

THE PRIDE

Newsletter of Lions District 44-H New Hampshire
February 2024, Volume 49, Issue 08



A Message from District Governor Kamal Masand

I would like to Thank all the Clubs for continuously reporting in MY Lion, as of now We are at 97% of club of reporting, so thank you and continue the momentum.

We are on the drive to reach 1.5 million members so we can serve more people than ever before. And it starts with each of us. Let us all recommit to our own personal recruiting and expansion goals. Let's Get going, let us commit to adding 2 new members per club by Jun. 30th. We can do it.



Start Planning Your Lion 2024 Calendar

Now's the time to start planning for a great 2024. Here are some things you won't want to miss.

LionsCon, Melbourne, Australia: LionsCon awaits – Join us for the biggest Lion event of the year, the Lions International Convention in Melbourne, Australia from June 21-25, 2024. Early bird registration ends on **January 12**, so [register now](#).

Experience LDUN – Celebrate our partnership with the United Nations, and join conversations shaping the future of service at Lions Day with the United Nations. [Learn](#) how you can be a part of this special event in New York City on March 1, 2024.

Earn recognition – Don't miss your chance to earn recognition through the [Lions International Marketing Award](#). Review the criteria and submit your application by February 1, 2024, for your chance to win \$2,000 and a special award.

Start building your personal/club 2024 calendar today!

Let's Go 44H Lions! We Serve!
Kamal

Every journey begins with the first step. Changing the World begins with Lions taking that bold first step together. We have the power to make the world a better place. It's an incredible responsibility, one from which everyone benefits, including us.

I encourage you to take a crucial step by inviting new members to join us in service. More members mean more service and more ways to serve our communities. Real change is truly possible when we all join and work toward a better world.

So, let us give others the opportunity to change the world with us as Lions.

Yours in service,
Dr. Patti Hill
International President



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District Goal Progress

Membership

District Membership*	Previous Month	2023-2024 Year	2023-2024 Goal
Opening Balance	1,213	1,246	-
Added Members	9	74	-
Dropped Members	2	100	-
Closing Balance	1,220	1,220	+2/club
Net Gain/Loss	7	-26	-

International membership* of Lions is currently 1,366,741.

Congratulations to the Epsom-Chichester Lions Club on winning the \$100 new membership raffle!

*data as of 1/31/24

Welcome new members!

Club	New Member	Sponsor
Hampstead	Nico Buccieri	Bob Bedrosian
Hampton Area	Patty Leone	Gary Gasdia
Hudson	David McGilvray	PCC Scott Wilson
Hudson	Walter Bradbury	PCC Celeste Ricupero
Hudson	Faith Tejada	PCC Scott Wilson
Nashua	Doreen Going	PID Ed Lecius
Seabrook	Lindsey Belo	Alice Fowler
Windham	Burton Glenn Jutras	Pattie Provenzano
Windham	Cindy Jutras	Pattie Provenzano

Remember to submit a new membership grant request for any new members through 4/30/24. Form is in this newsletter.

Service

District Service	This Month	This Year	Goal
Vision Screenings	Dec 1,966 people Jan 296 people	YTD Total 22 clubs & 10,506 people	1+/club
Hugs & Cuddle Bears	Jan 25 bears	18 clubs/ 675 bears	10/club
Percent of Clubs Reporting		100%	95%
Volunteer Service Hours	1,725	20,382	22,500
Service Activities	169	1,054	1,100
Individuals Served	16,719	132,992	190,000
Funds Raised	\$36,788	\$452,592	\$305,000
Funds Donated	\$42,942	\$256,769	\$222,000

Thank you ALL for reporting service, either as meetings, service projects, fundraisers, or donations.

Please continue to add to your club's service.

If your club needs assistance with reporting, contact LindaQuebec@Ymail.com.

LCIF Donations

District LCIF Donations	This Month	This Year	Goal
LCIF Donations	\$4,985	\$27,350	\$38,100



Upcoming Events

Date	Event
Feb 1	DG Visitation, Atkinson
Feb 12	DG Visitation, Seabrook
Feb 18	Plaistow Lions Club 75 th Anniversary Celebration
Feb 20	Deadline for district newsletter submissions; newsletter44H@outlook.com
Feb 21	Deadline to register for 3/10 Cabinet Meeting. Registration form in this newsletter.
Feb 22	DG Visitation, Hampstead
Feb 26	DG Visitation, Hudson
Feb 27	DG Visitation, Portsmouth
Mar 10	44H Cabinet Meeting, Atkinson Country Club, 8:30-noon. Register by 2/21
Mar 13	DG Visitation, Kingston
Mar 19	DG Visitation, Derry
Mar 20	Deadline for district newsletter submissions; newsletter44H@outlook.com
Mar 23	Salem Lions Club 70 th Anniversary Celebration
Mar 28	DG Visitation, Salem
Apr 20	Deadline for district newsletter submissions; newsletter44H@outlook.com
Apr 27	Officer Training; Police Academy, Concord, NH; registration form in newsletter
May 3-5	District 44H Spring Convention. The Grand Hotel, N Conway. See flyer.

Celebrating A Milestone in Service



Happy 15th Anniversary!
Epping Lions Club



Brian E. Sheehan, Chairperson, Lions Clubs International Foundation

12/29/23

Hello Lions, Leos, and fellow humanitarians,

As we close 2023, I encourage you to reflect on everything you and your fellow Lions accomplished this year through your acts of service and generosity. Together with funding from our global foundation, Lions worldwide continued to create amazing impact in communities whenever and wherever we were needed. Congratulations on all that you have accomplished.

This month, we highlight a story about how LCIF grant funds helped Nepal rebuild after a devastating earthquake struck in 2015, just as new funding is helping the country recover after another quake struck last month.

As we enter a new year, please continue to be an ambassador for our global foundation and share with fellow Lions, Leos and others around the world how LCIF empowers our humanitarian service. Through LCIF, we can think bigger and implement projects that our individual clubs or districts couldn't do alone. Your [donations to LCIF](#) make this life-changing service possible.

Make it a great day!

Peter LaPointe, First Vice District Governor & Global Service Leader

Looking forward, we still have time to impact our local communities by identifying needs and running service events to take care of these needs.

It's also that time of the year to establish a small group of folks within your club (Election Committee) to identify candidates for next year's officers. A good rule of thumb is to keep your eyes open for and encourage new leaders in your club. Clubs will need to hold elections and submit their slate of officers (PU101) to LCI by May 15. Further in this newsletter you will see the registration form for the District's Club Officer Training which is scheduled for April.

