

# The PRIDE



## Newsletter of Lions District 44-H New Hampshire

August 2022 Volume 48 Issue 2



**DG Randy Tompkins [Rye642@comcast.net](mailto:Rye642@comcast.net)**

Hello Fellow Lions,

The new Lions Year is off and running and I am looking forward to a great year. The newly installed officers and I have been meeting and talking about how WE can help the clubs in the district achieve their goals which would help the district become stronger and thrive. This years Officers were inducted at the Pre-Cabinet meeting on July 9<sup>th</sup> by Past International Director Ed Lecius. It was great to be able to meet in person and have all the officer's attend.

I was able to do my first District Governor Visitation with the Loudon Lions Club and it was great to be able to install their new officers for this year. The Loudon Lions lead by example in their desire to serve their community. Keep up the good work!

I am looking forward to the first cabinet meeting of the year which will be held at Lions Camp Pride on August 21<sup>st</sup>. The entire Camp will be open for all to see the enormous amount of work that the camp staff and volunteers have put in during the off season to make this facility the jewel that it truly is. Please pre-register with Lion Kitty soon so that the Camp staff will have enough food on hand to feed everyone.

On July 16<sup>th</sup> I made the trip to Hanover High School to be apart of the Lions Twin State Soccer games. Not only did I see some great soccer, but I saw some great sportsmanship from the teams. A member of the New Hampshire boys' team was injured on a play and two of the opposing team players were the first to help him off the field. Job well done.

The membership is hold steady at this point and just to remind everyone. The one-time new member fee of \$35 is back. Also, the proposed International Dues increase that was voted on at the Convention in Montreal did PASS and next year the dues will increase by \$3 for 2023-2024. The total increase in dues will be \$7 over the next three years.

Let us ALL continue to be "THE BEACON OF HOPE" in our communities and beyond.

Lion Randy

District Governor 44H



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## MEMBERSHIP MATTERS



District Membership	This Month	This Year
Opening Balance	1255	1255
Added members	5	5
Dropped members	5	5
Closing Balance	1255	1255
Net Gain/Loss	0	76
Worldwide	1,384,660	

CLUB	NEW MEMBER	SPONSOR
Rollinsford/South Berwick	Brad Solomon	Jennifer Halteman
Sandown	Sue Reynolds	Erica Olsen
Wolfeboro	Gerry Esposito	Dave Esposito



Facebook *NHLionsDistrict44-H*  
*District Photographer*  
 PCC Deedee LaTulipe  
 136 Lowell Rd. Hudson, NH 03051  
 C: 603-566-0691  
 E: [liondeedee@comcast.net](mailto:liondeedee@comcast.net)

*Lions Fellowship*  
 Nancy O'Dowd  
 P.O. Box 1163 Wolfeboro, NH 03894  
 C: 603-387-6808  
[Lupesmom14@gmail.com](mailto:Lupesmom14@gmail.com)

*PEACE POSTER*  
 Lara Raymond  
 15 Lindsay St.  
 Hudson, NH 03051 C: 603-438-7438  
 E: [lamiddlemiss@gmail.com](mailto:lamiddlemiss@gmail.com)

*UNIFORMS/JACKETS/SHIRTS,HATS*  
 Joe Kasper  
 63 Pine Hill Rd. Weare, NH 03281  
 H: 603-529-0439 C: 603-548-0286  
 E: [JKasper@nedelta.com](mailto:JKasper@nedelta.com)

*CHILDHOOD CANCER*  
 Michelle Ackroyd  
 E: [m.ackroyd@comcast.net](mailto:m.ackroyd@comcast.net)

*DIABETES*  
 Mary Tremblay  
 E: [mtremblay578@gmail.com](mailto:mtremblay578@gmail.com)

*ENVIRONMENT:*  
 Jeri Maynard  
 E: [lionjeri@comcast.net](mailto:lionjeri@comcast.net)

*HUNGER*  
 Martha Ackerman  
 E: [jamamc@comcast.net](mailto:jamamc@comcast.net)

*VISION*  
 Emily Lovely  
 E: [emilylovely@comcast.net](mailto:emilylovely@comcast.net)

### Health Services of NH Meeting

**Monthly 4th Tues 6:30PM**

**Airport Diner**

**Brown Ave, Manchester**

### Sight & Hearing of NH Meeting

**Monthly 3rd Thurs 6:30PM**

**Airport Diner, Brown Ave**

**Manchester**

### Lions Youth Services Meeting

**Monthly 2nd Thurs 6:30 PM**

**Airport Diner, Brown Ave.**

**Manchester**

### Camp Pride Meeting

**Monthly 2nd Weds 6:30PM**

**Airport Diner, Brown Ave**

## UPCOMING EVENTS

**Cabinet Mtg**

**August 21**

**Exeter LC visit**

**November 15**





**FVDG Kamal Masand**  
**[kmasand01@gmail.com](mailto:kmasand01@gmail.com)**

As summer is beginning, enjoy the warm weather with family and friends. I would like to wish all of you the best for the upcoming Lions year. During the past year we did well with membership; District Governor Randy's Goal is to add 2 members per club Let's keep up the momentum of reporting services to My Lion. More hands are welcome help when we provide service. Our moto is "We Serve"; keep up the services in your communities.

Although we are in summer mode, there are still Lions activities happening. I participated in the pre-cabinet meeting hosted by District Governor Randy and Cabinet Secretary/Treasurer Kitty Callender. Discussions took place around cabinet meeting format, services, and International Convention to be held in Boston in 2023. Officers were sworn in by Past International Director Ed Lecius. I was happy to also attend the Lions Twin State Soccer Association games in Hanover. Both games between players from New Hampshire and Vermont were played at a high skill level. The New Hampshire women's team won their game 4-1, and the men's game ended in a 1-1 tie. Attendance for both games was excellent. Funds raised through the games will be distributed between Vermont and NH Lions charities.

At the International level, we have a new President – Brian Sheehan. Check out Lions International President Sheehan's biography video to learn more about his service journey and life as a Lion in Bird Island, Minnesota. To learn even more about President Sheehan, visit this page to read his presidential theme book and watch inspiring videos about how together we can change the lives of people in your community and in communities around the world. This page can also be found by searching "presidential theme" on the lionsclubs.org page.

