

# THE PRIDE

Newsletter of Lions District 44-H New Hampshire  
July 2023, Volume 49, Issue 01



**Kamal Masand**  
District Governor 2023-2024

## A Message from District Governor Kamal Masand

2023 marks 100 years of Lions in New Hampshire! In 100 years, the New Hampshire Lions have grown to over 75 clubs, and over 2300 members. We have done wonderful projects to enhance our communities, and we have raised incredible amounts of money that we donate back to our communities through service projects and support to other organizations.

As Lions embark on a new year 2023-2024, we will have new leadership at the helm. Our new International President is Dr. Patti Hill, and we have new leaders at the district level. Congratulations to all leaders in our clubs, zones, districts, and at the international level.

I will be heading to Boston along with 100 plus NH delegates to participate in our International Convention. I am fortunate to have a great team to work with, and welcome Peter and Marie as first and second vice district governors, along with a fantastic team of Zone Chairs and committee chairs.

**WE SERVE.** Local Clubs are vital to carrying out the projects and making a difference in their communities. Make sure we are visible and invite new members to the service projects. We will have an incentive plan for membership growth which will be shared in our Cabinet Meeting on Aug 13<sup>th</sup> and also in this Newsletter. Take a look at Gail Dacey's global membership section to learn more.

Zone chairs will be sending surveys to Clubs Presidents. The survey will give us the vital data to help implement goals. Please take a few minutes to provide feedback to your Zone Chairs.

When the new Lion Portal (formerly MyLCI and MyLion) is available, we will share information with the district. My goal is to make sure all Club Secretaries and admins are trained to use the new system. One of our goals this year is to have at least 90% of clubs reporting service activities. I will be going over my goals in our cabinet meeting on August 13<sup>th</sup> at the Nashua Country Club. Please use the registration form in this newsletter. I hope to see many of you there, and I'm looking forward to meeting you all in person.

Last month I had the pleasure of attending the 60th anniversary at Chester, and the 100<sup>th</sup> anniversary in Manchester. Congratulations to these Lions on their milestones in service.

Let's Go 44H Lions! I look forward to joining you in providing service this year!  
Kamal



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## District Goal Progress

### Membership

District Membership*	Previous Month	2022-2023 Year	2023-2024 Goal
Opening Balance	1,278	1,255	
Added Members	13	129	
Dropped Members	43	136	
Closing Balance	1,248	1,248	+2/club
Net Gain/Loss	-30	-7	

\*data as of 6/29/23

Remember to provide orientation for your new members.

International membership is currently 1,369,256

Welcome new members!

Club	New Member	Sponsor
Atkinson	Dena Fleno	John Fleno
Barrington	Lori Hults	Not assigned
Hampstead	Tim Cahill	Lilli Walsh
Hampstead	Lee Erickson	Lucille Cacciatore
Loudon	P. Jean Blogett	Gerry Lange
NH Everest	Jasana Baidya	Bipul Nepal
NH Everest	Sudip Pant	Ajay Rana Bhat
New Market	Brian J. Knox	Andrea Bilello
Portsmouth	Andrea Burzon	Amy Pruzenski
Saddleback Mountain	Brandy Nickels	Judy Martin Royce
Salem	Trina Kohrs-Carr	Melissa Sorcinelli
Salem	Phyllis Seccareccio	Annette Cooke
Wakefield	Jacalyn Moriarty	Sharon Baldwin

## Celebrating Milestones in Service

Congratulations to the following 44H Lions Clubs on celebrating a 5x or 10x anniversary up to now in this calendar year.




### Happy Anniversary!

Chester	60 years in March
Litchfield	20 years in June
Newmarket Area	5 years in January
Portsmouth	85 years in March
Saddleback Mountain	50 years in April



**We Serve**

## Upcoming Events

Jul 1-Dec 31	New Membership Grant available. See request form in newsletter.
Jul 1	Hugs & Cuddles district service project begins. See flyer in newsletter.
Jul 7-11	Lions International Convention - Boston
Jul 15	Lions Twin State Soccer games; Hanover HS, 1:00 & 4:00 games.
Jul 20	Deadline for district newsletter submissions; <a href="mailto:newsletter44H@outlook.com">newsletter44H@outlook.com</a>
Jul 22	Pre-Cabinet Meeting
Jul 24	Merrimack Lions Golf Tournament. See flyer in newsletter.
Aug 2	Multi-District Council Meeting, 6:30pm Airport Diner, Manchester
Aug 5	Camp Pride Craft Fair. See flyer in newsletter.
Aug 12	Dover/Rollinsford/SBerwick Lions Cornhole for a Cure. See flyer in newsletter.
Aug 13	44H Cabinet Meeting: Nashua Country Club. See registration form in newsletter.
Aug 15	Deadline for Club Excellence Award application to PDG Randy. Details in newsletter.
Aug 20	Deadline for district newsletter submissions; <a href="mailto:newsletter44H@outlook.com">newsletter44H@outlook.com</a>
Aug 31	District dues payment is due; club invoices emailed in July; checks to Lions District 44H c/o Linda Quebec, 16 Woodcrest Dr, Nashua, NH 03062
Sep 10 	Save the Date - Hampton Seafood Festival – many volunteers will be needed. Stay tuned for more info in future.
Sep 17	Rye Lions Car Show. See flyer in newsletter.
Sep 20	Deadline for district newsletter submissions; <a href="mailto:newsletter44H@outlook.com">newsletter44H@outlook.com</a>
Sep 21-28	USA/Canada Forum, Reno, NV
Sep 30	Nashua Lions Club 100 <sup>th</sup> Anniversary. See details in newsletter.



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## Lions Pride – Dr. Patti Hill, Incoming International President

Meet our incoming International President, Dr. Patti Hill.



Dr. Patti Hill from Edmonton, Alberta, Canada is on track to be elected in as International President at LCI Convention in Boston. Dr. Hill is president of a consulting firm. With 30 years of experience as an educator and psychologist, she has mentored graduate students and psychologists in training. She has also championed the rights of children and youth who are deaf and/or blind.

A member of the Edmonton Host Lions Club since 1990, Dr. Hill has held many offices within the association, including district chairperson for Membership, Environment, Convention and International Cooperation and Understanding. Additionally, she has served as a committee member for the USA/Canada Lions Leadership Forum, multinational coordinator for Campaign SightFirst II, secretary for the Lions Eyebank (Alberta) Society, Vice President of the Lions Eye Research Institute of Northern Alberta and presenter at many forums and conventions. Dr. Hill is a founding member of the Lions of Canada Consultative Committee.

In recognition of her service to the association, incoming President Hill has received numerous awards, including several International President's Awards. She has been honored with the Ambassador of Good Will Award, the highest honor the association bestows upon its members. She is also a Progressive Melvin Jones Fellow, and recipient of numerous other fellowships. In addition to her Lions activities, incoming President Hill is active in numerous professional, human rights, and community organizations. In the past, she served as an executive officer of the Alberta Association of School Psychologists and the Association of Canadian Educators of the Hearing Impaired. Dr. Hill has also served on the Alberta Premier's Council on Persons with Disabilities.

Incoming President Hill and her husband, Greg Holmes, also a Lion, enjoy time with their family which has grown to include Pieter, Carley, and grandson Alexander; Erin, Mike, and granddaughter Violet; and Jessica and Mitch.

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## Parking Options in Boston during Convention

Use these links to create a plan for parking your car while in Boston.

