wed of the month at
Lui Lui in West Lebanon Powerhouse
Mall, Subject to change

CAMP PRIDE

2nd Wednesday of the month at
Airport Diner, Manchester NH

Zone 1, Robert Dennis, Chair

H: 603-893-1819
C: 603-234-7220
E: rdennis49@comcast.net
Clubs: Derry, Hudson, Litchfield,
Londonderry, Nashua, Salem and
Windham

Zone 2, MaryEllen Pate, Chair

H: 603-489-5259
C: 603-475-9985
E: Meln71@msn.com
Clubs: Atkinson, Danville, Epping,
Hampstead, Plaistow, Sandown and
Kingston

Zone 3 Melanie Saunders, Chair

H: 603-734-2818
C: 339-234-0982
E: melanieleesaunders@gmail.com
Clubs: Exeter, Everest Centennial,
Hampton Area, Newmarket, Ports-
mouth, Rollinsford / S. Berwick,
Rye, Seabrook and Somersworth

Zone 4 Vincent Giambalvo, Chair

H: 603-708-1258
C:
E: rosevin68@gmail.com
Clubs: Barrington, Chester, Epsom /
Chichester, Loudon, Raymond, Sad-
dleback Mountain and Suncook
Valley

Zone 5 Marie Valliere, Chair

C: 603-998-0871
E: keylion03@gmail.com
Clubs: Conway Area, Laconia / Gil-
ford, Meredith, Moultonborough,
Rochester, Wakefield, Whittier and
Wolfeboro

