

# The PRIDE



Newsletter of Lions District 44-H New Hampshire

October 2022 Volume 48 Issue 4



**DG Randy Tompkins [Rye642@comcast.net](mailto:Rye642@comcast.net)**

Greetings Fellow Lions

It's hard to believe but it is FALL already. It has been a busy summer and those clubs who take the summer off are starting to ramp up and tackle their projects with the renewed energy and hope to really make a difference in their communities.

Let us all try and remember to think out side the Box and be open to new ideas and new ways to serve in our communities. We all need to remember that as Times change so do the needs of our clubs as well as our communities. What might not have worked in the past might work now and vice a versa. Don't get stuck in a rut, try something new. Maybe partner with another Club or service organization . The only limit that you have is the one you place on it.

This year I wanted to focus the Light on the issue of Childhood Cancer and I have had the pleasure to meet a family that unfortunately has had to deal with the issue of Childhood Cancer first hand. The Wall Family will be sharing their heartbreakng story with us at the November 19th Cabinet meeting. The family will share their experiences and answer and questions you may have. This will be a inspirational and moving presentation. Please make sure you attend the Cabinet meeting.

TOGETHER WE CAN – BE THE BEACON OF HOPE



DG Comments	Pg. 1
Membership Matters	Pg. 3
Upcoming Dates	Pg. 4
FVDG/SVDG Comments	Pg. 5
GST/GML/GLT	Pg. 6
MCC/CST Comments	Pg. 7-8
Cabinet Meeting	Pg. 9-10
Cancer	Pg. 11
Diabetes	Pg. 12
Environment	Pg. 13
Hunger	Pg. 14
Vision	Pg. 15

Lions Camp Pride	Pg. 16-17
Club Events	Pg. 18-29
US Canada Forum	Pg. 30
Lions Youth Service	Pg. 31-33
NELC	Pg. 34
Dog Sight	Pg. 35
LSHF	Pg. 36
Directory	Pg. 37





## MEMBERSHIP MATTERS



District Membership	This Month	This Year
Opening Balance	1253	1255
Added members	7	8
Dropped members	6	10
Closing Balance	1254	1253
Net Gain/Loss	1	-2
Worldwide	1,398,468	

CLUB	NEW MEMBER	SPONSOR
Nashua	Sheeri Juris	Ed Lecius
Chester	Mary J Ford	Leslie Packard
Loudon	Karen Steele	Glen Booth
Newmarket	Cheryl A Ryan	Margaret Crowley



Facebook *NHLionsDistrict44-H*  
*District Photographer*  
 PCC Deedee LaTulippe  
 136 Lowell Rd. Hudson, NH 03051  
 C: 603-566-0691  
 E: [liondeedee@comcast.net](mailto:liondeedee@comcast.net)

*Lions Fellowship*  
 Nancy O'Dowd  
 P.O. Box 1163 Wolfeboro, NH 03894  
 C: 603-387-6808  
[Lupesmom14@gmail.com](mailto:Lupesmom14@gmail.com)

*PEACE POSTER*  
 Lara Raymond  
 15 Lindsay St.  
 Hudson, NH 03051 C: 603-438-7438  
 E: [lamiddlemiss@gmail.com](mailto:lamiddlemiss@gmail.com)

*UNIFORMS/JACKETS/SHIRTS,HATS*  
 Joe Kasper  
 63 Pine Hill Rd. Weare, NH 03281  
 H: 603-529-0439 C: 603-548-0286  
 E: [JKasper@nedelta.com](mailto:JKasper@nedelta.com)

*CHILDHOOD CANCER*  
 Michelle Ackroyd  
 E: [m.ackroyd@comcast.net](mailto:m.ackroyd@comcast.net)

*DIABETES*  
 Mary Tremblay  
 E: [mtremblay578@gmail.com](mailto:mtremblay578@gmail.com)

*ENVIRONMENT:*  
 Jeri Maynard  
 E: [lionjeri@comcast.net](mailto:lionjeri@comcast.net)

*HUNGER*  
 Martha Ackerman  
 E: [jamamc@comcast.net](mailto:jamamc@comcast.net)

*VISION*  
 Emily Lovely  
 E: [emilylovely@comcast.net](mailto:emilylovely@comcast.net)

### **Health Services of NH Meeting**

**Monthly 4th Tues 6:30PM**

**Airport Diner**

**Brown Ave, Manchester**

### **Sight & Hearing of NH Meeting**

**Monthly 3rd Thurs 6:30PM**

**Airport Diner, Brown Ave**

**Manchester**

### **Lions Youth Services Meeting**

**Monthly 2nd Thurs 6:30 PM**

**Airport Diner, Brown Ave.**

**Manchester**

### **Camp Pride Meeting**

**Monthly 2nd Weds 6:30PM**

**Airport Diner, Brown Ave**

### **UPCOMING EVENTS**

**October 10** Seabrook

**October 26** Sandown

**October 27** Salem

**November 3** Epsom Chichester  
**November 15** Exeter  
**November 19** Cabinet Meeting-White Birch, Hudson Saturday a.m. Breakfast Mtg

**December 8** Chester



Autumn is here and your Club's activities may shift with the season. With schools now back in session, reach out to schedule some vision screenings in your community. Do a park or road-side clean-up while the weather is nice. Volunteer to run parking for a craft fair. Get involved with a Trunk or Treat. Whatever you do, be visible. Wear a Lions shirt or vest to show your Lions pride. Be approachable and smile; share information about what your Club does to give back to the community.

Why did you become a Lion? Share that information with others who show an interest. You may just discover a new Lion.