Selfless Service to Humanity is Service to God. Kamal Masand

### **SVDG Peter**



As the summer the heat of summer set in, clubs should begin to capture ideas for the upcoming year and develop a plan to meet the needs of there community. Remember to utilize your district teams as needed to help in achieving your success, we are all here to assist when and where we can.

I look forward in the coming weeks and months in attend clubs service events and meet old friends and making new ones.

I encourage you to spread your wings and soar to new heights!

August 21st cabinet meeting will be a great way for folks to see all that been going on a your Lions Camp Pride, if time permits please make a effort to attend its going to be FUN !!

Regards, Peter

Peter J. LaPointe

2nd Vice District Governor 44H

978-479-0454 cell



### Comments from GST, Lara Middlemiss

The Lions are off to an inspiring start to this year. Don't forget to bring your boxes of cereal to the cabinet meeting Aug 21st to benefit the New Hampshire Food Bank!

If anyone is having trouble inputting their service activities into My Lion please reach out to me at [Lamiddlemiss@gmail.com](mailto:Lamiddlemiss@gmail.com). If you prefer, contact your Zone Chair, and he or she can get in contact with me.

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### Comments from GML, Gail Dacey

Well half of the summer is over and most of the clubs should be starting back up if they took July off. As of this writing we have 1256 members. Three have been dropped and 1 was added. Remember we want to keep our candidate for International Director so please try to add new members. Remember the global membership approach.

I hope to see all of you at the fun cabinet meeting at Camp Pride on the 21st. I will have new signature cards for you there. Please come see me to collect them. Your new members kits are all still good you just have to take out Doug Alexander's cards and add Brian Sheehan. Remember just ask and if you need anything from me, I'm here to help. Grd514@aol.com. Cell603-560-1029

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### Comments from GLT, Marilyn Vaccaro

Club leaders let's start looking at your fellow Lions members to see if one could become an upcoming leader in your club soon.

There are fellow Lions that are willing to be trained for a new position who might be a little shy and need some encouragement

You need to help build up your club by showing interest in building up the leadership. "It is literally true that you can succeed best and quickest by helping others to succeed.

If you need help, please contact me!!

Marilyn Vaccaro [Jvac1408@comcast.net](mailto:Jvac1408@comcast.net)

603-204-7251

## MCC Chair Comments, Robert Gustafson



### *Comments from Multiple Council Chair Bob Gustafson*

Just a reminder that our District Cabinet meetings are coming up this month. Please review the Pride and Roar for additional details about how to sign up and participate. DG Randy Tompkins from 44H and DG John Wynne from 44N are planning to have great years. Let's help them achieve their goals. We will hold our first Multiple District 44 meeting before these Cabinet meetings. Be on the look-out for more information on this upcoming meeting.

As some of you may know, the Lions Twin State Soccer held their annual tournament for New Hampshire and Vermont newly graduated High School competitors on Saturday, July 16, 2022 at Hanover, High School. The Boys game ended in a 1-1 tie while the New Hampshire Girls beat Vermont 4-1. I was certainly impressed with the quality of play, congrats goes out to FVDG/PDG Toni Olden and her team of Lions for organizing the event. Well played!

Health Services of New Hampshire is again being chaired by Tom Reynolds this year. As we know, their past planning and guidance have been critical in our Lions clubs' efforts to vision screen our Youth in New Hampshire. The DogSight Project chaired by Linda Piekarski, Vision 2022 and the New Hampshire Pin Traders Club (NHPTC) also fall under the guise of the HSNH. Let's support each of these Lions entities.

The Lions Sight & Hearing Foundation will be chaired by PCC Steve Middlemiss this year. LS&H does very important work assisting our Clubs finance sight and hearing projects for folks in our communities. They have also supported our other multiple district entities such as HSNH. That's what Lions do. Support each other. Remember, we support LS&H by granting a Granite State fellow to deserving Lions and individuals.

Lions Youth Development of NH aka Lions Youth Services has newly elected Eric Olsen to be chair this year. LYS supports our New Hampshire Youth in many ways to create opportunities for learning, caring, contribution and service. This includes the Peace Poster Contest which has become a mainstay of Lions International. LYS just supported a Fisher Cat outing where Lions saw a great game and fireworks after.

A big Thank You goes to Lions Youth Services!



## PDG/Cabinet Secretary Treasurer Kitty Callender



### COMMITMENT

The meaning of commitment is: "The state or quality of being dedicated to a cause, or an activity."

What is commitment and WHY is it important? Commitment is a dedication to a particular organization, cause, or belief, AND a willingness to get involved! People who are committed to an organization or effort, truly BELIEVE that it is important; they show up, follow through, and stick with it.

Commitment is the reason we have 1.4 million Lions members worldwide. Lions Clubs International chose to make diabetes, hunger, childhood cancer, environment and vision the areas for Lions to focus on, to commit to.

Commitment to these causes, is why millions of people all over the world have better lives. Commitment is why 2 girls in Danville have their eyesight; why children are being fed through the "68 Hours of Hunger" program; why so many benefit from eyeglass collections.

why hundreds of thousands of pounds of shopping bags and plastic are recycled yearly; why we get up at 4 a.m. to travel for a pancake breakfast to benefit a child with cancer.

Some may ask us "WHY" we, as Lions, do all this. Our answer is "COMMITMENT".

Lion Kitty-District 44H Secretary/Treasurer



**WHO?**  
**LIONS**  
**of DISTRICT 44H**



**WHAT?**  
**first DISTRICT 44H**  
**CABINET MEETING**

**WHY?**  
*to meet with like-minded people*

**WHERE?**  
**LIONS CAMP PRIDE**  
New Durham, New Hampshire

**WHEN?**  
**SUNDAY**  
**AUGUST 21, 2022**

**Registration: 9 am - 11:45 am**

We will be doing a project (not hard) for LION'S Camp Pride starting at 10 am.  
Bring comfortable clothing! OR-come up for a tour!

