

The PRIDE



Newsletter of Lions District 44-H New Hampshire

January 2023 Volume 48 Issue 7



DG Randy Tompkins Rye642@comcast.net

Greeting Lions

Hopefully everyone has enjoyed a great holiday season and is ready to step off into the new year with a renewed energy. I am looking forward to the Mid-Winter Convention and seeing old friends and meeting new ones. We are very fortunate to have as our guest speaker for the weekend our Immediate Past International President Douglas X Alexander. If you have not already made your reservations, please do so as soon as possible.

The District is very pleased to say that Marie Valliere from the Meredith Lions Club has announced herself as a candidate for the office of Second Vice District Governor for District 44-H. She has served her club and the District for years with distinction and will be a great asset.

In the next several months there will be opportunities for Lions to work on their leadership skills. There will be a Regional Lions Leadership Institute on March 3-5, 2023. This training is great for those who would like to know more about Lions and those who are thinking about moving into leadership positions in their clubs and moving towards leadership at the District Level. If the Clubs and the District are to thrive in the future, we need to identify and encourage Lions to step up and become the LEADERS of the future.

In April there will be Club officer training that will be held at the New Hampshire Police Training Academy in Concord, NH. These classes will be very informative for Lions who are just moving into their new roles as well as those who have been officers in the past.

As Lion Kitty and I have traveled across the District visiting clubs I have seen just how much of an impact the clubs have in their communities and beyond. I am looking forward to visiting the remaining clubs.

I am asking for all the presidents and treasurers to check their account balances with Lions Clubs International and make sure the balances are up to date and PAID. Those clubs with outstanding balances will not be able to vote at the convention and thereby not be able to support Lion Steve Middlemiss in his campaign for International Director. We as a District pledged our support to Steve and it comes in the form of a VOTE!

Please be safe as you travel over the Holidays. And remember those that are less fortunate.

KINDNESS MATTERS

MAKE A DIFFERENCE ~ BE THE DIFFERENCE



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MEMBERSHIP MATTERS



District Membership	This Month	This Year
Opening Balance	1278	1255
Added members	4	51
Dropped members	19	43
Closing Balance	1263	1263
Net Gain/Loss	-15	8
Worldwide	1,377,575	

CLUB	NEW MEMBER	SPONSOR
Atkinson	Randy Bing	Phil Sherwood
Nashua	Kathy Snyder	Daniel O'Donnell
Wolfeboro	Charles Badzmierowski	Stephen Schmidt
Wolfeboro	Sharon L Wald	Stephen Schmidt



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HUNGER
 Martha Ackerman
 E: jamamc@comcast.net

VISION
 Emily Lovely
 E: emilylovely@comcast.net

Health Services of NH Meeting

Monthly 4th Tues 6:30PM

Meets VIA Zoom

md44healthservices@gmail.com

Sight & Hearing of NH Meeting

Monthly 3rd Thurs 6:30PM

Airport Diner, Brown Ave

Manchester

Lions Youth Services Meeting

Monthly 2nd Thurs 6:30 PM

Airport Diner, Brown Ave.

Manchester

Camp Pride Meeting

Monthly 2nd Weds 6:30PM

Airport Diner, Brown Ave

Manchester

Lions Twin State Soccer

Monthly 4th Tues 6:30

Meets Via Zoom

ltssavtnh@gmaill.com

UPCOMING EVENTS

January 18, 2023- visitation with Windham Lions Club

January 27-29, 2023-Midwinter Convention Nashua, NH

Guest Speaker-Past International President Doug Alexander
See information in Newsletter

March 19, 2023-District 44H Cabinet Mtg

White Birch, Hudson
Guest Speaker-Lion Randy Pierce-Future In Sight

April 22, 2023

Club Officer Training

The New Hampshire Lions Past and Present District Governors Association is pleased to announce that we will once again sponsor the Club Officer Training Classes. This is for Presidents, Secretaries, Treasurers and Membership Chairs. More news to follow.





FVDG Kamal Masand
kmasand01@gmail.com

I hope everyone had good holidays and a Happy New Year. We will have a busy January with the upcoming Mid-Winter Convention. I hope to see many of you there. Our guest speaker is Immediate Past International President, Douglas Alexander and he is a wonderful speaker. We will also be voting to support our International Director candidate, Steve Middlemiss. We are hoping for a large turnout to show our support for Steve. Please use the registration form in this newsletter to register for the convention.

Lionism is all about service and making differences in our communities. Let's make sure we all do our part and participate in service projects organized by our Clubs and district. Presidents and Secretaries, please continue to report service projects in MyLion so your work is visible to the district and to Lions International. If you need help with reporting, Lara Raymond, the Global Service Team Leader is happy to help you: LAMiddlemiss@gmail.com, 603-438-7438.

The war in Ukraine continues, and Lions around the world provide support to the refugees. Take a few minutes to watch this touching video about what Lions and Lions Clubs International Foundation (LCIF) are doing to make a difference.

<https://www.youtube.com/watch?v=m26i8SqjLwE>

This link can be used to make a donation to LCIF in support of the refugees: lionsclubs.org/Ukraineresponse . Thank you for all that you do to help people around the world through your donation.

Selfless Service to Humanity is Service to God.

SVDG Peter Lapointe



This Christmas season always proves to be very special, and the generosity of many never stops to surprise me. Individuals who are known to me and many who are complete strangers have contributed to making the lives of those less fortunate a little brighter.