Over the past several months, I have been engaged by the required training courses (both locally and online) with Lions International. Later this month, along with continuing District Governor Elect training, I will be attending additional training at the Lions Q Center training facility in St Charles, Illinois.

As I continue to build my team to support local clubs, the district, and fulfill international goals for 2024-2025, Mission 1.5 is an important part of that process. Our collective goal is growth, both as individuals and as clubs, so that we can better serve our communities.

My observation for the future: we all need to look around us, the future of Lions is staring back at you. What do you see? The time for change starts now!! Future generations of Lions are living in each of our communities, all it takes is for us to invite them, to show them, to allow them to get involved! If you are uncomfortable in recruiting, then take it upon yourself to provide an atmosphere in your club for all members (new and old) to flourish.



Marie Valliere, Second Vice District Governor & Global Leadership Leader

I recently attended the last ALLI training there will ever be. It was amazing. Ninety- five Lions from 9 countries came together in Vancouver, British Columbia to learn more about leadership. Back in December we were assigned to five-man teams with pre assignments and worked on line on a presentation we would have to give during the weekend. Five teams were put in four different rooms for two and a half days of intense training. We started at between 6:30 and 7 :00 a.m. and went until 7:00 p.m. or later each night.

The weekend was named by the participants "The Grand Finale" with a subtitle of "It Doesn't End Here". Some of the classes are available in the Lions Learning Center on the Lions website. What a difference feedback and sharing make in that setting. There was lots of discussion AND laughter. I made new friends and at the same time I learned more about Lions, leadership and myself. The food wasn't bad ,either.

If you ever have a chance to do a live training session DO IT. To learn hands on is so fulfilling. The next local training is planned for April. Details to follow. You can take a class even though it is not your position in the club. Some requirements for the jobs change each year.

Gail Dacey, Global Membership Leader

Please encourage your clubs to download our MISSION 1.5 social kit with ready-to-use Facebook covers, customizable social media graphics and more so they can show their appreciation for new members and your support of MISSION 1.5.

Please keep asking people to join. Our numbers are down right now. Please check in on members who haven't been coming to meetings and see if you can engage them again. We need to keep our members happy and recruit new ones.

There will be another orientation webinar in March. I will keep you posted when I get the date.

Keep using the GMA approach. Build a team, have a vision, and make a plan. Swot=strength, weaknesses, opportunities, and threats. SMART goals=specific, measurable, achievable, reasonable and relevant. Once you get a new member remember to mentor and get them involved, They joined for service, fun fellowship and fun. So did your current members so keep them involved. Let me know if there is anything I can do.



Linda Quebec, Cabinet Secretary

March 10: You are invited to attend the 44H Cabinet Meeting on Sunday, March 10th. Check-in desk opens at 8:30am; meeting and breakfast follow at 9:00am. The meeting will take place at The Atkinson Country Club, 85 Country Club Dr, Atkinson, NH. Please use the registration form in this newsletter and register before February 21st. We look forward to seeing you on March 10th.

April 27: Save the date for officer training. If you are in line to become a club officer, or if you have an interest in learning more about it, we hope to see you attend one of the training sessions for either Club President, Secretary, Treasurer, or Membership Chair. Training will take place on Saturday, April 27th in Concord, NH.

May 3-5: Save the date for 44H Spring Convention on May 3-5 at the Grand Hotel in N Conway. More information will be shared in the next newsletter.

July 31: Plan for Club Excellence: Use the Club Excellence Award application in this newsletter to make sure your club qualifies for this award. Work to fulfill all the requirements and submit your club's application to KMAsand01@gmail.com before July 31st, 2024.

20th each month: Please send your submissions for The Pride district newsletter by the 20th each month to Newsletter44H@Outlook.com. ~Thank you, Linda Q.

Eric Lindberg, Multiple Council Chair

MidWinter Convention was a great success. Thank you to all who participated. Thank you to the convention committee for their dedication and work.

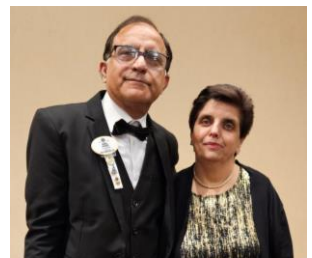
The weekend kicked off with a fabulous hospitality room put on by candidate for 44H Second Vice District Governor, Vince Giambalvo, and his crew.

We had a fun “Mask Bash” evening filled with food, fun, friendship, masks everywhere, an introduction to our visiting ID Lee and Lion Mary Vrieze, and dancing fun with a DJ.

Saturday morning’s meeting kicked off with a moment of silence in memory of 44N PDG John Wynne. The meeting continued and was filled with information on activities and successes happening by Lions in New Hampshire. A Presidential Certificate of Appreciation was presented to 44N Lion Linda Piekarski. Model Club awards were presented to clubs who have completed the commitments of the program; congratulations to Hudson, Meredith, Salem, Epsom-Chichester, Brookline, and Andover on your success. We celebrated the top two Peace Poster contributors. Ava Durden from Nashua will continue as the poster from NH that goes on to the Lions International contest. Lions Sight & Hearing, and Lions Youth Services held their annual meetings.

Saturday afternoon we participated in a service project coordinated by Lions Youth Services; Over 80 Lions packed 10,000 meals in under an hour. It was a great time, and the hair nets were the icing on the cake.

Saturday evening’s banquet was highlighted with an inspirational presentation by ID Lee Vrieze. There were a few awards presented. Congratulations to three Lions from Salem on receipt of their Granite State Fellows and Progressive GSFs – Michelle Ackroyd, Bob Dennis, and Gail Dacey were the recipients. DG Kamal awarded Presidential Certificates of Appreciation to Cabinet Secretary Linda Quebec and First Vice District Governor Peter LaPointe. Photo contest winners were Robin Rodgers (1st place), Christine Greenwood-Smart (2nd place), and Sue Lindberg (3rd place). Thank you to raffle contributors and ticket purchasers. Congratulations to PID Ed Lecius on winning the silent auction of historical Lions pins, and PDG Marie Hall on winning the 50/50.



To see more pictures, go to the [NH Lions District 44-H](#) and the [Lions of MD 44 – NH](#) Facebook pages.