**FVDG Kamal Masand**  
**[kmasand01@gmail.com](mailto:kmasand01@gmail.com)**

A recent message along these lines from Jerome Thompson, Past International Director, Global Action Team Leader:

For more than a century, Lions Clubs across the United States and beyond have worked to make their communities better. Having met one need, Lions have looked around to find the next unmet need. One smile at a time; one random act of kindness; one pair of glasses; one ramp for a handicapped person; one ride to the doctor; or one small act of kindness has brightened the day for someone and made the world a better place. While countless hours of community service have been rendered, many unmet needs remain to be addressed. And that is the reason that we cannot give up!

Have a fantastic October as you serve your community. Autumn colors are around the corner. As Lions, together we can find ways to enjoy the weather and serve at the same time.

Selfless Service to Humanity is Service to God.

Kamal Masand

### ***SVDG Peter Lapointe***



Autumn is in the air, cool brisk mornings, apple picking, pumpkins are ready for the picking. If you have not yet started to organize and plan your lions club year it's still not too late to write down a few action items and task to accomplish your goals. Remember "Together We Can" and it all starts with you.

October is Breast Cancer Awareness month, I sure that everyone knows of a loved one, family member, possibly even themselves, friend, or neighbor who has been diagnosed. So, I will be selling Yellow Lapel pins with all proceeds going to the cause. Pins will be available all month long up until the November 19th cabinet meeting.

Reminder that your annual filings with the IRS and State of NH are coming in November, please ask for help if it's needed to complete these important tasks.

Remember to Spread your Wings and reach new heights!

Regards,

Peter

2nd Vice District Governor 44H

## Comments from GST, Lara Middlemiss

The District 44H E-Clubhouse now is home to a reference tool for fellow lions with two main objectives. First, is to find information from service projects completed by clubs throughout the district. For anyone who would like more information on how to start a particular activity, the name of the club is in the left most column. Second, if you notice you are doing a similar service project as a neighboring club, consider partnering with them to increase the impact.

It can be found at [District 44-H - Lions e-District Houses](#) under the projects tab. It will be updated quarterly.

---

## Comments from GML, Gail Dacey

Keep up the good work. We are still at 1253. We need to stay at 1250 and above to bring forth an international director and we want Steve to represent us. The club year should be well underway by now so get out there and start recruiting. Remember every event you do with your club is a membership event so wear your Lion's gear and talk up Lions. Take pictures and post them on your town websites and promote your club.

We seem to do a decent job getting members but not always keeping them. We need to do an orientation for new members and give them a mentor to check in on them. I have a power point orientation that I got from attending a workshop put on by 44N last year. Just let me know if you would like it and I will send it to you.

I hope you have been using the materials I handed out at the cabinet meeting and that it was helpful. Remember I will be glad to come to your zone meetings. I've been to two and have another one scheduled. Just ask and I will try to make it. I was away and was unable to attend two others. I'm here for you so let me know what you need.

---

## Comments from GLT, Marilyn Vaccaro



Club leaders now is the time to start evaluating your fellow Lions members to see if one could become an upcoming leader in your club soon.

There are fellow Lions that are willing to be trained for a new position and it is up to you as a leader to be willing and ready to help with that training.

You need to help build up your club by showing interest in building up the leadership.  
"It is literally true that you can succeed best and quickest by helping others to succeed.

If you need any information on training or what it is involved to be a leader please contact me...

Marilyn Vaccaro  
[jvac1408@comcast.net](mailto:jvac1408@comcast.net)  
603-204-7251 (c)  
603-437-1408 (H)



## MCC Chair Comments, Robert Gustafson



As I previously noted, this is a very exciting year for the Multiple District. We will be voting on our International Director candidate, PCC Steve Middlemiss, at the Mid-Winter convention in January and then we will be preparing for Convention festivities at the 105th International Convention in Boston in July. I'll just note again that 2023 is the 100th year of Lionism in New Hampshire as our Manchester club chartered in 1923. They had a very nice article in the Union Leader recently: [https://manchesterunionleader-nh.newsmemory.com/?publink=130bac26b\\_134861f](https://manchesterunionleader-nh.newsmemory.com/?publink=130bac26b_134861f)

As you may know, we sent out a request from the DG's and myself for donations to fund our activities for the Boston Convention. The donations are starting to roll in. Thank you! Also, many of you helped out at the Hampton Seafood festival on September 11th at the various admission gates and I'm pleased to say that we will receive a check for \$5,000 from the Hampton Area Chamber of Commerce for our efforts. \$2,500 will go back to the Clubs that assisted and a \$2,500 bonus will stay with the Multiple District. Thanks go to PDG Marie Hall for working this idea. And, a special shout out to the Vaccaro's (Lion Marilyn and PDG Jerry) for their hard work with coordination. This was all done on short notice but we got it done. After all, we're Lions! Thank you Lion volunteers.

It's my understanding from PCC Steve Middlemiss that the USA Canada Forum in Calgary, Canada in mid September went very well. We had a small but enthusiastic group from New Hampshire attend and commiserate with our fellow Lions. What a great Association we are.



## PDG/Cabinet Secretary Treasurer Kitty Callender

### **NEW Method of Applying for LCI Insurance Certificate**

As you may or may not know, when a Club has a fundraising or community service event at a location that requires "Proof of Insurance", you can apply for that insurance certificate from LCI. The process recently CHANGED. If you are NOT aware of that change, following are the steps for the new procedure.