As your District 44H 2VDG, I have been truly blessed by those I have come in contact with over the past several months. I would like to share a story with you of just one of my experiences. Early in the month, I found myself with conflicting events on the same day. I guess this is what I signed up for as I continue my Lions journey. I started the day with helping finish a Christmas float, then marching in a parade. I finished the day at a holiday party with many of my neighbors at the recreation center in our development. Here's where it gets interesting. Being part of a new community, several of us discussed how we could help the community during the holidays. We started with the idea of a food drive to serve a local food pantry, and it led to a wish tree with tags filled with request for gift cards. Everyone knew that I was active as a Lion and probably could help with the distribution of items received. Well, we did collect food [6 totes full - about 300 lbs.] and we collected over \$2,000 in gift cards - truly amazing. While attending the community holiday event, I got to meet many of my new neighbors. They listened intently to my story about how Lions do so much for local communities. They heard stories of vision screening and its importance to young children in early detection of potential eye issues. I got the chance to let my neighbors know that District 44H owns and provides a summer camp to individuals with special needs. My stories must have hit home, as there is interest in how they could further help. One family even stopped by our house the next day and made a \$1,000 donation to Lions Camp Pride. I am planning to continue to stay in touch and offer my neighbors the opportunity to become a local Lion. Maybe starting the new year with an open house sponsored by the Raymond Lions Club.

It's the season to renew your commitment to serve your local community.

Remember - Spread your Wings and reach new heights!

God Bless

Peter

2nd Vice District Governor 44H

Peter J. LaPointe

978-479-0454



Comments from GST, Lara Middlemiss

This year at our mid-winter convention we will be collecting socks, winter hats and mittens. The collection will be in the hallway across from the ballroom.

In order to ensure a smooth process for our no sew blanket activity, please bring scissors if possible.

Wishing everyone a Happy and Healthy New Year!

Comments from GML, Gail Dacey

Happy New Year! I hope everyone had a happy holiday. So far, we are doing pretty good in the membership department. As of today, we have 1278 members. In order to bring forth an international director we need to have 1260 so far so good. Keep up the good work. Remember just ask. Once you get a new member get them involved. Put them to work. That is why they joined to do service to your community. Out of 38 clubs 19 have added at least one member this year. That is half of the clubs. Randy challenged each club to add 2 members this year so let's see what we can do. Looking forward to seeing everyone at convention. If you need anything let me know.

Comments from GLT, Marilyn Vaccaro

Well Happy New Year to all!

Hope everyone had a Merry Christmas.

I hope you have started to use MY LCI. As I look at the clubs only a few are reporting your activities. Please let your secretary know so it can be posted on your site.

It's time to start looking for new leadership.

Marilyn Vaccaro

603-437-1408





MCC Chair Comments, Robert Gustafson

First, I hope everyone had a nice Christmas and New Year celebration. Let's have a great 2023! The Multiple District is working hard to prepare for the Mid-Winter Convention coming up on January 27-29 at the DoubleTree by Hilton in Nashua. As you may know, we have a special guest to look forward to in Immediate Past International President Doug Alexander, a great IP imo and now an IPIP focusing on our Charitable Foundation activities. Also, we'll be voting on PCC Steve Middlemiss as our candidate for International Director. The registration forms for this event are in the Pride and Roar newsletters. We have excellent Entertainment planned for Friday night.

The Multiple District is also working hard to prepare for the 105th International Convention in Boston from July 7th-11th. Remember, the cost for each Lion to register is \$175 through January 13th. After that, the cost will be \$250. To reiterate from last month, for the registration fee, you'll get an official name badge, souvenir medallion, an official convention program and one entrance for the International Show along with other free seminars. Plus, you'll get to march in the Parade where we expect to have a beautiful Float and top notch Band. So, just google Lions International Convention and register online before January 13th to save on registration fees.

Thank you for serving our Communities. Our Association does so much and you are a part of it.

PDG/Cabinet Secretary Treasurer Kitty Callender

VISITATIONS...PART 3!

Lion Randy and I have enjoyed our visitations to various clubs in D44H. The one thing I have come away with? Each club, each member is so very different. Of course, I knew that before, but seeing the differences is amazing! What works for one club, may not be workable for another. What one Lion perceives as "impossible" another sees as a challenge! Very different. And very necessary to our survival as Lions, Lions Clubs, zones, districts and in the world as Lions.

Lion Randy and I would very much to visit your club, talk with you, and perhaps, induct a new member or 2! There is still seven-7- months to go in our Lion's year. Since we started our year, Lion Randy and I have traveled together, over 4,000 miles!! And we've put another 500 on separately. Help us travel another 4,000 miles in the remainder of the year!

Lion Kitty Callender Callendergirl54@hotmail.com 575-937-791



Diabetes Awareness

Happy New Year !!

Start the New Year by reading labels on what you eat

Environment by Jeri Maynard



ENVIRONMENT

Well, it is 2023 and many of us are making the same old New Year's resolutions- gonna lose weight- be careful spending- exercise more, etc. But by the end of January, it's too cold to go for a walk or to the gym and the discount end of the year sales are too good to be true. And we do not even have to mention that salads are not even tempting - we need that good old casserole and other warm and fattening dishes...

So how about adopting New Year's Resolutions that can help us improve the health of our planet?? Here are some eco-friendly promises you can make which are really easy to keep:

1. **Remember your reusable shopping bags:** Plastic bags are not usually recyclable, costly to process and usually end up in landfills and waterways. Whether it is in use, recycled, or landfilled, there is no "away" when we throw out plastic. Reusable canvas, hemp, or cotton shopping bags are low-cost, long lasting and help to reduce the demand for plastic.
2. **Go paperless:** A recent study from the University of Southern Indiana reports that Americans have used 85,000,000 tons of paper each year. That translates to an estimated 500,000 trees cut down just to read your Sunday paper. Instead, opt for paperless bills and receipts, consume your news digitally and/or purchase an online subscription to your favorite publication.
3. **Reduce your meat intake:** "Meatless Mondays" have numerous health and environmental benefits by combating heart disease, cancer, and climate change (less water needed and less methane gas released into the air)
4. **Switch to bar soap and shampoo:** Shampoo and body wash bottles may claim to be recyclable but the truth is that up to 500 million will end up in the landfill. Not only that, most liquid body soaps/shampoos are made up to 80% water- switching to bar shampoo and soap reduces plastic waste and saves you money (more use from your products).
5. **Find new life in old clothes:** Today, the average woman may buy upward of 60 pieces of clothing each year. Yes, we know that clothes shopping is fun and may even be stress reducing but you may not know that the textile industry is the second biggest polluter after gas and oil companies. Challenge yourself not to buy any new clothing until you have gone shopping in your closet. If something new is needed for a special or one-time event, consider a thrift shop, borrowing from a friend, or renting the item. Yes, women can rent outfits just like men already do!
6. **Avoid online shopping- Invest in your local merchants:** Of course online shopping is easy, sometimes economical, and offers a larger selection but this convenience comes at a cost. Transporting your packages increases gas emissions and air pollution. Boxes are packed inside boxes with the amount of cardboard used each year amounting to about 1 billion trees. Shopping locally, boosts your community's economy, cuts transportation costs and environmental impacts – lets keep your money where you live and spend it wisely.
7. **Channel your inner handyperson and learn to fix your broken items:** When something breaks, often, we toss it out and buy something new. Repairing it yourself, keeps it out of the landfill- take a class (online or at the local vocational school) or get knowledgeable friend to help you out.
8. **Cut back on the paper towels:** We tend to grab a paper towel for everything from wiping up spills to cleaning your counters. Instead, invest in a few cotton cloths and some fabric napkins and then drop them in the wash on laundry day. Using your cloth alternatives is just as easy as using paper products BUT you only need to buy them once.
9. **Replace your lightbulbs:** LED bulbs last longer than traditional bulbs and you will cut your energy costs up to 80%.

HAPPY GREEN NEW YEAR



LIONS CAMP PRIDE CONNECTION

January 2023

Happy New Year

Work continues at the Camp. Busby Construction has completed septic install and grading at the pavilion. The main building is complete and ready for occupancy. A final decision needs to be made about what to do about the floor. Sports court? Epoxy finish with lines to define basketball/pickleball courts? The addition floor needs to be decided on so we can finish the plumbing and trim. All in all great progress has been made this year with that project.

A big shout out to the Hampton Lions who bought the plumbing fixtures for the pavilion. Thank You

Bathroom remodels continue at the Wakefield and Danville buildings. Sheetrock is finished in both, but the finishes will need to wait for the warmer weather.

Volunteers have been awesome, but more are needed to finish up in the spring, so get involved!

All lease groups are on board for the 2023 season, and we have another wedding planned for October

Lions Camp Pride's calendar raffle is underway. A great way to support your Camp. Tickets are \$10 each with a nice payout every day in January.

Thanks Lenny

LCP Board members	\$48,415
Lions	\$67,140
Clubs	\$74,445
Corporate	\$6,700
LCP Friends	\$34,505
Total	\$231,205



Thanks for listening, Lenny Hall
LAH03811@gmail.com
978-360-0958



Multiple District 44 Convention
January 27-29, 2023

Schedule

Friday, Jan. 27th

3:00-6:00 pm Registration
3:00-5:30 pm Hospitality rooms open
6:00-7:00 pm Cash bar and social
7:00 pm Dinner and Entertainment
Hospitality rooms open following banquet

Saturday, Jan. 28th

7:30-8:30 am Registration
8:30-11:30 am Multiple District meeting
11:40-12:05 am Sight and Hearing meeting
12:05-12:25 pm Lions Youth Service meeting
12:30 pm Lunch on your own
2:00- 3:00 pm LYS project

3:00-5:00 pm Hospitality rooms open
5:30-6:15 pm Cocktail reception
6:15 pm Grand March for Head-Table and Subhead tables ONLY
6:30-9:30 pm Banquet and Program
Hospitality rooms open following the Banquet

The hospitality rooms will be on the 8th floor

CLUBS ARE WELCOMED TO BRING THEIR CLUB BANNERS TO BE HUNG IN THE BALLROOM

MD44
Mid-Winter Convention
Friday Night Entertainment

provided by

The Bel Airs

The #1 Doo Wop group in New England
perform Doo Wop and Vintage Rock 'N' Roll
with elegant five part harmonies and
stereophonic instrumental arrangements.

Their music takes you on
a romantic journey back to classic cars,
sweet sixteen girls wearing saddle shoes,
bobby socks and poodle skirts.

Come & Enjoy
The Bel Airs
as they Bring You Back in Time
With Great **Music & FUN**
on Friday Evening
January 27, 2023

Dress Casual or Dress for the Doo Wop Days!





MULTIPLE DISTRICT 44
63rd MID-WINTER CONVENTION
DOUBLE TREE BY HILTON, NASHUA, NH
January 27 – 29, 2023

Our Invited Guests: International Past President Douglas Alexander & Lion Shabiki Cazabon

Lion #1 _____ CLUB _____

Lion #2/guest _____ CLUB _____

Home Tel. # _____ email _____

<u>Plan</u>	<u>Meals and registration</u>	<u># of persons</u>	<u>total cost</u>
A Fri. banquet, entertainment, Sat night hors d'oeuvres and Sat. banquet			@ \$74.00
B Sat. night hors d'oeuvres and banquet			@ \$42.00
C Fri. night banquet and entertainment			@ \$32.00

Total Amount Due \$ _____

Please make meal choices for Saturday Night Banquet: Circle number for your Choice

1- Herb Crusted Chicken 2- Lemon Pepper Haddock 3- butternut squash ravioli
Dessert: Ultimate Chocolate Tort

Friday night: Italian Buffet: Salad, breadsticks, pasta w/marinara sauce, meatballs, eggplant parmesan
Coffee, decaf and regular, herbals teas, chef choice of dessert

Saturday and Sunday Breakfast: Hotel restaurant open 7am-11am. Restaurant closed for lunch

Please note any special dietary needs _____

Deadline for meal reservations is January 14, 2023

Hotel Reservation: Lions Convention Room rate: single or double \$119.00/night plus tax

Call the Double Tree hotel @ 603-886-1200 and identify yourself as part of the group of NH Lions Multiple District 44. **All reservations must be made by Friday, January 6, 2023, for the special rate.** You will call and pay for the hotel direct for your room.