**Lunch: 12 noon - Cost: \$20.00**  
prepared by Lion's Camp Pride Chefs!

**Meeting: 1 PM**  
a short meeting to discuss what  
WE, as LIONS want and need this year!

**ALL ARE WELCOME!**

Please Send your Registration by: AUGUST 15, 2022

Please Make Check Payable to: **District 44H**  
Mail to: **Kitty Callender**  
**12 Iron Wheel, Danville NH 03819**

NAME \_\_\_\_\_ CLUB \_\_\_\_\_

NAME \_\_\_\_\_ CLUB \_\_\_\_\_

TEL # \_\_\_\_\_ CHECK # \_\_\_\_\_ TOTAL \$ \_\_\_\_\_

Any questions? Please call: Cabinet Secretary/Treasurer Kitty Callender  
575-937-7911 or email: [callendergirl54@hotmail.com](mailto:callendergirl54@hotmail.com)



## DISTRICT 44H CABINET MEETING August 21, 2022



FOOD DRIVE  
at CAMP PRIDE



*Join Us as WE "Feed the Hungry" !*

*Please bring a box or bag of Cereal to the  
Cabinet Meeting on August 21, 2022*

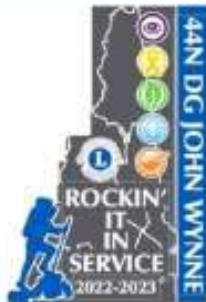
*The Cereal collected will support  
the New Hampshire Food Bank!*

*Thank you for your support!*

Martha Ackerman  
Hunger Chairperson



*Collection boxes will be set up for your donation*



## ***DISTRICT 44N CABINET MEETING***

**SUNDAY, AUGUST 28**

**ELMM Community Center  
21 Durkee St, Winchester, NH**

**Cost for Breakfast/Brunch: \$20.00 per person**

**Registration: 9:00 am to 9:30 am**

**Cabinet Meeting will begin approximately 9:35 am until 12:05 pm**

***Please Make Reservations by  
AUGUST 22, 2022***



***RSVP to Pam Prentiss at  
[pepotr@myfairpoint.net](mailto:pepotr@myfairpoint.net)***

**Please Make Check Payable to: LIONS DISTRICT 44N  
Mail to: Pam Prentiss  
33 Prentiss Drive  
W. Chesterfield, NH 03466**

Name: \_\_\_\_\_ Club: \_\_\_\_\_

Name: \_\_\_\_\_ Club: \_\_\_\_\_

Number Attending \_\_\_\_\_ @ \$20.00 each = Total: \$ \_\_\_\_\_

## Childhood Cancer by Michelle Ackroyd

Childhood Cancer by Michelle Ackroyd

Below is information on St.Baldrick's Foundation and what they do to help Kids with Cancer.

# St. Baldrick's Kids

More children die of childhood cancer than any other disease in the U.S., and every year 300,000 kids worldwide are diagnosed. And cancer doesn't care about borders, race, nationality, age, socioeconomic status or religion—it can strike any child at any time.

Children with cancer hope for the same things that healthy children hope for—they dream of being princesses or pirates, walking on the moon, getting married and having children. *But cancer gets in the way.*

*The St. Baldrick's Foundation exists to allow these children to turn their dreams into realities. They're at the heart of everything we do—from every event that is planned, to every volunteer who shaves, and every donor who gives.*

*We are here to fund research to give every child diagnosed with cancer the best possible chance for a cure and a long and healthy life.*

The connection between St. Baldrick's Foundation participants and our Honored Kids moves volunteers to raise more money and awareness, while also comforting families and their children with the knowledge that others are supporting them in the fight.

We invite you to [visit our blog](#) to read more about these remarkable kids and families and be inspired by their strength, determination and courage. *Or, search below to find an honored child near you.*



## Diabetes Awareness

*No information provided this month.*

*Stay tuned for future information.*

## Environment by Jeri Maynard

### Environment

"Pollinators" have been in the news lately because their numbers are drastically declining! Sadly, the health and population of our pollinators are being threatened by insecticides (neonicotinoids), loss of their habitats and global warming.

Pollinators are insects, birds, bats and other animals that carry pollen from plant to plant. Typically we think of bees doing this valuable service but butterflies, birds, bats, moths and beetles also help out. Even the wind and rainfall help with pollination. Why is pollination important? Without pollination many of the foods we eat would not be available; at least 80% of our world's crops require pollination to seed – that's an estimated 1 out of 3 bites of food we eat!

What are the things we all can do to help?

- Install butterfly, bat, and bee houses- available at garden stores, online or build yourself
- Plant milkweed: for Monarch butterfly caterpillars; plant seasonal flowering plants for adult Monarch butterflies. Border your vegetable garden with native flowers to attract the good guys- check with local nurseries for the best plants to buy - select plants with different bloom times|
- Reduce or eliminate the number of pesticides you use- many herbal recipes are out there for your garden- garlic and basil help keep your soil and plants' immune systems healthy.
- Avoid mulching: 70 % of bee species dig a nest in the ground to raise their young, mulch will prevent this so leave a little bare ground.
- Plant clover instead of grass seed: clover is affordable, easy to grow, simple to maintain, and drought-resistant. Moreover, clover attracts pollinating insects like bees, requires no fertilization, grows in poor soil, and requires very little attention and no mowing. Clover can also be seeded over an existing lawn and grows well with grasses.



Did you know?

There are nearly 20,000 species of bees in the world- best known are the honey bees and bumble bees.

Bumble Bees are better pollinators because of their size and flexibility, honey bees are smaller and tend to stay within a very small area (your back yard)

Honey bees live in a hive, bumble bees live in nests in the ground. Bumble bees can sting multiple times, honey bees will die after a single sting. Both will not sting unless aggravated

## Hunger by Martha Ackerman

### Hunger August 2022 The New Hampshire Food Bank

Imagine having to choose between paying rent, paying for utilities, buying medication for your family – and buying food. For many, those choices are unimaginable, but for thousands of New Hampshire residents it is a reality they face every day.

The New Hampshire Bank is fighting back against hunger in New Hampshire. They distribute millions of pounds of food each year to more than 400 partner agencies statewide. They are not just sending canned goods to local food pantries and walking away. They are waging the hunger battle from all angles by leveraging their network of partners, donors and other nonprofits and government agencies to deliver food, yes and an ever-expanding array of strategic programming and resources designed to fight the root causes of hunger.

