

The PRIDE



Newsletter of Lions District 44-H New Hampshire

July 2021 Volume 47 Issue 1



DG Robert Gustafson

Service from the Heart

RobertGustafson11@gmail.com

Hello fellow Lions of District 44-H. First, I want to wish you the best this upcoming year. I know we will have a great year. Our Lions motto is "We Serve". And, so, we will increase the percentage of clubs reporting service activities. And yes, we will increase net Membership so we can serve more people. And yes, we will hold more training so our Leaders can learn to serve better. And, of course, we will raise more funds for our Clubs and LCIF so we can also serve more people.

The key term is Service. Another key term is Communication. In order to serve better we need to communicate better. So, if we have questions, let's not hesitate to pick up the phone and call someone. Let's also make that personal contact in this age of emails and texting. Please call me if you have any questions. I may not have a ready answer but I can certainly get it for you.

Yes, we will accomplish the goals that LCI has established for us. We have a great leadership Team to help us get this done. Some other things that I'd personally like to see done?

Enhance our Guiding Lions program to help assist Clubs that need assisting.

Focus a bit more on Diabetes awareness which is becoming an epidemic.

Help Camp Pride get their Pavilion built! If we build it, more kids will be served!

Thank you for all you do. Let's do it with Gusto!

I'll see you at the Cabinet meeting at the Atkinson Country club on August 1st.

DG Robert Gustafson

Send all news articles, pictures, and info to

Christine Goldstein Newsletter44H@outlook.com

Send in Word Document or Publisher format, no PDF Files

Deadline for submission is the 20th of Each Month



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*Anyone want to make a guess at
who this handsome dude is*



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MEMBERSHIP MATTERS



District Membership	This Month	This Year
Opening Balance	1,217	1,178
Added members	10	127
Dropped members	29	107
Closing Balance	1,198	1,198
Net Gain/Loss	-19	20
Worldwide	1,371,326	



CLUB	NEW MEMBER	SPONSOR
Atkinson	Anne Murphy	Al Goldstein
Derry	Jason West	Armand Marcotte
Everest Centennial	Pradip Karki Bipul Nepal	Umesh Koirala
Portsmouth	Travis Holland	Marie Hall
Salem	Deloris Dennis Lynn Routhier Michael Routhier Jenna Sylvain	Bob Dennis Bob Dennis Bob Dennis Christine Sylvain
Whittier	Marge Mallar	Jeff Brothers
Whittier	Joseph Nason	Alicia Thompson



Facebook *NHLionsDistrict44-H*
District Photographer
 PCC Deedee LaTulippe
 136 Lowell Rd. Hudson, NH 03051
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ENVIRONMENT:
 Jeri Maynard
 E: lionjeri@comcast.net

HUNGER
 Martha Ackerman
 E: jamamc@comcast.net

VISION
 Emily Lovely
 E: emilylovely@comcast.net

Health Services of NH Meeting

Monthly 4th Tues 6:30PM
Airport Diner
Brown Ave, Manchester
Sight & Hearing of NH Meeting
Monthly 3rd Thurs 6:30PM
Airport Diner, Brown Ave
Manchester
Lions Youth Services Meeting
Monthly 2nd Thurs
Airport Diner, Brown Ave.
Manchester
Camp Pride Meeting
Monthly 2nd Weds
Airport Diner, Brown Ave

UPCOMING EVENTS

7/13 Pre-Cabinet Meeting—
Airport Diner
7/17 Twin State Soccer Matches
Hanover High School 2:00PM
8/1 District 44H Cabinet
Meeting—Atkinson Country
Club
8/8 District 44N Cabinet
Meeting—Keene Country Club

Marie, Congratulations on a job well done!!





FVDG Randy Tompkins
Rye642@comcast.net

It's a great time to be a LION. The needs of your communities are still there after the pandemic. Lions can now get boots to the ground and see how they can help those in need. For the clubs that needed to take time off during the pandemic I encourage you to start back up and gather in fellowship, friendship and most of all have FUN. I look forward to the upcoming USA / Canada Forum in September and International Convention which has now been moved to Montreal!!! See you on the road!

Make a Difference – BE the Difference



SVDG Kamal Masand
kmasand01@gmail.com

As summer is beginning, enjoy the warm weather with family and friends. There was a lot of information shared during International Convention (LCICon); one of the many seminars I found interesting was “Lions Brand: Take Your Club's Marketing to the Next Level.” Videos are still available on-demand until the end of July. Watch it to learn how to give more visibility to your club. Services in our community will add to membership. So let's do what we do best – We Serve. Welcome Officers and Zone Chairs for 2021-22. I am looking forward to working with District Governor Bob Gustafson and First Vice District Governor Randy Tompkins. Looking forward to the first cabinet meeting by DG Bob on August 1st .