Any questions please email Celeste ricupero7@comcast.net or call 603-321-0737 Convention Coordinator

Send reservation form and check for meals to:

Make checks payable to: Lions MD 44 Convention Fund

PCC Celeste Ricupero
Convention Coordinator
7 Winn Ave
Hudson, NH 03051

Mid- Winter Meal Selections
January 27-29, 2023

Friday Evening

Italian Buffet

Garlic & Herb Breadsticks

Mixed Baby greens paired with garden vegetables and 2 house made dressings

Penne pasta with marinara sauce

Meatballs

Eggplant parm

Chefs' choice of desserts

Coffee, decaff coffee and herbal tea

Saturday Evening choices are

Herb crusted chicken served in a sherry cream sauce

OR

Lemon pepper haddock white wine lemon butter sauce

OR

Butternut squash ravioli

All Served with



Caesar salad

Roasted fingerling potatoes

Roasted carrots

Dessert: ultimate chocolate tort

**DOUGLAS X. ALEXANDER
PAST INTERNATIONAL PRESIDENT and
CHAIRPERSON FOR LIONS CLUBS INTERNATIONAL FOUNDATION**

Douglas X. Alexander, from Brooklyn, New York, USA, was elected to serve as international president of Lions Clubs International at the association's 103rd International Convention, June 25 through June 29, 2021. As of June 28, 2022, he will serve as Chairperson for Lions Clubs International Foundation (LCIF) through July 11, 2023.

Past International President Alexander is a retired vice president for J.P. Morgan Chase Bank.

A member of the Brooklyn Bedford Stuyvesant Lions Club since 1984, he has held many offices within the association, including club president, zone chair, region chair, vice district governor, district governor, cabinet secretary, cabinet treasurer and DGE group leader. He also served as a Lions Eye Bank transporter, a member of the District and Multiple District PDG Association, a trustee of the New York State and Bermuda Lions Foundation, and was appointed as the Lions representative to UNICEF-New York from 2012-2014. He has served on the USA/Canada Lions Leadership Forum Planning and Host Committees and has been a presenter at several USA/Canada Forums.

In recognition of his service to the association, he has received numerous awards including the club Lion of the Year, Club President's Award, the Robert J. Uplinger Service Award, several District Governor Appreciation Awards, and the Multiple District Membership Growth Award. He is also the recipient of numerous International President's Certificates of Appreciation, multiple International President's Awards and the Ambassador of Good Will Award, the highest honor the association bestows upon its members. He is a Dr. Franklin G. Mason Fellow, a W. P. Woods Fellow and a progressive Melvin Jones Fellow.

In addition to his Lions activities, Past International President Alexander is active in numerous professional and community organizations. He has served as chairperson of the advisory board for the New York Urban League and as a board member of the St. Francis DeSales School for the Deaf. He is also a recipient of the Congressional Record Award.

Past International President Alexander has two daughters, and his partner in service, Shabiki Cazabon, is a Lion and a Progressive Melvin Jones Fellow.

R-5/22

Conway Area Club Events

On December 2, members of the Conway Area Lions Club helped to transform the North Conway Community Center's gymnasium into a winter wonderland for Christmas with Santa and Whoville. Goody bags were filled for the children, trees were set up and decorated, and a great time was had by all!



Clarice Girouard and Linda Rafferty presented a \$500 check to Material Girls that makes quilts and serves our community. This money is put towards the batting to quilt the blankets.



Dover, Rollingsford and South Berwick Club Events



The Lions Club of Dover, Rollinsford and South Berwick provides Trex bench made from recycled plastics to Rollinsford Grade School

On December 12, 2022, the Lions Club of Dover, Rollinsford, and South Berwick dedicated a beautiful Trex bench to the Rollinsford Grade School. The bench is one of five donated throughout the community as part of a very successful recycling effort in conjunction with the Trex "NexTrex" challenge. The benches are made from recycled plastics such as grocery, produce, ziplock and pellet bags, which are collected by Lions Club volunteers at area transfer stations and other locations. The collected plastics are weighed and delivered to a participating retailer and ultimately transformed into lovely benches complete with bronze plaques. Huge thanks to the local community who are helping us by recycling their plastics!

The Lions Club of Dover, Rollinsford and South Berwick is a member of the Lions Club International, which began in 1917. Their motto is "We Serve." The club gathers monthly to find ways to improve their community.



Pictured: Caleb Allen, Brad Solomon, Deborah Tobar, Sam Allen, Jennifer Laurent, Kevin McEneaney, June Pinkham, Maria Shute, Catherine Allen, Marie Hall

Hudson Club Events

Hudson Lions Club Ringing the Bells for the Salvation Army at Market Basket in Hudson



Don and Margaret St. Onge, bell ringing Co-Chairs, thank all for ringing the bell for the Salvation Army on Nov 19th at Market Basket – The club broke all November records. The kettles held a total of \$904.06, success!

A special thank you to the littlest elves that certainly brought smiles to so many customers.

Alvirne Leos' Assist With Food Distribution

Alvirne Leo's, along with Lion Margaret St. Onge, and Leo's advisor Deb Cole, volunteered at the Food Drop on November 12th, in Manchester. The LEOs bagged hundreds of bags with over 1000 pounds of donated fruits and vegetables. They had a fun time while assisting those in need.



Nashua Club Events

Nashua Lions Celebrate the Season of Giving with Fundraisers, Service, & Fellowship



The Warren Miller extreme ski movie fundraiser was a success! The planning that goes into this evening paid off with a very smooth event. Participants bought movie tickets, basket raffle entries, bid on silent auction items, and bought 50/50 tickets. They also enjoyed the swag bags, door prizes, and give-aways during the event. Thank you to all the Lions who participated in this successful event.