1. Go to [www.lionsclubs.org](http://www.lionsclubs.org) website.
2. Click on "Resources For Members" at the top of the screen. On the "dropdown" menu click on "Resource Center."
3. In the Keyword Search box, enter "Insurance" and tap the "Search" button.
4. On the resources that show, click on "View" for the "Certificate of Insurance Request Form-US" and the form should download. You may have to click on Open File in the Downloads window.
5. Print out form and fill in the required information for your event.
6. Do one of the following:
  - Scan the finished form and email it to [lionsclubs@dspins.com](mailto:lionsclubs@dspins.com)
  - Fax the finished form to: 847-934-6186
  - Mail the finished form to:  
DSP Insurance Services  
1900 E. Golf Road, Suite 650  
Schaumburg, IL. 60173
7. If you need additional liability insurance, download the "Additional Liability Insurance" form from the Resources and follow steps 5 & 6.

Provided by Lion Kitty Callender  
Cabinet Secretary/Treasurer 44H



**SATURDAY-NOVEMBER 19, 2022**  
**CABINET MEETING AT THE WHITE BIRCH,**  
**HUDSON. *BREAKFAST SERVED!!***

Check in Starts 8 a.m.

Name \_\_\_\_\_

Name \_\_\_\_\_

Lion's Club \_\_\_\_\_

Email Address \_\_\_\_\_

Telephone Number \_\_\_\_\_

Cost: \$20 Paid \_\_\_\_\_

Reservations must be "in hand" (Lion Kitty's hand) by  
November 10<sup>th</sup>.

Mail to: Lion Kitty Callender (575-937-7911)  
112 Iron Wheel  
Danville, NH 03819



## COME AND MEET THE WALL FAMILY

Jenn and John Wall will be sharing their story and love for their 15-year-old son  
ZACH who lost his battle with Cancer

November 19<sup>th</sup>, 2022  
District 44-H Cabinet Meeting  
White Birch, Hudson NH  
222 Central St. Hudson NH 03051

## Childhood Cancer by Michelle Ackroyd

As the American Cancer Society's childhood cancer initiative, Gold Together empowers individuals to help raise funds to directly support research, education, advocacy, and services, as well as promote cancer prevention efforts that could reduce children's risk for cancer later in life.

Research that reaches Kids- The American Cancer Society funds scientists who conduct innovative research on childhood cancer. As of March 1, 2021, they are funding 46 active multi-year grants totaling \$27 Million that are specific to Childhood Cancer.

Through their partnership with the St. Baldricks Foundation they are funding more than \$4.4 Million in childhood cancer research grants that could positively impact mortality and quality of life for children.

### The Challenge of Childhood Cancer

1. Cancer is the leading disease-related cause of death for children and adolescents ages 1-19 and the second most common cause of death among children ages 1 to 14.
2. 1 in 266 children and adolescents will be diagnosed with cancer before the age of 20.
3. 10,500 new cancer cases in children ages under 15 and 5,090 new cases in adolescents ages 15-19 are expected to be diagnosed in 2021.

Please keep this in mind as you listen to the speaker at the Cabinet meeting.

## Diabetes Awareness by Mary Tremblay

### From the CDC Ways to Prevent

#### Type 2 Diabetes

1. Not quite ready to join a lifestyle change program, or waiting for your class to begin? Get started with *On Your Way to Preventing Type 2 Diabetes*, a practical guide for taking small steps that add up to a healthy lifestyle you can stick with.
2. Not long ago, it was almost unheard of for young children or teens to get type 2 diabetes. Now, about one-third of American youth are overweight, which is directly related to the increase in kids who have type 2 diabetes, some as young as 10 years old.
3. Parents have the power to make healthy changes that give kids the best chance to prevent type 2 diabetes. And when the whole family makes changes together, it's easier to create healthy habits that stick. Get started with these simple but effective tips for healthy eating and being active family style.
4. Why is prevention so important? Because type 2 diabetes is a serious, chronic health condition that can lead to other serious health issues such as heart disease, stroke, blindness, and kidney failure. If you can prevent or even delay getting type 2 diabetes, you can lower your risk for all those other conditions.

For additional information: go to the CDC website: <https://www.cdc.gov/diabetes/prevent-type-2/index.html>

## Environment by Jeri Maynard

### Environment

#### Welcome to Fall and some cooler weather!

Just received my October, 2022 issue of the Reader's Digest and came across an article entitled "12 Tips for Living More Sustainably". Since we have mentioned some of the list in previous newsletters, to refresh your memory, below are just a few of magazine's 12 suggestions:

- 1: Up your recycling game: Rethink what goes into your recycle bin. After checking with your community's recycling policies, you might find additional items that can be recycled. The EPA has determined that, in addition, to our current practices, foil, bubble wrap and wire hangers, can be recycled into car bumpers, carpeting, trash bags, comic books, and egg cartons. In a landfill, plastic can take up to 450 years to decompose, aluminum- 200 years and glass – a million years
2. Don't crush your cans: Drinks in cans are popular and easy to travel with. Recycling cans is more efficient than recycling plastic or glass (however, glass can be melted down and made into something new). When cans are crushed, they can no longer be recycled and end up in the land fill. RD estimated about 25% of aluminum drink cans are not recycled properly
3. "Caps Off": Dependent on your community's recycling program, the caps on your plastic bottles may not be allowed, causing your plastic to go to the land fill.
4. Quit tossing these items: Old wine corks, coffee grounds, wooden stick Q-tips, used tea leaves and, of course, food scraps can be put into a compost pile. If you don't have one or do not want to have one, maybe your community or your neighbors have one that you can contribute to.
5. Run the dishwasher: Running the dishwasher uses approximately less energy than handwashing (newer machines save even more). If no dishwasher, fill the sink with soapy water and rinse all at once- RD estimates you will save about 1/5 of the water that would be used if the tap was running the entire time...
6. Don't get duped: Many companies make exaggerated or deceitful claims; ex: might claim that their product is free of a chemical that has been banned for many years- this is called "greenwashing". If you question a product's claims, look for certifications such as "Fair Trade Certified" or "Rainforest Alliance Certified" |