[BCEC NEARBY PARKING](#)  
[MBTA PARKING RATES](#)  
[MBTA OVERNIGHT PARKING RATES](#)



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## Peter LaPointe, First Vice District Governor & Global Service Leader

Service Projects are one of the best ways to attract new members. It is also a great way to get current members active and involved.

A new lion's year has just begun and it's time to evaluate the needs of your club and the community it serves. Please consider projects throughout the coming year that are focused on all areas of the Lion's Global Causes - Childhood Cancer, Vision, Diabetes Awareness, Hunger, and Environment.

This year we will kick off a project called "Hugs and Cuddles" - focused on children who are impacted by cancer, child abuse, loss of a parent, any number of childhood diseases, etc. Further on in this newsletter are the details of the project, which we are hoping each club would consider making part of their year's projects to serve others.

Two roads diverged in a wood, and I – I took the one less traveled by. This is our opportunity – choose to make a difference.

We Serve,  
Lion Peter

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## Marie Valliere, Second Vice District Governor & Global Leadership Leader

Welcome to Lions Year 2023 – 2024.

Let's make this a year of Learning. The USA/Canada Forum will be held from September 21<sup>st</sup> to the 28<sup>th</sup> in Reno, Nevada. Are you signed up yet? There will be sessions dedicated to Membership, Leadership, Service, plus lots more. Wondering about Branding and Marketing, Conflict Resolution, and Social Media? These questions and more will be answered at the Forum. Can't get to Reno? Start taking classes online with Lions University. The courses follow some of the classes offered at the Forum and you can do it at home. You'll be surprised at how much you learn about yourself when you take these classes. They are about more than just Lions issues; they are part of life's lessons.

Marie

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## Gail Dacey, Global Membership Leader

We have great news for membership. District 44H is providing a grant to refund the clubs adding new members from July 1<sup>st</sup> through December 31<sup>st</sup>, 2023. Clubs simply complete and submit the New Membership Grant Request form (see below) shortly after the end of the quarter.

There is also a \$100 raffle that clubs will be entered into when they add members and apply for the grant.

I hope your club has a membership chair. As of today, there are only 25 listed out of 38 clubs. Every club member is encouraged to recruit new members, but it is important to have a club membership chair to help with orientation and mentoring.

I'm here to help in any way I can. At the first cabinet meeting I will have membership kits and new signature cards. Just let me know what you need. I'm happy to attend your zone and club meetings. Just ask.

Gail Dacey, GMT, [grd514@aol.com](mailto:grd514@aol.com)

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New Membership Grant Request Form



**District 44H**  
**New Membership Grant Request Form**



**Grant Information:** District 44H is offering grants to clubs bringing in new members from July 1, 2023 through December 31, 2023. The grant is to refund the one-time \$35 international entrance fee for each new member input into the Lion Portal during the grant timeframe. The form below needs to be completed and submitted by the 15<sup>th</sup> of the month after the end of a quarter. Refer to the grid below for deadlines.

**Raffle Information:** In addition to the grant, clubs who submit this form will be entered into a drawing for \$100. One winning entry will be drawn at the end of each quarter. Refer to the grid below for deadlines.

New members entered into Lion Portal/MyLCI between:	Grant request form deadline:
7/1-9/30	10/15
10/1-12/31	1/15

<b>Club:</b>	
<b>Name(s) of members(s) added this quarter:</b>	
<b>Entrance fee:</b> \$35x _____ (# new members) = \$ _____ (requested grant amount)	
<b>Email this form</b> to LindaQuebec@Ymail.com (not Gmail) each quarter by deadlines in the grid.	

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## Linda Quebec, Cabinet Secretary

It's going to be a great year! I look forward to working with all of you, and Kamal and his cabinet. Please schedule your District Governor visitations with an email to [LindaQuebec@Ymail.com](mailto:LindaQuebec@Ymail.com) (not Gmail).

I hope to see many of you at LCIcon Boston. It will be my first international convention and seeing you there will make it so much more fun!

District dues invoices will be emailed shortly to club Presidents, Secretaries, and Treasurers. Please make your club's payment to Lions District 44H and mail it before August 31<sup>st</sup> care of Linda Quebec, 16 Woodcrest Dr, Nashua, NH 03062. Let me know if you have questions.

Please use the registration form in this newsletter to register for the Cabinet Meeting on August 13<sup>th</sup> at the Nashua Country Club. We hope to have a great turnout to kick off Kamal's year as District Governor. If you would kindly consider donating an item or gift basket for raffle at Cabinet Meetings, please contact me. I'll be extremely grateful for any help.

Meeting Dates to put in your calendar...

Meeting	Date	Location
Cabinet	Aug 13	Nashua Country Club. Registration form in this newsletter.
Cabinet	Nov 5	The Venue at Portwalk Place, Portsmouth, 8-12
MidWinter	Jan	TBD
Cabinet	Mar 10	Atkinson Country Club, Atkinson, 8-12
Convention	May 3-5	The Grand Hotel, N Conway



**Club Excellence:** As a reminder, clubs should complete the Club Excellence Award application and email it to Immediate Past District Governor Randy Tompkins ([rye642@comcast.net](mailto:rye642@comcast.net)) before August 15<sup>th</sup>. IPDG Randy will review, sign off, and forward to Lions International. [Click here](#) to get to the online application. Fill it out online, then download it with your changes to your computer. Then send an email to IPDG Randy and attach your application to the email. Use the qualifications outlined in the Club Excellence Award Application as your road map to excellence each year.

In addition, as newsletter editor I have big shoes to fill as I follow Christine Goldstein. Please join me in thanking her for the fabulous communication she has provided through previous issues of The Pride. Moving forward, I thank you for adhering to the monthly deadline of the 20<sup>th</sup> for any submissions to The Pride via [Newsletter44H@Outlook.com](mailto:Newsletter44H@Outlook.com). I hope we receive information from each club as we share what is happening in the communities we serve. If you are also submitting to the 44N newsletter, send it to [D44NtheRoar@gmail.com](mailto:D44NtheRoar@gmail.com); Smyth Bouchard is their new editor.

~Sincerely, Linda Q.

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## Eric Lindberg, Multiple Council Chair

Well, I'm not sure if you've heard but in just a few days the 105th Lions Clubs International Convention will begin in Boston, and I hope to see many New Hampshire Lions attending. If you have never attended an international convention before, now is the time because it's in our backyard and that does not happen often. If you have already registered, Great! If you haven't, walk in registrations are available, albeit a bit more expensive but still much cheaper than traveling to Australia next year.

Something else that doesn't happen too often at conventions is supporting and voting for a NH Lion to become an International Director, so let's all get onboard to support Past Council Chair, Steve Middlemiss in this endeavor.

The parade committee has been working hard on the awesome float that will be entered in the convention parade so all we need now are Lions to march!! Remember, you must be registered for the convention to march in the parade

As we start our new year in Lions, July 1st, I would like to thank both Past District Governors, John Wynne and Randy Tompkins, for a great year in growing and strengthening their districts and wish them well in future Lions activities. I would also like to thank Past Council Chair Bob Gustafson and Past Council Secretary/Treasurer Bill Rathbun for their efforts working as Council Leadership to unite and strengthen the Lions of NH.

As we start this new year let's all welcome our new District Governors, Toni Olden and Kamal Masand, and support them as they lead our districts into the future.