The Lucky Moose Casino & Tavern invited several guests, including representatives from Lions Clubs in NH, as they kicked off their Historical Horse Racing (HHR) Launch Party. In attendance were Alan Hoye, President of the Merrimack Lions Club; John Wynne, 44N District Governor and member of the Milford Lions Club; Celeste Ricupero, Past Council Chair from the Hudson Lions Club; Ed Lecius, Past International Director from the Nashua Lions Club; and Phil Przybyszewski from the Merrimack Lions Club.



Many Nashua Lions give service through volunteering on Boards, in their churches, and serving the many charitable organizations in the Nashua area during the year.

Pictured: King Lion Paul Bergeron ringing the bell for the Salvation Army.



Breakfast with Santa: Nashua Lions sponsored the Breakfast with Santa event at the Senior Center. Santa and his many elves served up a wonderful morning for all who attended. We performed vision screenings; provided a fabulous breakfast to many people; had activities for the kids including coloring, decorating gingerbread men and houses, and making antler headbands; and of course, Santa was busy talking to many children. Thank you to the many Lions who made this a success.



Nashua Lions shared fun and fellowship at our annual Holiday Party & Yankee Swap



Salem Club Events

Salem Lions 69th Christmas Tree Lighting November 30th



We participated in The Chamber wreath walk



We were awarded 3rd place for our float in the Christmas parade.



We donated gifts to patients at Salemhaven Nursing home who would not be receiving any presents this year.



Salem Club Events

Lions Lori Ball, Dolly and Bob Dennis and Larry Seaman not pictured packaged and delivered meals on Christmas morning



Sandown Club Events

On December 11th, the Sandown Lions held our annual free Pancake Breakfast with Santa. This is the first year we were able to hold it inside since Covid. The children were able to sit with Santa and tell him what they wanted for Christmas. The Elves handed a small gift to each child as they finished their visit.

Also, our Christmas service project was to adopt a Veteran and their family through Harbor Care. Katie Paciulan from Harbor Care was on hand to accept the donation of new household items that will be use in their new house. Also, a check was given to Katie to help our adopted family. This money was graciously donated by the attendees of the pancake breakfast.

Thank you,
Erica



Saddleback Mountain Lions Club Events

Ice racing to benefit Camp Pride – conditions permitting, we will be ice racing on Northwood Lake in January, February, and March. All proceeds are donated to Lion's Camp Pride. Ads are still available.

Sponsored by
 **Saddleback Mountain Lions Club** 
and
Northwood Lake Ice Racing Association

ICE RACES
Northwood Lake • Northwood, NH



Now
Featuring
ATV
Racing!!

**Every Saturday in January,
February & March 2021**

Racing Starts at 11:00 am – Ice Permitting
Call for Updates on Conditions: 303-4049
www.nlira.weebly.com/

All Proceeds To Benefit
NH LIONS CAMP PRIDE (501C-3)
Special Needs Children's Camp



Saddleback Mountain Lions Club meetings are now scheduled for the third Tuesday of the month at the Northwood Community Center at 6:30.

Windham Lions Club Events

The Spirit of Giving is under the tree!!

At the recent Christmas Party of the Windham Lions Club, members and friends decided instead of a "Yankee Swap" to donate food and baby items for Shepherd's Pantry. What a wonderful way to give back to our community and have some Holiday fun, too! Our club also made a monetary donation of \$1,000 to the Pantry. President Becky Brown is making the presentation to Jan, one of the many dedicated volunteers at Shepherd's Pantry.





The Meredith Lions Club

proudly endorses



Marie R. Valliere

Candidate for

2nd Vice District

Governor

NH District 44H

2023-2024



Lions Youth Services



MID-WINTER SERVICE PROJECT

Lions Youth Services
is Asking all Lion Members to Donate
New Hats, Gloves, Mittens, and Socks
for Pre-School and Elementary
School-Age Children

Collection of these items will be made
at the MD44 Mid-Winter Convention
Saturday, January 28, 2023

More Details to Follow!





Lions Youth Services

Meeting December 8, 2022 - President Eric Olsen called the regular meeting to order at the Airport Diner with eight members in attendance along with guests Lions Smyth Bouchard, Jim Hogancamp, and Al Walker.

LYS Grant Program - one grant application was received from the Enfield-Mascoma Lioness Lions for materials to make pillowcases and purchase stuffed animals for children who are hospitalized in one of the CHaD facilities. After review, the grant in the amount of \$500 was motioned for approval. Applications are reviewed at each monthly meeting. Please be sure to fill out the application completely including the club presidents signature and mail directly to Lions Youth Services at PO Box 156, Atkinson, NH 03811. (*A copy of the grant application can be found in this newsletter*).

Terri Lynn Fundraiser - please look for the latest flyer in this newsletter. Believe it or not, Valentine's Day will soon be here! Why not order that special someone a special treat from Terri Lynn. Not only will they be delighted but LYS will also be as we receive a small percentage of the sale. All goes to helping support the youth in our communities. We thank you for all your continued support with this fundraiser as we begin another year! All orders are greatly appreciated as we are confident that you will be completely satisfied with all the Terri Lynn products.

2023 Calendar Raffle - Tickets for the March Calendar Raffle will be available for purchase during the Mid-Winter Convention. Contact Lion Harry Armstrong to purchase tickets or for details.

harrya616@yahoo.com

Lions Night at the Fischer Cats - We are working out the details to schedule a date for sometime this summer. Further details to follow.

Mid-Winter Service Project - Please see the flyer in this newsletter for details. We have asked that hats, mittens & gloves, and socks be collected and brought to the Mid-Winter to be distributed to all Zone Chairs, (*see details from President Eric Olsen's letter in this newsletter*) Also, we will be making fleece blankets after the morning meetings. If you can help out, please join us around noontime on Saturday, January 28, 2023.