#### **HAPPY HALLOWEEN!! DON'T THROW AWAY YOUR PUMPKINS!**

Smash them open, find a wooded area nearby and scatter. Pumpkin is safe for wildlife to eat, especially the seeds-- **Recycling plus a food source**

## Hunger by Martha Ackerman

### Rethinking hunger in New Hampshire

Excerpt from an article in Parable Magazine September/October 2022

“No body wants to be standing in a line for food.” Eileen Liponis, Executive Director of the New Hampshire Food Bank believes that with encouragement and guidance from 2 national resources, the New Hampshire Food Bank is rethinking how it approaches its mission to help New Hampshire residents experience food insecurity.

During 2021, NH Food Bank worked with 400 agencies to distribute 17 million pounds of food, providing 14 million meals to people. The numbers are impressive but increasingly Eileen and her team are focused less on numbers and more on the people they serve and those who serve those people.

“The biggest enemies are shame and stigma,” says Eileen, and “the more we can take that away and meet people where they are, the more successful we can be as a food bank>’

Reducing the shame ands stigma clients feel requires Eileen and her team to answer many challenging mission-centered questions. How can they reach our food insecure population in more nutritious and holistic ways? How can they make clients more comfortable? How do they ensure that clients are being treated with dignity and respect? How do they provide clients with choices so they can pick the food they want to feed their family? How to they help inform the clients about nutritious choices they can make?

Answers to these types of questions result in practical steps, like making sure someone can locate a food pantry without having to speak English or making it easier for them to fill out the SNAP application. Sometimes its making it possible for clients to double-up their buying power at farmers markets or increasing the capacities of pantries with double-door refrigeration so they store fresh produce.

The NH Food Bank is working hard to really change and increase the product mix, to make available more locally grown, fresh produce, lean proteins, low salty, sugar-free...products.

Cooking Matters is 1 program sponsored by the New Hampshire Food Bank which teaches low-income families how to make nutritious meals on a budget. Leah’s Pantry (California based organization) is a client-focused program that helps pantries transform their operations to put clients at the center of everything, so that they not only have access to food but access to food that is healthy for them and access to food from their own cultures.

“It’s about changing people’s way of thinking, not just about feeding people. If feeding people would solve the problem, the problem likely would have solved by now.”

## Vision by Emily Lovely

**No Article this month, stay tuned for next month**



## LIONS CAMP PRIDE CONNECTION

October 2022

Camper season is closed for 2022. Although our revenue is down for 2022, by all accounts it was a much-improved season over 2021. We had 3- new lease groups this year, Northeast passage a Veterans group, Camp Gottalikachallenge, and Anjuman-e-Ezzi of Boston, + a wedding in September. All groups had a great time and will hopefully be returning in 2023? In general, all lease groups are smaller than in years past and their time at camp is less. Let us hope that this is a result of Covid and will improve next year?

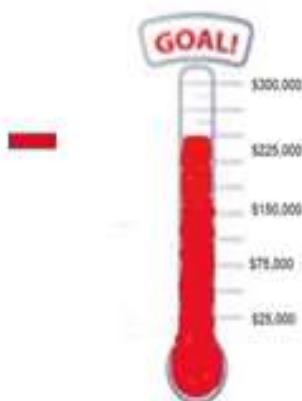
As in every year, much needs to be done at camp during the fall season. All buildings need to winter ready both inside and out. Curtains down and cleaned, mattresses wiped down and stood on edge, floors swept, barrels emptied, leaves raked to front of buildings for pick up. It's also a perfect time to do your own building assessment and decide what needs to be fixed or improved in the future. There's always plenty to do around camp if you want to take on a project as a group to help the hard-working volunteers who show up every Wednesday. Just let us know your coming and we will make sure materials and tools are available for your use. Work days are October 1, 8, 15, 22 I'm sure we will be on site in November if that works better for anyone.

If you have thoughts of joining our Board? Please send your letter of Club good standing to Jeri Maynard, our Board Secretary [Lionjeri@comcast.net](mailto:Lionjeri@comcast.net) nominations and elections will take place at the November Cabinet meeting.

Our pavilion is going along nicely and will be ready for the 2023 season. A volunteer drywall contractor will help immensely if anyone knows one!

Thanks Lenny

LCP Board members	\$34,735
Lions	\$67,140
Clubs	\$74,445
Corporate	\$6,700
LCP Friends	\$34,505
Pledges	\$14,100
Total	\$231,625



Thanks for listening, Lenny Hall  
[LAH03811@gmail.com](mailto:LAH03811@gmail.com)  
978-360-0958



Pavilion color scheme



Cleaned up and looking sharp



Granite State Fellow recipients painter John and Janet Chapin

## Conway Club Events

### Conway Lions enjoying the Rye Lions Car Show



## Conway Club Events

Conway Area Lions donated a bench to the Eaton Village Preservation Society to Alice Burns and Kevin Flynn.

Not in the picture was Peter Klose.