Cabinet Secretary Treasurer
Al Goldstein
A1Goldstein@comcast.net

Hello Lions,
 We are about to start our new Lions year. With the Pandemic behind us DG Bob and I look forward to visiting with all the clubs.
 Please reach out to me via e-mail a1(one) goldstein@comcast.net to set up a date for the visit. We will do the best we can to accommodate your selected date.

The quicker you reach out to me the better the chance of getting the date you want. We look forward to seeing everyone.
 Don't forget to save the date for the Cabinet meeting on August 1, 2021 at the Atkinson Resort and Country Club.
 Thank for all you do.
 PDG/CST 44H Al Goldstein
 “Just Ask One”



LIONS SERVE WITH GUSTO.

DISTRICT 44H



CABINET MEETING

Sunday, August 1, 2021

Atkinson Resort & Country Club
85 Country Club Drive, Atkinson NH

Come Welcome DG Bob & the Leadership Team for 21/22

~ 8:30 REGISTRATION ~ 9:00 MEETING ~ 9:15 BREAKFAST ~

AMERICAN BREAKFAST
BUFFET

~ \$ 22.00 per person ~

Coffee, Regular, Decaf
Premium Teas, Chilled Juices
Breakfast Pastries
w/Butter & Preserves
Fresh Fruit
Scrambled Eggs,
Home-Fried Potatoes
Applewood Smoked Bacon
Sausage Links

RESERVATION & PAYMENT DUE JULY 19TH

Please make checks payable to: **LIONS DISTRICT 44H**

Mail Checks to: **Al Goldstein, 35 Main St, Atkinson, NH 03811**

Name _____

Club _____

Total attending _____ X \$ 22.00 = Check Total: \$ _____

"New Year, New Tier"



DISTRICT 44N AUGUST CABINET MEETING

SUNDAY, AUGUST 8, 2021

Keene Country Club
755 W Hill Road, Keene, NH

You are Invited to Attend DG Virginia's First District Meeting of the Year!

Cost is \$20 for Breakfast

An **Early RSVP** is required to be entered into a Drawing
for a FREE Meal for the November Cabinet Meeting

Early RSVP by 7/24/21

Registration 8:00 am to 8:45 am
Cabinet Meeting starts at 9:00 am to 12:15 pm



RSVP to Henry McKee at hanknh@netzero.net

LIONS. Please RSVP No Later Than 7/30/21

Please make checks payable to: Lions District 44N
Mail to: Henry McKee, 13 Town Road, Orford, NH 03777

Name: _____ Club: _____

Name: _____ Club: _____

Number Attending _____ @ \$20 each = Total: \$ _____



Comments from GML, Gail Dacey

Congratulations to our new DG Bob. I'm sure he will lead us with gusto. As the new GMT I would like to remind everyone the signing fee has been waived until the end of December. Now that covid seems to be under control and most clubs are getting back to meeting in person and members are out and about more please think about asking a friend or family member to join you. Just ask one. Invite them to join you in a project and they may see they want to join. Remember I'm here if you have any questions or need Help. We also have many Guiding Lions who are here to help. Your Zone Chairs are also here for you and would be glad to come to a meeting or event. Looking forward to working with you. Remember WE Serve.

Comment from GLL, Celeste Ricupero

I wish the 2021-2022 District Cabinet the best for our upcoming new Lionistic year. District Governor Bob has new goals for the district and needs the help of each one of us to accomplish them. I am looking forward to working with you all. Please know I will be available to work with you and help in any way I can. Looking forward to seeing you all at the pre-cabinet on Tuesday July 13th . PID Ed Lecius will be presenting some needed information on GMA that evening. DG Bob has sent a link on the GMA information also that will help us get started on understanding this new program.

Comments from GSL, Lara Raymond

Inside all of us is a yearning to get back into the community and be together. This puts us in a favorable position. If we can harness this, we will be well on our way to making the greatest impact yet. As your Global Service Leader this year I aim to support you in this desire. I am putting together a survey to send out to each club. The hope is to gather information about past service projects and to facilitate connections that will allow each club to expand their service projects in their desired direction.

Working Together,
Lara



Comments from Council Chair Alan Ricard

Here we are in a new Lions year!

First off, I would like to like to say congratulations to Virginia Edwards and Robert (Bob) Gustafson on being elected as District Governors. The multiple District team is looking forward to working with the district's teams to make this year one to remember. We will work with the governors to assist them in anything that they need.

Some of the areas that we will be working on are membership, training, LCIF, leadership and service. My hope is that we can get the clubs back up and running since COVID is almost behind us, I know some clubs took some time off.

I hope everyone enjoyed the International Convention; this was the least expensive one that I have attended.