LYS Annual Meeting - will be held on Saturday, January 28, 2023 during the Mid-Winter Convention. Any or all open positions for the board will be determined during this meeting. Further discussion will be made at our **next meeting January 12, 2023 at the Airport Diner in Manchester. All Lions are welcome to attend!**

Peace Poster Contest - ***"Lead with Compassion"***. Congratulations to all and many thanks to all who had participated in this year's contest. Photos of the participants will be on display at the Mid-Winter Convention. The first and second place finalists will also be awarded during the Saturday Lions Youth Services session at the Mid-Winter Convention January 28, 2023. Please join us for this very exciting awards presentation.

Winners will be notified by or prior to February 1st by Lions International. Next year's theme should be announced soon as the kits are to be available on January 15, 2023.



Fundraising with



On behalf of Lions Youth Services and Terri Lynn we wish to thank all who have supported our fundraiser to help the youth in New Hampshire this past year.

We continue this effort as we begin yet another new year! We are grateful for all your purchases and hope this year will be just as successful.

Happy Valentine's Day to you and yours!

To place your order please visit: <https://LYSNH.terrilynn.com>



Add a little sweetness to your day or your favorite Valentine with our premium chocolates and premium nuts! Whatever your preference, from rich dark chocolate to honey roasted nuts. Sweets taste all the sweeter when you show your support.

Recipe for Nutty Toffee Delight

Enjoy this perfect sweet and salty party mix at your next event!

It's guaranteed to disappear. Featuring our fan favorites—

Roasted Whole Almonds, Honey Roasted Cashews, and Honey Roasted Peanuts.

Ingredients

- 7 cups Rice Square Cereal
- $\frac{1}{2}$ cup Each **Terri Lynn Honey Roasted Cashews, Peanuts, and Almonds**
- 1 $\frac{1}{2}$ cups Mini pretzels
- $\frac{1}{2}$ cup Butter
- 1 cup Dark brown sugar
- 1/3 cup Light corn syrup
- $\frac{1}{2}$ tsp Salt
- 1 tsp Vanilla extract
- $\frac{1}{2}$ tsp Baking soda

Directions

- In a very large mixing bowl, add the entire box of cereal, assorted nuts And pretzels then set aside.
- Melt butter on stove over medium heat.
- Add the brown sugar, corn syrup and salt.
- Bring the mixture to a boil, stirring frequently.
- Allow the mixture to boil for 2 minutes and then remove from the heat.
- CAREFULLY stir in vanilla extract.
- Add the baking soda and mix thoroughly.
- Pour the hot toffee over the cereal, nuts and pretzels and gently fold to combine.
- Pour mixture on foiled lined & greased baking sheet and spread evenly. Bake 45 minutes at 250°, stirring every 15 minutes.
- Remove from oven and continue stirring and separating the clumps until the mix is cool enough to stay separate.



LIONS YOUTH SERVICES
PO Box 156
Atkinson, NH 03811

~ GRANT APPLICATION ~

All applications must be mailed

1. Contact Info: _____
2. Phone # _____
3. Club _____ District _____
4. Requester's Name _____ Club President Signature _____
5. Mailing Address: _____
6. E-Mail Address: _____
7. Project Details _____

8. Project Budget: _____
9. Requested Amount: _____

10. How does this benefit the Youth of New Hampshire? *(Evidence of impact)*

Grant Request Summary: All requests made must be made through Lions in 44H and/or 44N in the State of New Hampshire for \$500.00 with no more than 2 within a Lion's Year. (Jul-Jun) and they must be for different projects.

Project Title; Start and End Date _____

Today's Date: _____

Board Approved _____

Board Denied _____



THE DOGSIGHT PROJECT

A Program of the New Hampshire Lions
Multiple District 44 – Health Services of New Hampshire



Frozen Toes

Winter walking is challenging in many ways. Cold hands are less sensitive to the feel of the guide dog's directions, and stiff muscles make it harder to recover from slips. But to me, the biggest challenge is keeping my guide comfortable as she navigates snow and ice to get to our destination. There is discussion among guide handlers about booties for our guides. I think they interfere with a guide's ability to feel surfaces, thus preventing guides from making the safest choices. The better way, IMHO, is to keep the fur between the toes trimmed to minimize snow build-up, and to use a salve (like Mushers' Secret) to protect the feet from road salt and soothe those hard-working toes. We must go out in all weather, but I have confidence that I am doing the best for my guide as she does her best for me.

Please send contributions to the DogSight 2022-2023 campaign to the project chair. Checks should be made out to **LSHF** with **DSP** on the memo line. Please send checks to: The DogSight Project, c/o Linda Piekarski, 15 Edgewood Ave, Keene, NH 03431.

Thank you for your support!!

Linda Piekarski
Chair, the DogSight Project
lpiekarski@ne.rr.com



Raised for Fidelco in 2022-2023: \$8376



Comments from the District 44H Endorsed Candidate for International Director PCC Steve Middlemiss

As we transition out of the Holiday season back into our work as Lions, I would like to once again thank the members of District 44H for their trust in me as the endorsed candidate for International Director. I would also like to thank the Middlemiss for International Director Team for their tireless work and support. Lion Lee-Ann, Campaign manager PDG Gary Rodgers, Lion Robin Rodgers, PCC Celeste Ricupero, PCC Scott Wilson, our advisers PID Ed Lecius, PID ED Farrington and PCC Ellie Johnson.

I am humbly seeking support from all of the members of MD 44 for their endorsement as International Director Candidate, occurring at our Mid-Winter convention on January 27-29. It would be an honor to represent NH on the International Board. With Immediate Past President Douglas Alexander as our speaker, it will be an amazing convention that everyone should be a part of.

We congratulate Zone Chair Marie Valliere on her Club's Endorsement for 2nd Vice District Governor.

LeeAnn and I look forward to seeing everyone at Mid-Winter.
Yours in Lionism,
PCC Steve Middlemiss
Candidate for International Director

Comments from Lions Sight & Hearing Foundation President PCC Steve Middlemiss

I would like to thank VP PDG Marie Hall for running the meeting in my absence and PCC Fred Plett for running the zoom portion. There were 3 new cases for review at our December meeting totaling \$2,899. Year to date LSHF has helped 18 individuals for a cost of \$19,276.00. Clubs, please let your communities know that LSHF is here to help them with their sight and hearing needs. Thank you to the Lions of MD 44 for supporting LSHF and allowing us to help those in need in our communities.