How does this work? They train those in need of careers in the culinary industry through their Recipe for Success Culinary Job Training Program. They provide meals to Boys and Girls Clubs to serve club members and their families as a supplement to free and reduced lunches at school. They are a sponsor for the USDA Food and Nutrition Service Summer Food Service Program in northern New Hampshire which provides meals to kids in the summer months when they don't have access to free lunches. They connect people with federal SNAP (food stamp) benefits and shows them how to amplify benefits when used on fresh fruit and vegetables through the Granite State Market Match and Double Up Food Bucks programs.

COVID-19 left more people food insecure – they no longer have access to the nutritious food needs to lead a healthy life. New Hampshire experienced an estimated 55% increase in food insecurity over the last 2 years. In New Hampshire, an estimated one in nine people including 12 % of children, struggle with food insecurity.

The New Hampshire Food Bank stares down hunger each day from all sides. To learn more about how the New Hampshire Food Bank is creating systemic change visit [nhfoodbank.org](http://nhfoodbank.org).

## Vision by Emily Lovely

### August is Children's Vision and Learning Month

- This month was started in 1995 with a presidential proclamation from Bill Clinton to help parents and educators understand that undiagnosed vision problems can block learning.
- One in four children has an undiagnosed vision problem.
- Experts estimate that up to 80% of what a child learns in school is information presented visually
- Visual problems are often confused as laziness, a learning disability, or ADHD
- Vision is more than 20/20
  - Unfortunately parents and educators often incorrectly assume that if a child passes a school vision screening then there is no vision problem
  - School vision screenings often only test for visual acuity but the skills needed for successful reading and learning are much more complex
- Vision can change frequently during the school year , so it is important to keep and eye out for the following symptoms between appointments:
  - Headaches, particularly eye strain
  - Short attention span
  - Excessive blinking
  - Poor hand-eye coordination
  - Difficulty remembering what was read
  - Holding reading materials close to the face
  - Covering one eye





## LIONS CAMP PRIDE CONNECTION

August 2022

Hello to all, the dog days of summer are here. Our lease groups are now at Camp Pride, pretty much now thru Labor Day and beyond. Thanks to all the committed Clubs and our many volunteers the camp grounds, the cabins, and all the other support buildings look great! A lot of progress has been made these past few months to bring Lions Camp Pride up to a standard that we all want and expect. We are getting there. Every time I think, just maybe, we can coast a little, my friend 2<sup>nd</sup> VDG Peter Lapointe sends me a new 3-page list of things that could be done. What this all means, is that once we are through this lease season, we will be looking for more volunteers to come back and continue the process of making Lions Camp Pride better and better.

Our new pavilion is well under way to completion (photo page 2) as you can see. State grant money is all used up and now we get to finish it on our own. Work will continue behind the security fence every Wednesday until we either run out of gas or money whichever comes first. Ha! Ha! I am hoping that the new building will be ready for use early in 2023. It's going to be great.

Lions Camp Pride will be hosting DG Randy Tompkins 1<sup>st</sup> Cabinet meeting on August 21<sup>st</sup> in our dining hall. This will be a great opportunity to check out all the progress made at the camp and break bread with all your Lions friends. This event will be a luncheon served by your Camp Pride volunteers. We hope to see all of you early enough to enjoy some of the camp's amenities.

Thanks Lenny

LCP Board members	\$33,585
Lions	\$67,140
Clubs	\$74,445
Corporate	\$6,700
LCP Friends	\$34,405
Pledges	\$14,100
Total	\$230,375



Thanks for listening, Lenny Hall  
[LAHO3811@gmail.com](mailto:LAHO3811@gmail.com)  
978-360-0958



© John Gisis

Does it get more beautiful than this?



## Conway Club Events

We sold 500 Hot Dogs at Shoul Park for our 4th of July community event



In coming President Phil Ouellette and Nancy Jones in their 4th of July attire

## Hudson Club Events

### *The Hudson Lions Club Annual Community Scholarship Awards Dinner*



On June 6TH, the Hudson Lions lived up to the Lions motto, WE SERVE, by hosting the Annual Community Awards Scholarship Dinner at the Hudson Community Center. The event was open to Hudson residents, graduating Seniors and their families free of charge. About 200 people were served a spaghetti dinner in under 30 minutes.

Top Left photo: Lion Joe Kasper chaired the dinner and arrived at 8:00AM along with several club members to shop for the food. Additional club members arrived throughout the day to set up the hall and to serve the food during the event. PCC Steve Middlemiss was among those doing the cooking.

The Club awarded five \$1,000 scholarships which included Alvirne High School and Bishop Guertin High School recipients. PCC Roger LaTulippe, scholarship chair is pictured with 4 of the recipients and Principal Steve Beals of Alvirne. Boy Scout Troop 20, who is sponsored by the Hudson Lions Club, helped to serve dessert and clear the tables.

## Hudson Club Events



# Celebrate With Us!



## Hudson Lions Club Diamond Jubilee

Sunday  
September 25, 2022  
3:00-4:00PM Social  
4:00PM Dinner  
Followed by Guest Speaker  
and Entertainment



*The White Birch  
Function Hall  
222 Central St.  
Hudson, NH*

**Serving the Hudson Community, the District and Lions International since 1947!**

*Served Buffet Menu \$35.00 per person*

Roasted Turkey w/Gravy & Stuffing, Mashed Potatoes, Butternut Squash,  
Dinner Rolls & Butter, Tossed Garden Salad