LCI has announced that the joining fee of \$35 has been waived until December 31, 2021; also the 2022 International Convention will be in Montreal, not New Delhi India.

Please remember the upcoming Cabinet meetings, 44H on Aug 1 at the Atkinson Resort & Country Club, and Aug 8 for 44N at the Keene Country Club. What is going on? Do Lions like to golf. Look for the flyer in this newsletter for more details and registration.

Comments from LSHF President,

NHSHF May 20th met in person at the Airport Diner for the first time since October 2020. The turnout was great, we only had two people who could not make it.



Project Chair Dan Diemand had only one case to present to the board. A 69 year old male from Warner who needed two hearing aids. With medical discount, Club support, and the individual donation, the cost to LSHF was \$800.00. The board voted to approve. The sponsoring clubs are New London and Hopkinton.

PCC Fred Plett asked me to remind everyone about the following:

"Want to help make a difference while you shop in the Amazon app, at no extra cost to you?

Simply follow the instructions below to select "Lions Sight & Hearing Foundation of N H" as your charity and activate AmazonSmile in the app. They'll donate a portion of your eligible mobile app purchases to us.

How it works:

- 1. Open the Amazon app on your phone*
- 2. Select the main menu (=) & tap on "AmazonSmile" within Programs & Features*
- 3. Select "Lions Sight & Hearing Foundation of N H" as your charity*
- 4. Follow the on-screen instructions to activate AmazonSmile in the mobile app"*

The last meeting for LSHF is scheduled under my presidency is June 17,2021 at the Airport Diner.

Childhood Cancer by Michelle Ackroyd

Hello Lions I just want to start by thanking everyone who participated in the District 44H fund-raiser for Make A Wish. With your help we were able to raise \$15,000 from the sale of Calendars as well as an online auction. This was a challenging year to raise funds but as Lions do we prevailed.

I just want to provide an email if you want to make a donation to CHAD they are accepting donations again. The contact there is Aimee Marsh at amie.l.marsh@hitchcock.org. They do have a wish list on Amazon for items that they are looking for as well as gift cards. Please reach out to Aimee if you have any questions.

Diabetes Awareness By Mary Tremblay

About Prediabetes & Type 2 Diabetes. Over 88 million **American** adults **have prediabetes** – that's 1 in 3 adults! Of those 88 million, more than 8 in 10 of them don't even know they **have it**. Without taking action, **many** people with **prediabetes** could develop **type 2 diabetes** within 5 years.

I am a prediabetic follow me this year as I take action to reduce my risk. Through Facebook feeds I discovered the YMCA has a program to help people like me to reduce the risk with a No Pay or Low Pay program. The YMCA in Portsmouth provides the program, check with your local YMCA if they too support the YMCA initiative.

I have not tried the program or have any investment in it, except to see if I can avoid type 2 diabetes in my future. Program information follows, from what I understand new groups form monthly.

In the YMCA's Diabetes Prevention Program, a trained lifestyle coach facilitates a small group of adults to discuss behavior changes that can improve the health of participants. The program consists of 25 one-hour sessions delivered over the course of a year.

Program Goals

- Lose 5–7% of your body weight
- Gradually increase your physical activity to 150 minutes per week.

Participants do this through:

- Healthy Eating – Eating smaller portions, reducing fat in your diet and discovering healthier foods can [help prevent the onset of type 2 diabetes](#) Opens a new window.
- Increasing Physical Activity – Moderate physical activity (walking, swimming, mowing the lawn) for as little as 30 minutes, five days a week, can [help improve your blood pressure, raise your good cholesterol and prevent blood flow problems](#) Opens a new window.
- Losing Weight – Reducing your body weight by as little as 5–7% can offer [tremendous benefits for people at risk for diabetes](#) Opens a new window.

Research has shown that YMCA's Diabetes Prevention Program can reduce the number of new cases of type 2 diabetes by as much as 58% and by 71% among adults aged 60 years or older.

Environment by Jeri Maynard

Environment Just recently, there was a “feel good” story about 17-year-old Christian Santos finding a message in a bottle while picking up plastic objects from the water where he lives in Portugal. Turns out that bottle was sent out by another teenager on Thanksgiving Day, two years ago, in Providence RI. Now, at first, you might think that is amazing! But in further reflection, it may make you think about what actually is being carried away in our oceans, lakes and rivers.

Now, the story did not indicate whether the sports drink bottle was made of glass, but it is a good chance that it was made of plastic. Plastic, once to be considered to be a “miracle product” and indeed, it has many life saving uses, the growing use of plastic water bottles is causing a critical “human environmental desecration”.