Once again it is time for the board of LSHF to reach out to the members of both Districts to consider if they would like to become a member of our board. We are looking for 2 Lions from 44 N and 2 from 44 H. The election will occur in January at the MD 44 Mid-Winter convention. The length of the term of director is 3 years. The deadline for submitting your name to be placed on the ballot is January 19, 2023. If you have an interest, you are welcome to attend one of the upcoming meetings to have a better feel for what we are about. There were 3 members who attended the December meeting with an interest in joining the Board. PCC Bill Rathbun and Lion Francis Caron from 44 H with Lion Greg Stout from 44 N. Lion Mike Davis also from 44 N is looking to continue on the Board. The meetings are the 3rd Thursday of each month at 6:30 (social at 6:00) held in person at the Airport Diner in Manchester. We all hope to see you there.

We will also be placing into consideration a minor by-law change to Article 2 (E) that would allow the directors the ability to place into consideration at an Annual Meeting when necessary the election for either a one (1) or two (2) year term in order to ensure a balanced board between the 2 Districts.

Please remember that every lion of MD 44 is a member of Lion Sight and Hearing Foundation and are always welcome to our monthly meetings held the third Thursday of each month at the Airport Diner at 6:30 pm.

On behalf of myself and the board of directors we hope to see you all at the MD 44 Mid-Winter convention.

Yours in Lionism

PCC Steve Middlemiss

President LS&HF



ORDER YOUR AWARDS FOR SPRING CONVENTION

LIONS SIGHT & HEARING FOUNDATION OF NH, INC

GRANITE STATE FELLOW (GSF)

Give recognition to someone in the community who helps and supports your club, or a member in your club that goes above and beyond.

Some clubs have money in their accounts with Sight & Hearing. Consider using those funds to thank individuals or entities for their support, and honor them with a GSF award. The Award comes with a beautiful plaque, a lapel pin and a letter honoring the recipient.

By making a donation of \$500.00 to LSHF, you are not only giving recognition, you are aiding a NH Citizen in need of our services.

Services include, hearing aids, eyecare and cataract surgery.

Donations go directly into the LSHF Endowment.

Clubs may donate to LSHF in \$100.00 increments

Donations may be banked for up to 5 years, by putting a designation on the donation memo.

Applications online: [nhlions.org \(Sight & Hearing, Granite State Fellow](http://nhlions.org)

Or from Chairman PCC Roger LaTulippe at 603-566-9409

email: dgroger@comcast.net

**Any club planning to have a Melvin Jones/
Progressive Melvin Jones or Granite State Fellow
at the Mid-Winter banquet on Saturday Night --
Please contact PID Ed Lecius to make the appro-
priate arrangements before JANUARY 20, 2023!!!**

**Thank you
PID Ed Lecius**



MD 44 is pleased to announce

The scheduling of

The Second

Regional Lions

Leadership Institute

When: March 3-5, 2023

Where: Tilton, NH

Why: To stimulate and grow Leaders and Leadership Opportunities at the Club, District, Multiple District Levels and ...beyond

Who: All LIONS in good standing who have not yet reached the position of Second Vice District Governor.

Please forward a completed application, prior to February 10, 2023, to your District Governor

Cost of the Institute: Multiple District 44 will provide meals according to the schedule of the institute. Single occupancy Hotel rooms are included in the cost of the Institute. Hotel stay is required. Please note the cost for participation in this training event is \$125.00

Participants are also responsible for their own transportation and related travel expenses to and from the institute site. This is a 3 day intensive training program and applicants must be willing to commit to attending all days of the institute, including group mealtimes, and understand that personal time is extremely limited. Attendance at all classroom sessions and scheduled meals is mandatory

Please note: Acceptance to the Institute is not guaranteed.

Expectations of RLLI Graduates:

1. Pursue additional leadership roles and responsibilities in their respective zones and Districts
2. Help to develop Lions Leaders and serve as a Leadership source in their Clubs, Zones and Districts
3. Share their Institute experience with members of their Club, Zone and District and encourage others

For further information please contact your District Governor or

Event Coordinator Bill Rathbun (pdgbill33y@yahoo.com or 603-707-6209)



**MD 44 Regional Lions Leadership Institute
Tilton, NH
Friday thru Sunday March 3 to 5, 2023**

Part 1: Applicant Information

* PLEASE PRINT - Required information for all institute correspondence

District Number: _____ Membership Number: _____

First/Given Name: _____ Last/Family Name: _____ Email*: _____

_____ State/Province: _____ Gender: Male _____ Female _____ Month and Year

Joined Lions Clubs: _____ Club Number: _____ Lions Club Name: _____

Current Lions Title: _____ Highest position held in Lions Clubs: _____

I confirm that I am capable of understanding and actively participating through reading, writing, and fluent speaking skills in English

Lions Leadership Institutes Previously Attended (Locations & Dates): _____

Part 2: Experience and Skills Please type or print using additional sheets as needed.

1. Offices held within current Lions Club: _____

2. Committee positions held within current Lions Club: _____

3. Previous Lions Clubs you have been a member of and Offices held: _____

4. Why is this institute of interest to you? _____

Part 3: Acknowledgements

I understand that MD44 is not responsible for personal costs, including but not limited to, those associated with the following: illness, unanticipated or other personal events, lost or stolen property.

I understand that I am expected to attend all classroom sessions and group meals and activities.

Part 4 Endorsement The applicant's District Governor or Global Leadership Team (GLT) District Coordinator must complete this section. In what ways will this applicant benefit from attending the Regional Lions Leadership Institute?