Steve Middlemiss, International Director



LeeAnn and I hope that everyone had a safe and Happy New Year. I hope you had the opportunity to meet and speak with our Guests for the Mid-Winter convention ID Lee and Lion Mary. I appreciated and enjoyed the inspirational talks that ID Lee presented to us this weekend. I'm sure if you were able to speak with them you would agree they are two



amazing Lions dedicated to the service of others. Our travels start up again this month with trips to Minnesota and Tennessee. We are looking forward to meeting the Lions from these Districts. We will then be heading to Lions Day at the UN. We were able to attend last year, and I would recommend every Lion go at least once. It's an amazing experience.

So, we are beginning the month of February and are more than halfway through this Lionistic year. It is time we doubled our efforts to grow our Clubs. You have heard from those of us in Leadership (International, MD and District) talk about the importance of membership growth. Membership growth translates into the growth of our ability to serve others. Serving others is why we joined. It's where our passion comes from. As the years have gone by the number of those in need has increased dramatically. How can we attempt to meet those needs if we don't make the effort to bring in more members. It's not about growth for the sake of growth. It's about increasing our service to others. Our motto We Serve is not just two words. It's who we are and what we are about.

As I mentioned in my December article, share your Passion for serving with others. Your own story is part of the key to others joining, then ask them to serve with you on your next project. You'll get them hooked.

We continue to look forward to serving the Lions of NH and the World as we all work toward "Changing the World".

Yours in Lionism,
ID Steve & Lion LeeAnn



Jeri Maynard, Environment Chair

ENVIRONMENT

Last Month we added another “R” (repair) to our Environmental 3R’s (Reduce, Reuse, Recycle) rule. Now it is time to add another “R” for **REFUSE.** This word is usually applied to “single use plastic items”. Single use plastic is everywhere and we have become addicted to the convenience of these items! Have you ever wondered why restaurants serve your water with a straw? Or why grocery stores bag your purchases in so many separate plastic bags? The most frequently discarded plastic items are: plastic utensils, straws, grocery bags, plastic plates, and cups- always given freely with your purchases.

All we need to do is to simply **REFUSE** to accept these items. Start small by bringing your own bags to the stores. While at the grocery store, look for the products with the least plastic packaging ex: fresh produce to take home in your own cloth or mesh bag... Think back to earlier years (before plastic), what was used and how can we use those same methods to help reduce our own “carbon footprints?”



Here are 9 reasons why we must address single-use plastic:

1. Made from fossil fuels; **2.** Leaves a huge “footprint”; **3.** Will still be here in 1000 years; **4.** Only a tiny percentage (9%) will be recycled; **5.** Toxins leak into food & drink; **6.** causes hormone problems and cancers; **7.** Pollutes our oceans; **8.** Kills marine life and birds; **9.** Enters our food chains (microplastics).

Did you know that New Hampshire has proposed a House Bill that would ban the use of plastic utensils in NH unless requested by a customer? Condiment packets will also be prohibited unless requested. Sponsors of the bill are convinced this will contribute to the reduction of the plastic pollution- let us do our part and just **“SAY NO”** to overuse of plastic packaging and free and unneeded plastic items.

“DO SOMETHING DRASTIC—CUT THE PLASTIC”



Kris Pavlik, Diabetes Awareness Chair

Happy Valentines Day!

Why not host a diabetic Valentines Day party? Invite the community or go to a daycare or nursing home. Have a couple of fun appetizers –

- Vegetables with a hummus dip
- Cheese and pepperoni and apple slices – get a small heart shaped cookie cutter to make it fun
- Deviled Eggs
- Check out DiabeticGourmet.com for other great recipes!

Don't forget the party games:

- Hire a Dance/Exercise Instructor and do some Zumba or line dancing
- Have a treasure hunt
- Play a little volleyball with a beach ball
- Maybe a craft; check out: (<https://liagriffith.com/how-to-make-crepe-paper-flowers>)

And you MUST have a few party favors:

- Get a box of inexpensive Valentines, carnations, bubbles, balloons

Spinach Artichoke Dip (recipe courtesy of DiabeticGourmet.com)

- 1 (14oz) can artichoke hearts (drained and chopped)
- 1 (10 oz) pkg frozen chopped spinach (thawed and drained)
- 8 oz plain yogurt
- 1 C shredded low-moisture Part-skim Mozzarella
- ¼ C green onions (chopped)
- 1 garlic clove (minced)
- 2 TBS red pepper (chopped)

Combine artichoke hearts, spinach, yogurt, cheese, onion, and garlic. Mix well
Pour mixture into 1 qt casserole dish or 9 inch pie plate
Bake at 350 degrees for 20-25 minutes until heated through
Sprinkle with red peppers



44H Cabinet Meeting, March 10th! Register before February 21st.

Each year our District Governor holds 4 Cabinet Meetings: 3 free-standing, and 1 during spring convention. These meetings are a great way to network with other Lions and learn about what's happening in our district. All Lions are welcome, so come join us! Use the following registration form to let us know you are coming; we provide a catering headcount, so please register before February 21st.



District 44H Cabinet Meeting Registration Form



Sunday, March 10, 2024
Atkinson Country Club, 85 Country Club Dr, Atkinson, NH

All Lions are welcome to attend to learn more about District 44H.
Red jacket if you have one. If not, please wear business casual.

8:30 Registration, 9:00 Meeting; 9:15 Breakfast; Noon expected adjournment.

Cost per person: \$24

Please consider donating a gift basket for raffle at the meeting.
Contact LindaQuebec@Ymail.com if you are able to help.



Club:	
Name(s) registering:	
Number registering _____ X \$24 per person = \$ _____ (amount of check)	
Please make check payable to Lions District 44H	
Registration & Payment due by February 21 st .	
Mail registration form and payment to	
Linda Quebec, 16 Woodcrest Dr, Nashua, NH 03062	
Contact info: LindaQuebec@Ymail.com (not Gmail); 508-380-4098 (cell)	

Club Happenings Atkinson

Happy New Year from the Atkinson Lions!

After a busy holiday season, we are preparing for activities in the new year. We welcomed a new member at our holiday celebration and are looking forward to continuing to expand our membership.

We spent our last meeting discussing upcoming events: we are looking forward to welcoming fellow Lions from neighboring communities to our Annual Meet and Greet at our former King Lion's home in February. We understand that our district governor is planning to visit as well.