Plastic water bottles were designed as a single-use product (versus multi use containers) quickly making water the drink of choice. Many of us drink from these plastic bottles several times during the day, week or month. It is what happens next that is important- here are our choices:

1. **Recycling Bin:** These bottles should not end up in the oceans but because of recent limitations on how they can be transferred or processed, many will end up in landfills rather than the recycling facilities. Recyclable bottles can turn into printer ink cartridges, roofing tiles, carpets, fence posts, boats-just to name a few
2. **Trash can:** These bottles will not end up in the water in their current form but as the plastic breaks down into micro-plastic particles, over time, it may seep into the soil and into our waterways and ultimately the ocean
3. **Litter:** These bottles may be carried by wind, storm water or other processes to sewers, rivers and other waterways that feed into ocean.

How can we be part of the solution?

-Carry a reusable bottle- there is even a movement out there to start selling water in paper bags (a little hard to imagine) Many areas are installing “refilling” stations where you can fill your reusable container

-Choose aluminum cans or glass bottles over plastic when possible- save your glass bottles for a multiple of uses -

-Recycle all plastic bottles- if out and about, tote your bottles home rather than discarding- if your area doesn’t recycle plastic bottles, find out why...

Did you know?

60 million plastic water bottles are thrown away each day in America alone- only 12% are recycled

Plastic waste constitutes 90% of the rubbish floating in our ocean- takes at least 450 years for a bottle to completely degrade

Americans drink more bottled water than they do milk or beer

For seafood lovers, it is calculated that you will eat up to 11,000 tiny pieces of plastic each year. It is estimated that 25% of all fish contain tiny plastic particles because they mistake it for food.

KUDOS to Christian Santos for doing his part in keeping the waters clean

By Emily Lovely



VISION

Hi everyone, my name is Emily Lovely and I am an Atkinson Lion. Every month I will be writing about the different vision projects going on in our district!

If your club is doing anything related to vision, whether it be a screening, a fundraiser, or anything else, please let me know! Send a brief description of what you are doing and any pictures you have, and I'll include them in my next write-up.

My contact information is:

email: emilylovely@comcast.net

cell: 856-630-3875

In addition to news about vision work throughout the district, each month I will be including a statistic and a fun fact about vision so we can all hopefully learn something new.

Check in next month to find out how the district is getting the vision screening program back off the ground post - pandemic.

Vision statistic: An estimated 93 million adults in the United States are at high risk for serious vision loss, but only half visited an eye doctor in the last 12 months.

Vision fun fact: The human eye can differentiate approximately 10 million different colors.



LIONS CAMP PRIDE CONNECTION

July 1, 2021

Greetings from Lions Camp Pride. Well, we made it! The camp is occupied with the kids from Arrowhead. This is one of our favorite groups and each year we look forward to having them come to our beautiful facility. They are a group of special needs kids and young adults and I wish you all could come and witness their arrival. It's good for all our souls to see how excited they are to see each other again and be at Camp Pride. For those of you on Facebook I hope you saw them using the slip and slide on the slopes of the football field. They left the camp on Saturday the 12th of June and are looking forward to coming back in August.

Lewis Builders came to camp the first week of June and gave a day of service working on exterior ramps, platforms, stairs, and railings. Make it a point to shop whenever you can at East Coast Lumber in Hampstead as they are part of the Lewis' family of businesses.

We on the board would like to thank all of the individuals and the Lions Clubs that came to camp this year and helped us get ready for the season.

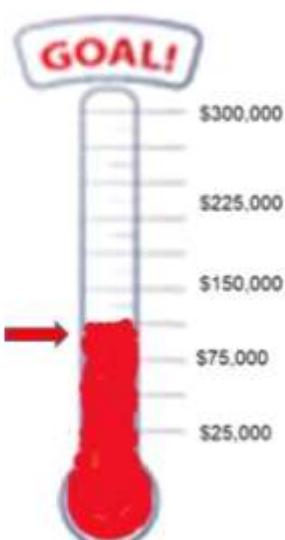
I would also like you all to know that the Wakefield Lions Club has adopted one of our bunkhouses and is already making improvements to that building. They will be coming back later this month to continue with more work.

Danville Lions Club is also looking for one of our buildings to adopt so we are looking for a second club to give them a hand. One of the building that really needs attention is the staff building, so come join our team and with the Danville Club take it on together.

Pavilion fundraising continues to be good "a little at a time" visit our website lionscamppride.org and help out with whatever you can. Many thanks to DG elect Bob Gustafson and Lion Brad Duquette for tapping into social media to help raise additional funds for this much needed building.

Total to date 6-21-21 \$86,500 + matching funds

Thanks for listening, Lenny Hall LAH03811@gmail.com 978-360-0958



Your volunteers in action



Wolfeboro Lions doing their thing



Wakefield Lions taking over their new building



Danville Lions resting after raking leaves all day!



Docks are in. Thanks guys!!

