

The PRIDE



Newsletter of Lions District 44-H New Hampshire

May 2022 Volume 47 Issue 11



DG Robert Gustafson

RobertGustafson11@gmail.com

Service from the Heart

Hello Fellow Lions,

In my last letter, I wanted to discuss three things:

Membership

Diabetes Zoom event

Lincoln Anderson pancake breakfast on April 9th

Well, as I write this in late April, we have 1252 Lions in District 44H. Our stretch goal has basically been met by the upcoming Spring Convention in order to get the requisite number of Lions to put forward a candidate for International Director from New Hampshire. Of course, it's always better to add more Lions. The more Lions we have the more people we can serve. So, just ask another one!

The diabetes Zoom event was very well received. Zone 1 and Chair Erin Freda had a Doctor, Nutritionist and a former Miss NH with type 1 Diabetes discuss this insidious disease. You can find a replay in the Diabetes section of the April Pride newsletter. Just go to our District e-clubhouse site to find the newsletter at <https://tinyurl.com/9epm23s5>. As I've said before, approximately 37 million Americans have Diabetes and 7 million don't even know it. Let's beat this epidemic. As we know, it's a major Lions theme.

The pancake breakfast for Lincoln Anderson, a boy who is going through brain cancer treatment, went very well. The Lions raised more than \$20,000 for the family. We had the breakfast April 9th at the Center Woods Elementary School in Weare. Thank you to all Lions in the multiple District who contributed to the event and the Baillargeon's for coordinating. We made a difference for this family!

I'll see you at the Spring Convention. Please continue to serve with gusto!



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We Serve

MEMBERSHIP MATTERS

District Membership	This Month	This Year
Opening Balance	1208	1183
Added members	49	155
Dropped members	1	82
Closing Balance	1256	1256
Net Gain/Loss	48	73
Worldwide	1,413,435	

CLUB	NEW MEMBER	SPONSOR	CLUB	NEW MEMBER	SPONSOR
Atkinson	Christine Goldstein	Al Goldstein	Hudson	Bridget Lalmond	Pam Lalmond
Danville	Michael O'Brien	Erin Drislane	Hudson	Lorena Menezes	Kim Fournier
Danville	Erin Ricker	Sonia Landry	Hudson	Robert Price	Roger Latulippe
Danville	Daniel Ricker	Sonia Landry	Hudson	Jeff Rodgers	Gary Rodgers
Epsom-Chichester	Gerald Fraher	Nancy Fraher	Hudson	Mackenzi Santiano	Kim Fournier
Epsom-Chichester	Charles Hauck	Pat Hauck	Hudson	Katherine Shoemaker	Deedee Latulippe
Exeter	M. Janice Healy	Michael Baillargeon	Hudson	Kristina Shoemaker	Deedee Latulippe
Exeter	Timothy B. Healy	Michael Baillargeon	Hudson	Kathleen Rodgers	Gary Rodgers
Hampstead	Susan Barnard	Robert Leblanc	Hudson	Travis Sutcliffe	Deedee Latulippe
Hampstead	Lewis Eaton	Roxanne Mc Gaffigan	Hudson	Ida Tallant	Deedee Latulippe
Hudson	Monica Beaulieu	Chad Raymond	Litchfield	Martha Poissant	Christie Mcquesten
Hudson	Amt M Berard	Deedee Latulippe	Londonderry	Mitchell Bagdigian	Jim Higgins
Hudson	Laurie Berard	Deedee Latulippe	Londonderry	Jonathan Esposito	Brian McCurley
Hudson	Brian Blake	Lara Raymond	Londonderry	Kaylee Esposito	Brian McCurley
Hudson	Danielle Burge	Deedee Latulippe	Plaistow	Larry Sprague	Bruce Gusler
Hudson	Karen Burge	Roger Latulippe	Plaistow	Fredd Tripp	Dana Charest
Hudson	Tyler Desautels	Chad Raymond	Portsmouth	Crystal Brazil	Amy Pruszenski
Hudson	Bob Dufour	Gary Rodgers	Portsmouth	Brandyn Fraize	Amy Pruszenski
Hudson	Kate Dufour	Gary Rodgers	Rollinsford/South Berwick	Maria Shute	Jennifer Halteman
Hudson	Doris Foley	Roger Latulippe	Salem	Genevieve Lord	Annette Cooke
Hudson	Alyshia Fournier	Kim Fournier	Sandown	Jacqueline Mink	Fran Rosenau
Hudson	Andrew Fournier	Kim Fournier	Sandown	Samantha Olen	Eric Olsen
Hudson	Caitlin Fuentes	Linda Hedrick	Sandown	Doreen Wiklund	Pat Kimball
Hudson	Josh Fuentes	Linda Hedrick	Somersworth	Michael Cheslock	Alan Marquis
Hudson	Paige Klimas	Deedee Latulippe			



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 Martha Ackerman
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VISION
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Health Services of NH Meeting

Monthly 4th Tues 6:30PM

Airport Diner

Brown Ave, Manchester

Sight & Hearing of NH Meeting

Monthly 3rd Thurs 6:30PM

Airport Diner, Brown Ave

Manchester

Lions Youth Services Meeting

Monthly 2nd Thurs 6:30 PM

Airport Diner, Brown Ave.

Manchester

Camp Pride Meeting

Monthly 2nd Weds 6:30PM

Airport Diner, Brown Ave

UPCOMING EVENTS

Portsmouth Club Visit 5/3/22

Newmarket Area Visit 5/17/22





FVDG Randy Tompkins
Rye642@comcast.net



Greetings Lions of District 44H. Here it is Mid-April, and we are getting ready for our Spring Convention. The District is doing an excellent job in recruiting new members to our Lions family. As of the April 16th we are at 1227 members which is up by 20 so far this month. Keep up the magnificent work.

Last weekend the Lions of Multiple District 44 really showed who we are and what we do when we put on the Pancake Breakfast in Weare for Lincoln Anderson. Lions from all over the state of New Hampshire came together to show support and help raise money and support for the Alexander family. I had the opportunity to cook in the kitchen with some exceptional Lions and we really had a fun time. I worked along side the current Miss Auburn who will be competing for the Miss New Hampshire title. Her platform in the Miss New Hampshire is Childhood Cancer.

I want to thank everyone who has supported me in my journey to become the next Governor in 44H and hope that you show up at the Convention to cast your vote!!

By the time this article appears in the newsletter the Club Officer Training will have been done and I want to thank the Training staff for giving up their time to help train the upcoming Club and District Leaders.

Make a Difference ~ Be the Difference



PDG Kamal Masand
kmasand01@gmail.com

Let's keep moving forward with our efforts in providing services to our communities, and keeping membership drives in full motion. Our membership drive with new incentives is in full motion. If we reach a goal of 1250 members by May 1 st , we can run a candidate for International Director. It was a busy month in our district. I attended the Zone 1 meeting under leadership of Zone Chair Erin Freda. In addition to coordinating the virtual diabetes awareness event, the Zone voted to make a donation of at least \$1000 to the Juvenile Diabetes Research Foundation of Greater New England.

Congratulations to the Exeter Area Lions on their 95 th anniversary, and to the Hampton Area Lions on their 75 th anniversary. It was my pleasure to attend the celebration. I also attended the ceremony at The Lucky Moose Casino where the owners were presented with two Granite State Fellowships for their continuing support of Lions in New Hampshire; one from NH Lions Sight and Hearing Foundation, and one from Lions Youth Services. In addition, the Hampstead Lions Club provided wonderful hospitality during a visitation.

In April we all elected new leadership for our clubs. Training took place on April 30 th ; I hope you all took advantage of the knowledge sharing that happens during these training sessions.

Selfless Service to Humanity is Service to God.



PDG/Cabinet Secretary
Treasurer
Al Goldstein

Good May 1st my Lion Friends,
As you read this many of us are preparing to head to spring convention. This marks the beginning of the changing of the guard. The gentlemen who are about to become your next leadership team have worked hard and are committing a lot of time to help continue to make our district great.
I ask all of you to support these folks and work with them.
This past year has flown by, I thank all of the clubs for helping me as your CST by paying your dues on time and scheduling meetings with DG Bob. I am truly proud of the number of folks who came to the cabinet meetings as well as the up-coming convention.
Yours in Lionism,

Comments from GST, Lara Middlemiss

We have been given permission to share the recording for the diabetes awareness event with community members. Clinical Dietician Chelsea Keaton, Clinical Endocrinologist/Diabetologist Naaznin Lokhandwala, and Miss NH 2016 Caroline Carter, provided an engaging and informative event. Some ideas of places to share this link include high schools, local access television stations, libraries, and senior centers.

[>> Diabetes Awareness Virtual Event Recording](#)

Let's see how far we can spread diabetes awareness!

Comments from GML, Gail Dacey

It looks like spring is finally here. Looking forward to seeing everyone at spring convention. I will have membership applications and signature cards for anyone who needs them. Thank you to everyone who is continuing to just ask one. We are continuing to grow our district. We are on the final stretch. Our goal was to get 1250 to be able to run a candidate for international director. We are close so keep asking. Remember there is no signing fee through June. Once you have a new member, please give them an orientation and put them to work. Wear your lion's stuff and post your activities to get perspective members interested. If you have a friend living in another zone you can convince them to join a club more local to them. Every little bit helps. Hope to see you at some of the upcoming events. Call if you need anything.

Comments from LSHF President, Eric Lindberg



April was a busy month for the Lions Sight & Hearing Foundation. We started with the gathering of Lions at the Lucky Moose to kick off our ten days of charitable gaming. We presented a Granite State Fellow to the management for all they do for our Foundation and area Lions clubs in helping to raise money to fund our projects.

A big thank you to all the Lions that showed up to participate in presenting the Granite State Fellow and support the Lucky Moose, enjoy dinner and some gambling!

At our April 21st monthly meeting Project Chair, Dan Diemand presented to the board five hearing aid cases which were accepted and passed at a cost to the foundation of \$5,300, thanks to the generosity and support of NH Lions.

Nominations for the slate of officers to begin on 7/1 were presented and unanimously approved by the board during the meeting as well as updating our endowment committee so we are in good shape going forward.