In photo Lions President Phil Ouellette, Secretary Tom & wife Cheryl Merrill, Rosie Klaus, Membership Chair Linda & John Rafferty and Service Project Chair Beth Gray & husband Rick Gaudreau



## Conway Club Events



Starting Point Golf Tournament

Linda and John Rafferty

Tom Merrill & Rosie Klaus

Supporting victims of domestic & sexual abuse



# PSYCHIC & Craft Fair

SAT October 22, 2022  
10am-4pm

Located at the Hudson  
Community Center  
12 Lions Ave, Hudson



Event Sponsored  
by Hudson Lions Club

*For Info Contact:*

Sholeh 603-557-2490 or Jeri 603-320-3614  
email: Sholeh.sexton4@gmail.com

## Join in the Fun!

Check out our many vendors selling their wares!

[www.nhlions.org/hudson](http://www.nhlions.org/hudson)

*What's in Your Future?  
What do you wish for?*



## Hudson Club Events



### *Hudson Lions Club Celebrates 75th Diamond Anniversary Gala*



**September 25, 2022 at The White Birch Function Hall**  
**Thank You to all who attended to celebrate with us.**



**Emcee Joe Kasper**



Committee Members Front: PCC Celeste Ricupero, Valencia Wilson,

Pauline Boisvert, Peggie Lever, Nancy Poulin, Diane Brooks, PCC

Deedee Latulippe Back: PCC Scott Wilson, 1VP Kimberlee Fournier,

President Linda Hedrick, Marilyn Richardson, PCC Roger LaTulippe



**Guest Speaker PID Ed Lecluse**



**"Lions We Are Proud to Be"**

PCC Scott Wilson & PCC Deedee LaTulippe



**Historical Presentation**  
**PCC Scott & Val Wilson**



**PDG Al Rodgers**



**Lion Lillian Bellisle**



**Lion Ann Mason**

International President Brian  
Sheehan's Certificates of Appreciation  
were awarded by President Linda  
Hedrick and PID Ed Lecluse



**Lion Margaret St. Onge**

## Nashua Club Events

### Nashua Lions were busy in September!



**Hampton Seafood Festival:** Nashua Lions joined Lions from across New Hampshire to volunteer at entrance gates to the Hampton Seafood Festival. Nashua Lions Gigi Gagne, Linda Quebec, and Linda Hudon had a great day volunteering. You never know who will come through your gate: Governor Chris Sununu with Linda and Linda. Lion Al St Louis sang the national anthem during the 9/11 commemoration. Lion Renee McLaughlin was also at the festival. Gigi worked an entry gate with Jeri Maynard from the Hudson Lions Club. Fun Fact: Gigi's son-in-law is in the NH Police Association Pipe and Drum Band. This is the band NH Lions will have in the Lions International Convention parade in Boston next July. Pictured are members of the band with Gigi (in blue) and her daughter (in red); son-in-law far right.



**NH Everest Centennial Lions Club Charter Night Anniversary:** Past International Director (PID) Ed and Lion Elaine Lecius were honored to join the NH Everest Centennial Lions Club at their 7th Charter Night Anniversary. PID Ed presented Charter President Lion Umesh Koirala with a Presidential Certificate of Appreciation for his efforts in forming the Everest Club as well as a

LEO Club. The Nashua Lions sponsored the Everest Club and Lion Ed is their Guiding Lion.



## Nashua Club Events



**USA/Canada Forum:** Past International Director Ed Lecius and Lions Elaine Lecius participated in the USA/Canada Forum in Calgary Canada. They volunteered, networked, and attended several sessions over the three-day forum. Nashua was recognized as a Model Club.



**Nashua PAL Night of Champions:** Nashua Lions supported Nashua Police Athletic League (PAL) during their Night of Champions fundraiser. It was a great evening out for Lions Joel Ackerman, Alan St Louis, Steve Buxton, David Fredette, Nick Dahl, and Mary Ann Melizzi-Golja. PAL's mission is to create a positive attitude between the children of Nashua and the members of the Nashua Police Department through PAL sponsored sports, education, recreation, and enrichment activities. Nashua PAL serves over 2,000 youth. Nashua Lions Club provides donations annually to Nashua PAL.



**District Governor Randy Tompkins visitation:** Nashua Lions welcomed District Governor (DG) Randy Tompkins to our September meeting. He was accompanied by Cabinet Secretary Treasurer, Kitty Callender. DG Randy shared his vision and goals for this Lion year. Nashua Lions already have some projects planned to support these goals.

**New Nashua Lions Inducted:** Congratulations to Gail Ciardi and Sherri Juris on being inducted into the Nashua Lions Club by District Governor Randy Tompkins. Pictured: sponsor Linda Quebec, Gail Ciardi, Randy Tompkins, Sherri Juris, sponsor Ed Lecius.



**Hudson Lions Club 75<sup>th</sup> Anniversary:** Several Nashua Lions celebrated with Hudson Lions as they celebrated their 75<sup>th</sup> Anniversary! Nashua Lions Club sponsored the Hudson Lions Club charter, and we continue to support one another to this day. Congratulations Hudson Lions Club!



**Mine Falls Clean-Up:** Nashua Lions participated in the September Mine Falls Trail Clean-Up day. Mine Falls Park is one of the fabulous green spaces in Nashua enjoyed by thousands of people each month.



## **1<sup>st</sup> Annual Lion's Club Holiday Craft Fair**

Saturday October 22, 2022

10:00am-3:00pm

The James W Foley Memorial Community Center  
150 Wakefield Street, Rochester, NH 03867

Space is limited on first-come first served basis.

All spaces are 10x6 and are \$45.00  
Electricity is available for an extra \$5.00

Payment must be made with application via:

Venmo @Rochester-LionsClub

or

@PayPal RochesterLionsClubNH@gmail.com

*Please Note: You Must provide your own tables and chairs. For an application  
Contact: Carol Park @ 603-866-1518*

## Salem Club Events

Salem Lions were at the 6th annual Salem Scramble. All 507 children registered ran through our arch and were able to pull a lollipop at our table and sign cards for the troops.