Lion Frank Polito found Lenny's wrench
he lost in 2018

Breaking News by PID Ed Lecius

BREAKING NEWS FROM ATLANTA!

LCI BOARD UPDATE

THE LCI BOARD HAS APPROVED EXTENDING THE CHARTER AND NEW MEMBER FEE WAIVER UNTIL DECEMBER 31,2021!

BREAKING NEWS from Atlanta@ LCI Board

2022 LCI Convention will be in MONTREAL,CANADA

2023 LCI ConCon in BOSTON

Also, the LCI Board unanimously endorsed PID AP SINGH from India for 3rd VP to be elected in Montreal.

Dear Club Leader,

The coronavirus (COVID-19) pandemic continues to impact the work of Lions and communities around the world, creating financial hardships for Lions and the people we care for.

To support the incredible men and women serving with us, the International Board of Directors passed another resolution to help our clubs in the new Lion year.

Here is an overview of the new resolution approved by the board of directors:

- Charter and entrance fees waiver** – We have waived all charter and entrance fees from July 1 through December 31, 2021. Charter and entrance fees are also currently waived through June 30, 2021.

These additional measures will help Lions facing financial hardships and give our clubs the support and encouragement they need during these challenging times. For more than a century, Lions have taken on the greatest challenges facing humanity, and together, we will overcome this.

The world needs Lions now more than ever, so thank you for your outstanding service and commitment to our communities and the world.

Regards,

Dr. Jung-Yul Choi

Past International President

Jacket Presentation



Here are the pictures of the District Governors receiving their jackets from the NHLPPDGA.
Use them if you so choose.

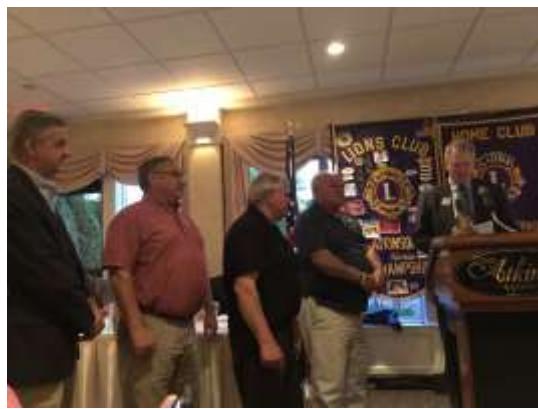


Atkinson Club Events

New member Inducted, Anne Murphy, sponsor Al Goldstein

Melvin Jones Award Recipient

Jim Garrity and his lovely wife Sydney



*Way to go Atkinson Lions
A new member!!!*

A donation made to Camp Pride's Fundraiser



Conway Club Events

Conway Lions Installations & Granite State Award



And our granite state fellowship award given to our president Alicia Gilday for all her hard work for the last two years including the year of pandemic



Conway Club Events

Conway area Lions Golf Tournament Thursday June 17th
at North Conway Country Club



Conway Club Events

Photo of Bill Jones,
Clarice Girouard, Rich and Deb Mattei

Photos of President Alicia Gildea, Linda & John Rafferty along with Whittier Lion Jeff Brothers attempting to take the plastic off his Bike



Danville Club Events

Installation of President Sonia Landry



Installation of Treasurer Dave Daniels



Installation of Secretary Kitty Callender



Installation of Director Haeyoon Jacobus



Induction of new Lions, (l to r), Sponsor Kitty Callender, new Lion Patricia Haskell, new lions Kevin Beaudoin and Jessica Beaudoin and their Sponsor Erin Drislane



Way to go Danville Lions

Three new members!!!

Everest Centennial Lions Club

We feel overwhelmingly happy to announce the conclusion of the "Convention Year of 2021" on 26th June 2021, at 18 Blue Hills Dr., Rochester NH. By all accounts, it was a great day out. A lot of hard work went into making this event go off so smoothly.

We would like to heartily thank

Chief Guest: Lion Marie Hall, District Governor, 44H of Lions Clubs International for taking the time to attend this program.

Special Guest: PID Ed Lecius - Former International Director of Lions Clubs International and Guests:

1. Ms. Chhata Gurung, President of Tamu Society of New Hampshire (TSNH)
2. Mr. Dambar Kadariya, President of Non Resident Nepali in USA (NRN) – NH Chapter
3. Ms. Sundari Gurung, President of Federation of Indigenous Peoples of Nepal America (FIPNA) - NH Chapter
4. Mr. Shiva Prakash, Writer

for your presence, your valuable presence has helped make this event remarkable.