Happy New Lion Year!  
MCC Eric



**The First Multiple District Council Meeting of 2023-2024**  
**Wednesday August 2, 2023**  
**Airport Dinner, Manchester NH**  
**6 pm Social; 6:30 pm Meeting**  
**Please RSVP by July 26th**  
**to Eric Lindberg**  
**[ericlindberg@me.com](mailto:ericlindberg@me.com)**  
**seating is limited**

## John W. Youney, International Director 2021-2023

### TALES OF THE SERVICE TRAIL UPDATE JUNE 2023

Well... Two years, huh?! Everyone told us that it would fly by before we knew it. They were right! As I sit here writing this, there are 33 days left to our service as an International Director team from Maine and New England. On the last day of LCICON 2023 Boston a trap door will open and 17 directors and their spouses will slide out of the way for the newly-elected directors. Unless we have a pandemic, Lions International does have term limits of one two-year term! It has been a blast along with hard work and many hours of travel. But it has been what we expected when I stood for election.

I want to thank all of you who had the faith in Karol and I to represent all Lions throughout the world. We also believe that we were successful in carrying New England's hospitality throughout North America, and even to Northern Ireland and the Republic of Ireland. And we carried much Maine Gold, aka Skowhegan maple syrup in a Lions flask, to promote our local economy while providing a gesture of friendship from us to our hosts. But our gift paled in comparison to the generosity of all the Lions who hosted us in districts and multiple districts these last two years.

We had our last official convention visitation in Metropolitan District of Halifax - MD N in the Lions world. It was very fitting for Karol and I to be there for the end of our term's visits since MD N was part of MD 41 along with Maine until the districts reorganized in 2006. We were with many old Lion Friends that weekend as well as made many new friends. It felt like a homecoming in so many ways. We also saw South Dakota and Pennsylvania in our travels, and welcomed Lions TJ, ID, and Juanita Tijerina to Maine this spring. There have also been the Board meetings of a week at a time, and Board projects for another week. The Board meetings are the other half of being an ID. With 1.4 million Lions and dues far into the millions, your directors are very much like the directors of any major corporation. We must do our due diligence to ensure that your dues money serves you. Lions International has a great staff and it is a pleasure to work with them serving all of us. And I had the pleasure of serving on the Constitution & By-Laws Committee, also known as the legal committee considering all the issues the committee handles around the world.

An example of the schedule was March's Board meeting in Belfast, Northern Ireland. We had five days of committee meetings followed by the informal whole Board session to discuss each committees' proposals, and then a formal session to have the final votes. The following week we traveled to Killarney, Thules and Dublin to do five service projects there. But Karol and I will tell you that the fresh butter in both Irelands is so delicious! And the stuff imported to the U.S. is not even close to Karol's and my experience. Also, I can testify that the Guinness tastes far smoother and less bitter than what is served in the US! So yes, there were side benefits during our breaks!

As to your home front - please look around your own community. There are needs there if we open our eyes. With the winter storms and power outages so common, there are shelters that can use our efforts. There are food pantries that can use a few more cans of soup, or even a helping hand or two! We are Lions first in our own communities as well as across this earth. Work for your community and you will raise the world! Please keep that with you in your heart. But remember, your work will attract more to help you - new Lions even!

So what is next? **LCI CON 2023 BOSTON!** Vote for Lion Mark Lyon, 3IVP! HE and Lion Lyn will serve Lions well.

I thank all of you again for this honor to serve Lions and the world. We trust that we have done our best to represent all Lions worldwide.

Lion John W. Youney, International Director 2021-2023,  
& Lion Karol Kish Youney, Partner-in-Service

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## PCC Steve Middlemiss, Candidate for International Director



### **From the Campaign Trail of MD 44 Endorsed Candidate for International Director PCC Steve Middlemiss**



Here we are in July, and we will be attending the Boston Convention in a matter of days. I want to thank you all so much for placing your trust and support in our efforts to be the next International Director from NH. Our Middlemiss for International Director Team will continue to be hard at work throughout the convention. I want to take this time to thank them all for their tireless work and support throughout the campaign.

If you are willing to spend a few hours volunteering at the convention it is not too late. Please contact our Campaign Manager PDG Gary at [deputy.g.rodgers@gmail.com](mailto:deputy.g.rodgers@gmail.com) and sign up. I am thankful for any help you can provide us.

We look forward to seeing you all in Boston. What an amazing city to hold a convention, and it's right in our backyard. See you all soon.

Once again thank you all so much for your support.

Yours in Lionism,  
PCC Steve Middlemiss  
Candidate for International Director

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## Michelle Ackroyd, Childhood Cancer Chair



During a recent Relay for Life, Lions met two wonderful families who have heard those words, “Your child has cancer” at a very young age. We heard the story of James who at 11-months old heard those words and his family had to make the decision if they wanted him to do a trial treatment for his cancer. The money that is raised for Gold Together goes towards research into Childhood Cancer. This is one of the ways that the Lions can help families who are dealing with Children with Cancer – support research for a cure. Thankfully James is now three and is cancer free and full of energy.

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## Kris Pavlik, Diabetes Chair

Fear. That is the first emotion to hit someone when they are first diagnosed with Diabetes 2. The fear that everything is about to change in your life. Fear of never being able to eat your favorite foods again. Fear of the medications. Next comes the feeling of being overwhelmed. What can I eat? How does this food or that food impact my glucose? Monitoring your glucose levels becomes a way of life – and let me tell you, some days you just can’t tell how something will impact you. You can eat something in one moment and not see a change in your glucose levels for an hour or more. You can eat something one day with little to no change in glucose, and the next the same thing spikes your glucose out of an acceptable range. It’s not just what you eat or drink. It is the combination of Food, Stress and Activity.

All of this is from my own experience. Throughout this year I will share my experiences with diabetes along with tips, recipes, advice from experts, and ideas for Service Projects.

### **Recipe/Tip:**

Snacks – crackers and chips are not diabetic friendly, so ditch them. Some of my favorite go to snacks –

- 1) Cucumber slices with salad dressing or hummus
- 2) Apple slices with cheddar cheese and sliced pepperoni
- 3) Peach slices with balsamic vinegar. (it’s amazing!)
- 4) Grapefruit sliced and sectioned, with 2 drops of honey and a sprinkle of cinnamon. Broil for 20-25 mins.

### **Service Project:**

Ask a local chef or Nutritionist to do a low carb/diabetic friendly demonstration. Many libraries will let you cook in their community rooms. Check with your local grocery store. They may allow a demonstration of this kind. Talk to the local gym. Serve low carb snacks. Be creative!

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## Jeri Maynard, Environment Chair

Did you know, according to recent estimates, at least one-third of all food produced in the world goes to waste. Again, an estimate, but that translates to 1.3 billion tons of fruits, vegetables, meat, dairy, seafood, and grains either never leave the farm, get lost/spoiled during distribution, or are thrown away by hotels, restaurants, grocery stores or home kitchens- that is enough to feed every underfed person on our planet!

But since this is an environmental column, we will focus on the environmental impact and not the humanitarian (hunger) impact. When we waste food, we also waste all the energy and water that it takes to grow, harvest, transport, and package it before it arrives to the market and finally, your home. The food cycle does not end at our trash can--- it ends up in landfills where it rots and produces methane - a greenhouse gas that is more potent than carbon dioxide. One more estimate: the food wasted in landfills is responsible for roughly 8% of all global emissions!