A few events coming up will be our Annual Pancake Breakfast and our spring Meat Raffle. We are also looking to work with the community as we hold a Food Packaging Event to prepare thousands of meals for those in need. This will be in addition to our spring Food Drive.

Another exciting development is the reestablishment of our scholarship committee that will award a couple of scholarships to deserving members of the Atkinson senior class.

Look for information about these events in future newsletters.

Stay warm and let's hope for a less snowy February.



Exeter



Club members and family members packed at Hannaford's, Stratham, NH and delivered 60 Food Baskets serving over 115 individuals.

Also, join us for the Super Bowl Party Meat Raffle on February 9th!

Exeter Area Lions Club

**SUPER BOWL PARTY
MEAT RAFFLE**

— IT'S LIKE BINGO WITH PLAYING CARDS —

**FRIDAY, FEBRUARY 9th
7:00 PM @ Shooters Pub
6 Columbus Ave. • Exeter, NH**

— **50/50 CASH RAFFLE** —

For questions or information contact Mike Baillargeon
(603) 235-1260 • mdbail@comcast.net

PROCEEDS BENEFIT EXETER AREA LIONS CLUB CHARITABLE PROJECTS INCLUDING EYE CARE & HEARING AID ASSISTANCE, HEATING ASSISTANCE, HOLIDAY FOOD BASKETS, HOLIDAY GIFTS FOR SENIORS, AND OTHER COMMUNITY NEEDS.



27th April, 2024,
10:00 am to 2:30 pm
**AMERICAN LEGION SWEENEY
POST #2**
251 Maple St., Manchester, NH



LIONS CLUBS INTERNATIONAL
NH Everest Centennial
District 44H, NH, UNITED STATES

Coordinator
LION BIPUL NEPAL
Blood Program Leader

Assistant Coordinator
LEO PRASTAB BURJA MAGAR
Leo Secretary

Hampstead

6th Annual Spring Fling
March 10th, 2024
Fun starts at 4pm.. Dinner at 5pm
Castleton, Windham NH
Comedy, Live Auction, Dinner, Raffles
Entertainment by DJ Get Down Tonight
and Comedian Chris Tabb
\$60 per ticket
100% proceed go towards fulfilling A wish of A NH Child with cancer.
<https://www.facebook.com/HampsteadLionsMakeAWish/>
Sponsored by Hampstead NH Lions
For info and/or tickets contact: Bery Longbook at 603-329-5603

6th Annual Spring Fling
March 10th, 2024

Advertisement/Donation Form

Business Name: _____

Contact name: _____ **Phone:** _____

Email: _____

AD- 5x7 program: Full page: \$300____ **Half Page: \$150**____

Purchase- Tickets: _____ **@ \$60 each** **Raffles/20 Tickets** _____ **@ \$10 each**

Paid: Check number: _____ **CC:** _____

Name of Business: _____

Receipt: Date: _____ **Check #** _____ **Venmo:** _____ **CC:** _____

AD: _____ **Tickets:** _____ **Raffles:** _____ **Total:** _____

Hampstead Lions/Make A Wish - March 10th, Castleton
 Please send graphics to Angeline.Gorham@verani.com
For info and/or tickets contact: Sam and Bery Longbook at 603-329-5603

Hudson



Hudson Lions Club



Lions Elves Diane Brooks, Nancy Poulin, Wendy Lorentzen, Cathy Sweeney, ZC Linda Hedrick, Sue Jones, Christmas shopping for families in need. Each child received a bear from the club. All items and bears were purchased by the Club.



Nov 11 IPP President Linda Hedrick gives Deb Cole, Leo Advisor, a gift for serving under her presidency.



November 11th meeting a club action was held. Auctioneer Gary Gasdia, 2nd Vice President made a fun auction. Proceeds from the auction benefited the Administrative Fund.



Lion Diane Brooks donating blood, Lions Marilyn Vaccaro, Ann Mason and IPP ZC Linda Hedrick assisting at the blood drive. Club President Kimberley Fournier donating blood. Drives were held on December 13th and January 2nd.





The Loudon Lions Club
proudly endorses
Vincent Giambalvo



Candidate for
2nd Vice District Governor
NH District 44H
2024-2025

Nashua

Vision Care: The coordination between school nurses, Lion Eileen Kelly, Lion Dr Karl Engelhart, and Nashua Eye Associates helps residents who need aid with eye exams and glasses. It's quite a collaboration, and this crew has helped several people so far this year. Thank you both for doing your part in this amazing service project.



Meals for Marguerite's Place:

Lions Gail Ciardi, Stephanie Langenbeck, and Linda Quebec provided a meal for the clients at Marguerite's Place. They were treated to sausage, peppers, and onions; roasted potatoes; and cooked carrots.



Donation: The Club made a donation to the Nashua Senior Activity Center (NSAC) at a recent club meeting. Lion and NSAC Executive Director Margo Bell received the check from PID Ed Lecius.



 **Nashua Lions Club**

St. Patrick's Day Green Auction
Corn Beef and Cabbage Dinner

When: Monday, March 18, 2024
Where: Nashua Country Club
Time: Doors Open at 5:30 p.m.
Dinner at 6:30 p.m. - Auction to follow dinner

Tickets: \$38.00 per person
100 \$5.00 Grab Bags – Cash Only!
RSVP by Thursday, March 14 (Evite)
Reservation required...no Walk-ins

Plaistow



**Please join us
in celebrating**

PLAISTOW LIONS 75TH ANNIVERSARY

**ZORVINO VINEYARDS, 226 MAIN STREET, SANDOWN, NH
SUNDAY FEBRUARY 18, 2024
12:00PM – 4:00PM**

**PLEASE RSVP BY FEBRUARY 10, 2024 TO
04dlemieux@comcast.net**

QUESTIONS: CALL KERRY PATLES AT 1-978-804-7409

**TICKETS \$60 PER PERSON FOR ITALIAN BUFFET
MAKE CHECKS PAYABLE TO "PLAISTOW LIONS CLUB" MAILED TO
LION DICK LEMIEUX
9 OLD COUNTY ROAD
PLAISTOW, NH 03865**

OR VENMO: @PlaistowLionsClub

**12:00PM Reception with cash bar and hors d'oeuvres
1:00PM Lunch
2:00PM Program begins**

SPECIAL GUEST ID STEVE MIDDLEMISS





SALEM NH LIONS

70th Anniversary

Saturday, March 23, 2024

5:00pm to 9:00pm

**Derry-Salem Elks Lodge
39 Shadow Lake Road, Salem
\$60 per person**

Kindly Reply by March 13, 2024

Salem.NHLions@gmail.com

Please Send Payment to:

Salem Lions

PO Box 294, Salem, NH 03079

Wakefield



The Wakefield Lions Club was fortunate enough to be a part of the Charitable Gaming at the Filotimo Casino in Dover, NH. We are very appreciative of them for providing an opportunity to expand our eye sight testing and for dedicating five days at the end of December when the Lions would benefit. They delivered our check at our January meeting. Thank you to the Filotimo Casino family and to Joel Ballesteros, the Regional Director of Marketing and Community Engagement, for their generosity. We will be back to visit and will #playlikearebel!