Every Lion in New Hampshire is a member of Lions Sight & Hearing Foundation of NH so please consider joining us at one of our meetings, we meet every third Thursday of the month at the Airport Diner, social starts at 6pm with the meeting starting at 6:30.

Our next meeting is May 19th
See you then!

Eric Lindberg, PDG
President
Lions Sight & Hearing Foundation

100% of funds raised benefit Lions Clubs International Foundation Campaign 100 & qualify for all LCIF recognitions



World's Largest Celebration Of Service

Sunday, June 5th

10 am - 2 pm pm CDT (Chicago) / UTC-05

REGISTER NOW

party.tellathon.org

Childhood Cancer by Michelle Ackroyd

Childhood Cancer by Michelle Ackroyd

As the American Cancer Society's childhood cancer initiative, Gold Together empowers individuals to help raise funds to directly support research, education, advocacy, and services, as well as promote cancer prevention efforts that could reduce children's risk for cancer later in life.

Research that reaches Kids- The American Cancer Society funds scientists who conduct innovative research on childhood cancer. As of March 1, 2021, they are funding 46 active multi-year grants totaling \$27 Million that are specific to Childhood Cancer.

Through their partnership with the St. Baldricks Foundation they are funding more than \$4.4 Million in childhood cancer research grants that could positively impact mortality and quality of life for children.

The Challenge of Childhood Cancer

1. Cancer is the leading disease-related cause of death for children and adolescents ages 1-19 and the second most common cause of death among children ages 1 to 14.
2. 1 in 266 children and adolescents will be diagnosed with cancer before the age of 20.
3. 10,500 new cancer cases in children ages under 15 and 5,090 new cases in adolescents ages 15-19 are expected to be diagnosed in 2021.

On June 18, 2022 the Salem Lions in conjunction with the team Cathy's Angels have decided to participate as a Gold Together Sponsor with American Cancer Society at Pinkerton High School, in Derry, NH at the Relay for Life. The Money that they raise will go directly to Childhood Cancer research they would love to have Lions in the surrounding communities join them to give Kids More Hope through Gold Together. Please reach out to Michelle Ackroyd M.Ackroyd@comcast.net if you would like more information.

Diabetes Awareness

5 Surprising Facts About Diabetes

It affects 25.8 million Americans, but researchers are still discovering new ways to prevent—and treat—diabetes. Read on for some surprising facts about how to ward off this disease or live well if you have it. Now more than ever before, hope is on the horizon.

- **1. It may be reversible.**

Doctors once thought type 2 diabetes was incurable. But promising new research suggests that with major lifestyle changes, some people can go into remission for years, *if not permanently*. Even if healthy eating and physical activity don't eliminate your diabetes, they can help you stay healthier.

- **2. A virus could be involved.**

In [type 1 diabetes](#), the beta cells in your pancreas are damaged and stop producing the insulin you need to control blood glucose. Scientists believe this sometimes occurs after genetically susceptible people are exposed to a virus. Their own immune system then begins to attack their pancreas.

- **3. Your risk could be in your cup.**

For each sugary soda you drink per day, your risk of developing type 2 diabetes increases more than 10 percent, according to a recent study in the [American Journal of Clinical Nutrition](#). In contrast, each cup of coffee—regular or decaf—was linked to an 8 percent reduction in risk.

- **4. Eating mindfully can help.**

Mindful eating involves slowing down, paying attention, and distinguishing between true physical hunger and psychological desire to eat. Training in this technique helped people with type 2 diabetes lose weight and control their blood glucose in a 2012 study published in the [Journal of the Academy of Nutrition and Dietetics](#).

- **5. Beans can protect your heart.**

Foods low on the glycemic index—meaning they don't cause sudden blood sugar spikes—are a good bet for diabetes diets. One winner: legumes. One cup of beans, lentils, or chickpeas per day helped lower blood sugar and reduce [heart disease](#) risk in a recent study involving people with type 2 diabetes.

<https://www.healthgrades.com/right-care/diabetes/10-surprising-facts-about-diabetes>

Environment by Jeri Maynard

ENVIRONMENT

As we anxiously wait for spring to actually arrive, we are constantly being seduced by all those beautiful plants and fresh seed packets that are now in the local garden shops. You may wonder if this is the year that I will have the best garden ever!! Well, mulching your plants is the answer- mulching is defined as basically any material that is put on top of your soil to retain moisture, suppress weeds, regulate temperature and prevent erosion.

A good mulch is great for the environment! Mulch can stop frost from damaging plants, regulate drainage in your flower beds (stop soil erosion) and remove residual effects of pesticides/fertilizers.

Disadvantages of mulching: inexperienced gardeners may over mulch (more than 4 inches) which leads to overheating and starving them of sunlight and water, also may create a hiding place for harmful insects

There are two types of mulch: organic and synthetic:

Organic mulches, if used at the correct depth for your plants, (2-4 inches thick-at the most) Organic is definitely the preferred mulch

Bark- can be shredded, chipped or chunked- pine, cedar and cypress are the most common and easily purchased.

Leaves- abundant in the fall- they can add phosphorus, carbon and potassium to your soil.

Grass cuttings- freely available but be careful not to apply more than the 2-4 inches recommended.

Pine needles: create a **fine** layer over your soil but too many may introduce acidity into soil as they decompose.

Organic wood chips/sawdust: wood products that haven't been treated. Treated wood will smell sour when rotting and will release high levels of acid into your soil.

Straw: abundant and inexpensive but may become black and messy looking as it decomposes.

Newspaper- shredded (non-glossy) newspaper is a free mulching option but not recommended as harmful inks may seep into the soil.

Synthetic mulches: Synthetic mulches can be really brutal for your soil as they completely suffocate growth for vegetables and flowers- great for weeds, however...

Gravel & stone chips: a decent option for certain types of gardens and plants. Once down, they may be difficult to remove and as the sun bakes down on the gravel it can cause the soil to overheat.

Dyed wood mulch: wood is dyed in various colors to make your garden look "pretty". Chemicals in dyes can seep into soil and harm your plant roots.

Black plastic: completely suppresses weeds but it will make your soil extremely hot and dry (even if you poke holes in it). It may end up killing plants and beneficial soil microbes.

Landscaping fabric: More porous than black plastic - can still dry out and overheat soil and killing all plant roots

Here's to a great gardening season

Hunger by Martha Ackerman

What hunger looks like in New Hampshire continues...

Facts about people in rural communities facing hunger

People who live in rural areas often face hunger at higher rates than people who live in urban areas. Living in a rural community comes with unique challenges. These challenges include lack of transportation when the closest grocery store, food pantry or food bank could potentially be miles away. Also, job opportunities that are more concentrated in low-wage industries and higher rates of unemployment.

- 2.1 million households in rural community's face hunger.
- Rural communities make up more than 63% of counties in the United States and more than 91% of counties with the highest rates of overall food insecurity.
- 80% of the counties with the highest percentage of children at risk for food insecurity live in rural communities.
- Poverty is worse in rural communities than in urban communities. More than 13% of all people in rural communities live below the poverty line compared to the 10% of people in urban communities.

Family members in food insecure households are more likely to struggle with psychological and behavioral health issues. And kids struggling to get enough to eat are more likely have problems in school and other social situations.

How to help?

- Developing a system where mobile food banks make their way to the rural communities.
- Working collaboratively with families, food networks and nutrition programs so that families can learn to grow their own food.
- Adding agriculture courses to the curriculum in rural school districts.

Watch next month's newsletter as we wrap up this series on "What hunger looks like in New Hampshire."

Vision by Emily Lovely

MAY IS HEALTHY VISION MONTH

** The CDC'S Vision Health Initiative partners with the National Eye Institute to encourage all American's to make vision a health priority **

Nine ways you can help protect your vision:

1. Get regular comprehensive dilated eye exams.
2. Know your family's eye health history.
3. Eat right to protect your sight.
4. Maintain a healthy weight.
5. Wear protective eyewear when necessary.
6. Quit smoking or never start.
7. Wear sunglasses that block 100% of UVA and UVB radiation.
8. Wash your hands before taking out your contacts and properly cleanse your contact lenses.
9. Practice workplace eye safety.



In addition to your comprehensive eye exams, visit an eye care professional if you have:

- Decreased vision
- Eye pain
- Drainage or redness of the eye
- Double vision
- Floaters (tiny specks that appear to float before your eyes)
- Circles (halos) around light sources
- See flashes of light



LIONS CAMP PRIDE CONNECTION

May 1, 2022

Happy Spring everyone, lots going on at Lions Camp Pride. Dining hall baths are complete, new walk-in freezer has been installed, dining hall has a fresh coat of poly on the floor and new pine walls. If I do say myself, the place is looking spectacular! The Salem bunkhouse accessible toilet and shower room is well under way including a 5ft walk-in shower with folding seat, grab bars, and handheld shower. Thank You Salem Lions. The Wakefield Lions Club has already started their bath remodel and it's well on its way to being completed. As a new bunkhouse adopter, the Wakefield Lions are off to a great start, keep up your enthusiasm! The Hudson Lions Club has donated all new metal frame beds for their one-on-one building and the beds arrived this week. The Hudson Lions are cleaning the building this week and once completed, the new beds will be installed. Thank you, Hudson Lions.