*Vegetarian Menu available upon request by September 13th!*

*\*Guest Speaker PID Ed Lecius\**

*\*Entertainment by Marlena Phillips, Singer, Songwriter\**

**BY RESERVATION ONLY**

**RETURN FORM WITH PAYMENT BY SEPTEMBER 13, 2022**

**MAKE CHECKS PAYABLE TO HUDSON LIONS CLUB (\$35.00 PER PERSON)**

**MAIL TO: KIMBERLEE FOURNIER, 16 MARSH RD, HUDSON, NH 03051**

**Email: Kimberleef60@yahoo.com**

NAME (S) \_\_\_\_\_

EMAIL: \_\_\_\_\_ PHONE: \_\_\_\_\_

NUMBER ATTENDING \_\_\_\_\_ CLUB \_\_\_\_\_ AMOUNT ENCLOSED \_\_\_\_\_ CHECK NO. # \_\_\_\_\_



## Hudson Lions Club

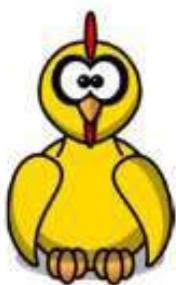


# MEAT RAFFLE

-It's like Bingo with Playing Cards-

**Beef— Poultry—Pork**  
**Friday September 16th**  
**7:00pm @VFW Post 5791**  
**15 Bockes Rd Hudson, NH**

Proceeds Benefit Hudson Lions Club Charities including Vision and Hearing assistance, Vision Screening in the schools, Holiday Gifts for families in need, Holiday gifts for seniors, Food Pantry, College Scholarships for High School Seniors, and many other community needs



For Questions or Information please contact Jerry Vaccaro

603-204-7752 or [lionjerryvaccaro@gmail.com](mailto:lionjerryvaccaro@gmail.com)

HUDSON LIONS CLUB  
75TH ANNIVERSARY CELEBRATION  
Sunday September 25th  
at 3:00PM  
The White Birch Function Hall  
222 Central St. Plaza, Hudson, NH



Hudson Lions Club  
The Alvirne High School  
Leo's Club is selling T-  
Shirts in support of  
Ukraine, sizes small  
through 4X-LG. All pro-  
ceeds will be donated to  
the support of Ukraine.  
To purchase: Email Leo's  
Advisor Debi Cole at  
[dcole@sau81.org](mailto:dcole@sau81.org)

## VOLUNTEERS NEEDED:

Loudon Club Events

The Loudon Lions Club needs assistance from fellow Lions to make our fundraising event a success. Each year we sponsor a 5K Race to raise funds to award scholarships to high school seniors to help continue their education.

**17<sup>th</sup> Annual**

**Angels 5k Road Race & Fitness Walk**

**Saturday, August 20, 2022**

**8:00 AM – Merrimack Valley High School  
14 Allen Street, Penacook, NH**



Register for the  
Race Series or  
Individual Races



*To assist us in this event please  
contact us at:*

E-mail: [loudonlionsclub@gmail.com](mailto:loudonlionsclub@gmail.com)

OR

**Call Vince Giambalvo, President, Loudon Lions Club - (603) 708-1258**



Sponsored by the LOUDON LIONS CLUB

Proceeds benefit MVHS Seniors with college scholarships



the NASHUA LIONS CLUB  
100<sup>th</sup> ANNIVERSARY CELEBRATION!

SATURDAY, SEPTEMBER 30, 2023  
NASHUA COUNTRY CLUB

GUEST SPEAKER  
IPIP & LCIF CHAIR BRIAN SHEEHAN

# Nashua Club Events

## Nashua News

### Nashua Lions participated in Fourth of July festivities:

Lion Al St Louis sang the national anthem before the Silver Knights game. King Lion Paul presented Holman Hall of Fame plaques to the family of the late Noel Trottier, to the late Larry Elliott's son Dave, and to former Nashua Athletic Director Al Harrington and his daughter Christine before the fireworks on the 4<sup>th</sup> of July. Nashua Lions joined together during the Holman Hall of Fame presentation. Participating: Joel & Martha Ackerman, Past International Director (PID) Ed Lecius, Mike Francoeur, Linda Hudon, Bob Pavano, Karl & Nicki Engelhart, King Lion Paul Bergeron & wife Lisa, Erin Freda, Derek Connary, Renee McLaughlin, Al St Louis, Rick Dowd, and First Vice District Governor (FVDG) Kamal Masand. They were joined by families of the Hall of Fame inductees for a group picture.



### The Stars Are Aligning!

Lion Al St. Louis was spotted signing autographs at a Silver Knights game. Al's schedule has become very busy as he is closing in on singing the national anthem 5,000 times in 12 years – that's a record! Best of luck to you, Al, on August 7<sup>th</sup> when you hit the record!



**Lions Twin State Soccer Games:** The Lions Twin State Soccer Association games happened on the third Saturday in July. Lions presented MVP awards to one player from each NH team (men and women). Before the games, Lion Al St Louis sang the national anthem. After the games, King Lion (KL) Paul Bergeron presented four 12th Player awards, named in memory of the late Lion leader, Past District Governor (PDG) Joe Bielawski. PDG Joe was a Nashua Lion and one of the founding fathers of the Twin State Soccer games. Congratulations to all players selected for the games. This year Nashua had two players and a coach in the games. This year the men's game ended in a 1-1 tie and the women's game finished 4-1 in favor of NH.



KL Paul with Nashua South players Ethan Amata, Daniel Miranda and coach Tom Bellon



District Governor Randy Tompkins presented NH's men's MVP Award to Evan Haas of Bishop Brady in Concord



First Vice District Governor Kamal Masand presented the NH women's MVP award to Kelly Harris from Bow High School



DG Randy Tompkins and PID Ed Lecius watch the games in shade. PID Ed is a former Lions Twin State Soccer Director



KL Paul Bergeron presented the PDG Joe Bielawski 12th Player award from Nashua Lions to NH men's player Ben Seiler from Enfield-Mascoma



KL Paul presented 12<sup>th</sup> player award to VT men's player Camden Button from Milton



KL Paul presented the 12<sup>th</sup> player award to NH women's player Caroline Camp from Kearsarge Regional High School



KL Paul presented the 12<sup>th</sup> player award to VT women's player Alexa Gerow of Mt. Anthony High School



We Serve

Car Registration  
8 am -11 am

Cars \$10

Spectators \$3

Free  
Parking

# 39th Annual Rye Lions Car Show

September 18, 2022

Parsons Field  
Washington Road, Rye, NH  
Trophies & Awards 2:00 pm

## TROPHY CLASSES

- Special Interest
- Customs
- Mustangs
- Thunderbirds
- Muscle Cars
- Camaros/Firebirds
- Hot Rods
- Sports Cars
- Street Machines
- Antique: pre 1950
- Classic: 1950, 1960, 1970 & later
- Trucks: pre 1960, 1960 & later
- Corvettes: pre 1968, 1968 & later
- Volkswagens: Open Class
- People's Choice ● Best of Show

*Non-competitive  
Cruise-In Area*



Check our web site at [www.rye.nhlions.org](http://www.rye.nhlions.org)

**Great Food  
Music  
Door Prizes  
Raffles**

Contact: Alan  
603-379-2080

## Salem Club Events



Salem Lions gave a check to the food for hungry food pantry.