### Why is so much food wasted??

- Food waste can happen right at the production stage due to unskilled labor, natural disasters, or just plain poor practices- food never makes it to the consumer
- Food wastes occurs when edible food is allowed to spoil, goes past its expiration date or is just thrown away
- Food waste can also happen from overproduction- grocery stores, restaurants, etc. order more food than needed
- Food waste may occur because it does not conform to the retailer's quality and aesthetic standards

### How can you do your part to reduce food waste?

1. Plan, buy only what you need (do not go to the store on an empty stomach)
2. Use your freezer – frozen food is just as nutritious as fresh food (even better in some cases)
3. Use your leftovers - be creative with what you have (some websites can give you new recipes for the food you already have on hand)
4. Imperfect fruits and vegetables may not look pretty but are delicious in smoothies, jams, sauces, bread, or soup stock
5. Feed to life stock and save on expensive commercial feeds (my little visiting bunnies love the salad greens)
6. Finally, COMPOST, one final estimate: the average household could divert about 330 lbs. of food waste from landfills by adopting home composting.

*Do you know the difference between “best buy”, “use by” and “sell-by” dates???*

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## Martha Ackerman, Hunger Chair

Grow Nashua - 20 Broad Street Nashua, NH 03064; thinking outside the box.

“Imagine a reliable and just community where resources are shared, and people know their neighbors. We believe in this future and are laying this foundation one neighborhood at a time through sharing land, fresh food, and other valuable community resources.” Grow Nashua creates urban vegetable farms in our city and schools and uses this common ground to empower people to foster relationships in our community. They continue to sow the seeds of hope and community connectedness, through their urban growing spaces and educational programming that will lead to a resilient Nashua. Their programs fit cohesively together and provide participants with the education and resources needed to successfully grow, cook, and eat healthy; while advocating for our local food system.

Grow your own food... They’ve built raised bed gardens throughout the city to share with families to grow their own nutritious produce! No experience required and they are available throughout the season to share growing tips, offer a hand, and learn from one another! Priority is given to families of Nashua that have insufficient access to fresh foods and a place to grow them. Everything is free to participate, and they share seeds, water, nutrients and education throughout the season to help you grow successfully. You'll have your own plot and also be connected to some of your neighbors that also grow in the space!

Impact future generations.. Let's make a shift for our children from just being "food consumers" to being "food producers". They have urban garden sites in eight different neighborhoods throughout Nashua, so when signing up please specify which neighborhood is most convenient for your family. They have tried to place the gardens in neighborhoods that qualify as food deserts (a.k.a. no fresh produce stores within walking distance).

Through their Growing Education programming, they offer fun and interactive learning experiences where children are:

- Given a platform to share their experiences and build new knowledge
- Provided a safe outlet to connect with nature
- Presented with opportunities to build skills in the areas of cross curricular academics, social & emotional learning, nutrition, and environmental awareness.

Grow Nashua’s hands-on lessons and activities inspire community connection, critical thinking, and raise awareness of how fresh food has a positive effect on health and the environment. Other meaningful benefits include:

- Positive impact on student achievement, behavior, and academic achievement
  - Instill appreciation and respect for our shared environment
  - Improve life skills, including working with groups and self-understanding
  - Potential increase in fruit and vegetable intake resulting from taste tests and willingness to try fruits and vegetables.
  - Knowledge of growing and consuming their own fresh produce. A skill to be carried into adulthood with lasting health benefits.
  - Students and teachers at schools with school gardens are also able to use the garden space for outdoor gatherings and learning opportunities.
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## Club Happenings

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### Chester



The Chester Lions Club celebrated its 60th anniversary with a gathering at the Back Room in Manchester. Club members along with dignitaries from District 44H enjoyed a wonderful meal. DG Randy Tompkins inducted three new members and 1st VDG Kamal Masand installed the new Officers. President Leslie Packard was presented with an International President Certificate of Appreciation by PID Ed Lecius.

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### Derry



The Derry Lions on June 19 delivered a donation to the local Sunshine Soup Kitchen. This has been one of our signature charities for the Derry Lions for many years. Gerry Daigle, a long time Derry Lion, and his wife Jan are both heavily involved in supporting the soup kitchen. Jan is on the board, and Gerry and his wife volunteer each month to help cook a home cooked meal for 40 to 50 local needy residents. Even during the worst of the pandemic, daily meals were cooked and distributed in a drive by format. Gerry Daigle on left and Pete Marcotte on right delivered a check for several hundred dollars to a representative of the Sunshine Soup Kitchen.



The Derry Lions on May 6 hosted our 33rd annual Kids Fish Derby at Hood Pond in Derry. We had over 100 kids sign up to fish for free and receive a participant ribbon, a chance to win a trophy in 12 different categories, a chance to win free raffle prizes including fishing gear donated by Charlie Moore the Mad Fisherman and best of all an opportunity to catch one of 400 trout stocked in Hood Pond by the Derry Lions. An Ad Book with local merchant sponsors helps us to raise the money to pay for the fish, trophies, and ribbons.

In the past few years, we have partnered with the Derry Recreation Department in conjunction with Derry Derby Days which is the same day as the annual Kentucky Derby. Events are held in downtown Derry to celebrate Derry Derby Days including food trucks, puppet shows for the kids, Derry Historical Museum tours, and special merchant sidewalk sales.

The Kids Fish Derby started as a small idea by one of our members who was an avid fisherman. We now often welcome second generation participants. A number of parents have told us they learned how to fish at our derby and now bring their children to enjoy a wholesome outdoor activity.



Derby co-chairs



Measuring Fish



Giving fish to participant



Snack break

Dover, Rollinsford, South Berwick



## 2nd Annual Lions Cornhole for a Cure!

Saturday August 12th  
The Barn at Dunn Farm, 4 Circuit Rd, Berwick, ME



- This is a family-friendly event complete with bounce house and kids activities
- Raffles and great prizes from local area businesses
- Hosted at The Barn at Dunn Farm in Berwick, ME
- Beer cart and delicious food
- Professional and Beer League Registration Options
- Cash prizes - 50% of player registration fees go into winner's pot for top 3 teams



REGISTER NOW >

# Register today!

# \$50 per 2-man team

Supporting Dartmouth Health Children's

FMI contact: [LionsDRSB@gmail.com](mailto:LionsDRSB@gmail.com) | [www.LionsCornholeForACure.com](http://www.LionsCornholeForACure.com) | <https://www.facebook.com/DRSBLionsClub/>





# Hudson Lions Club



Hudson Lions Club members at the Celebration for the ribbon cutting ceremony for the Camp Pride new Pavilion held on June 3, 2023.



On June 5, 2023 the Hudson Lions Club sponsored their Annual townwide Scholarship night at the Hudson Community Center. Over 250 scholarship recipients, their families and scholarship presenters were served a spaghetti dinner in just over 15 minutes. The Hudson Lions Club awarded five \$1,000 dollar individual scholarships. A total of \$120,000 in scholarships were awarded that evening. Scholarship chair is PCC Roger LaTulippe. Lion Joe Kasper and PDG Jerry Vaccaro were co-chairs of the dinner. It was an all day event for the Lion volunteers set prepare the dinner, set up & clean up the hall.



On June 13th members of the Hudson Lions Club gathered in remembrance of club member Will Young. A tree was previously planted at Library Park in Will's memory. A disk was placed on the tree by CID Steve Middlemiss and club secretary PDG Gary Rodgers. A brief ceremony followed. Lion Robin Rodgers chaired this event.

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## Kingston

### KINGSTON LIONS CLUB

Thanks to the success of our most recent meat raffle fundraiser, and the support of our club members and community, we were able to make a \$5,000 donation to High Pointe House (Tufts Medicine Care at Home) in Haverhill! We appreciate the special people there and the care that they give to local patients and families.