Executive members of our Team " Everest Centennial Lions Club"

1. Lion Umesh Koirala (President)
2. Lion Shamvu Kumar Gurung (Vice-President)
3. Lion Ajay Rana Bhat (Secretary)
4. Lion Alina Karki (Treasure)
5. Lion Hitman Gurung (Membership Chairperson)
6. Lion Ishwori Prasad Bhatta (Director)
7. Lion Sachin Rai (Director)

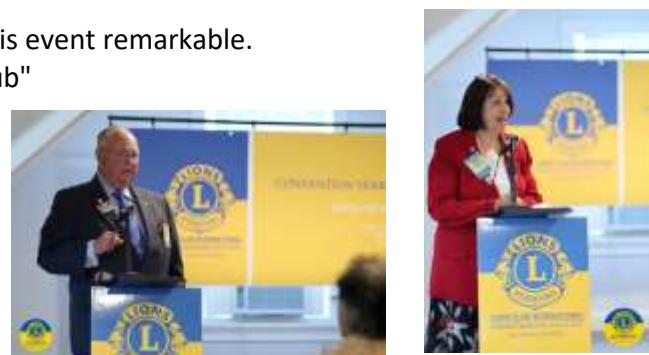
and Lion Abhishek Karki (LCIF Coordinator)

for your hard work, Our members have worked day and night, relentlessly in the pursuit to make this event a successful one.

At last, we would like to thank our Event Host Lion Alina Karki for making this event go off so smoothly.

This event would not have been completed without the presence of everyone in the audience and lastly everyone for taking their time to be here for this event.

Thank you again Thank you for being a part of our event !!!!



Hampstead Club Events

Bob Bedrosian receiving the Granite State Fellow!

Here is Bob Bedrosian being installed as Tail Twister



Hampstead special awards /installations



Bob LeBlanc Club Membership Chair



Patricia True - 40 years of Lions service.



Sam Longbook installed as Treasurer



Bob Lafferiere installed as board member



Loudon Club Events

Calling all Lions, the Loudon club could use your help!!!!

The Loudon Lions Club is conducting our annual Angels 5K Race on Saturday, August 14th. The race will begin at 8:00 AM at Merrimack Valley HS in Concord. This is one of our largest events each year. The money raised is used to fund a scholarships program that awards two \$1,000 scholarships to HS seniors living in Loudon.

This year it falls on the same day as the Loudon Old Home Day celebration where we also have a booth. As a result we are in need of some additional help to run the race. We could use 7-9 additional volunteers. If you know any Lions in the district who would be willing to volunteer, please have them contact Sara Wagner. Her contact information is listed below.

Sara Wagner - (603) 496-3440

Sara.Wagner@anthem.com

We appreciate any assistance you can provide.

Nashua Club Events

Nashua Lions Award \$6k to Grads

All three Nashua high schools had graduating seniors recognized with scholarships during the recent meeting of the Nashua Lions club at the Nashua Country Club.

Scholarship Committee chair Elaine Lecius announced that 17 applications had been received and the committee selected 3 each receiving \$2-thousand dollars to help them as they move forward, The first Annual John R. Deschenes Memorial Scholarship, named for former president and long time club secretary who passed away last fall, went to Nashua High North senior Stephen Norris. Norris will attend Harvard University in the fall.

Haleigh Swabowicz from Nashua High South will be attending UNH and has also been selected to play for the NH Women in the Lions Twin State Soccer game on July 17 in Hanover.

For the first time, a graduate from Bishop Guertin was among the winners. Zachery Rioux will be attending WPI and was also honored with the All Guertin Award at their graduation last Sunday.

The final meeting of the 2020-2021 Lions year will be on Monday, June 21 with the installation of officers. In coming President is Nashua native Paul Bergeron.

The Nashua Lions have served the city since 1923. They meet on the first and third Monday at 6:30pm at the Nashua Country Club. For more information go to www.nashualions.org.

Photo #1

BG graduate Zachery Rioux accepts his certificate and check from Nashua Lions president Erin Freda along with Scholarship chair Elaine Lecius. Rioux will be attending WPI in the fall.



Photo #2

Nashua North graduate Stephen Norris was the recipient of the first Annual John R. Deschenes Memorial Scholarship named for the long time club member who passed away last fall. Making the presentation were his wife Lion Louise Deschenes, club president Erin Freda, Norris and committee chair Lion Elaine Lecius. Norris will be attending Harvard University in the fall.



Photo #3

Nashua South graduate Haleigh Swabowicz who will attend UNH this fall was the final winner of a \$2-thousand scholarship from the Nashua Lions club. Making the presentation to her were club president Erin Freda and committee chair Lion Elaine Lecius.



Nashua Club Events



Nashua Lions Finish #1 for 2021

It was smiles all around for members of the Nashua Lions Club at their final regular meeting of this Lionistic year this past Monday at the Nashua Country Club.