Salem Lions donated money to the Salem Police Dept. For the summer youth program.



Salem Lions attended the selectman's meeting to support the legacy project restoring our cannon on the town common.



Salem Lions honored Bob Elliott at our annual cookout on his 90th birthday.

## Salem Club Events



Carol Sargent was award a Melvin Jones at the cookout.



## Hi-Lights from the 47th Annual Lions Twin State Soccer played at Hanover High School



Alexa Gerow of Mt. Anthony High School was named as the Vermont girls PDG Joe Bielawski 12th Player at the LTSSA games in Hanover. Presented by the Nashua Lions, KL Paul Bergeron made the presentation.



Vermont's Camden Button was selected as the recipient of the PDG Joe Bielawski 12th Player award. The Milton, Vt. senior received his trophy from Nashua KL Paul Bergeron

2022-2023 44H District Governor Randy Tompkins presented NH's MVP Award to Bishop Brady of Concord Senior Evan Haas following the boy's game at the 47th Annual Lions Twin State Soccer games in Hanover. The game ended in a 1-1 tie.



New Hampshire's Ben Seiler from Enfield-Mascoma receives the PDG Joe Bielawski 12th Player award from Nashua Lions KL Paul Bergeron. Named in memory of the late Lion leader. PDG Joe was one of the founding fathers of the Twin State Soccer games.

Kelly Harris from Bow High School was named NH Girls MVP after the granite staters downed Vermont 4 to 1 in the 47th LTSSA games in Hanover. 44H First Vice District Governor Kamal Masand presented her with her award.

## Lions Youth Service



# Lions Youth Services

The first monthly Lions Youth Services meeting of the new Lions Year was called to order by President Eric Olsen at the Airport Diner in Manchester on Thursday, July 14, 2022. Joining the meeting were Lion Erica Olsen, Lion Mike Sills and an unexpected guest was Matt Lessard, our financial advisor. Matt discussed the change over from our investment account with Wells Fargo to RBC Management.

After his overview was presented, the board discussed, voted and unanimously approved the transition. Treasurer Lenny Hall will work with Matt to make the transition.

**Peace Poster Contest** - this year's theme for the peace poster contest is "*Lead with Compassion*". The following clubs have purchased kits for the 2022-2023 contest: **44N Clubs**- Bedford, Canaan, Chesterfield, Concord, Jaffrey-Rindge, Milford, Pinardville, Winchester. **44H Clubs**: Atkinson, Barrington, Conway, Hampstead, Hudson, Rye/ AIR, Sandown, Windham, and Wolfeboro/Camp Pride. A total of 17 clubs with 24 kits purchased to date. There is one kit available, if any club wishes to purchase it, please send Rhonda Wynne an email [rwynnenmilford@comcast.net](mailto:rwynnenmilford@comcast.net) to let her know.

If you have not paid for your kit, please send payment to Lions Youth Services, PO Box 156, Atkinson, NH 03811 and indicate "Peace Poster" on the memo line.

Please make sure your Peace Poster Chair is getting ready to implement the contest if they have not already done so in order that they can stay on top of it as the beginning of the school year is fast approaching.

**Terri Lynn Fundraiser** - please look for the latest flyer in this newsletter. As always we thank you for all the support with this fundraiser as we promote the *great nut and chocolate selections from Terri Lynn through the new Lions' Year!*

**Lions Night with the Fisher Cats** - over a hundred plus Lions, their families and friends from both districts attended an extremely hot and pack-filled stadium to enjoy a baseball game on Saturday evening July 23, 2022. The Fisher Cats (*Toronto Blue Jays*) vs the Portland Sea Dogs (*Boston Red Sox*) second of three games scheduled for the weekend.

If you were among many of us who were effected by the heat and decided to leave prior to the end of the game, the final results were a victory for the Fisher Cats. Three home runs powered New Hampshire to a 5-3 victory over the Portland Sea Dogs. Orelvis Martinez, Ryan Gold and Addison Barger all hit solo shots in front of 7,242 fans to bring New Hampshire back from a 3-1 deficit to win, 5-3. Despite the intense heat, it was satisfying to say the least, that the Fisher Cats won a great game!



Harry Armstrong-  
"Coolest Seat in house".



Orelvis Martinez:  
20th Home Run



Behind Home Plate



PCC Fred Plett &  
friend Peggy



MCC Bob Gustafson  
intensely watching  
the game



Can you spot a Lion  
Shirt sported by  
ZC Brian Rater?

**Our Next Meeting** is scheduled for 6:30 pm, Thursday, August 11 at the Airport Diner - All Lions are welcome! *See you then!*

# Fundraising with Terri Lynn<sup>®</sup>

EST. 1936



Give us a new look as we carry on promoting Terri Lynn's premium nuts, decadent confections, savory snacks and tempting mixes unlike anything you will find at your local grocery store! Celebrate the end of Summer with a special treat making this delicious simple treat with Terri Lynn's Colossal Pistachios. This easy layered dessert combines the flavors and textures of pie, pudding, and cheesecake—What's not to love? *Besides they are incredible on their own!*

Please visit: <https://LYSNH.terrilynn.com>

Thank You for your Order!

Free shipping when you order \$30 or more (per recipient address).

For orders under \$30, it's a \$5 flat rate shipping fee (per recipient address).

## Terri Lynn Recipes Pistachio Delight

### Ingredients

- $\frac{1}{2}$  cup Finely chopped Terri Lynn Fancy Colossal Pistachios
- $\frac{1}{2}$  cup Butter, softened
- 1 cup Flour
- 1 tbsp Sugar
- 8 oz Cream Cheese, softened
- 1 cup Powdered sugar
- 1 Tub Cool Whip Topping
- 2 Packages Jell-O Pistachio Instant Pudding
- 2  $\frac{1}{2}$  cups Cold Milk

### Directions

- Combine the chopped nuts with butter, flour and sugar.
- Press flour mixture onto bottom pan. Bake for 15 minutes at 350 degrees. Set aside to cool.
- Whisk together cream cheese and powder sugar. Stir in 2 cups of Cool Whip. Spread cream cheese mixture over the cooled crust.
- Beat pudding mixes and milk with whisk for 3 minutes.
- Spread over cream cheese layer and refrigerate for 5 minutes or until thickened. Cover with the remaining Cool Whip. Refrigerate for 4 hours. Sprinkle with more pistachios before serving. Enjoy!