Our June meeting featured a special guest, Tom Fisher from Childhood Cancer Lifeline of NH (CCL), who shared with us some of the things their wonderful organization does for young cancer patients and their families. We were proud to present Tom with a \$5,500 donation, thanks to our club fundraisers, including Bike Nights at Saddle Up Saloon!



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**Nashua**

**Please join the Nashua Lions Club for our 100<sup>th</sup> Anniversary Celebration on September 30<sup>th</sup>.**

Immediate Past International President Brian Sheehan will be a speaker.

Details and registration information is below.



*Celebrating a Century of Service*

**NASHUA LIONS CLUB  
100TH ANNIVERSARY**

**SATURDAY SEPTEMBER 30TH  
NASHUA COUNTRY CLUB**

**5PM RECEPTION WITH CASH BAR  
& HORS D'OEUVRES  
6PM DINNER OF CHICKEN FLORENTINE**

*Special Guests IP International President  
and LCIF Chair Brian + Lori Sheehan*

The poster features a dark blue background with a repeating geometric pattern of gold and white chevrons on the right side.



*Where There's a Need,  
There's a Nashua Lion!*

Kindly send your Reservation &  
Payment by September 10 to:

Lion Elaine Lecius  
11 Underwood Lane  
Merrimack, NH 03054

Tickets \$50 per person  
Make checks payable to Nashua Lions Club.  
Please note any dietary restrictions or  
vegetarian/GF meal requests with your RSVP.



The logo features a lion standing on a pedestal with the years 1923 and 2023. To the right is a map of New Hampshire with a Lions Club emblem and the text "GATEWAY TO LIONISM IN NH 100 YEARS NASHUA NH LIONS".



A decorative border at the bottom of the poster consisting of a repeating geometric pattern of gold and white chevrons.

## Nashua Lions Club Activities

**District Governor Kamal Masand:** The Nashua Lions Club is proud to be the home club of our new District Governor, Kamal Masand. We look forward to a year of growth, learning, and an abundance of service to our communities in the district.



**Golf:** It was a great day for the Nashua Lions Club Golf Tournament. We were lucky to have one of the few rain-free days in June. Special thanks go out to our sponsors and donors: Triangle Credit Union, Granite State Credit Union, IT Insiders, M&N Sports, Mallard Insurance, Morin's Landscaping, Northern Foreign Car Parts, PetWell Clinic, TD Bank, and Thompson Consulting. Thank you to those who sponsored golfers, to all the participants, to those who donated raffle prizes, to all our volunteers, and to the Overlook Golf Club.



**Scholarships:** Nashua Lions Club presented \$6,000 in scholarships to four graduating students from Nashua High Schools. Presentations were made during scholarship nights. Heather McPhie was the recipient of the Lion



John R. Deschenes Memorial Scholarship. Heather will be attending Nashua Community College. Lion Sarah Kiley, Deschenes' daughter, presented the award. Club president Paul Bergeron presented scholarships to Mary Connolly who will attend the University of Central Florida, and Acadia Gelineau who will attend Nova Southeastern University. The fourth recipient, Kenneth Reel will be going to the Air Force Academy.



**Camp Pride ribbon cutting on new pavilion:** Lions celebrated the opening of the new pavilion at Camp Pride. Nashua Lions Linda Hudon, Mike Francoeur, and DG Kamal Masand attended the event. The pavilion is fantastic, and look at that amazing floor!

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## Portsmouth

Portsmouth Lions raised \$420 and 1,699 pounds of food for Gather Food Pantry at Market Basket on Woodbury Ave. in Portsmouth on June 10 with the help of other Lions and friends! We are excited that we may even have a new couple joining our club, due to our efforts that day! Lions involved with this food drive included Lions Amy Pruzenski, Andrew Allen, Nichole Saccoccia, PDG Marie Hall, and Kris Pavlik. There were also several non-Lion volunteers helping, including Nancy Beveridge, Yvonne Legge, Jennifer Pelletier, Mark Ranieri, Tracy and Brody Remington, Muriel Asselin, Kait Wharf, and Sally McCaffrey.





# 40th Annual Rye Lions Car Show

**We Serve**

**Car Registration**

**8 am -11 am**

**Cars \$10**

**Spectators \$3**

**September 17, 2023**

**Parsons Field**

**Washington Road, Rye, NH**

**Trophies & Awards 2:00 pm**

## TROPHY CLASSES



- Special Interest
- Customs
- Mustangs
- Thunderbirds
- Muscle Cars
- Camaros/Firebirds
- Hot Rods
- Sports Cars
- Street Machines
- Antique: pre 1950
- Classic: 1950, 1960, 1970 & later
- Trucks: pre 1960, 1960 & later
- Corvettes: pre 1968, 1968 & later
- Volkswagens: Open Class
- People's Choice • Best of Show

*Non-competitive  
Cruise-In Area*



**GREAT FOOD  
MUSIC  
DOOR PRIZES  
RAFFLES**

Updates at  
[www.rye.nhlions.org](http://www.rye.nhlions.org)  
OR on Facebook

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## Salem

Salem Lions Relay for Life team raised over \$11,000 for Childhood Cancer research. Thank you to the clubs who donated to our cause. Thank you, First Vice District Governor Peter LaPointe, for donating bears to our two cancer survivors.



Salem Lions donated over \$2000 to 4 food pantries from the money raised from our Dance for Hunger, and provided a scholarship during Salem's Dollars for Scholars event.



Several Salem Lions joined in the ribbon cutting for the new pavilion at Camp Pride.

During the last meeting of the year, Salem had FVDG Peter LaPointe induct new member Phyllis Seccareccio while her sponsor Paul Cooke guided her; Marily Hamel was honored as the Lion of the Year for all that she does, especially reporting in MyLCI and MyLion; FVDG Peter installed new officers (pictured is Christine Sylvain being installed as club president).



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## Wakefield

Wakefield Lions Club sent positive messages to people of the Wakefield Community as they were heading to work or school. Many smiles and waves from Lions were seen throughout town during the Wakefield Lions Club "Feel Good Day."



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## Windham

In true Lions fashion, the members of the Windham Lions Club once again participated in the preparation of our town's Strawberry Festival and Book Fair. Forty (40) flats of strawberries were rinsed, sliced and packed in containers for all those to enjoy the traditional strawberry short cakes. Lots of laughter, food and most of all friendship was enjoyed by all!





## District Org Happenings

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Camp Pride



### LIONS CAMP PRIDE CONNECTION

July 2023



Finally, summer is here!

We had our Grand Opening of the new Pavilion on June 3<sup>rd</sup> and by all accounts it was a huge success. The building is completed, the new paving is in place, even the grass is growing. Pickleball and basketball courts and equipment are all ready to go. All we need is to fill the place with kids.

The Board of Directors would like to thank everyone who made this dream come true, from the smallest donors to the largest, to the folks who came to camp to help for a day to those who practically lived there. This was a team effort, and the final product is something to be proud of.

It's been a huge year at Lions Camp Pride. By the time you get this newsletter, here's what's been done. New whole house generator for the dining hall, Wakefield and Binn's bunkhouses exteriors painted, new bath sinks and counters in the Salem and Binn's, complete bathrooms remodeled Moultonborough bunkhouse, all new bathrooms in the staff building.

Next on the list is to remodel the Nashua bathrooms starting in the Fall. We have applied for a LCIF Grant to replace all the windows and doors in the Dining hall, let's wait and see if that happens.