Wakefield Lions Club organized the 3rd Annual Christmas Tree Burn at their Ball field. The burn event went very well with 60 trees and wreaths. Hot chocolate, s'mores, and crafts were offered to local families.



Windham

The last of our anonymous donor's donation of our "Hugs and Cuddles" Bears was delivered to Boston's Dana Farber Cancer Center. Lions Frank and Pattie Provenzano's grandson Max, granddaughter Olivia and son-in-law Mike Gagnon dropped off the bears and we were told the young patients were so excited to be receiving the bears! Thank you, Max, Olivia & Mike!!



The Windham Lions Club announces their 2024 Scholarship Program

Windham Lions Club announces 2024 Scholarship Program

The Windham Lions Club is offering seven (7) memorial scholarships totaling \$7,000.

The Windham Lions Club Memorial Scholarship in memory of our deceased members

This scholarship is open to Windham High School seniors furthering their education and pursuing a degree in Education. The Windham Lions Club Scholarship in memory of our deceased members is a one-time scholarship in the amount of \$1000.00.

The scholarship disbursement is made upon receipt of the first semester's college transcript with a GPA of 2.5 or higher. The Scholarship Committee has the right to deny issuance of scholarship payment if GPA falls below 2.5.

The Windham Lions Club Scholarship in memory of David Dunn

This scholarship is open to Windham High School seniors furthering their education. The Windham Lions Club Scholarship in memory of David Dunn is a one-time scholarship in the amount of \$1000.00.

The scholarship disbursement is made upon receipt of the first semester's college transcript with a GPA of 2.5 or higher. The Scholarship Committee has the right to deny issuance of scholarship payment if GPA falls below 2.5.

The Windham Lions Club Scholarship in memory of Merrill Greenlee

This scholarship is open to Windham High School seniors furthering their education. The Windham Lions Club Scholarship in memory of Merrill Greenlee is a one-time scholarship in the amount of \$1000.00.

The scholarship disbursement is made upon receipt of the first semester's college transcript with a GPA of 2.5 or higher. The Scholarship Committee has the right to deny issuance of scholarship payment if GPA falls below 2.5.

Four Windham Lions Club Engineering Scholarships in memory of Jeffery P. Shaw

These scholarships are open to all graduating seniors of Pinkerton Academy, regardless of their residency, and to all graduating seniors from any accredited high school, while residing in the Town of Windham.

Four scholarships, each in the amount of \$1000.00, will be awarded upon receipt of the first semester's college transcript with a GPA of 2.5 or higher. The Scholarship Committee has the right to deny issuance of scholarship payment if GPA falls below 2.5.

Applications can be found at the guidance office at Windham High School and Pinkerton Academy. Applications can also be printed at: www.e-clubhouse.org/sites/windham_nh

All completed applications must be returned in one envelope postmarked no later than April 1 to:

The Windham Lions Club - Scholarship Committee
PO Box 312
Windham, NH 03087-0312



Happenings Around the State

Lions Youth Services



Lions Youth Services

Terri Lynn Fundraiser

Please look for the latest flyer in this newsletter. We thank you for all your continued support with this fundraiser. All orders are greatly appreciated as we are confident that you will be completely satisfied with all the Terri Lynn products.

2024 Calendar Raffle

You still have a chance to purchase your ticket! Please contact Lion Harry Armstrong to purchase tickets if you have not already done so. Call Harry at 603-558-7298 or email him at harrya616@yahoo.com. Tickets are \$5.00 each or (5) Tickets for \$20.00. Drawing will take place on April 14.

Peace Poster Contest

The 2024-2025 Peace Poster Kit is now available. The cost of each Kit is \$12.00.

The theme for the contest is *"Peace Without Limits"*.

If you would like a Kit, please email Rhonda Wynne at rwynnemilford@comcast.net



LYSNH
Benefit For LIONS YOUTH SERVICE
31 CHANCES TO WIN for just FIVE DOLLARS!
ONE TICKET DRAWN FOR EACH DAY!
Tickets \$5.00 each or 5 for \$20.00
Drawing to be held April 14th, 2024

No. 00000

MARCH 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 \$100.00	2 \$125.00 value Seasonal Repekey Thater
3 \$100.00	4 1/2 Gal NH Maple Syrup	5 \$50.00	6 \$50.00	7 \$50.00	8 \$50.00	9 \$100.00
10 \$100.00 NE Prof Services	11 \$50.00	12 \$50.00	13 Gift Cert Posthouse BBQ	14 \$50.00	15 \$50.00	16 \$100.00 Inov8v Energy
17 \$200.00	18 Child Adirondack Chair	19 \$50.00	20 \$50.00	21 \$100.00	22 1/2 Gal NH Maple Syrup	23 \$100.00
24 \$125.00 value Seasonal Repekey Thater	25 \$50.00	26 Fisher Cats Gift Basket	27 \$100.00	28 \$100.00	29 \$50.00	30 500 Business Cards
31 \$500.00						

Contributors:

- | | |
|---|--|
| 1 Lion Leany Hall & Family | 16 Inov8v Energy LLC/Lions Kevin, Teresa |
| 2 PDG Marie Hall | 17 In Memory of IPDG John Wynne |
| 3 Canaan Lions | 18 PDG Al Goldstein |
| 4 Woodlawn Farm/ Harry Armstrong | 19 Upper Valley Health Closet/ B. Armstrong/L. Bayle |
| 5 Upper Valley Health Closet/ B. Armstrong/L. Bayle | 20 VDG44H Peter LaPointe |
| 6 Hampstead Lions | 21 Chesterfield Lions/Jim & Deb Hogancamp |
| 7 Pemi-Baker Lions | 22 Woodlawn Farm/ Harry Armstrong |
| 8 Marilyn & Jerry Vaccaro | 23 MCC Eric Lindberg |
| 9 ID Steve & LeeAnn Middlemiss | 24 PDG Marie Hall |
| 10 NE Professional Services/Kris Pavlik | 25 DG44H Kamal Masand |
| 11 SVDG Pam Prentiss | 26 Fisher Cats |
| 12 Granite State Virtual Lions | 27 Camp Pride Supporters/Jim & Deb Hogancamp |
| 13 Gift Certificate Poorhouse BBQ Canaan NH | 28 Charlie & Mary Jane Brittain |
| 14 DG44N Toni Olden | 29 MD44CS Henry McKee |
| 15 VDG44N Michael Leahy | 30 Budget Print West Lebanon NH |
| | 31 LYSNH |





LIONS CAMP PRIDE CONNECTION



Congratulations to the winners of the Camp Pride Calendar Raffle!

LIONS CAMP PRIDE CALENDAR RAFFLE WINNERS

Date	Amount	Ticket #	Name
1	\$50.00	0789	LYSNH (see Marie Hall)
2	\$50.00	0791	Don Ager
3	\$50.00	0655	Rachel Holt
4	\$50.00	0824	Marilyn Hamel
5	\$50.00	0374	Susan Hopkins
6	\$100.00	0830	Al Goldstein
7	\$200.00	1076	Liz Reddish
8	\$50.00	0727	Bob Bedrosian
9	\$50.00	0893	Dick Lemieux
10	\$50.00	0527	Bob Dennis
11	\$50.00	0818	Deanna Armstrong
12	\$50.00	0122	Richard Gibson
13	\$100.00	0555	Seabrook Lions*
14	\$200.00	0145	Exeter Lions Club
15	\$50.00	0892	Roger Hadley
16	\$50.00	0701	Amanda Seyfert
17	\$50.00	1067	Marmen Maglia
18	\$50.00	0786	Al Walker
19	\$50.00	0542	Matthew Olsen
20	\$100.00	0302	James Small
21	\$200.00	1141	Olivia (see Lenny Hall)
22	\$50.00	1115	Rick Braley
23	\$50.00	0366	Brenda Whitehouse
24	\$50.00	0550	Pat Kimball
25	\$50.00	0550	Pat Kimball
26	\$50.00	0559	Seabrook Lions*
27	\$100.00	0641	Don Bartley
28	\$200.00	1029	E Youngver (see Lenny Hall)
29	\$50.00	0875	Nancy Ricard
30	\$50.00	0754	Nick (see Lenny Hall)
31	\$500.00	1009	Brett C (see Lenny Hall)



The DogSight Project



The DogSight Project A Program of the New Hampshire Lions Multiple District 44 – Health Services of New Hampshire OUCH!



This really cold weather is a challenge for a guide dog, no matter how hardy. When the snow squeaks as you walk on it, it feels even colder on hard-working dog feet. When I see my dog pause to lift a paw as she sniffs around choosing a spot to relieve herself, I know it must be too cold to go out for a walk. On sunny days, blacktop roads are warm where they are bare, no matter the air temperature, so we wait for the afternoon before we venture out for our necessary walk. And those paws are pampered with a salve to protect them from any salt on the roads. Winter requires us to adapt – and we do!

You can make a donation to the DogSight Project by sending a check to The DogSight Project treasurer. Make checks payable to **LSHF** with **DSP** on the memo line. Checks should be sent to: **Gregg Kleiner, DSP Treasurer, PO Box 94, Keene, NH 03431**

Thank you for your continued support!

Linda Piekarski, Chair, the DogSight Project, lpiekarski@ne.rr.com



Raised for Fidelco in 2023-2024: \$10,101



Sarah Keniston, 44N Environment Chair



The 44N Environmental Committee is committed to assisting clubs across the state of New Hampshire in implementing their choice of "prepackaged" environmentally focused projects. We will start by initiating two projects through the Henniker club: a Do-It-Yourself sustainable gift-making fair before Mother's Day and the construction and distribution of raised vegetable garden beds to community members: later this summer, Lions will construct and distribute 3'x4' raised beds complete with bagged soil, frost-hardy salad seeds, and mini hoop houses. This project will be marketed to low-income families 2 weeks prior to the general public, and will include an ongoing educational component.

These projects will yield numerous benefits on community, environmental, and club levels, fostering learning opportunities for both adults and children about enjoyable, simple ways to alter habits and reduce carbon footprints. While video games and social media can be entertaining, the satisfaction of creating or growing something will always surpass virtual experiences. Rather than driving and purchasing a packaged gift from a store, you can create a unique custom masterpiece. Instead of buying vegetables shipped hundreds of miles from factory farms with nutrient-depleted soil, you can step into your yard and harvest a fresh salads and vegetables from April through December. The projects also target several Lion's causes including the Environment, Youth, Health, and Hunger, while addressing the social economic disparity in the impact of climate change. The Environmental Committee is continuing to spread the NH Lion's Zero-Waste Club Initiative. If your club is interested in participating, we can assist in planning your next event. Incorporating reusable and compostable materials is simpler than you might think!

An environmental focus can work wonders for attracting new members to your club! Thanks largely to new members' interest in environmental issues and their eagerness to contribute, Henniker gained 12 new members last year and 5 this year, with another 2 eagerly anticipating joining.

To learn more please reach out to Sarah Keniston at skenistonlicsw@gmail.com. They currently meet on the second Thursday of each month at 7 pm via Zoom.



District 44H Cabinet Meeting Registration Form

Sunday, March 10, 2024
Atkinson Country Club, 85 Country Club Dr, Atkinson, NH

All Lions are welcome to attend to learn more about District 44H.
Red jacket if you have one. If not, please wear business casual.

8:30 Registration, 9:00 Meeting; 9:15 Breakfast; Noon expected adjournment.

Cost per person: \$24

Please consider donating a gift basket for raffle at the meeting.
Contact LindaQuebec@Ymail.com if you are able to help.