LIONS YOUTH SERVICES  
PO Box 156  
Atkinson, NH 03811

**~ GRANT APPLICATION ~**

All applications must be mailed

1. Contact Info: \_\_\_\_\_
2. Phone #: \_\_\_\_\_
3. Club \_\_\_\_\_ District \_\_\_\_\_
4. Requester's Name \_\_\_\_\_ Club President Signature \_\_\_\_\_
5. Mailing Address: \_\_\_\_\_
6. E-Mail Address: \_\_\_\_\_
7. Project Details \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
8. Project Budget: \_\_\_\_\_
9. Requested Amount: \_\_\_\_\_
10. How does this benefit the Youth of New Hampshire? *(Evidence of impact)*  
\_\_\_\_\_  
\_\_\_\_\_

**Grant Request Summary:** All requests made must be made through Lions in 44H and/or 44N in the State of New Hampshire for \$500.00 with no more than 2 within a Lion's Year. (Jul-Jun) and they must be for different projects.

Project Title; Start and End Date \_\_\_\_\_

Today's Date: \_\_\_\_\_

Board Approved \_\_\_\_\_

Board Denied \_\_\_\_\_

**New England Lions Council**  
*Serving the Needs of the Districts of New England*



PCC Hilary Kumnick, Council President  
Phone/Text: 860-638-7869 / Email: [hkumnick@aol.com](mailto:hkumnick@aol.com)

---

PDG Al Goldstein, Council Treasurer  
35 Main Street  
Atkinson, NH 03811  
Phone: 603-913-1281 / Email: [a1goldstein@comcast.net](mailto:a1goldstein@comcast.net)  
(Note: It's a #1 not an "L" in the Email Address)

**INDIVIDUAL MEMBERSHIP**

**RE: New England Lions Council  
Individual Membership**

**2022 – 2023 NELC DUES: \$10.00**

**Membership coverage is from July 1, 2022 to June 30, 2023**

Lion's Name: \_\_\_\_\_

District/MD: \_\_\_\_\_

District/MD Position(s): \_\_\_\_\_

Mailing address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Best Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Renewal  New NELC Member?  Amount \_\_\_\_\_ Cash/Check \_\_\_\_\_

Please send *Form* to Lion Al Goldstein, PDG at the above address with a check to NELC

**Or... you can now pay via Venmo: @al-Goldstein-2**



## Comments from LSHF President PCC Steve Middlemiss

Well, LSHF is off and running with our first meeting being held on July 21 at the Airport Diner. I would like to welcome our returning board members as well as our new members.

Project chair Lion Dan Diemand brought forward 4 new cases which were all approved. After vendor discounts and club contributions the final cost to LSHF was \$4,900. Once again, a great job by Lion Dan. Thank you Lions of MD 44 for supporting LSHF and allowing us to help those in need in our communities.

Treasurer PCC Fred Plett presented a budget for this fiscal year which was approved.

I would like to thank our Immediate Past President PDG Eric Lindberg for an outstanding job last year. I truly have some big shoes to fill.

Please remember that every lion of MD 44 is a member of Lion Sight and Hearing Foundation and are always welcome to our monthly meetings held the third Thursday of each month at the Airport Diner at 6:30 pm. (However, due to my being out of town for the August meeting it will be held via zoom. If you wish to be included in the link, please email me at [pccmiddlemiss@gmail.com](mailto:pccmiddlemiss@gmail.com).)

Yours in Lionism

PCC Steve Middlemiss

President LS&HF



## THE DOGSIGHT PROJECT

A Program of the New Hampshire Lions  
Multiple District 44 – Health Services of New Hampshire



### Recipe for a Summer Treat

Ingredients: 1 HOT Day  
1 HOT Dog!  
1 Kiddie Pool  
Dog Toys  
Water

Directions: Fill pool with water, add dog toys and dog. Enjoy!! Er, perhaps I should have mentioned that you want to wear your bathing suit, too . . .

Be well, be kind, be hopeful.

You can get this new Lions Year off to a great start by sending a contribution to the DogSight 2022-2023 campaign to the project chair. Checks should be made out to **LSHF** with **DSP** on the memo line. Please send checks to: The DogSight Project, c/o Linda Piekarski, 15 Edgewood Ave, Keene, NH 03431

**Thank you for your support!!**

Linda Piekarski  
Chair, the DogSight Project  
[lpiekarski@ne.rr.com](mailto:lpiekarski@ne.rr.com)



Goal for Fidelco in 2022-2023: \$15,000



## **Greetings Lions and Leos!**

Welcome to a new Lion Year.

I am happy to be your District Chairperson for Lions Clubs International Foundation (LCIF) during this 105th year of Lionsism. LCIF Chairperson Douglas X. Alexander announced at the Lions Convention in Montreal that we had not only met but exceeded our campaign goal – raising more than US\$324 million! During Campaign 100.

I join PIP Douglas X Alexander when he encourages us to continue to build on the success of Campaign 100 as LCIF magnifies Lions and Leos impact in the areas of vision, youth, disaster relief, humanitarian efforts, diabetes, childhood cancer, hunger and the environment. As the needs of the world continue to grow, so too does the need to support LCIF.

Please make giving to LCIF a part of your clubs annual budget.

District Governor Randy Tompkins is looking to reach our district goal of \$35,000 in donations for the year 2022-2023.

Please join me and DG Randy in helping those around us, both near and far, in making their lives better.