But the big news is that our new pavilion is under way. Excavating contractor started on April 20th and so far so good. Concrete is scheduled for the first week of May and our building is scheduled to ship the end of May. Some of you may be wondering how we can continue building during our leasing season. Much thought has gone into this, but solutions have been arrived at. The build area will need to be isolated from the campers with a temporary fence and construction access will be from the rear only via a new service ramp from the Busby parking lot. After all the show must go on. There has been a huge effort by many to pull this off and we are off to a great start. A live feed to a new camera mounted on the end of the admin building has been installed for your viewing pleasure. Here is the link and user information. <http://lions.cgmtech.com:7445/> username guest password Pride100

Lenny Hall
Lah03811@gmail.com
978-360-0958

LCP Board members	\$32,235
Lions	\$66,315
Clubs	\$74,445
Corporate	\$6,700
LCP Friends	\$34,205
Pledges	\$15,825
Total	\$229,725



Thanks for listening, Lenny Hall
Lah03811@gmail.com
978-360-0958



Please join us for the Homecoming for DG Bob Gustafson

Sunday June 5, 2022, at 4:30 pm

*Castleton Banquet and Conference Center
58 Enterprise Drive, Windham NH*

Please join us as we Roast and Toast DG Bob

Buffet Menu:

Mixed Greens Garden Salad or Caesar Salad
Warm Dinner Rolls & Butter
Honey Glazed Carrots
Herb Roasted Red Bliss Potatoes
Pasta Primavera
Buffet Chicken Piccata
Roast Sirloin of Beef with Merlot Sauce
Cash Bar

\$42.00 per person

(RETURN THIS PORTION)

DG Bob's Homecoming

**Please Make Checks Payable To: ATKINSON LIONS CLUB
Mail To: Atkinson Lions Club, PO Box 125, Atkinson NH 03811**

Reservation DEADLINE May 27, 2022

NAME OF CLUB _____ # ATTENDING _____

AMOUNT ENCLOSED: _____ (\$42.00 PER PERSON)

NAME(S) _____

Amherst Lions Club



Amherst Lions Club

PO Box 1105
Amherst, NH 03031
AmherstLionsClub@gmail.com



Lions of 44H: Amherst Lions Club is announcing our "50th Year Gala Celebration". Fifty years of service to our community is quite an accomplishment

Things that we are proud of include the following:

- 50 years of a new King Lion every year
- More than a million dollar\$ donated
- Pancake Breakfast every year (except for 2 Covid years)
- Membership from a low of 42 to a high of 66
- Many Service Projects and Fund Raisers.

We would like to have you join our Lions for this celebration. Here are the details:

Amherst Lions Club 50th Gala Celebration

Where: **LaBelle Winery**, 345 Route 101, Amherst, NH,

When: **Wednesday, May 25, 2022.**

The agenda will be as follows:

6:15 – 7:15 Social Hour

7:15 – 8:00 Dinner

8:00 – 9:00 Presentations – Guest Speaker

Entertainment by Jodee Frawley throughout the evening

Dinner choice –

Cheese Ravioli -with Marinara sauce

Chicken LaBelle

Name of Lion _____ and Guest _____

Total number of dinners @ \$34.00

Please send your dinner selection and checks payable to and mail to the **Amherst Lions Club, PO Box 1105, Amherst, New Hampshire, 03031**. Please reserve no later than **May 10, 2022**.

If you have any questions or require more information, please contact us at AmherstLionsClub@gmail.com . We look forward to seeing you there.

Conway Area Lions Club

My Zone 5 Service Project

The Knights of The Blind Walk

I am asking each club and individuals from both districts to donate \$100.

My goal is to have all of our clubs able to be listed from 44N & 44H Districts of NH

For a donation of \$100 the name of a person or club will be engraved
on a brick and installed on the walk.

All donations will be used for the maintenance and updating of the Helen Keller Memorial including the Knights of the Blind Walk along with a life-size statue of Helen Keller and Anne Sullivan.

With your check have a contact number or email for them to send you a photo of the brick

Thanks Zone 5 Chair Linda Rafferty

Let me know if you donate to keep track

And if you have any questions



During the 1925 Lions Clubs International Convention in Cedar Point, Ohio, Helen Keller challenged the Lions to constitute themselves as Knights of the Blind in the crusade against darkness. From that date forward, the primary mission of the Lions of the world has been to prevent blindness. The Lions of Alabama have established the Lions Memorial Garden and Knights of the Blind Walk at Ivy Green, the birthplace of Helen Keller. Now is our chance to honor Helen Keller for her inspiration to all people of the world and to fulfill her challenge to the Lions to become Knights of the Blind. For a donation of \$100.00 the name of a person or club will be engraved on a brick and installed on the walk. All donations will be used for the maintenance and updating of the Helen Keller Memorial including the Knights of the Blind Walk and a life size statue of Helen Keller and Anne Sullivan.

For a donation to the Knights of the Blind Walk, please provide the following information:

Name _____
Address _____
City _____
State/Province _____
Zip Code _____
Country _____
Lions Club _____
District # _____

Inscription: (maximum of 3 lines – 16 characters per line including spaces)

In memory of In honor of Name only

Make check (\$100.00 USD) payable and mail to:
Lions Helen Keller Memorial
c/o Helen Keller Birthplace
300 North Commons Street West
Tuscumbia, AL 35674 USA

For more information: (256) 383-4066

Conway Area Lions Club



Cards for Nursing Homes

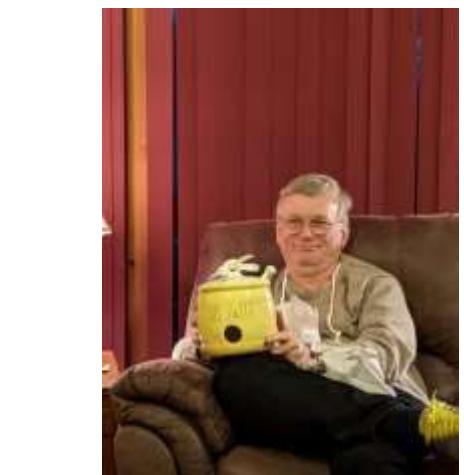
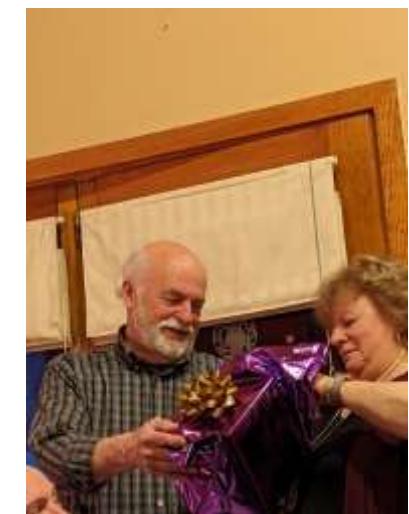


Conway Area Lions helping NH Foodbank



Conway Area Lions Club

We had our first Spring Fling auction fundraiser for our admin account this week.



Hudson Club Events



On April 11th the Hudson Lions Club invited representatives from the Hudson Schools Faculty and Staff to dinner and presented them with a NH Lions Sight & Hearing Foundation Granite State Fellow Plaque, the highest award in the NH Lions. Presenting the award to School Superintendent Larry Russell was Past Council Chair Celeste Ricupero. She thanked the school principals, teachers, nurses, and all staff members for their outstanding commitment to the school children throughout the last two years of the pandemic for remaining on the job during a difficult time.



On April 11th PCC Roger LaTulippe inducted his niece Greta Pettey into the Hudson Lions Club. PCC Deedee LaTulippe stepped in as Roger is her sponsor.



PCC Deedee LaTulippe, new member Greta Pettey, Club President Phil Nichols, PCC Roger LaTulippe.

Hudson Club Events

Hudson Alvirne High School Leos



Thank you to the **Nashua Lions Club** for their huge donation of personal hygiene items and more for the Ukrainian Drive.

The students in the thank you poster are Leos. Gabriella Bunkartas, Mariia Diahilieva (Ukrainian exchange student), and Brynna Anderson.

Behind them is the first batch of items shipped to Ukraine.

Thank You!



Alvirne High School Leos at the Hudson Recreation First Annual Easter Bunny Event. Many children (and adults too!) had a wonderful time making Easter crafts, playing games, and enjoying a snack with the help of Hudson's Hip Hop Crew, Leos and Lions. All held for free by the Hudson Recreation Department headed by Chrissy Peterson. The Easter Bunny was the biggest hit for the little ones dressed in their Easter finest.



Leos Andy, Avery, Ella with Hudson Lion Margaret St. Onge

Meredith Lions Club Events



The Meredith Lions Club delivered Easter cards to the residents of Forestview Manor to help celebrate the holiday. Pictured is Lion Judy Cerrito with Katir Knott-Aharon, Director (in the red dress) and Heather Quinn, Director of Nursing. More information about the Meredith Lions Club contact Lion Marie at keylion03@gmail.com

Meredith Lions Club Events



The Meredith Lions Club placed a recycled plastic bench at the James E. Nichols library in Center Harbor on Earth Day. This was possible with the help of all the people who dropped off plastic at the Meredith transfer station last year between April and August. Thank you also go to Cackleberrys, Meredith Village Savings Bank, the League of New Hampshire Craftsmen and various groups who contributed to this project. Over 1300 pounds of plastic was sent to Trex and two benches were sent to the Meredith Lions. The first bench was presented to the Meredith Historical Society on Main Street last Fall.

Pictured: Lion Marie Valliere, Lion Bill Rathbun, Librarian Aisilyn Guivens, Lion Judy Cerrito and Lion Phil Girard.

Nashua Club Events

Nashua Lions Club members are active in our Community and the District



The 2022 Nashua Soup Kitchen and Shelter (NSKS) road race was a great success. Our Club donated \$1,000 to NSKS, and we had many Lions running and volunteering at the event. Lion Nick Dahl organized the volunteers and had Lions along the course to encourage runners and direct traffic. Lion runners included: KL Paul Bergeron, Erin Freda, Kerry Baxter, Steve Buxton, Carlos Camacho, and Kristen Bryant. Lion volunteers included: Nick Dahl, PID Ed Lecius, Joel Ackerman, Bob Pavano, Mary Ann Melizzi-Golja, Kevin Kelly, Eileen Kelly, Tom Bolton, and Linda Quebec.



Kamal Masand is the candidate for First Vice District Governor. The Nashua Lions Club supports Kamal and looks forward to endorsing all three candidates at Spring Convention. Best wishes to Randy Tompkins, candidate for District Governor; Kamal, candidate for First Vice District Governor; and Peter LaPointe, candidate for Second Vice District Governor.



Kamal visited the Hampstead Lions Club to share information about his candidacy for First Vice District governor. His presentation was well received. PID Ed Lecius and Lion Linda Quebec joined Kamal on this visitation.



A pancake breakfast fundraiser for Lincoln Anderson was held in Weare. PID Ed joined several Lions in raising over \$20,000 in support of the family of Lincoln Anderson, a childhood cancer patient. Our Lions district 44H met the challenge to help this family.