District Governor Marie Hall was on hand to install a new member, Ashley Engelhart, as well as the leadership for the coming year. Outgoing President Erin Freda thanked her family and club members for rising to the challenge presented by the pandemic. The club served 23,613 people through 41 service projects with 2,688 volunteer hours. As a result, DG Hall named Nashua the #1 Large Club in the District. Other hi-lights included being selected for the Best District Newsletter and the election of Kamal Masand as Second Vice District Governor.

Incoming President Paul Bergeon and Lion Fran Hendrickson received Melvin Jones Fellowships from the Lions Clubs International Foundation (LCIF) for their service. Four members received Granite State Fellows from the Lions Sight & Hearing Foundation. Masand, Elaine Lecius and Freda and Louise Deschenes received a Progressive Fellow as well as being named Lion of the Year.

The club also presented long time member, Past International Director Ed Lecius with a Life Membership in recognition of his 50 years of service to the club, district and LCI. Members of his immediate family joined in the presentation.

Nashua Club Events

Weekly Produce Distribution Project: Nashua Lions are volunteering time each Friday to help the Soup Kitchen with produce distribution through the summer. Thank you for participating to date: Bob Pavano, Erin Freda, George and Lynn Walker, Deb Stoodley, and Linda Quebec.



Bob Pavano (on right)



Erin Freda



Lynn & George Walker



Deb Stoodley and Linda Q



Nashua Children's Home: Nashua Lions provided funding to Nashua Children's Home for their Kick-Off to Summer Carnival. Funding allowed them to hire a caterer for their BBQ while staff focused on the fun and games part of the event. The Home provides care and stability to boys and girls, ages 7-18, unable to remain with their families. Their Kick-Off to Summer Carnival provided great food, inflatables, and carnival games so everyone had tons of fun.



On June 21st we held our Awards and Installation night. District Governor Marie Hall presented service chevrons, inducted new members, and installed our new officers and directors. Congratulations to everyone!



Nashua Lions participated in the Homecoming for District Governor Marie Hall. PID Ed was the Master of Ceremonies and moved the proceedings along nicely. It was a steamer in Epping that evening, and a/c was on the blink – Whew! We all wish the best for Marie as she retires from District Governor. Participants were PID Ed and Lion Elaine Lecius, 2VDGE Kamal and Lion Neeta Masand, KL Erin Freda, Linda Q.



Holman Stadium Sports Legends Hall of Fame presentation will take place at 8:00pm on the 4th of July at Holman Stadium prior to the fireworks. The Hall of Fame is a joint effort of the Nashua Lions Club and the City of Nashua and began in 2009. All Lions are welcome to participate on the field during the ceremony; arrive at the 1st base dugout BEFORE 8:00pm. The Holman Stadium Sports Legends Hall of Fame class of 2021 includes All-Americans and All-Staters from Nashua High's glory days in the 40's, 50's, 60's, and 70's. Inductees are: Eddie Dobrowski, Al Briggs, Duane Briggs, and Mel Briggs.



Lions Twin State Soccer Association runs games between New Hampshire and Vermont players. New Hampshire teams have 3 Nashua players and a coach. Games will be played on Saturday, July 17, at Hanover high school. Tickets to the games are available through Erin Freda. Nashua is represented by coach Patrick Mulcahy, Bishop Guertin; player Orozco Emanuel, Nashua South; Ryan Hadouche, Nashua South; Haleigh Swabowicsz, Nashua South. Once again Nashua Lions will be presenting the PDG Joe Bielawski 12th Player award to men and women players from each team.



38th Annual Rye Lions Car Show & Cruise-IN

We Serve

Car Registration
8 am -11 am

Free
Parking

September 19, 2021

Parsons Field
Washington Road, Rye, NH

Trophies & Awards 2:00 pm

TROPHY CLASSES

Cars \$10

Spectators \$3

- Special Interest
- Antique: pre 1950
- Customs
- Classic: 1950, 1960, 1970 & later
- Mustangs
- Trucks: pre 1960, 1960 & later
- Thunderbirds
- Corvettes: pre 1968, 1968 & later
- Muscle Cars
- Volkswagens: Open Class
- Camaros/Firebirds
- People's Choice
- Hot Rods
- Best of Show
- Sports Cars
- Street Machines

*Non-competitive
Cruise-In Area*



**Great Food
Music
Door Prizes
Raffles**

Contact: Alan
603-379-2080

Check our web site at www.rye.nhlions.org

Salem Club Events

Bob Dennis and Gail Dacey who work the food pantry Food for the Hungry presented a check to Phyllis Marchulaitis for the Food for the Hungry food pantry. They also presented checks to the other 3 food pantries in Salem.



Salem Lions President Bob Dennis, Michelle Ackroyd, Francis Caron , Marilyn Hamel ,Gail Dacey and Leo David Caron presented a check to the Salem High School Robotics team.