For now, let's take a break and give thanks for all we have and for what's been accomplished. If you're curious about what's happening at the Camp follow us on Facebook @ Lions Camp Pride NH or at our website [WWW.Lionscamppride.Org](http://WWW.Lionscamppride.Org). If you would like to come for a visit, a personal tour, or just to help out, reach out to me and I will make it happen.

Lenny Hall 978-360-0958 Lah03811@Gmail.com

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### Lions Clubs International Foundation (LCIF)

#### **LCIF Resources for Applicants**

LCIF offers a wide variety of grants to support Lions serve their local communities and the world. For decades, LCIF has contributed to Lions' efforts in the focus areas of vision, disaster relief, youth and humanitarian causes. LCIF will help Lions increase their impact on these areas while expanding our reach through Lions' [global cause areas](#). Take a look at the following resources for applicants to help with your LCIF Grants process.

[Guide to LCIF Grant Opportunities](#)

[Grant Deadlines](#)

[Lifecycle of a Grant](#)

[10 Tips for Applying for a LCIF Grant](#)

Take advantage of these great Grant Opportunities from LCIF.

44H LCIF Coordinator  
PDG Al Goldstein

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Lions Sight & Hearing Foundation of NH



Comments from Lions Sight & Hearing Foundation President PCC Steve Middlemiss

We reviewed 2 new cases at our last meeting which were approved for \$2,850.00. Year to date LSHF has helped 30 individuals for a cost of \$35,572.00. **Once again clubs, please let your communities know that LSHF is here to help them with their sight and hearing needs.** Thank you to the Lions of MD 44 for supporting LSHF and allowing us to help those in need in our communities.

Presidents, please consider honoring one of your members for their work in your club this year by awarding them a **Granite State Fellow**. A GSF is also a great way to recognize an organization that has contributed to your success this year. With Officer Installations, Club Year End events coming up quickly time is growing short to place your orders. Please contact PCC Roger LaTulippe to place your order at [dgroger@comcast.net](mailto:dgroger@comcast.net). If you are unsure if you have the \$500 cost banked with LSHF please contact our Treasurer PCC Fred Plett at [mccplett@gmail.com](mailto:mccplett@gmail.com).

Our next year's officers and directors have been elected. Incoming President PDG Marie Hall is ready to take over the reins and the rest of the board is well prepared to help her accomplish the goals of LSHF. I wish to thank all of the board members for their hard work this past year. It was a great year and I know we accomplished so much. The ability to help those in need is what makes us Lions.

Please remember that every lion of MD 44 is a member of Lion Sight and Hearing Foundation and are always welcome to our monthly meetings held the third Thursday of each month at the Airport Diner at 6:30 pm.

Yours in Lionism,  
PCC Steve Middlemiss  
President LS&HF

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## Operation KidSight New Hampshire

Learn about Operation KidSight (OKS) through several links on the [OKS webpage](#).



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## The DogSight Project



# THE DOGSIGHT PROJECT

A Program of the New Hampshire Lions  
Multiple District 44 – Health Services of New Hampshire



### A BIG Thank You!

Through the generous support of all New Hampshire Lions, The DogSight Project raised

**\$22,051**

for the Fidelco Guide dog Foundation in the Lions 2022-2023 year. It takes \$65,000 to breed, raise, train, and place a single quality Fidelco Guide Dog. Thank you to all the clubs for their support!

The Dogsight Project is looking for members. Duties are light, meetings are short and via Zoom, and satisfaction is great! Contact Linda Piekarski ([lpiekarski@ne.rr.com](mailto:lpiekarski@ne.rr.com)) if you are interested.

### Than you all for your generous support!

Linda Piekarski  
Chair, the DogSight Project

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# District Meeting Information

Cabinet meeting registration form



## District 44H Cabinet Meeting Registration Form



August 13, 2023  
Nashua Country Club, 25 Fairway St, Nashua

All Lions are welcome to attend to learn more about District 44H. Casual dress.

8:30 Registration, 9:00 Meeting; 9:15 Breakfast; Noon expected adjournment.

Buffet breakfast includes scrambled eggs, bacon, fresh fruit, pastries, coffee/tea.

Cost per person: \$20

*Please consider donating a gift basket for raffle at the meeting.  
Contact [LindaQuebec@Ymail.com](mailto:LindaQuebec@Ymail.com) with questions.*



Club:	
Name(s) registering:	
Number registering _____ X \$20 per person = \$ _____ (amount of check)	
Please make check payable to Lions District 44H	
Registration & Payment due by August 3, 2023.	
<b>Mail registration form and payment to</b>	
Linda Quebec, 16 Woodcrest Dr, Nashua, NH 03062	
Contact info: <a href="mailto:LindaQuebec@Ymail.com">LindaQuebec@Ymail.com</a> (not Gmail); 508-380-4098 (cell)	

## District Service Projects

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### Hugs and Cuddles district service project

A few clubs have “test driven” this service project with great results! Come to the Cabinet Meeting on August 13<sup>th</sup> at the Nashua Country Club to learn more about it.

## Spread Kindness Hugs & Cuddles

- Get sponsors for \$18 bears
- Arrange bear assembly
- Donate bears to spread kindness
- Track your Service & Donations



## Hugs & Cuddles Project Plan for 44H Lions Clubs

### Get sponsors for \$18 bears

- Set Club goal of getting sponsors for 10-20 bears
- Individuals, Clubs, and Companies can be sponsors
- Use order form to collect bear headcount and sponsor name and contact info
- Keep cost at \$18 for consistency across the district
- Send thank you notes to sponsors; use contact info for potential members

### Arrange bear assembly

- Contact Build-A-Bear in Manchester, Nashua, or Salem
- Request Ul Brownie Cub and Condo (box)
- Typical lead-time is less than one week
- Pick up bears, pay for them from sales money
- If cost is less than \$18, donate excess to childhood cancer org such as St Jude, CH&D, or other org selected by Club

### Donate bears to spread kindness

- Coordinate with organization of Club's choice for donation
- Consider orgs with sick children, children recovering from trauma, org serving at-risk children (Police, Fire, EMT), or elderly dementia care facilities

### Track Your Service & Donations

- Track service project and donations in the Lion Portal
- Provide project success details to district Childhood Cancer Chair

Additional Flyers



**Merrimack Lions Club**

*is proud to announce the*

**21<sup>st</sup> Annual Lions Charity Golf Tournament**  
***“Frank DiChiara Charity Classic”***

**Monday, July 24, 2023**  
Stonebridge Country Club  
Goffstown, NH

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**\$135 Donation includes: Green Fees, Cart, Gift Bag, Several Contests, Prizes, Snacks & Banquet BBQ .**

**NEW SCORING FORMAT: Every team has a chance to win!  
Score high – score low, every team can win some dough!!!**

*Pre-registration is required by July 14<sup>th</sup>.*

*Proceeds to benefit youth programs and other local charities.*

*Sponsorships Available, Donations Welcome!*

*For more information contact:*  
*Alan Hoyer, 424-7897*  
*or [alanh@cecent.com](mailto:alanh@cecent.com)*  
*or*  
*Phil Przybyszewski, 424-3311*  
*or [philpreski@gmail.com](mailto:philpreski@gmail.com)*





***RECOGNITION TO A MEMBER OF YOUR CLUB OR COMMUNITY***

**LIONS SIGHT & HEARING FOUNDATION OF NH, INC**

**GRANITE STATE FELLOW (GSF)**

Give recognition to someone in the community who helps and supports your club, or a member in your club that goes above and beyond.