## Salem Club Events

Salem Lions we're able to get this little boy glasses and his mother took his picture before he even left the store and posted it to show how happy he was to see. This is what it is all about.



CC Bob Gustafson inducted 4 new members into the Salem Club



## Salem Club Events

Council Chair Bob Gustafson installed two new board of directors. Nancy Woodward and Ginny Lord.



President Christine Sylvain and past president Bob Dennis were at the grand opening of Eastern Bank.



Salem Lions at Hudson's 75 th anniversary





# **Sandown LIONS Club**

## **Cord of Seasoned Firewood Raffle**



**\$20.00 per ticket  
up to 100 tickets being sold!**

**Delivery only available to Sandown,  
Hampstead, Chester, Danville, Plaistow, and  
Atkinson**

@sandown-lions



## USA-Canada Forum

MD44 International Director candidate PCC Steve Middlemiss speaks at the ID Candidate Rodeo in Calgary at the USA-Canada Forum. He was one of several candidates for ID and 3rd Vice President.



ID candidate Steve Middlemiss got to meet with ID TJ Tijerina at the USA-Canada Forum in Calgary. ID Tijerina will be the guest speaker at the 44H Spring Convention in May 2023.



## Lions Youth Service



# Lions Youth Services

The September 8, 2022 meeting was somewhat challenging as there was a double booking of the room and we were faced with carrying on the meeting outside of the function room. Carry on we did despite it. However, due to being separated by booths and in front of the kitchen, loud music and noise from other public diners, our two guest speakers from the BEST BUDDIES organization were excited and were not intimidated by the challenge.

They described how the organization works at the middle school, high school and college levels by matching a participant with intellectual and developmental disabilities (IDD) and a participant without IDD based on shared interests for at least one school year of friendship. Participating in activities and spending quality time together in-person at least twice a month is suggested for buddy pairs. Best Buddies host events and group activities throughout the year and gives the pair a chance to socialize with other pairs. Best Buddies provides a lot more than just friendships but also helps the IDD participant prepare for possible job opportunities and to become independent in some cases. There are 31 elementary, middle, high schools and colleges across NH & VT who are currently participating in this program.

I personally can vouch for this program as I have seen it realized for my cousin who resides in Massachusetts who has been part of this program for quite some time. She has a buddy who she has held a friendship with and has changed her life enormously. She graduated from high school years ago and to this day, they are still best friends. For more information concerning Best Buddies New Hampshire, visit their website: [www.bestbuddies.org/newhampshire](http://www.bestbuddies.org/newhampshire)



### **Peace Poster Contest - "Lead with Compassion".**

By now, hopefully, everyone has begun and all groups and schools are well on their way to the November deadline. The actual deadline date for the contest should be scheduled with the group and or school. Since November 11 is Veteran's Day and schools are closed, please arrange to judge your participants posters by November 10 or by no later than November 14 since they need to be judged by the District Governors by November 15.

This year we will continue with emailing a photo of the winning poster to Rhonda Wynne at [rwynnemilford@comcast.net](mailto:rwynnemilford@comcast.net) - also if you have other participants you would like to send, please send a photo and name of artist as well. If you have any questions, please contact Rhonda Wynne.

**Terri Lynn Fundraiser** - please look for the latest flyer in this newsletter. As always we thank you for all the support with this fundraiser as we promote the great nut and chocolate selections from Terri Lynn.

**LYS Grant Program** - you will find an application in this newsletter. Applications are reviewed and approved at each monthly meeting. Please be sure to fill out completely and mail directly to Lions Youth Services at PO Box 156, Atkinson, NH 03811.

**Mid-Winter Service Project** - since our last meeting was somewhat muddled, no specific project was discussed nor selected. This will be our prime discussion during the October meeting and hopefully a project will be determined and detailed at that time.

**Our Next Meeting** is scheduled for 6:30 pm, Thursday, October 13 at the Airport Diner - All Lions are welcome!



# Fundraising with

## WE NEED YOUR CONTINUED SUPPORT! - THANK YOU!

By purchasing these delicious nuts, snacks and chocolates, every purchase brings us a step closer to achieving our goal. Please help us with a purchase today! A portion of every product sold on this website benefits Lions Youth Development of New Hampshire (Lions Youth Services of New Hampshire!)

Free shipping on any order \$30 or more (per recipient address).

For orders under \$30, it's a \$5 flat rate shipping fee (per recipient address).

Please visit <https://LYSNH.terrilynn.com>

to choose from the many delicious selections offered!

## **Favorite Recipes to Bake, Create, and Enjoy**

Terri Lynn's Signature nuts, snack mixes, and chocolates are delicious on their own;

but they also make great ingredients for your homemade, tasty creations.