Completed by: _____ Title: _____ Email: _____



TALES OF THE SERVICE TRAIL UPDATE

December 2022

Well, Karol and I may have missed most of Maine's glorious autumn palette this year, but now the holidays are amidst all of us. We will enjoy Maine's winter holiday season, along with all of you. We have, and will, enjoy family and friends this month. Our travels are curtailed until NELC weekend in Mystic, CT, in January (where we hope to see many New England Lions!).

However, many of us Lions will add to our enjoyment of these holidays by helping those in our communities who are in need even during these wonderful days. Sometimes each of us works quietly, without assistance or fanfare to make a difference in one life. Other days, it requires the collective work of the Lions club as a whole to do the work of your personal God for the world to be raised up! Please keep that with you in your heart.

For several months, I have closed each "Tales" with ten ideas for finding new members (totally stolen from other Lions). Now I realize that most of us and our clubs are not out there this month recruiting members, but you can be cogitating the base work to hit the ground running at the start of 2023! The response continues warming, so here are ten more ideas:

91. Mail a welcome letter from the King Lion to send to all new members.
92. Talk to each member who has resigned in the last three years.
93. Use billboards at bus stops and along roads!
94. Ask club members to put club ads on their delivery trucks.
95. Recognize each new member in your club newsletter.
96. Regularly check the Lions International website for new ideas .
97. Visit other Lions e-sites (clubs, districts, MDs) for their ideas!
98. Invite spouses to functions, projects and fun times!
99. Have recipients of club or LCIF benefits speak at the club meeting.
100. Hand members M&M candies as "Membership Matters", or "More . Members" provide more service.

So for 2023, I want to include your ideas here! Please email me your ideas for membership recruitment and retention so I can share them around our

Lions world. Remember that all these ideas that I have presented were purely theft from fellow Lions! So now I ask you to let me share your techniques throughout our Lions world. Send those great thoughts to: youney@mhfy.us! I need your help as I am out of the purloined material I have been passing to you the last ten months.

Enjoy your fellow Lions! Enjoy your holiday projects, service, and fun! Please take care of your Lions and yourself, as well as your communities. Have a very merry holiday season with your family and friends.

And remember - **LCI CON 2023 BOSTON** is here soon! Vote for Lion Mark Lyon, 3IVP!

I thank all of you again for this honor to serve Lions and the world. We promise that we will do our best to represent all Lions world-wide.

Lion John W. Youney,
International Director 2021-2023,
& Lion Karol Kish Youney,
Partner-in-Service



**DISTRICT GOVERNOR****DG Randy Tompkins**

1 Coombs Farm Rd
Greenland, NH 03840

H: 603-431-7352

C: 603-765-4965

E: Rye642@comcast.net

1st VICE DISTRICT GOVERNOR**FVDG Kamal Masand**

20 Jennifer Drive
Nashua, NH 03462
H: 603-886-4389
C: 603-661-6638
E: Imasand01@gmail.com

2nd VICE DISTRICT GOVERNOR**SVDG Peter Lapointe**

12 Blackstone Drive
Raymond, NH 03077
H: 603-244-2354
C: 978-479-0454
E: hampstead.lions@gmail.com

CABINET SECRETARY-TREASURER (CST)**Kitty Callender**

112 Iron Wheel
Danville, NH 03819
C: 575-937-7911
E: callendergirl54@hotmail.com

MULTIPLE COUNCIL CHAIR**MCC PDG Robert Gustafson**

16 East Road
Atkinson, NH 03811
C: 603-553-0531
E: robertgustafson11@gmail.com

IMMEDIATE PAST DISTRICT GOVERNOR**PDG Robert Gustafson**

16 East Road
Atkinson, NH 03811
C: 603-553-0531
E: robertgustafson11@gmail.com

Global Leadership Team

GLT Marilyn Vaccaro
74 Chase Road
Londonderry, NH 03053
C: 603-204-7251
E: jvac1408@comcast.net

Global Membership Team

GMT Gail Dacey
26 Winward Terrace
Salem, NH 03819
H: 603-898-6913
C: 603-560-1029
E: grd514@aol.com

Global Service Team

GST Lara Raymond
15 Lindsey St
Hudson, NH 03051
H: 603-438-7438
E: lamiddlemiss@gmail.com

LIONS YOUTH SERVICE

Second Thursday of the month at
Airport Diner, Manchester

SIGHT & HEARING FOUNDATION

Third Thursday of the month at the
Airport Diner, Manchester at 6:30PM

HEALTH SERVICE OF NH

Fourth Tuesday of the month at
Airport Diner, Manchester at 6:30PM

TWIN SOCCER ASSOCIATION (LTSSA)

Last Wed of the month at
Lui Lui in West Lebanon Powerhouse
Mall, Subject to change

CAMP PRIDE

2nd Wednesday of the month at
Airport Diner, Manchester NH

Zone 1 , Robert Dennis ,Chair

H: 603-893-1819

C: 603-234-7220

E: rdennis49@comcast.net

Clubs: Derry, Hudson, Litchfield,
Londonderry, Nashua, Salem and
Windham

Zone 2, MaryEllen Pate, Chair

H: 603-489-5259

C: 603-475-9985

E: Meln71@msn.com

Clubs: Atkinson, Danville, Epping,
Hampstead, Plaistow, Sandown and
Kingston

Zone 3 Melanie Saunders, Chair

H: 603-734-2818

C: 339-234-0982

E: melanieleesaunders@gmail.com

Clubs: Exeter, Everest Centennial,
Hampton Area, Newmarket, Ports-
mouth, Rollinsford / S. Berwick,
Rye, Seabrook and Somersworth

Zone 4 Vincent Giambalvo , Chair

H: 603-708-1258

C:

E: rosevin68@gmail.com

Clubs: Barrington, Chester, Epsom /
Chichester, Loudon, Raymond, Sad-
dleback Mountain and Suncook
Valley

Zone 5 Marie Valliere, Chair

C: 603-998-0871

E: keylion03@gmail.com

Clubs: Conway Area, Laconia / Gil-
ford, Meredith, Moultonborough,
Rochester, Wakefield, Whittier and
Wolfeboro