Your club may have money in your account with Sight & Hearing. Consider using those funds to thank individuals or entities for their support, and honor them with a GSF award. The Award comes with a beautiful plaque, a lapel pin and a letter honoring the recipient.

By making a donation of \$500.00 to LSHF, you are not only giving recognition, you are aiding a NH Citizen in need of our services.

Services include, hearing aids, eyecare and cataract surgery.

Donations go directly into the LSHF Endowment.

Clubs may donate to LSHF in \$100.00 increments

***Donations may be banked for up to 5 years,  
by putting a designation on the donation memo.***

**Applications online: [nhlions.org](http://nhlions.org) (Sight & Hearing, Granite State Fellow**

***Or from Chairman PCC Roger LaTulippe at 603-566-9409***

***email: [dgroger@comcast.net](mailto:dgroger@comcast.net)***



# Fundraising with



**LIONS YOUTH SERVICES** is continuously working to help the youth and needy of New Hampshire. As you know, we have teamed up with **TERRI LYNN** with a fundraising campaign to help us in those efforts. Their premium nuts, decadent confections, savory snacks and tempting mixes are unlike anything you will find at your local grocery store. **How can you help?** By purchasing these delicious nuts, snacks, and chocolates. Please help us with a purchase today by placing an order. **Please visit: <https://LYSNH.terrilynn.com>**

**Summer is HERE!** What about some tasty, healthy treats as you take a hike, go camping, or go fishing? **Are you back to work and looking for something light to snack on?** Terri Lynn's Signature nuts, snack mixes will fill that crave. Or throw a spoonful or two on your favorite yogurt and make it a special treat. They are delicious on their own, but they also make great ingredients for some homemade, tasty creations. Check out an easy recipe below!

*Each order ships for a flat rate of only \$5 per address (for any size order, anywhere in the U.S.). Please allow two weeks shipping time when you place your order.*

## Apple Walnut Mini Pies Terri Lynn's Black Walnut Pieces are amazing in this mini one recipe! (You could use [light walnuts](#) too.)

### Ingredients

- 1 cup brown sugar
- 2 large eggs
- 2 tbsp melted butter
- 1 tsp vanilla extract
- 1 tsp ground cinnamon
- ¼ tsp salt
- 1 cup Terri Lynn Black Walnut Pieces (finely chopped)
- 1 cup Apples (cored, peeled & finely chopped)
- Store bought pie crust



### Directions

- To prepare crusts, unwrap pie crust, lay flat. Use a cutter or a glass to cut circles. Press one circle in each cup of a lightly greased mini muffin pan. Chill.
- Preheat oven to 350 degrees F.
- In a large mixing bowl, mix together the brown sugar, eggs, melted butter, vanilla, cinnamon, and salt until well combined. Stir in the chopped walnuts and apple.
- Remove the crusts from the refrigerator, and spoon the filling into each cup of over the crust.
- Bake the pies at 350 degrees F for about 15-20 minutes or until golden brown around the edges. Cool, then run a sharp knife around edges of crust to remove. Enjoy!

### Fruit & Nut Mix

A savory and sweet mix of dried apricots, raisins, dried banana chips, roasted cashews, dried dates, walnuts, dried pineapple, almonds, dried papaya, and pecans



### Tropical Blend

Taste the tropics with this scrumptious blend of roasted cashews and almonds, dried pineapple, dried cranberries and roasted macadamias



### Almond Cranberry Granola

Tasty granola with plump dried cranberries and sliced almonds gives you a boost of flavor and energy





# LIONS CAMP PRIDE CRAFT FAIR

Saturday, August 5, 2023

9 am – 3 pm

Lions Camp Pride, 154 Lions Camp Pride Way, New Durham, NH 03855



**Craft Fair & Vendor Market Place -  
\$40.00 per 10x10 Space (Indoors and Out)  
Bring Your Own Table  
Food Truck  
Raffle**

**Contact: Al Goldstein 603-913-1281, [a1goldstein@comcast.net](mailto:a1goldstein@comcast.net)  
Marilyn Vaccaro 603-204-7251, [jvac1408@comcast.net](mailto:jvac1408@comcast.net)**

# Lions Camp Pride

Mark your Calendars



Camp Pride Work Days

154 Lions Camp Pride Way  
New Durham, NH 03855

**DATE: November 18, 2023**

Rain Date November 19, 2023

**DATE: May 25, 2024**

Rain Date May 26, 2023

Lunch will be served

**Building Cleanups both inside and outside**  
*Looking for 50 or more Lions to help with Lions Camp Pride  
Work Days. Bring the family! Help us beautify the camp!!*

Let us know how many from your club will be joining us

# Lions Camp Pride NH

## Commemorative Walkway

PO Box 135

E Hampstead, New Hampshire, 03826

### Become a part of History – BUY A BRICK TODAY

Join us in creating a commemorative walkway by purchasing a personally engraved brick to be permanently installed at Lions Camp Pride NH. Any name or message up to 3 lines of 14 characters each can be engraved on each brick. Each line will be centered by the manufacturer. Company logos are also possible. Personalized bricks are a great way to

- Recognize a club anniversary, event, or member
- Remember lost loved ones with brick: in memory of them
- Recognize children, grandchildren, parents and other special people
- Mark a birth, anniversary, graduation or other special event in your life
- Honor an employee, or friend, advertise a business
- Give a unique and lasting gift for the Holidays
- Honor a first responder, nurse, doctor, or public official

### Here's how you can contribute: Three Lines \$75.00

#### Brick Order Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City/state/Zip \_\_\_\_\_

Phone \_\_\_\_\_

Payment may be made by check to Lions Camp Pride NH - Check Number \_\_\_\_\_

Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Amount: \_\_\_\_\_

Please print in UPPERCASE Letters, each space as one character

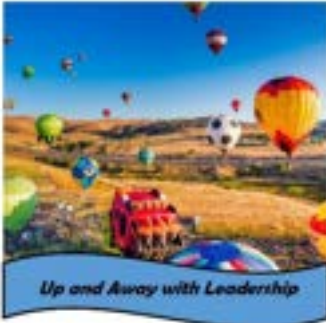
1	2	3	4	5	6	7	8	9	10	11	12	13	14

Mail to Lions Camp Pride NH, PO Box 135, E Hampstead, NH 03826

For more information contact Marilyn Vaccaro [603-437-1408](tel:603-437-1408)

# USA/Canada Forum


Use this brochure to see what the forum is all about. [Click here](#) to learn more.



**Up and Away with Leadership**

Lions will gather in Reno, Nevada, for the 47th USA/Canada Lions Leadership Forum. Just like the balloons rise for the Great Balloon Race in Reno, Lions will hone their skills, share their ideas, and build relationships to take us

**Up and Away with Leadership!**



**USA/Canada  
LIONS  
LEADERSHIP FORUM**


**September 21-23, 2023**

**Reno, Nevada, USA**

**Register Today**

[www.lionsforum.org](http://www.lionsforum.org)




**Phone: 605-723-4007**




Known as the Biggest Little City in the World, Reno, Nevada has much to offer visitors. Come early or stay a few days after the Forum. There are many things to do!