Check out this recipe! *No, it's not Pumpkin Pie! May be next month!*



### **No Bake Peanut Butter Pie**

#### **Ingredients**

- 8 oz Cream cheese, softened
- 1 3.4oz box Chocolate Pudding Mix
- ½ cup Peanut Butter
- 4 cups Cool Whip (separated)
- 1 Graham Cracker Pie Shell
- 1/3 cup Terri Lynn Honey Roasted Peanuts, roughly chopped
- 1 ½ oz Hershey's Chocolate Bar, roughly chopped

#### **Directions**

- Whip Cream Cheese, Peanut Butter & Pudding Mix
- Fold in 2 cups Cool Whip
- Pour into Graham Cracker Crust
- Refrigerate for 4 hours
- Top with remaining 2 cups Cool Whip
- Sprinkle with chopped Peanuts and Chocolate
- Store in refrigerator until ready to serve





**LIONS YOUTH SERVICES**

PO Box 156

Atkinson, NH 03811

**~ GRANT APPLICATION ~**

All applications must be mailed

1. Contact Info: \_\_\_\_\_
2. Phone # \_\_\_\_\_
3. Club \_\_\_\_\_ District \_\_\_\_\_
4. Requester's Name \_\_\_\_\_ Club President Signature \_\_\_\_\_
5. Mailing Address: \_\_\_\_\_
6. E-Mail Address: \_\_\_\_\_
7. Project Details \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
8. Project Budget: \_\_\_\_\_ 9. Requested Amount: \_\_\_\_\_
10. How does this benefit the Youth of New Hampshire? *(Evidence of impact)*  
\_\_\_\_\_  
\_\_\_\_\_

**Grant Request Summary:** All requests made must be made through Lions in 44H and/or 44N in the State of New Hampshire for \$500.00 with no more than 2 within a Lion's Year. (Jul-Jun) and they must be for different projects.

Project Title; Start and End Date \_\_\_\_\_

Today's Date: \_\_\_\_\_

*Board Approved* \_\_\_\_\_

*Board Denied* \_\_\_\_\_



**New England Lions Council (NELC)**  
*"Serving the Needs of the Districts of New England"*

**2022 NELC "Fall Weekend"**

**Theme: Leadership Development**

October 14-16

Boxboro Regency Hotel 242 Adams Place, Boxboro, MA / NELC Booking Code is: **Lions**

978-263-8701 - [www.reservationsfrontdesk@boxbororegency.com](mailto:www.reservationsfrontdesk@boxbororegency.com)

Rooms are \$124.00 + Tax / Cutoff Date for the Group Rate is 9/14/2022

\*\*\*\*\*  
*Friday & Saturday Evening... Fellowship in the NELC Hospitality Room (Off of Pool Level)*

Sat. 9:30-10:30 \*Kick-Starting Leadership Development & Creating Deeper "Bench Strength" (GAT Team)  
10:45-11:45 \*Past International Directors Roundtable...Leadership-Based Stories, Experiences, Insights & Advice from New England's Senior Leaders. Ask Questions of our PIDs!

**12PM Luncheon: Updates & Guest Speaker USA GAT Chair Jerome Thompson, PID**

Sat. 1:20-2:30 \*John Maxwell's Five Levels of Leadership Workshop by PID Jerome  
3PM-4PM \*Necrology Service (Governors Honor Their Districts' Departed Lions)

**6PM Banquet/Buffet: & Guest Speaker LCI's Endorsed 3<sup>rd</sup> VP Candidate Mark Lyon, PID  
Sunday AM Gathering: Business Meeting & New England Governors' Reports**

\*\*\*\*\*  
**Saturday Meals**

**12:00 Luncheon Buffet:** Spinach Salad w/ Walnuts, Apple, Blue Cheese & Balsamic Dressing, Assortment of Deli Sandwiches, Freshly Baked Cookies & Brownies. Soft Drinks, Bottled Water, Herbal Teas, Caffeinated and Decaffeinated Coffees.

Lunch Buffet at \$28 x \_\_\_\_ Total = \_\_\_\_

**6:30 Banquet Buffet:** Fresh Garden Salad, Boneless Stuffed Chicken Breast with Supreme Sauce, Salmon with Tarragon Cream Sauce, Green Beans & Roasted Herb Potatoes. Dessert Assortment, Coffee & Herbal Teas. Cash Bar.

Dinner Buffet at \$50 x \_\_\_\_ Total = \_\_\_\_

Grand Total = \_\_\_\_

NAME(s): \_\_\_\_\_

ADDRESS: \_\_\_\_\_

DISTRICT: \_\_\_\_\_ DISTRICT/MD POSITION: \_\_\_\_\_

CLUB: \_\_\_\_\_ POSITION (If Applicable): \_\_\_\_\_

CONTACT: Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Make Check Payable to:** **NELC**

**Mail Check/Form to:** **PDG Al Goldstein, Treasurer**

**35 Main Street, Atkinson, NH 03811**

**OR**

**Venmo Payment to:** **AL-Goldstein-2** (Not Case Sensitive)

**& Send Imaged/Scanned Form to:** [algoldstein@comcast.net](mailto:algoldstein@comcast.net) (Using #1, not "L")

**Registration Deadline: October 11th**

Questions or Special Dietary Needs to: NELC President Hilary Kumnick, PCC

Cell/Text: 860-638-7869 or: [hkumnick@aol.com](mailto:hkumnick@aol.com)



## THE DOGSIGHT PROJECT

**A Program of the New Hampshire Lions  
Multiple District 44 – Health Services of New Hampshire**

### Fidelco Octoberfest

Lions have been the “Knights of the Blind” ever since Helen Keller challenged us in 1925 to take up that mantle. Have you ever wondered just what that might mean? It means supporting organizations that encourage individuals who are blind to greater independence and to live a full life.

The DogSight Project was established in 2000 to supporting and encouraging the Fidelco Guide Dog Foundation. If you have an interest in learning about Guide Dogs and what they do, Fidelco is holding an Octoberfest this year on Saturday, October 22, from 10am to 5pm at their campus on 103 Vision Way in Bloomfield, CT. Among the many activities planned are Guide Dog demonstrations, blindfold walks with a Guide dog, “puppy Olympics,” working dog demonstrations and a lot more. There’s face painting and pumpkin painting for the kids too, so you can make a day of it. For complete details, check out the Fidelco web page: <https://fidelco.org/octoberfest22/>.