Club:	
Name(s) registering:	
Number registering _____ X \$24 per person = \$_____ (amount of check)	
Please make check payable to Lions District 44H	
Registration & Payment due by February 21 st .	
Mail registration form and payment to	
Linda Quebec, 16 Woodcrest Dr, Nashua, NH 03062	
Contact info: LindaQuebec@Ymail.com (not Gmail); 508-380-4098 (cell)	

New Membership Grant Request Form (good through 4/30/24)



**District 44H
New Membership Grant Request Form**



Grant Information: District 44H is extending the grant to clubs bringing in new members through April 30, 2024! The grant is to refund the one-time \$35 international entrance fee for each new member input into the Lion Portal through April 30th. To qualify, the form below needs to be completed and submitted by May 15th.

Club:	
Club Address:	
Name(s) of members(s) added between 7/1/23-4/30/24:	
Entrance fee: \$35x _____ (# new members) = \$ _____ (requested grant amount)	
Email this form to LindaQuebec@Ymail.com (not Gmail).	



Hugs & Cuddles District Project

Has your club donated any Hugs & Cuddles bears yet? It's easy to do when you follow the steps outlined on the flyer to the right.

**Spread Kindness
Hugs & Cuddles**

- Get sponsors for \$18 bears
- Arrange bear assembly
- Donate bears to spread kindness
- Track your Service & Donations



Registration Club Officer Training April 27, 2024

Location: NH Police Standards & Training Facility,
17 Institute Drive, Concord, NH

Please choose which training you would like to attend (select 1):

- Club President Training Club Treasurer Training
 Club Secretary Training* Club Membership Chair Training

*Log in to My Lion required, Bring your laptop/tablet.

8:00-8:30 Registration
8:45-9:00 Welcome
9:00-12:00 Training



**Registration Fee is \$10.00 per person attending. Ck Payable to:
NHLPPDGA**

Attendee Name: _____

Phone: _____

Attendee Club Name: _____

Email: _____

Send the form to:

PCC Celeste Ricupero
7 Winn Avenue
Hudson-NH-03051
603-321-0737
Ricupero7@Comcast.net



Lions Camp Pride NH Commemorative Walkway

PO Box 135

E Hampstead, New Hampshire, 03826

Become a part of History – BUY A BRICK TODAY

Join us in creating a commemorative walkway by purchasing a personally engraved brick to be permanently installed at Lions Camp Pride NH. Any name or message up to 3 lines of 14 characters each can be engraved on each brick. Each line will be centered by the manufacturer. Company logos are also possible. Personalized bricks are a great way to

- Recognize a club anniversary, event, or member
- Remember lost loved ones with brick: in memory of them
- Recognize children, grandchildren, parents and other special people
- Mark a birth, anniversary, graduation or other special event in your life
- Honor an employee, or friend, advertise a business
- Give a unique and lasting gift for the Holidays
- Honor a first responder, nurse, doctor, or public official

Here's how you can contribute: Three Lines \$75.00

.....

Brick Order Form

Name _____

Address _____

City/state/Zip _____

Phone _____

Payment may be made by check to Lions Camp Pride NH - Check Number _____

Date ____ / ____ / ____ Amount: _____

Please print in UPPERCASE Letters, each space as one character

1	2	3	4	5	6	7	8	9	10	11	12	13	14

Mail to Lions Camp Pride NH, PO Box 135, E Hampstead, NH 03826

For more information contact Marilyn Vaccaro [603-437-1408](tel:603-437-1408)



RECOGNITION TO A MEMBER OF YOUR CLUB OR COMMUNITY

LIONS SIGHT & HEARING FOUNDATION OF NH, INC

GRANITE STATE FELLOW (GSF)

Give recognition to someone in the community who helps and supports your club, or a member in your club that goes above and beyond.

Your club may have money in your account with Sight & Hearing.

Consider using those funds to thank individuals or entities for their support, and honor them with a GSF award. The Award comes with a beautiful plaque, a lapel pin and a letter honoring the recipient.

By making a donation of \$500.00 to LSHF, you are not only giving recognition, you are aiding a NH Citizen in need of our services.

Services include, hearing aids, eyecare and cataract surgery.

Donations go directly into the LSHF Endowment.

Clubs may donate to LSHF in \$100.00 increments

***Donations may be banked for up to 5 years,
by putting a designation on the donation memo.***

Applications online: nhlions.org (Sight & Hearing, Granite State Fellow

Or from Chairman PCC Roger LaTulippe at 603-566-9409

email: dgroger@comcast.net

LYS Grant Application



LIONS YOUTH SERVICES
 PO Box 156
 Atkinson, NH 03811

~ GRANT APPLICATION ~

All completed applications MUST be sent to this PO Box

_____ *Amount requested*

Requesting Club: _____

_____ *Date Requested*

Club President: _____

Club Mailing Address: _____

Club Phone: _____

Club Email: _____

Briefly describe the project and how it will benefit the Youth in New Hampshire: *(continue on back if needed)*

of Youth Benefitting: _____ *Required*

Project Budget: _____

Requested Amount: _____

Project Start Date: _____

Project End Date: _____

Requesting Club

President's Signature: _____

Grant Request Guidelines:

All Grant Applications meeting the following guidelines will be reviewed at the next Lions Youth Services Meeting. Our meetings are held at 6:30 pm on the 2nd Thursday of every month at the Airport Diner in Manchester. We encourage all clubs to join us to present their request.

- 1) All requests submitted by the President of a Lions Club in the State of New Hampshire Districts 44N and/or 44H.
- 2) The Maximum Grant is \$500. LYS will consider up to 2 requests per NH Lions Club per Lions year (July - June) for different projects.
- 3) Each application must be for a unique project. Applications for the same project within the same Lions Year will not be considered.
- 4) Each application should benefit more than one individual. Applications benefitting one person will not be considered.
- 4) Grant Applications **MUST** be mailed to: LYS, PO Box 156, Atkinson, NH 03811 by the last day of the month *prior* to the start of the project. *No reimbursements will be approved.*

It is the intent of Lions Youth Services Grant Program to partner with the Lions Clubs of New Hampshire to serve the youth of our state, not to replace your club's support.

Grant Application rev 07.2023



Lions International

2023-2024

CLUB EXCELLENCE AWARD APPLICATION

Date: _____

Club Name: _____ Club Number: _____ District: _____

2023-2024 Club President's Name: _____

Member Number: _____ Email Address: _____

1. MEMBERSHIP

- Achieved a net growth of one or more members or Chartered new Lions club or Club Branch

Name of Lions Club or Branch: _____

2. SERVICE

- Contributed to LCIF an amount equal to or greater than the club's membership total multiplied by US\$5.