Scott A Wilson

Scott A. Wilson

District 44-H LCIF Chairperson

## Hello Lions,

As we continue to try and build our membership in our clubs sometimes we miss the prospective members right in front of us. Late in the last Lions, year 3 young ladies joined our organization. I am excited to say they are all the daughters of current Lions. We are excited to have welcome Sarah Goldstein, Emily McGaffigan and Samantha Olsen. They say the apple doesn't fall far from the tree. These young ladies have been around Lions service for years as off springs of Lion leaders in our district. They are all smart articulate ladies now attending prestigious universities. I have seen the work they are already involved in and look forward to what they bring to Lions in the future.

I use Lara Raymond as a great example of the offspring of a Lion couple of what we inspire them to do just by bringing them with us to Lions event. I am sure if you look at your families to see who can help your clubs too. The sons, daughters, nieces, nephews and grandchildren who have been inspired by what you do may just be waiting to be asked to join.

Please feel free to send me stories of family member you inspire to join us.

## **PDG Al Goldstein Gat Team Member**





**LIONS SIGHT & HEARING FOUNDATION  
OF NEW HAMPSHIRE, INC.**

**GRANITE STATE FELLOW (GSF)**

Give recognition to someone in the community who helps and supports your club, or a member in your club that goes above and beyond.

Some clubs have money in their account  
with  
Sight & Hearing.

Consider using those funds to individuals or entities for their support, and honor them with a GSF award.

The Award comes with a beautiful plaque, a lapel pin and a letter honoring the recipient.

By making a donation of \$500 to LSHF, you are not only giving recognition, you are aiding a NH Citizen in need of our services.

Services include, hearing aids, eyecare and cataract surgery.

Donations go directly into the LSHF Endowment. Clubs may donate to LSHF in \$100.00 increments.

Donations may be banked for up to 5 years, by putting a designation on the donation memo.

***Applications Online***

**[nhlions.org](http://nhlions.org)(Sight & Hearing, Granite State Fellow**

*or from Chairman PCC Roger LaTulippe*

at 603-566-9409

email: [dgroger@comcast.net](mailto:dgroger@comcast.net)

**DISTRICT GOVERNOR**

**DG Randy Tompkins**  
 1 Coombs Farm Rd  
 Greenland, NH 03840  
 H: 603-431-7352  
 C: 603-765-4965  
 E: Rye642@comcast.net

**1st VICE DISTRICT GOVERNOR**

**FVDG Kamal Masand**  
 20 Jennifer Drive  
 Nashua, NH 03462  
 H: 603-886-4389  
 C: 603-661-6638  
 E: Imasand01@gmail.com

**2nd VICE DISTRICT GOVERNOR**

**SVDG Peter Lapointe**  
 12 Blackstone Drive  
 Raymond, NH 03077  
 H: 603-244-2354  
 C: 978-479-0454  
 E: hampstead.lions@gmail.com

**CABINET SECRETARY-TREASURER (CST)**

**Kitty Callender**  
 112 Iron Wheel  
 Danville, NH 03819  
 C: 575-937-7911  
 E: callendergirl54@hotmail.com

**MULTIPLE COUNCIL CHAIR**

**MCC PDG Robert Gustafson**  
 16 East Road  
 Atkinson, NH 03811  
 C: 603-553-0531  
 E: robertgustafson11@gmail.com

**IMMEDIATE PAST DISTRICT GOVERNOR**

**PDG Robert Gustafson**  
 16 East Road  
 Atkinson, NH 03811  
 C: 603-553-0531  
 E: robertgustafson11@gmail.com

**Global Leadership Team**

**GLT** Marilyn Vaccaro  
 74 Chase Road  
 Londonderry, NH 03053  
 C: 603-204-7251  
 E: [jvac1408@comcast.net](mailto:jvac1408@comcast.net)

**Global Membership Team**

**GMT** Gail Dacey  
 26 Windward Terrace  
 Salem, NH 03079  
 H: 603-898-6913  
 C: 603-560-1029  
 E: [grd514@aol.com](mailto:grd514@aol.com)

**Global Service Team**

**GST** Lara Raymond  
 15 Lindsey St  
 Hudson, NH 03051  
 H: 603-438-7438  
 E: [lamiddlemiss@gmail.com](mailto:lamiddlemiss@gmail.com)

**LIONS YOUTH SERVICE**

Second Thursday of the month at  
 Airport Diner, Manchester

**SIGHT & HEARING FOUNDATION**

Third Thursday of the month at the  
 Airport Diner, Manchester at 6:30PM

**HEALTH SERVICE OF NH**

Fourth Tuesday of the month at  
 Airport Diner, Manchester at 6:30PM

**TWIN SOCCER ASSOCIATION (LTSSA)**

Last Wed of the month at  
 Lui Lui in West Lebanon Powerhouse  
 Mall, Subject to change

**CAMP PRIDE**

2nd Wednesday of the month at  
 Airport Diner, Manchester NH

**Zone 1 , Robert Dennis ,Chair**

H: 603-893-1819  
 C: 603-234-7220  
 E: [rdennis49@comcast.net](mailto:rdennis49@comcast.net)  
 Clubs: Derry, Hudson, Litchfield, Londonderry, Nashua, Salem and Windham

**Zone 2, MaryEllen Pate, Chair**

H: 603-489-5259  
 C: 603-475-9985  
 E: [Meln71@msn.com](mailto:Meln71@msn.com)  
 Clubs: Atkinson, Danville, Epping, Hampstead, Plaistow, Sandown and Kingston

**Zone 3 Melanie Saunders, Chair**

H: 603-734-2818  
 C: 339-234-0982  
 E: [melanieleesaunders@gmail.com](mailto:melanieleesaunders@gmail.com)  
 Clubs: Exeter, Everest Centennial, Hampton Area, Newmarket, Portsmouth, Rollinsford / S. Berwick, Rye, Seabrook and Somersworth

**Zone 4 Vincent Giambalvo , Chair**

H: 603-708-1258  
 C:  
 E: [rosevin68@gmail.com](mailto:rosevin68@gmail.com)  
 Clubs: Barrington, Chester, Epsom / Chichester, Loudon, Raymond, Saddleback Mountain and Suncook Valley

**Zone 5 Marie Valliere, Chair**

C: 603-998-0871  
 E: [keylion03@gmail.com](mailto:keylion03@gmail.com)  
 Clubs: Conway Area, Laconia / Gilford, Meredith, Moultonborough, Rochester, Wakefield, Whittier and Wolfeboro