**Hope to see you there!**

Linda Piekarski  
Chair, the DogSight Project  
[lpiekarski@ne.rr.com](mailto:lpiekarski@ne.rr.com)



Raised for Fidelco in 2022-2023: \$976



## Comments from LSHF President PCC Steve Middlemiss

I would like to thank PDG Marie Hall for running the September meeting as I was in Calgary at the USA/Canada Forum.

Project Chair Lion Dan Diemand brought forward 5 new cases (4 were approved). After vendor discounts and club contributions the final cost to LSHF was \$5,037.00. Year to date LSHF has helped 10 individuals for a cost of \$11,937.00. Once again, a great job by Lion Dan. Thank you Lions of MD 44 for supporting LSHF and allowing us to help those in need in our communities.

Treasurer PCC Fred Plett emailed his reports both for the treasurer's and our endowment meeting as he was also in Calgary.

PCC Roger LaTulippe reported on behalf of the Granite State Fellow program that Harris Trophy has been acquired by Crown Trophy who will honor our pricing through year end.

Please remember that every lion of MD 44 is a member of Lion Sight and Hearing Foundation and are always welcome to our monthly meetings held the third Thursday of each month at the Airport Diner at 6:30 pm.

Yours in Lionism

PCC Steve Middlemiss

President LS&HF

**DISTRICT GOVERNOR****DG Randy Tompkins**

1 Coombs Farm Rd  
Greenland, NH 03840

H: 603-431-7352

C: 603-765-4965

E: Rye642@comcast.net

**1st VICE DISTRICT GOVERNOR****FVDG Kamal Masand**

20 Jennifer Drive

Nashua, NH 03462

H: 603-886-4389

C: 603-661-6638

E: Imasand01@gmail.com

**2nd VICE DISTRICT GOVERNOR****SVDG Peter Lapointe**

12 Blackstone Drive

Raymond, NH 03077

H: 603-244-2354

C: 978-479-0454

E: hampstead.lions@gmail.com

**CABINET SECRETARY-TREASURER (CST)****Kitty Callender**

112 Iron Wheel

Danville, NH 03819

C: 575-937-7911

E: callendergirl54@hotmail.com

**MULTIPLE COUNCIL CHAIR****MCC PDG Robert Gustafson**

16 East Road

Atkinson, NH 03811

C: 603-553-0531

E: robertgustafson11@gmail.com

**IMMEDIATE PAST DISTRICT GOVERNOR****PDG Robert Gustafson**

16 East Road

Atkinson, NH 03811

C: 603-553-0531

E: robertgustafson11@gmail.com

**Global Leadership Team****GLT Marilyn Vaccaro**

74 Chase Road  
Londonderry, NH 03053  
C: 603-204-7251

E: [jvac1408@comcast.net](mailto:jvac1408@comcast.net)**Global Membership Team****GMT Gail Dacey**

26 Winward Terrace  
Salem, NH 03819

H: 603-898-6913

C: 603-560-1029

E: [grd514@aol.com](mailto:grd514@aol.com)**Global Service Team****GST Lara Raymond**

15 Lindsey St  
Hudson, NH 03051  
H: 603-438-7438  
E: [lamiddlemiss@gmail.com](mailto:lamiddlemiss@gmail.com)

**LIONS YOUTH SERVICE**

Second Thursday of the month at  
Airport Diner, Manchester

**SIGHT & HEARING FOUNDATION**

Third Thursday of the month at the  
Airport Diner, Manchester at 6:30PM

**HEALTH SERVICE OF NH**

Fourth Tuesday of the month at  
Airport Diner, Manchester at 6:30PM

**TWIN SOCCER ASSOCIATION (LTSSA)**

Last Wed of the month at  
Lui Lui in West Lebanon Powerhouse  
Mall, Subject to change

**CAMP PRIDE**

2nd Wednesday of the month at  
Airport Diner, Manchester NH

**Zone 1 , Robert Dennis ,Chair**

H: 603-893-1819

C: 603-234-7220

E: [rdennis49@comcast.net](mailto:rdennis49@comcast.net)

Clubs: Derry, Hudson, Litchfield,  
Londonderry, Nashua, Salem and  
Windham

**Zone 2, MaryEllen Pate, Chair**

H: 603-489-5259

C: 603-475-9985

E: [Meln71@msn.com](mailto:Meln71@msn.com)

Clubs: Atkinson, Danville, Epping,  
Hampstead, Plaistow, Sandown and  
Kingston

**Zone 3 Melanie Saunders, Chair**

H: 603-734-2818

C: 339-234-0982

E: [melanieleesaunders@gmail.com](mailto:melanieleesaunders@gmail.com)

Clubs: Exeter, Everest Centennial,  
Hampton Area, Newmarket, Ports-  
mouth, Rollinsford / S. Berwick,  
Rye, Seabrook and Somersworth

**Zone 4 Vincent Giambalvo , Chair**

H: 603-708-1258

C:

E: [rosevin68@gmail.com](mailto:rosevin68@gmail.com)

Clubs: Barrington, Chester, Epsom /  
Chichester, Loudon, Raymond, Sad-  
dleback Mountain and Suncook  
Valley

**Zone 5 Marie Valliere, Chair**

C: 603-998-0871

E: [keylion03@gmail.com](mailto:keylion03@gmail.com)

Clubs: Conway Area, Laconia / Gil-  
ford, Meredith, Moultonborough,  
Rochester, Wakefield, Whittier and  
Wolfeboro

Find us on  
facebook

NHLIONSDISTRICT44-H

Like us on:  
facebook