PID Ed participated in the District Governor visitation to the Everest Centennial Lions Club. PID Ed is the Guiding Lion for this club.



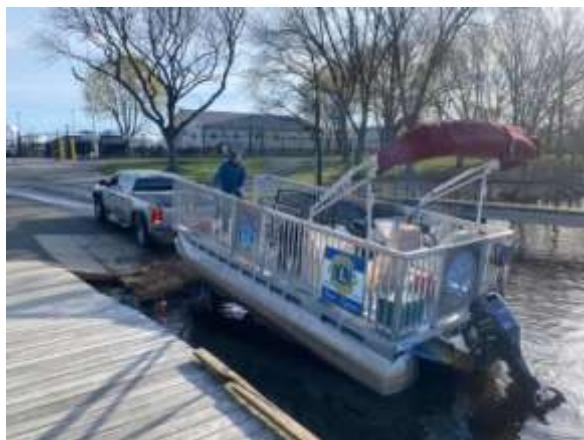
Nashua Lions participated in the donation for Ukraine aid. This collection is in collaboration with the Hudson Lions and Alvirne LEOs. We collected several items from their wish list.

Saddleback Club Events

- Saddleback Mountain Lions Club Coming events:
 - Painting of Northwood Rec Dept Storage Shed scheduled for May 7.
 - Northwood Meadows trail walk is scheduled for May 22. The Saddleback Mountain Lions Club made a handicap accessible trail several years ago at Northwood Meadows State Park. We will walk the trail and make sure its still in good shape for handicap individuals. If not, a work crew will be scheduled.
 - A membership drive is scheduled for June 11 on the shores of Northwood Lake at 55 Baker Ave, Northwood. All Lions are invited to bring a potential new member to this social gathering.
 - The Saddleback Mountain Lions will be going to Camp Pride on June 4. We plan to assist in cleanup activities at the camp. We will also present the check from our ice racing event.
- Saddleback Mountain Lions Club meetings are now scheduled for the third Tuesday of the month at the Northwood Community Center at 6:30.
- Saddleback Mountain Lions Club has grown from 8 to 16 members over the past year. We would like to increase our membership and encourage all members to seek out new members. Target membership is over 20 by year end 2022 and 25 by year end 2023.

Salem Club Events

Salem Lions boat was out cleaning the river for Earth Day.



Salem Lions held a dance a thon to raise money for the food pantries. We raised over \$3,000. Lion Marie Camarata got members of her class and other members of the community to



Wakefield Lions Club Events

The Greater Wakefield Lions Club knows Monday mornings can be rough. Early on April 18, Lions members participated in a "Feel Good Day" to surprise our community by holding up signs on busy street corners and waving to the passers-by. As you can see, the signs had messages to help everyone start their day with a smile.



Windham Lions Club Events



Eye Screening photo: Members of the Windham Lions Club conducted an eye screening at the Windham Academy Public Charter School. Approximately 175 students were screened within three hours. We enjoyed meeting the students and chatting with them during the process. Such a great school! See you next year!

District Governor's visit photo: District Governor Bob Gustafson (pictured to the right) along with Cabinet Secretary/Treasurer Al Goldstein (left) visited the Windham Lions Club recently to speak about the goals and accomplishments of his administration. President Renee Bailey (center) welcomed our guests and members to the meeting and invited everyone to enjoy the delicious dinner put on by members of the club.



Wolfeboro Lions Club Events



Wolfeboro Lions Club

The Great Smith River Canoe and Kayak Race

Sat. May 21, 2022

Albee Beach, Wolfeboro

(Albee Beach Rd. Off Rte. 28)

Start: 1:15 pm

The four-mile race includes a $\frac{1}{4}$ mile of class II white water rapids and two portages. There are 19 classes to suit everyone, from novice to expert.

Registration is \$20 per paddler; the first 50 participants registered will receive a free t-shirt. Prizes will be awarded to the first three finishers in each class.

Registration Forms at Wolfeboro Chamber Office
32 Central Ave., Wolfeboro or call 603.569.5454

46th Annual May 21, 2022

THE GREAT SMITH RIVER CANOE AND KAYAK RACE

WOLFEBORO, N.H. LIONS CLUB

For More Info. Visit The Wolfeboro Lions Facebook Page or call 603.569.5454

46th Annual Great Smith River Canoe and Kayak Race

The 46th Annual Great Smith River Canoe and Kayak Race, sponsored by the Wolfeboro Lions Club, will be held on Saturday, May 21, 2022, starting at 1:15 p.m.

The race begins at the Allen Albee Beach on Lake Wentworth, passes through Smith River to Crescent Lake, down the lower Smith River to Back Bay and then to Dockside. The race is approximately 4 miles long and includes a mild white-water stretch and two short portages. There are 19 classes intended to accommodate paddlers of all abilities.

Registration runs from 10 a.m. to 12:45 p.m. on the day of the race at the Albee Beach. Registration forms are also available at sporting goods stores in Wolfeboro, the Wolfeboro Town Hall and at the Wolfeboro Chamber of Commerce. For additional information, call Roger Murray at (603) 569-5454.



**48th ANNUAL DISTRICT 44H SPRING CONVENTION
NORTH CONWAY GRAND HOTEL
72 COMMON COURT, NORTH CONWAY, NH**

MAY 6 - May 8, 2022

International Guests: International Director Christopher Shea Nickell and Lion Carolyn

Lion #1 _____ Club _____ TITLE _____

Lion #2 _____ Club _____ TITLE _____

Lion #1 Any Special Dietary needs? _____

Lion #2 Any Special Dietary needs? _____

Phone # _____ E-mail _____

Meals and Registration	Cost	# of Persons	Total Cost
Friday Banquet & Entertainment	\$ 28.00	_____	\$ _____
Saturday Breakfast	\$ 17.00	_____	\$ _____
Saturday Banquet	\$ 40.00	_____	\$ _____
Saturday Meeting only	\$ 5.00	_____	\$ _____
Friday Night Entertainment only	\$ 5.00	_____	

Total Amount Due \$ _____

Deadline for Meal Reservations: NO LATER THAN APRIL 13th

All Hotel Reservations must be made by NO LATER THEN APRIL 7th

You will pay the hotel directly.

Lions Convention Room Rates: Single or Double \$119.00 night plus tax (Must be 2 nights)
One Night Stay \$159.00 night plus tax
Wednesday night \$89.00 plus tax if staying 4 nights
Thursday night \$89.00 plus tax if staying Fri & Saturday

Call the Grand Hotel @ 1-800-655-1452 and identify yourself as part of the Lions District 44H group

HOTEL CHECK IN TIME IS 4:00 PM

YOU ARE NOT GUARANTEED TO HAVE YOUR ROOM READY BEFORE THEN

Make checks for Banquets payable to: Lions District 44H Convention Fund

Send checks for Meals and Registrations to: PCC Celeste Ricupero
Convention Chairman
7 Winn Ave
Hudson, NH 03051
Tel # 603-321-0737
E: ricupero7@comcast.net

Menu Information may be found separately In This Issue

NORTH CONWAY HOTEL IS A CASHLESS PROPERTY SINCE COVID. FOR THE BAR, THEY WILL HAVE A CREDIT CARD READER, NO CASH WILL BE ACCEPTED ANYWHERE ON THE PROPERTY.



JUSTICE
CHRISTOPHER SHEA NICKELL
INTERNATIONAL DIRECTOR

Justice Christopher Shea Nickell from Paducah, Kentucky, USA, was elected to serve a two-year term as a director of Lions Clubs International at the association's 102nd International Convention held in Milan, Italy, July 5 through July 9, 2019.

On November 5, 2019, Director Nickell was elected to serve as a Justice on the seven-member Supreme Court of Kentucky. He previously served thirteen years as a Judge on the Kentucky Court of Appeals, having been first elected in 2006 and having been selected Chief Judge Pro Tempore. Prior to becoming an appellate judge, he served 22 years as a trial attorney, prosecutor, public advocate, and university instructor. In 1995, the Kentucky Bar Association recognized him as the Outstanding Kentucky Young Lawyer.

A member of the Paducah Lions Club since 1989, he has held many offices within the association, including club president, district governor, multiple district council chair, and president of the Kentucky Lions Eye Foundation. He was a member of the 94th Lions International Convention's Rules Committee, co-chairperson of the 96th Lions International Convention's Nominations Committee, and co-parliamentarian and DG/PDG Banquet chair of the 100th Lions International Convention. He was also a faculty member for the inaugural "Bachelor's Degree" club-level programs of Lions University. In recognition of his service to the association, Director Nickell has received numerous awards, including the Senior Master Key Award and several International Presidential awards. He is a member of the Kentucky Lions Hall of Fame.

In addition to his Lions activities, Director Nickell has been active in many professional and community organizations. An Eagle Scout, he has been recognized as a Kentucky Colonel, Duke of Paducah, Honorary Captain of the Belle of Louisville, and a Sagamore of the Wabash. Director Nickell is a Progressive Melvin Jones Fellow and his wife, Lion Carolyn S. Watson, MD, a pathologist, is also a Melvin Jones Fellow.

48th Annual Lions 44H Convention
North Conway Grand Hotel
North Conway, NH
May 6 - 8, 2022



We Serve

Welcome Lions, Leos & Guests
International Director
Christopher Nickell & Lion Carolyn

PROGRAM

Friday, May 06, 2022

3:00-6:00 pm Registration
3:00-5:00 pm Hospitality Room Open
6:00-7:00 pm Cocktails—Cash Bar

7:00 pm Dinner & Entertainment
Hospitality Room Open Following Banquet

Saturday, May 07, 2022

8:00-9:00 am Registration
9:10-9:40 am Memorial Service
9:50-12:00 pm Cabinet Meeting
Awards & Elections

12:00 noon Lunch on Your Own
3:00-5:00 pm Hospitality Room Open

5:30-6:15 pm District Governor's Reception
6:30 pm District Governor's Banquet

Hospitality Room Open Following Banquet

Sunday, May 08, 2022

11:00 am Check-Out

Have a Safe Trip Home!