- \*Experience Raptors and Falconry
- \*Tour Downtown Reno
- \*Take a Truckee River Rafting Tour
- \*Tour Lake Tahoe with all of its history and beauty
- \*Take a Horseback Riding Adventure
- \*Tour local breweries, enjoy the craft beer scene
- \*Join the local Foody Tour

Just a short ride or flight... Reno is nestled on the eastern slope of the majestic Sierra Nevada mountains, just a short 40-minute drive to the beautiful shores of Lake Tahoe and 30-minutes from historic Virginia City. There are 16 of the best ski resorts within 30-60 minutes. If golf is your thing, there are more than 30 amazing desert or mountain golf courses. A quick 1-hour flight or 3.5 hour drive gets Lions to San Francisco.

The City Within a City... THE ROW is the resort which connects the Silver Legacy, Circus Circus and the Eldorado hotels. There are 4,500 rooms and suites within THE ROW. Considered a city within a city, THE ROW hosts 25 restaurants, 23 lounges and bars, 11 night spots, a luxury spa and a TopGolf Swing Suite. After a day of learning, THE ROW has just what Lions need to rest, relax and rejuvenate. The hottest Reno attractions are within walking distance.




The Reno Ballroom, which is just a half block from THE ROW, will host the Forum Store, large seminars, and the Exhibits. The Reno Events Center, which is just another half block away, will host all general sessions.

**Register Today**

[www.lionsforum.org](http://www.lionsforum.org)

**Phone: 605-723-4007**





It is the mission of the USA/Canada Lions Leadership Forum to develop leaders, motivate and educate attendees, provide an open exchange of ideas and support programs and goals of Lions Clubs International.



**Use this QR Register Today**



The USA/Canada Lions Leadership Forum in Reno is an opportunity for Lions to come together. There is positive power and energy when Lions gather. In this atmosphere of shared learning, Lions can embrace new ideas to uplift our Lions service individually and collectively.

The Reno Forum will include:

- \*over 60 seminars with a focus on building personal leadership skills to make our clubs stronger.
- \*a Leadership Exchange that gives participants quick access to leadership info in a very short time.
- \*a Strides Event to promote Diabetes Awareness.
- \*a Hands On Service Project that will have immediate impact.
- \*exhibits with the latest and greatest ideas to share.
- \*the Forum Store with Lions' swag and more.
- \*A chance to meet and greet our International Officers and Board Members.

**REGISTER NOW**

[www.lionsforum.org](http://www.lionsforum.org)



At Saturday's lunch, 2023-24 Lions Clubs International President Dr. Pat Hille will share her vision as the leader of the greatest service organization in the world. Every Lion can have an impact!



Thursday evening, Floyd Smith, San Diego's living legend, will join attendees to share his music and tell his Lion's story. Mr. Smith is known as a pillar of the community as well as a quadruple threat, being a singer/songwriter, entrepreneur, mentor, and philanthropist.



Striker Cortin will close out the forum on Saturday evening. As a motivational speaker, certified hypnotist, and success coach, Striker Cortin focuses on personal development. He uses humor to stimulate self-improvement.



Donna Hartley is a storyteller who inspires, energizes and entertains. She delivers an inspirational message with a twist of humor and a bit of drama. At Friday's lunch, Donna will share her story of survival. Learn how to be a survivor, too!

## Resources

### **Camp Pride**

Second Weds of the month, 6:30pm  
Airport Diner, Manchester

### **Health Services of NH**

Fourth Tues of the month, 6:30pm  
Meets via Zoom  
md44healthservices@gmail.com

### **Lions Twin State Soccer Assoc.**

Fourth Tues of the month, 6:30pm  
meets via Zoom  
LTSSAVTNH@gmail.com

### **Lions Youth Services**

Second Thurs of the month, 6:30pm  
Airport Diner, Manchester

### **Sight & Hearing Foundation**

Third Thurs of the month, 6:30pm  
Airport Diner, Manchester

### **Childhood Cancer Chair:**

Michelle Ackroyd  
m.ackroyd@comcast.net

### **Diabetes Chair:**

Kris Pavlik  
lionkrispav@aol.com

### **Environment Chair:**

Jeri Maynard  
lionjeri@comcast.net

### **Hunger Chair:**

Martha Ackerman  
jamamc@comcast.net

### **Lions Fellowship:**

Nancy O'Dowd  
Lupesmom14@gmail.com

### **Peace Poster:**

PDG Marie Hall  
mariehall326@gmail.com

### **District Photographer**

PCC Deedee LaTulippe  
liondeedee@comcast.net

### **Uniforms/Jackets:**

Joe Kasper  
JKasper@nedelta.com

### **Newsletter Editor:** Linda Quebec

[Newsletter44H@Outlook.com](mailto:Newsletter44H@Outlook.com)

Send submissions by the 20<sup>th</sup> each month.



### **Facebook Resources:**

Use the search feature in Facebook to find these sites, and look up other clubs you want to follow. For example, Hudson NH Lions Club, Salem NH Lions Club, or Nashua Lions Club.

### **NH Lions District 44-H**

- Our district page

### **Global Lions Forum**

- Learning from Lions leaders around the world

### **Lions Clubs International**

- Posts from Lions International

### **Lions Club Members: Public Image, Graphics & Ideas Hub**

- Great Lions images to use in your marketing, social media, newsletters

### **Lions SMiLE (Social, Media, including, Lions, Everywhere)**

- Excellent resource on how to improve your club's social media marketing.

### **Online Resources:**

#### **Lions International website**

<https://www.lionsclubs.org/>

#### **District 44H website**

[http://e-district.org/sites/district\\_14-1/index.php](http://e-district.org/sites/district_14-1/index.php)

## Leadership Directory

**District Governor****Kamal Masand**

603-661-6638;  
kmasand01@gmail.com

**First Vice District Governor****Peter LaPointe**

978-479-0454;  
plapointe.lions@gmail.com

**Second Vice District Governor****Marie Valliere**

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**Cabinet Secretary****Linda Quebec**

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LindaQuebec@Ymail.com (not Gmail)

**Cabinet Treasurer****PDG Jerry Vaccaro**

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lionjerryvaccaro@gmail.com

**Multiple Council Chair****Eric Lindberg**

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**Immediate Past District Governor****Randy Tompkins**

603-765-4965; rye642@comcast.net

**Zone 1 Chair, Linda Hedrick**

603-553-9015;  
lindahedrick676@gmail.com  
Clubs: Derry, Hudson, Litchfield,  
Londonderry, Nashua, Salem,  
Windham

**Zone 2 Chair, Krissy McKeeman**

917-314-9445; krissy8379@gmail.com  
Clubs: Atkinson, Danville, Epping,  
Hampstead, Kingston, Plaistow,  
Sandown

**Zone 3 Chair, Langdon Plumer**

603-770-6499;  
langplumer@gmail.com  
Clubs: Dover/Rollinsford/S. Berwick,  
Exeter, Hampton Area, Newmarket,  
NH Everest Centennial, Portsmouth,  
Rye, Seabrook, Somersworth

**Zone 4 Chair, Vince Giambalvo**

603-708-1258; rosevin68@gmail.com  
Clubs: Barrington, Chester,  
Epsom/Chichester, Loudon, Raymond,  
Saddleback Mountain, Suncook Valley

**Zone 5 Chair, PCC Bill Rathbun**

603-707-6209;  
pdgbill33y@yahoo.com  
Clubs: Conway Area, Laconia/Gilford,  
Meredith, Moultonborough,  
Rochester, Wakefield, Whittier,  
Wolfeboro

**Global Action Team Leader****DG Kamal Masand**

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**Global Extension Leader****PID Ed Lecius**

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**Global Leadership Leader****SVDG Marie Valliere**

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**Global Membership Leader****Gail Dacey**

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