Year-end membership count _____ x US\$5= _____

- Started a new service project. *Consider one of our Global Causes!*

- List Three service activities your club participated in that were reported to LCI:

1. _____

2. _____

3. _____

3. LEADERSHIP & ORGANIZATIONAL EXCELLENCE

- Club is in Good Standing: Not in Status Quo or Financial Suspension. District dues paid and no unpaid balance with LC greater than US\$50 outstanding 90 days or more.

- Reported Club Officers to LCI

- Key Officers participate in club officer training

4. MARKETING

- The club has publicized its service activities through local media or social media

Learn more about [promoting your club and activities](#) , and learn about the Marketing Award

44N Cabinet Meeting (3/3) Registration



44N District Meeting

March 3, 2024



Celebrating 100 years of Service!

Location: Charlestown VFW, 365 Lovers Lane,
Charlestown NH

Registration: 9:30 AM

Meeting: 10:00 AM

Cost: \$17.00 per person



Spring is almost here! Let's brighten up the day with some flowered or tropical shirts!

Guest Speaker: Eileen Luponis, NH Food Bank

Please bring donations for the NH Food Bank

Deadline for reservations is Tuesday, February 27

Checks should be made out to Lions District 44N

Mail to: CST Gregg Kleiner; PO Box 94; Keene NH 03431

Contact information: Gckleiner1@gmail.com; 617-735-7543

Attendees: _____

Club: _____ Amount remitted: \$ _____



Fundraising with



TO PLACE YOUR ORDER
in time for St Patrick's Day
SUNDAY, MARCH 17, 2024
(place your order by March 3)

TO PLACE YOUR ORDER
in time for the
Easter Bunny's visit on
SUNDAY, MARCH 31, 2024
(place your order by March 17)

HOP TO:

<https://LYSNH.terrilynn.com>



*Orders to each person ship FREE anywhere in the U.S. when items total \$30 or more!
For orders under \$30, it's a \$5 flat rate shipping fee (per recipient address).*

Resources

Camp Pride

Second Weds of the month, 6:30pm
Airport Diner, Manchester

Health Services of NH

Fourth Tues of the month, 6:30pm
Meets via Zoom
md44healthservices@gmail.com

Lions Twin State Soccer Assoc.

Fourth Tues of the month, 6:30pm
meets via Zoom
LTSSAVTNH@gmail.com

Lions Youth Services

Second Thurs of the month, 6:30pm
Airport Diner, Manchester

Sight & Hearing Foundation

Third Thurs of the month, 6:30pm
Airport Diner, Manchester

Childhood Cancer Chair:

Michelle Ackroyd
m.ackroyd@comcast.net

Diabetes Chair:

Kris Pavlik
lionkrispav@aol.com

Environment Chair:

Jeri Maynard
lionjери@comcast.net

Hunger Chair:

Martha Ackerman
jamamc@comcast.net

Lions Fellowship:

Nancy O'Dowd
Lupesmom14@gmail.com

Peace Poster:

PDG Marie Hall
mariehall326@gmail.com

District Photographer

PCC Deedee LaTulippe
liondeedee@comcast.net

Uniforms/Jackets:

Joe Kasper
JKasper@nedelta.com

Newsletter Editor: Linda Quebec

Newsletter44H@Outlook.com

Send submissions by the 20th each month in Word format.



Facebook Resources:

Use the search feature in Facebook to find these sites, and look up other clubs you want to follow. For example, Hudson NH Lions Club, Salem NH Lions Club, or Nashua Lions Club.

NH Lions District 44-H

- Our district page

Global Lions Forum

- Learning from Lions leaders around the world

Lions Clubs International

- Posts from Lions International

Lions Club Members: Public Image, Graphics & Ideas Hub

- Great Lions images to use in your marketing, social media, newsletters

Lions SMiLE (Social, Media, including, Lions, Everywhere)

- Excellent resource on how to improve your club's social media marketing.

Online Resources:

Lions International website

<https://www.lionsclubs.org/>

District 44H website

http://e-district.org/sites/district_14-1/index.php

Leadership Directory

District Governor**Kamal Masand**

603-661-6638;
kmasand01@gmail.com

First Vice District Governor**Peter LaPointe**

978-479-0454;
plapointe.lions@gmail.com

Second Vice District Governor**Marie Valliere**

603-998-0871; keylion03@gmail.com

Cabinet Secretary**Linda Quebec**

508-380-4098;
LindaQuebec@Ymail.com (not Gmail)

Cabinet Treasurer**PDG Jerry Vaccaro**

603-204-7752;
lionjerryvaccaro@gmail.com

Multiple Council Chair**Eric Lindberg**

603-801-9421; ericlindberg@me.com

Immediate Past District Governor**Randy Tompkins**

603-765-4965; rye642@comcast.net

Zone 1 Chair, Linda Hedrick

603-553-9015;
lindahedrick676@gmail.com
Clubs: Derry, Hudson, Litchfield,
Londonderry, Nashua, Salem,
Windham

Zone 2 Chair, Krissy McKeeman

917-314-9445; krissy8379@gmail.com
Clubs: Atkinson, Danville, Epping,
Hampstead, Plaistow, Sandown,
Kingston

Zone 3 Chair, Langdon Plumer

603-770-6499;
langplumer@gmail.com
Clubs: Exeter, NH Everest, Hampton
Area, Newmarket, Portsmouth,
Dover/Rollinsford/S. Berwick, Rye,
Seabrook, Somersworth

Zone 4 Chair, Vince Giambalvo

603-708-1258; rosevin68@gmail.com
Clubs: Barrington, Chester,
Epsom/Chichester, Loudon, Raymond,
Saddleback Mtn, Suncook Valley

Zone 5 Chair, PCC Bill Rathbun

603-707-6209;
pdgbill33y@yahoo.com
Clubs: Conway Area, Laconia/Gilford,
Meredith, Moultonborough,
Rochester, Wakefield, Whittier,
Wolfeboro

Global Action Team Leader**DG Kamal Masand**

603-661-6638;
kmasand01@gmail.com

Global Extension Leader**PID Ed Lecius**

603-321-6458;
lioncommish@gmail.com

Global Leadership Leader**SVDG Marie Valliere**

603-998-0871; keylion03@gmail.com

Global Membership Leader**Gail Dacey**

603-560-1029; grd514@aol.com

Global Service Leader**FVDG Peter LaPointe**

978-479-0454;
plapointe.lions@gmail.com