**48th Annual District 44H SPRING CONVENTION
North Conway Grand Hotel
72 Common Court, North Conway NH**

Weekend Menu

FRIDAY - Summer Cookout

Grilled Hot Dogs, Hamburgers, Grilled Marinated Chicken Sandwiches, Baked Beans, Garden Salad, Greek Farfalle, Pasta Salad, Potato Salad, Corn on the Cob, Potato Chips, Pretzels, American & Swiss Cheese, Lettuce, Tomatoes, Onions, Pickles, Watermelon, freshly Baked Cookies, Brownies, assorted Sodas & Waters

SATURDAY - Breakfast

**Assorted Danish, Bagels, Whole Grain & Fruit Muffins
Assorted Cold Cereal with Milk
Seasonal Fruits and Berries, Individual Fruit Yogurt
French Toast with Maple Syrup
Scrambled Eggs or Egg Beaters
Home Fries, Preserves, Butter and Cream Cheese
Bacon, Sausage Links, Orange Juice, Cranberry Juice, Apple Juice**

SATURDAY - Dinner Buffet

Chicken Escarole Soup

Garden Salad with assorted Dressings

**Baked Boston Haddock with fresh Lemon Beurre Blanc
Braised Pot Roast**

Dessert Table: Assorted Pies, Cakes, and freshly baked Cookies

NORTH CONWAY HOTEL IS A CASHLESS PROPERTY SINCE COVID. FOR THE BAR, THEY WILL HAVE A CREDIT CARD READER, NO CASH WILL BE ACCEPTED ANYWHERE ON THE PROPERTY.



Mark Scalia



Mark has been a comedy favorite with audiences for over 30 years. From comedy clubs to Comedy Central, cable programs to hosting live events, he has entertained tens of thousands of people across the US and Canada. His material is funny, insightful, and personable. He is able to craft his sets to include all ages.

Mark has performed in many comedy festivals including Boston, Seattle, and New Orleans. He is the proud founder and host of the Salem Comedy & Spirits Festival, an annual event that brings a variety of talented comedians from across the US to historic Salem, MA.

One Night

Several friends attended to watch and cheer Mark on as he performed his first stand up set at a small comedy club near Boston. One of the attendees was his father, Mark Sr. After a few moments the first laugh came from the audience. Mark had found his place on stage. The feeling of joy he got when his words mixed with the crowd has never left him. He continues to remember that first night in every performance.

Mark will be our entertainment at the 44H Spring Convention Friday night get together.

District 44-H Spring Convention

Hi Everyone,

Our Spring Convention is once again upon us.

If any Club or Lion would care to donate an item for our Friday evening raffle please let me know....all items will be greatly appreciated.

To assure that we know who has made the donation please place a card of some sort on the item before leaving it on the table at the hall.

I would appreciate having you e-mail me and letting me know ahead of time the items being donated.

Looking forward to seeing you all at the convention,

Please stay safe and warm

Convention Chair

PCC Celeste Ricupero

e-mail: ricupero7@comcast.net

Convention Note

You Must have your hotel reservations made by April 7.

You must mail your meal reservations so that I receive them NO LATER THEN APRIL 13th.

If for some reason you need to cancel your hotel room, you must do that NO LATER THEN MAY 2nd, or you WILL BE CHARGED.

Clubs may bring your banners

Please don't forget your scrapbooks for the contest.

Don't forget this is a no cash property

Bar on Friday and Saturday will only take debit or credit card.

If you or your club will be donating a basket or any other item for our Friday night raffle, please let me know. Thank you so much for helping.

If you have any questions, please email or call me.

Stay Safe,

**Celeste
603-321-0737
Ricupero7@comcast.net**





48th ANNUAL DISTRICT 44N SPRING CONVENTION
Holiday Inn 172 N Main St, Concord, NH
MAY 20-22, 2022



EVENT REGISTRATION FORM

Contact Name: _____ Club Name: _____

Email: _____ Phone: _____

<u>Meals and Registration</u>	<u>Cost</u>	<u># of Persons</u>	<u>Total Cost</u>
All Inclusive - Friday/Saturday	\$ 75.00	_____	\$ _____
Friday Cookout & Entertainment	\$ 30.00	_____	\$ _____
Saturday Banquet & Hors d'oeuvres	\$ 45.00	_____	\$ _____
Saturday Meeting Only	\$ 5.00	_____	\$ _____
Friday Night Entertainment Only	\$ 5.00	_____	\$ _____

Total Amount Due: \$ _____

*~ Convention & Entertainment Fee
of \$5.00 is included in all Meal Packages ~*

Friday Meal: Tailgate/Campfire Cookout

Saturday Meal Choices: PR = Pork/ Cranberry Stuffing
BH = Baked Haddock

Room Night Reservation

Deadline: April 20, 2022

Meals Registration

Deadline: May 1, 2022

Full Name and Office

Meal Choice /PR or BH (Check One)

1. _____	PR <input type="checkbox"/> BH <input type="checkbox"/>
2. _____	PR <input type="checkbox"/> BH <input type="checkbox"/>
3. _____	PR <input type="checkbox"/> BH <input type="checkbox"/>
4. _____	PR <input type="checkbox"/> BH <input type="checkbox"/>

Any special dietary needs, please indicate here: _____

Make Checks Payable to: **LIONS DISTRICT 44N Convention Fund** and send with
Registration to:

CS Christine Greenwood-Smart, 613 Old Walpole Road, Surry, NH 03431

Questions, please call Christine at 603-762-4124 or email cgreenwood@walpolebank.com

Hotel Reservation Process at Lions Convention Room Rate:

Two Nights is \$144 per night plus tax (Note: must be 2 nights & includes Saturday Breakfast)

One Night Stay is \$139 per night plus tax

*Call Holiday Inn at (603) 224-9534 and identify yourself as
NH Lions District 44N Spring Convention*

All Reservations must be made by Wednesday April 20th for the Special Rate.

The group code is "LIO" and the booking link is below for your convenience:

<https://www.holidayinn.com/redirect?path=hd&brandCode=HI&localeCode=en®ionCode=1&hotelCode=ccddt&PMID=99801505&GPC=LIO&cn=no&viewfullsite=true>



SPRING CONVENTION MAY 20-22, 2022
HOLIDAY INN CONCORD NH



WANTED[®]

~ALL LIONS~



Music



Campfire Food

Shoot 'In Contest?



Card Games



Roulette Wheel



Méchanical Bull

Come Join Us
for a fun filled night of
*Music, Campfire Food, a
Shoot 'In Contest,
Card Games, or take a
spin on the Roulette Wheel!*



A Bartender will be ready to round up your
drinks inside the huge Event Room,
A Bank Teller will be there to exchange cash
for coins!

AND get ready for your chance at riding a
Mechanical Bull, YEE-HA!!!!!!

Chance to win Prizes for most
authentic Cowboy, Cowgirl,
Saloon girl Get-Ups!





FOR ALL LIONS LOOKING FOR A GREAT TIME ON FRIDAY NIGHT?

WE NEED YOUR HELP!



We are looking for Donations such as Gift Cards for Gas, Grocery Items, Restaurants, Gardening Items anything up to \$20.00 to go toward the Roulette Wheel winners for the evenings contest fun!



Other fun contests are also being planned, such as guessing how much grain is in the dump body of a Tractor Trailer, a Roping Contest, a Tennis Ball Rifle Shootin' Contest, and so much more!



Come Join Us FRIDAY NIGHT
MAY 20 from 5-9 pm for
A FUN-FILLED EVENING!

ERNESTO "TJ" TIJERINA
INTERNATIONAL DIRECTOR



Ernesto "TJ" Tijerina, from San Antonio, Texas, USA was elected to serve a two-year term as international director of Lions Clubs International at the association's 103rd International Convention, June 25 through June 29, 2021.

Director Tijerina has worked for 47 years as a professional educator and in school administration. His experience in, and out of the classroom as a teacher and superintendent has earned him several awards including Education Service Center Region 20 Superintendent of the Year and Texas Association of School Boards Regional Superintendent of the Year.

He became a Lion in 1977 after joining the Del Rio San Felipe Lions Club and continues to serve with them to this day. He has held a number of offices with the association including district governor, district campus club chairperson and district GMT membership and new club growth team member. He has also been invited several times to participate on the LCI Advocacy Committee to represent Lions at Lions Day on the Hill in Washington, D.C. In recognition of his service, he has received numerous awards including multiple International President's Awards and International President's Certificates of Appreciation. He has also been awarded with the Lions Clubs International Foundation Helping Hands Award.

Director Tijerina is a Progressive Melvin Jones Fellow. In addition to his Lions activities, Director Tijerina is active in numerous civic and professional organizations including the Texas Association of Elementary Principals and Supervisors, the Texas Association of School Administrators and the Texas Charter Schools Association.

Director Tijerina and his wife, Juanita, also a Lion and Progressive Melvin Jones Fellow, have been married for 48 years and have three children and four grandchildren.

48th Annual Lions 44N Convention
Holiday Inn, Concord, NH
May 20-22, 2022



Welcome Lions, Leos & Guests
International Director
Ernesto "TJ" Tijerina and Lion Juanita

PROGRAM

Friday, May 20, 2022

3:00-6:00 pm	Registration
3:00-5:00 pm	Hospitality Room Open
6:00-7:00 pm	Cocktails—Cash Bar
7:00 pm	Campfire Cookout & Entertainment

Hospitality Room Open Following Banquet

Saturday, May 21, 2022

8:00-9:00 am	Registration
9:10-9:40 am	Memorial Service
9:50-12:00 pm	Cabinet Meeting Awards & Elections
12:00 noon	Lunch on Your Own
3:00-5:00 pm	Hospitality Room Open
4:00 pm	DGE Reception <i>Everyone Welcome</i>

5:30-6:15 pm District Governor's Reception
6:30 pm District Governor's Banquet

Hospitality Room Open Following Banquet

Sunday, May 22, 2022

11:00 am Check-Out

Have a Safe Trip Home!



HOLIDAY INN CONCORD DOWNTOWN
SATURDAY, MAY 21, 2022



BREAKFAST MENU

SCRAMBLED EGGS
HOME FRIES
BREAKFAST SAUSAGE
BACON

FRESH FRUIT SKEWERS
CHILLED JUICES

FRESHLY BREWED COFFEE, DECAF
ASSORTED TEAS





Lions Youth Services

The monthly Lions Youth Services meeting was called to order by President Al Goldstein at the Airport Diner in Manchester on Thursday, April 14, 2022 with all in attendance eager to review all the grant applications and hold the March Calendar Raffle.

Grant Applications - last month we announced due to the success at the Lucky Moose Casino we were able to make available to all clubs assistance with their fundraising events by applying for this grant. We reviewed all grant applications received in April and approved a total of \$4k.

To apply, you will find a copy of the Grant Application in this newsletter

Lucky Moose Casino - on Friday, April 1st, over 30 plus Lion members from both districts were on hand as the Rafferty's, General Managers, were presented with a Granite State Fellow from Lions Youth Services. We thank the Rafferty's for the opportunity to be part of their charitable gaming at the Lucky Moose. This relationship benefits our objective in helping the youth in New Hampshire. We have gaming dates of April 21-30 and will hopefully have the results some time in May.



L-R: LYS President Al Goldstein, Jim and Sarah Rafferty

March Calendar Raffle - the drawing for this Raffle was conducted and winners were drawn for each day in March. You will find a list of winners in this newsletter. All winners will be notified promptly. Contact Harry Armstrong harrya616@yahoo.com

Many Thanks to all for a successful Raffle!

Peace Poster Contest - we look forward to presenting awards to this year's "*We Are All Connected*" winners from the Conway Area Lions and the Chesterfield Lions during the Saturday morning cabinet meetings held at the May conventions.

Below is the 2021-22 International Grand Prize Winner's poster done by Anja Rožen, 13 years old from Slovenia.

You can find three of the merit winners from the USA in this newsletter or visit lionsclubs.org/peace-poster-winners to view all other 20 merit winners.



Peace Poster Contest - Lead with Compassion

Is the theme for this year's contest, 2022-2023. The kits cost \$12.00 each and checks should be made payable to Lions Youth Services, mail to: Lions Youth Services, PO Box 156, Atkinson, NH 03811. If your club has not picked up their kit as yet, please let me know, rwynnemilford@comcast.net. Kits will be available for purchase at each of the Spring Conventions. We have 11 clubs participating with 15 kits sold so far with a balance of 10 kits still available. The following clubs have signed up for a kit: *AIR, Bedford Lions, Canaan, Conway, Hampstead, Hudson, Jaffrey-Rindge, Milford, Winchester, and Windham.*

If you have not paid for your kit, please send payment to Lions Youth Services, PO Box 156, Atkinson, NH 03811 and indicate "Peace Poster" on the memo line.

Terri Lynn Fundraiser - you will find a flyer in this newsletter just in time for **Father's Day** which is Sunday, June 19. Please make sure you order by June 1st so that your order arrives in time.

Our Next Meeting is scheduled for 6:30 pm, Thursday, May 12th at the Airport Diner

See you there!

Lions Youth Service



Lions Youth Services presented Granite State Fellow awards to the owners of the Lucky Moose and The river Casinos.

Merrimack Lions club was presented with a check for \$73,977.99





Fundraising with

HAPPY Father's Day

With Father's Day (Sunday, June 19th) soon approaching, why not treat him with some premium nuts, something for his sweet tooth or better yet surprise him with a homemade tasty creation using Terri Lynn's Giant Cashews – (see recipe below).

They are absolutely delicious on their own so you may want to order an extra bag or two!

The cutoff ordering date is June 1st

Free shipping when you order \$30 or more (per recipient address).
For orders under \$30, it's a \$5 flat rate shipping fee (per recipient address).

To Place Your Order, Please Visit: <https://LYSNH.terrilynn.com>

Look like a pro with this easy recipe featuring Terri Lynn Giant Cashews



Terri Lynn Recipes Homemade Cashew Turtles

Ingredients

- 1 cup Chocolate Chips
- 10-12 Caramels (we used Werther's Original creamy caramels)
- $\frac{1}{2}$ cup Giant Cashews

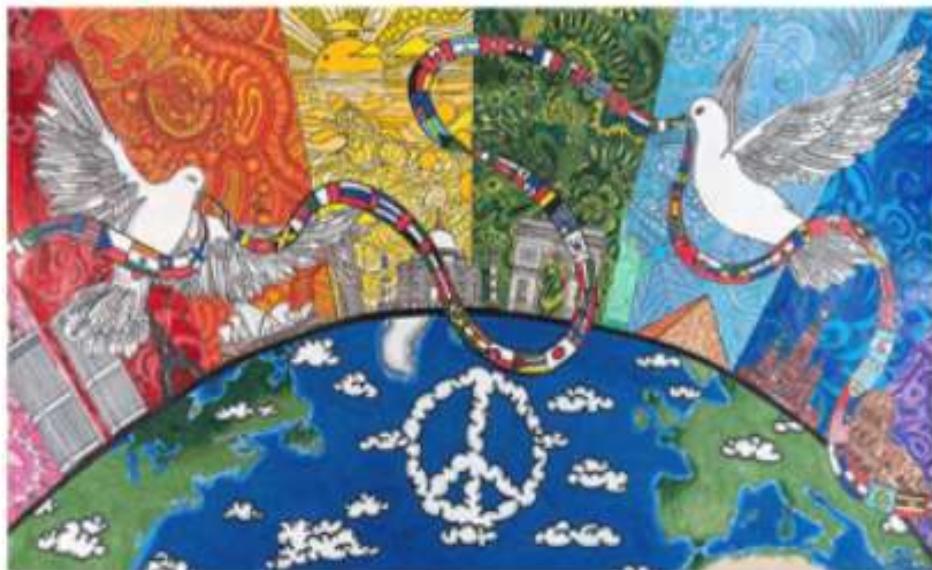
Directions

- Lay cashews in piles of 4-5 on wax paper (12 piles).
- Melt the Caramels in the microwave, 30 seconds at a time at 50% power until soft.
- Pour a small amount of caramel on each pile (do not completely cover the cashews).
- Melt the chocolate chips in the microwave 30 seconds at a time at 50% power, stirring after each time, until melted.
- Spoon about a 1T of melted chocolate over each cashew/caramel pile.
- Refrigerate until caramel & chocolate harden back up.
- Enjoy! *Try Not to Eat Them All in One Sitting!*





2021-22 Peace Poster Contest
Merit Award Winners from the USA



Daniel Murtin 13 years old - Virginia, USA



Sophia He 13 years old - California, USA



Jack O'Brien 13 years old - New Mexico, USA

WINNERS of the 2022
LIONS YOUTH SERVICES



MARCH
CALENDAR

March 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 \$50.00	2 CHILD'S ADIRONDACK CHAIR	3 12 GAL. MAPLE SYRUP	4 \$50.00 HEALTH CLOSET	5 \$250.00 FISHER CATS GIFT BASKET
6 \$25.00	7 \$50.00 VISA GIFT CARD	8 \$100.00	9 GIFT CERTIFICATE TORY BEAUTY SALON & SPA	10 \$100.00	11 \$50.00	12 \$50.00 GIFT CERTIFICATE ANAAAN
13 \$50.00	14 \$50.00	15 CHILD'S ADIRONDACK CHAIR	16 \$50.00	17 \$200.00	18 \$50.00	19 \$50.00
20 \$50.00	21 \$200.00 SABY KAY GIFT BASKET	22 \$50.00	23 12 GAL. MAPLE SYRUP	24 \$100.00	25 \$100. 00	26 \$50.00
27 \$50.00	28 \$50.00	29 \$50.00	30 \$50.00 IRVING GAS CARD	31 \$50.00		

MARCH 2022 CALENDAR RAFFLE WINNERS

Day / Name

- 1 Kevin Patten
- 2 Carl Nolin
- 3 Michele Ackroyd
- 4 Marilyn Hamel
- 5 Toni Olden
- 6 Bedford Lions
- 7 Mary Ellen Pate
- 8 Paul Landry
- 9 Valencia Wilson
- 10 Kamal Masand

Day / Name

- 11 Adelyn Perkins
- 12 Toni Olden
- 13 Lois Paul
- 14 Gall Darcey
- 15 Dee Sicard
- 16 Lenny Hall
- 17 Derek Connary
- 18 Atkinson Lions
- 19 John Wynne
- 20 Henry McKee

Day / Name

- 21 Jan Sample
- 22 Salem Lions
- 23 Rusty Wrench Repair
- 24 Atkinson Lions
- 25 Doug Griffin
- 26 Kimberlee Fournier
- 27 Atkinson Lions
- 28 Terri McGrew
- 29 Lenny & Joan Hall
- 30 Amy Perkins
- 31 Stephanie Crawford

CONGRATULATIONS TO ALL! MANY, MANY THANKS TO ALL!



LIONS YOUTH SERVICES
PO Box 156
Atkinson, NH 03811

~ GRANT APPLICATION ~

All applications must be mailed

1. Contact Info: _____
2. Phone # _____
3. Club _____ District _____
4. Requester's Name _____ Club President Signature _____
5. Mailing Address: _____
6. E-Mail Address: _____
7. Project Details _____

8. Project Budget: _____
9. Requested Amount: _____

10. How does this benefit the Youth of New Hampshire? *(Evidence of impact)*

Grant Request Summary: All requests made must be made through Lions in 44H and/or 44N in the State of New Hampshire for \$500.00 with no more than 2 within a Lion's Year. (Jul-Jun) and they must be for different projects.

Project Title; Start and End Date _____

Today's Date: _____

Board Approved _____

Board Denied _____



THE DOGSIGHT PROJECT



**A Program of the New Hampshire Lions
Multiple District 44 – Health Services of New Hampshire**

Out and About

Now that the weather has improved, we're getting out and about more often. It was a cold, ugly winter. Not a winter to encourage us to go out and practice our guide work skills, so we feel a little rusty. Jewel enjoys our neighborhood walks, though. As we get our legs back, our walks are getting longer. Soon we'll be doing 4 and 5 mile jaunts every week. All the other guide dog users I know are doing the same thing – getting our dogs out for more exercise in preparation for the really good weather.

You can still contribute to the DogSight 2021-2022 campaign by sending a donation to the project chair. Checks should be made out to **LSHF** with **DSP** on the memo line. Please send checks to: The DogSight Project, c/o Linda Piekarski, 15 Edgewood Ave, Keene, NH 03431

Than you all for your generous support!

Linda Piekarski
Chair, the DogSight Project
lpiekarski@ne.rr.com



Raised for Fidelco in 2021-2022: \$13,717



New England Lions Council
Serving the needs of the Districts of New England

NELC Spring Meeting

Kittery Lions Club ~ 117 State Rd, Kittery, Maine 03904

Sunday, May 22nd

Meeting - 10:00 am ~ doors open at 9:30 am

10:00 Meeting Opening

10:05 Camp Sunshine, Casco, Maine - Michael Smith,

Camp for children with life threatening illnesses and their family, each week is dedicated to a specific illness.

11:00 Attracting younger Lions and keeping them engaged, via Zoom - FVDG Daniel Elkin

Bellefonte Lions Club, D22-D Delaware

Noon: Lunch

12:45 DG Reports, GAT & LCI Update, 2022-2023 officer election, important dates and more.

Lunch: \$15 - Assorted sandwiches, chips, salad and dessert
water, soda, coffee or tea

NAME: _____

ADDRESS: _____

DISTRICT: _____ DISTRICT POSITION: _____

CLUB: _____ CLUB POSITION: _____

CONTACT: Phone _____ Email _____

Make check payable to: NELC

Mail check and form to: PDG Michelle Crocker
279 Vigue Road
Windsor, Maine 04363

Registration deadline: May 14, 2022

Questions:

Council Pres. PDG Michelle Crocker, 207-458-3232 or dolphino569@yahoo.com

Club Presidents and Secretaries,

We are updating information for next year's Lions' Directory. Please make sure you add your officers for next year into MyLCI as soon as possible, but not later than May 15th.

Officers that are listed in the directory are President, Secretary, Treasurer, Membership Chair, OKS Coordinator, and LCIF Coordinator. It's great if you have additional officers to input into MyLCI too.

Here's how to update officers for next year (aka PU101):

- Login to MyLCI through the member portal (Lionsclubs.org/en then Member Login), then click on the MyLCI icon.
- On the MyLCI homepage under My Tasks click the link for "Enter next year's officers."



- On the Officers page, click the Add Officer button on the right side of screen for the first officer you plan to enter.
- On the Assign Officer screen, click the Select Member button. Click on the member you are assigning to the officer role. Click Save. You will see a confirmation of the officer assigned.
- At the bottom left corner of the screen, click Go back to Officers to continue assigning officers. Or, click Go to Home page if you have finished assigning officers.
- Logout of MyLCI with the Logout button in the top right of the screen. Thank you for inputting your officers online.

If you are unable to submit this info online, please send an email to LindaQuebec@Ymail.com (not Gmail). Include the titles of President, Secretary, Treasurer, Membership Chair, OKS Coordinator, LCIF Coordinator, and the name, address, phone/cell, and email for each person.

Thank you,
Linda Quebec
Nashua Lions Club Secretary
LindaQuebec@Ymail.com



C A M P A I G N | 1 0 0
LCIF • EMPOWERING SERVICE™

What is a Campaign 100 Model Club?

A Campaign 100 Model Club is a leader that:

- Champions all of LCIF's cause areas. There's [a world in need](#).
- Collectively supports LCIF and the campaign financially. [Donating is easy!](#)
- Broadly and proudly promotes Lions, LCIF, and [Campaign 100](#).

What does it take to become a Model Club?

Commitment! Currently 4 Clubs in District 44 H have chosen to commit to Model Club status. Being a Model Club takes teamwork, a positive attitude, leadership, and courage, traits that when practiced and honed yield amazing results for LCIF and Lions. If your club members are committed, capable, and courageous leaders with whom you want to collaborate to empower your service, then complete and submit the Campaign 100 Model Club Commitment form. It – along with a brochure dedicated to Campaign 100 Model Clubs and numerous Model Club materials designed to make your team efforts successful.

Why should my club become a Model Club?

100% of donations make a tremendous impact on the lives of those who need help most. Model Clubs help ensure Lions are able to respond to the immense needs of the world, and they prepare Lions Clubs International for a new century of service. Funds raised from an average-size Model Club may make impacts like these:

For more information on what it will take for your Club to achieve Model Club Status, please contact me.

Please "Give 'til it Hurts"

Thank you

Bill Rathbun,

Past Council Chairman
Coordinator

LCIF District

603-707-6209



ORDER YOUR AWARDS FOR SPRING CONVENTION

LIONS SIGHT & HEARING FOUNDATION OF NH, INC

GRANITE STATE FELLOW (GSF)

Give recognition to someone in the community who helps and supports your club, or a member in your club that goes above and beyond.

Some clubs have money in their accounts with Sight & Hearing. Consider using those funds to thank individuals or entities for their support, and honor them with a GSF award. The Award comes with a beautiful plaque, a lapel pin and a letter honoring the recipient.

By making a donation of \$500.00 to LSHF, you are not only giving recognition, you are aiding a NH Citizen in need of our services.

Services include, hearing aids, eyecare and cataract surgery.

Donations go directly into the LSHF Endowment.

Clubs may donate to LSHF in \$100.00 increments

Donations may be banked for up to 5 years, by putting a designation on the donation memo.

Applications online: nhlions.org (Sight & Hearing, Granite State Fellow

Or from Chairman PCC Roger LaTulippe at 603-566-9409

email: dgroger@comcast.net

Join the World's Largest Celebration of Service

by Lion Brian Sheehan - Lions Clubs International 1st Vice President

I am so excited to invite each & every one of you to join me for the world's largest celebration of service: the 2022 LCIF Campaign 100 Tell-A-Thon on Sunday, June 5th from 10 am - 2 pm CDT (Chicago) / UTC-05.

This year's **Tell-A-Thon** is focused on celebrating Lions' service across the globe; service that is empowered by your donations to our Lions Clubs International Foundation (LCIF).

The 4-hour **Tell-A-Thon** will inspire you with stories of service, music, entertainment and special celebrity cameos from humanitarians, award winning musicians and actors, a legendary coach, and a Super Bowl MVP!

What are you waiting for? Register at www.tellathon.org

Don't stop there... this is the perfect opportunity to share our Lions' story with your family, friends and community! Why not create a viewing party and invite your partners and community to join in the fun?

You can use this opportunity to share information about your club's impact on your community, conduct a vision screening or other service project. You could even sell food, hold a silent



Online: <https://lionsclubs.org/givetoday>

Check Made & Remitted to:

LCIF Tell-A-Thon
c/o Lions Virtual
P. O. Box 259288
Madison, WI 53725

For all the latest **Tell-A-Thon** news, visit the [Lions Virtual Facebook](#) page.

For more information about the **Tell-A-Thon**, model clubs and major donation opportunities, contact Lions Virtual @ lionsvirtual@gmail.com

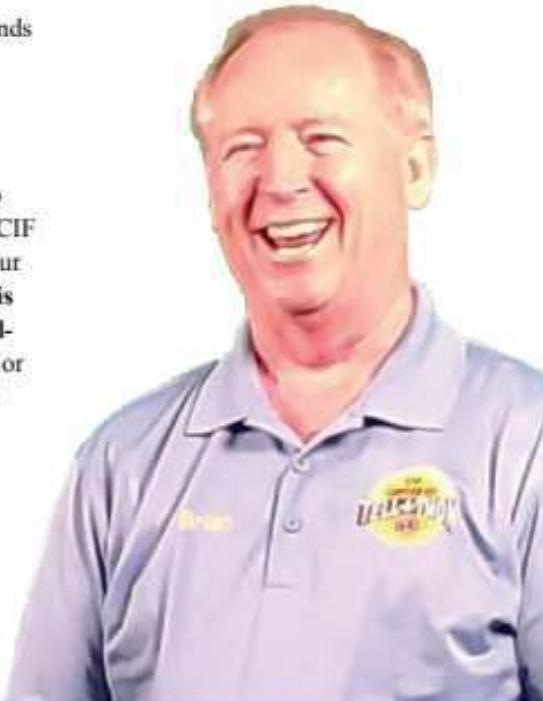
Thank you for all you do and your support of the **LCIF Campaign 100 Tell-A-Thon**!

auction or conduct raffles to raise funds for LCIF!

Every Lion, Every Club...

Speaking of raising funds, we are asking every Lion and every Club to join Lion Lori and I in supporting LCIF with a donation that will empower our service for years to come. **Our goal is to raise \$2 million through the Tell-A-Thon!** So whether you donate \$5 or \$50,000, know that every dollar you donate will be used to change lives.

There are a number of ways to donate and every donation to the **Tell-A-Thon** is eligible for LCIF recognition programs, including Melvin Jones Fellowship:



Every Lion... Every Club
working together to raise | **US\$2 million**



CAMPAIGN | 100
LCIF • EMPOWERING SERVICE™

Empowering Your Service : There's a world in need, and caring Lions are ready to change it. But comfort and compassion alone can't heal those suffering.

It takes Funding.

LCIF CONTINUES TO SERVE THE WORLD WHERE IT NEEDS IT MOST!

Whether it's Disaster relief from Tornados, hurricanes or most recently Humanitarian Aid for refugees fleeing from Ukraine

LCIF is awarding grants to Lions supporting Ukrainian refugees who have crossed their borders. Lions in Ukraine have also received LCIF grants to address the critical needs of people who remain in the country. Grant funding will enable Lions to purchase and distribute immediate relief items, such as food, clothing, hygiene supplies, sleeping bags and medicine.

- **Refugees and Displaced Persons Fund** – LCIF is actively collecting donations to its Refugees and Displaced Persons fund, which will help ensure that Lions are there to help them find the safety and security they desperately need. All donations – 100% – benefit grants and programs and qualify for limited-edition Campaign 100 recognition and Melvin Jones Fellowship (MJF) or Progressive MJF.

As Lions we always give what it takes to make a difference in your community. And in these final months of Campaign 100, every one of us has an opportunity to give just a little more to ensure that the people and causes that matter most will always have the support they need

Your Individual and/or Club donation will help to make Campaign 100 successful.

Please "Give 'til it Hurts"

Thank you

Bill Rathbun,

Past Council Chairman
Coordinator

LCIF District



Lions Clubs International
FOUNDATION

OUR FOUNDATION



3 easy steps to remain in good standing with the NH State secretary of State and the IRS

1]

NH ANNUAL REPORT

Every year an Annual Report (NHCT-12) must be filed with the State of NH on or before **November 15th** (Fiscal Year July 1 through June 30) These are now done on-line. If you wish a paper form you need to notify the State of NH either via e-mail or telephone call at annualreport@sos.nh.gov or 603-271-8200 You will need to provide the business name, ID number and name and address for them to mail or e-mail to.

2]

NH 2025 & EVERY 5 YEARS AFTER NON PROFIT REPORT

Every five years a Non-Profit Report is due to the NH Corporate Division, providing the Business Name, Type, Business ID and State of Incorporation; Current Principal Office Address, Current Mailing Address if different; New Principal Address and mailing address; Principal Purpose and Officer and Director Information (names, address and titles) There are filing fees for the Annual Reports and Non-Profit Report. Existing registered Clubs should have last completed this form in 2020.

3] ANNUAL FILING OF INTERNAL REVENUE TAX FORM 990-N, 990-E OR 990

Many clubs have income of \$50,000.00 or less annually, must electronically file 990-N; other clubs, bring in \$50,000.00 or more file either form 990EZ or 990. The filing is due no later than **November 15**, each year (based on the Lions Fiscal year of July 1 through June 30).

WHEN NEW OFFICERS TAKE OVER, PROVIDE THEM WITH COPIES OF ALL OF THE ABOVE RECORDS AND DOCUMENTS.

District 44H K. Baillargeon 2022

LCI Lions' Insurance

- ❑ The International Association of Lions Clubs has a program of Commercial General Liability Insurance that covers Lions on a worldwide basis. All Clubs and Districts are automatically insured.
- ❑ Certificates of Insurance, which provide evidence of the automatic coverage provided for a specific event, can be downloaded.
- ❑ This is a legal liability policy only and does not provide "accident" insurance that will pay for injuries regardless of fault. Limited "Medical Payments" coverage is provided, but it does not apply to a person injured while taking part in athletics.
- ❑ Insurance limits:

✓ Products-Completed Operations Aggregate	\$2,000,000
✓ Designated Location/General Aggregate Limit	\$2,000,000
✓ Personal & Advertising Injury Limit	\$1,000,000
✓ Each Occurrence Limit	\$1,000,000
✓ Damage To Premises Rented To You	\$1,000,000
✓ Premises Medical Expense Limit (Any one person)	\$5,000
- ❑ The Liquor Liability exclusion applies. Liability arising out of the sale or serving of alcoholic beverages is NOT covered. The Association's experience in liquor liability situations is such that it cannot recommend, and in fact discourages, clubs from participating in events involving the sale or serving of alcoholic beverages.
- ❑ If events are sponsored by Lions but conducted by others, be sure to obtain Certificates of Insurance indicating that the operator conducting the activity has adequate liability insurance naming the Lions Club as additional insured. If you undertake a joint project with another organization, the cosponsor is NOT protected by our policy and should have adequate insurance of its own.

New Method of Applying for LCI Insurance Certificate

As you probably know, when a Club has a fundraising or community service event at a location that requires proof of insurance, you can apply for that insurance certificate from LCI. The process recently changed. If you are not aware of the change, following are the steps for the new procedure.

1. Go to the www.lionsclubs.org website.
2. Click on "Resources For Members" at the top of the screen. On the dropdown menu click on "Resource Center."
3. In the Keyword Search box, enter "Insurance" and tap the Search button.
4. On the resources that show, click on "View" for the "Certificate of Insurance Request Form - US" and the form (as shown below) should download. You may have to click on Open File in the Downloads window.
5. Print out the form and fill in the required information for your event.
6. Do one of the following:
 - ~ Scan the finished form in and email it to lionsclubs@dspins.com
 - ~ Fax the finished form to 847-934-6186
 - ~ Mail the finished form to:

DSP Insurance Services
1900 E. Golf Rd., Suite 650
Schaumburg, IL 60173
7. If you need additional liability insurance, download the "Additional Liability Insurance" form from the Resources and follow steps 5 and 6.

Provided by Lion Bryson McCool

Dues Adjustment Resolution Will Be Voted on at 2022 International Convention

Lions Clubs International supports clubs and members around the world so we can advance our global mission of service together. Our international support and the work of Lions Clubs International is fueled by the international dues of our incredible members.

In recent years, it has become increasingly clear that the services Lions Clubs International has been able to provide to members with the available budget is no longer in line with what Lions need and expect.

The International Board of Directors voted in October 2019 to approve an international dues adjustment resolution that would be voted on at the 2020 International Convention, but it was postponed due to the cancellation of our 2020 convention and the move to a virtual convention in 2021 as we adapted to the pandemic. The new dues adjustment model will be voted on at the 2022 International Convention.

The Board of Directors undertook an extensive review of Lions Clubs International's financials, including the implementation of substantial budget reductions. After much consideration, the board proposed to adjust dues \$7 over a three-year period.

Under the proposal, international dues would be adjusted according to the following schedule:

- \$3 increase on July 1, 2023
- \$2 increase on July 1, 2024
- \$2 increase on July 1, 2025

Why an international dues adjustment is needed

We realize the association has been reluctant to adjust dues over the years, and we have not adjusted international dues since 2011. The proposed adjustment will help cover our costs and allow us to suitably serve our members' needs. With that said, the Board of Directors did not take this issue lightly, nor are we minimizing the value of each dollar that our members contribute.

As we consider this dues adjustment, it is essential that we keep in mind that our global efforts and initiatives support more than 1.4 million members in 50,000 clubs around the world. Through the support of staff, we are able to serve globally on the level that we do, keeping members and clubs fully supported with service resources, training events and software, club operational support, hybrid convention, international meetings, language services, technology, Foundation support, leadership support, and everything else we have come to expect as Lions.

A dues adjustment will allow Lions Clubs International to provide improved support to Lions and to continue to invest in improving programs and digital products such as our website and MyLion. It will also allow us to invest in new programs such as the Learning Management System (LMS), development of new curriculum such as digital literacy, training videos, global advertising, marketing automation, digital and video storytelling and other tools and initiatives that will enhance our impact, our brand, and our membership.

Yours in Service,
Douglas X. Alexander
International President

**DISTRICT GOVERNOR****DG Robert Gustafson**

16 East Rd.

Atkinson, NH 03811

C: 603-553-0531

E: robertgustafson11@gmail.com**1st VICE DISTRICT GOVERNOR****FVDG Randy Tompkins**

1 Coombs Farm Rd

Greenland, NH 03840

H: 603-431-7352

C: 603-765-4965

E: Rye642@comcast.net**2nd VICE DISTRICT GOVERNOR****SVDG Kamal Masand**

20 Jennifer Drive

Nashua, NH 0362

H: 603-886-4389

C: 603-661-6638

E: kmasand01@gmail.com**CABINET SECRETARY-TREASURER (CST)****PDG Al Goldstein**

35 Main St

Atkinson, NH 03811

C: 603-913-1281

E: A1Goldstein@comcast.net**MULTIPLE COUNCIL CHAIR****MCC Alan Ricard**

PO Box 543

Canaan, NH 03741

C: 603-530-1206

E: AlanRicardc26@gmail.com**IMMEDIATE PAST DISTRICT GOVERNOR****PDG Marie Hall**

26 Moonlight Dr

Newmarket, NH 03857

C: 603-686-6935

E: 44hlionmarie@gmail.com**Global Leadership Team****GLL Celeste Ricupero**

7 Winn Ave

Hudson, NH 03051

C: 603-321-0737

E: ricupero7@comcast.net**Global Membership Team****GML Gail Dacey**

26 Winward Terrace

Salem, NH 03819

H: 603-898-6913

C: 603-560-1029

E: grd514@aol.com**Global Service Team****GSL Lara Raymond**

15 Lindsey St

Hudson, NH 03051

H: 603-438-7438

E: lamiddlemiss@gmail.com**LIONS YOUTH SERVICE**Second Thursday of the month at
Airport Diner, Manchester**SIGHT & HEARING FOUNDATION**Third Thursday of the month at the
Airport Diner, Manchester at 6:30PM**HEALTH SERVICE OF NH**Fourth Tuesday of the month at
Airport Diner, Manchester at 6:30PM**TWIN SOCCER ASSOCIATION (LTSSA)**Last Wed of the month at
Lui Lui in West Lebanon Powerhouse
Mall, Subject to change**CAMP PRIDE**2nd Wednesday of the month at
Airport Diner, Manchester NH**Zone 1 , Erin Freda ,Chair**

C: 603-305-5696

E: erinfreda@gmail.comClubs: Derry, Hudson, Litchfield,
LondonDerry, Nashua, Salem and
Windham**Zone 2 Peter LaPointe, Chair**

H: 603-244-2354

C: 978-479-0454

E: Hampstead.Lions@gmail.comClubs: Atkinson, Danville, Epping,
Hampstead, Plaistow, Sandown
and Kingston**Zone 3 Karen Baillargeon, Chair**

H: 603-778-8496

W: 603-300-7197

E: kebail@comcast.netClubs: Exeter, Everest Centennial,
Hampton Area, Newmarket,
Portsmouth, Rollinsford / S. Ber-
wick, Rye, Seabrook and Somers-
worth**Zone 4 Marilyn Vaccaro , Chair**

H: 603-347-1408

C: 603-204-7251

E: jvac1408@comcast.netClubs: Barrington, Chester, Ep-
som / Chichester, Loudon, Ray-
mond, Saddleback Mountain and
Suncook Valley**Zone 5 Linda Rafferty, Chair**

C: 781-820-4771

E: lindarafferty@gmail.comClubs: Conway Area, Laconia / Gil-
ford, Meredith, Moultonborough,
Rochester, Wakefield, Whittier
and Wolfeboro

NHLIONSDISTRICT44-H