Salem Leo's provided a breakfast to the SHS staff for teacher appreciation week and a lunch on the final day of school



Salem Club Events

Salem Lions Bob Dennis and Gail Dacey presented a check to Principal Tracy Collier a check for Safe Night.



Salem Lion Missy Gaudette presenting a check to Best Buddies



Salem Lions Bob Dennis, Larry Seaman, Gail Dacey and Michelle Ackroyd donated money to the Salem Boys and Girls Club for summer camp



Lions Bob Dennis, Francis Caron and Michelle Ackroyd presented a check to The Field of Dreams for the new pavilion.





WINCHESTER CENTENNIAL LIONS NEEDS YOUR HELP!

OUR SMALL CLUB OF 10, YES I SAID "10"
NEEDS YOUR HELP at the
WINCHESTER ANNUAL PICKLE FESTIVAL
YES I SAID "PICKLE FESTIVAL"
which will be held on SEPTEMBER 25, 2021

We need numbers of **VOLUNTEERS** to work all day or half the day.
HAVE FUN ALL DAY by helping us

with Setup, or be a Runner, or help with Clean up, Traffic and MORE!

Please contact **Jeanne Usereau** at 603-762-5942 or
WLCRSVP@aol.com for more details on how to VOLUNTEER!





Lions Youth Services

Lions Youth Services met at the Airport Diner in Manchester on Thursday, June 10, 2021 with 11 members in attendance. President Al introduced a guest for the evening, Erica Olsen from the Sandown club and an associate member of Lions Camp Pride. She is also the lovely wife of Lion Eric Olsen.

The end of the year report was discussed with regard to the Calendar Raffle, Peace Poster Contest, various club donations, update on HOBY, the Terri Lynn fundraiser and Leos clubs. There will not be a Soap Box Derby this year, the hope is to continue with one next year.

New business was discussed with regard to the upcoming Lions Night at the Fisher Cats, August 28, a Casino Gambling fundraiser, introduction of a program called "Arts in Reach", (AIR) from the Portsmouth area. This is something that will be further investigated and an invitation will be made to have someone from this program speak at an upcoming meeting. Another program called MoCo Arts in Keene will also be checked into as another possibility for a Mid-Winter project.

Some new officers were elected for 2021-2022; Al Goldstein will remain as President for another year, Lara Raymond and Rhonda Wynne will be Vice Presidents, Lenny Hall will remain in the Treasurer's position, Kris Pavlik will serve as Secretary, and Harry Armstrong will be the Director for the 2022 Calendar Raffle.

The meeting was adjourned at 7:40 pm. Next meeting will be held on Thursday, July 8th at the Airport Diner.

PEACE POSTER CONTEST - "We Are All Connected"

All the kits that had been ordered were sold out. Thank you to all clubs who purchased a kit. More kits will be ordered, once requests for a kit is made. This year has been a challenge no doubt with many schools in remote or hybrid learning but we expect that most schools if not all schools will be back to an in person schedule. Since this has been an unusual year, we have to "think outside the box" and be able to continue to promote the Peace Poster Contest to all schools, libraries, and or Boy's & Girl's clubs within our communities. It just take a little communication and a little creativity to promote the contest.

The following (8) clubs from 44N have purchased kits: Andover, Bedford, Canaan, Chesterfield, Concord, Milford, Pinardville, and Winchester.

The following (3) clubs from 44H have purchased kits: Atkinson, Camp Pride, and Sandown.

Contact Rhonda Wynne rwynnemilford@comcast.net

to order a kit for your club. A kit could be in your hands before school re-opens.

Students ages 11, 12 or 13 as of November 15 are eligible to participate in the International Peace Poster Contest but you can think "outside the box" to include all school age children outside of this age group with other incentives even though they may not qualify for the Lions International Contest itself.

If you would like more information or details of the rules and guidelines for the contest, or ideas on how to run a contest in your community, please visit the Lions website www.lionsclubs.org or contact Rhonda Wynne.



TERRI LYNN FUNDRAISER

Lenny gave a brief report on the fundraiser and reported that to date we have raised close to \$800. We will continue the program throughout the summer. We hope that all took the opportunity to place an order in time for Father's Day and we do Thank You for each and every order. We appreciate your continued support. Please look for the latest flyer in the newsletter and take a moment to place an order by visiting LYSNH.TERRILYN.COM



NEW HAMPSHIRE FISHER CATS

We are teaming up with the Fisher Cats to promote a Lions Night at the Fisher Cats on Saturday, August 28.

Tickets are on sale for \$16.00 per person for this great night of fun! Your ticket also includes a Hot Dog, Chips, a Drink and a FREE Fisher Cats Baseball Cap.

Please see the flyer in this newsletter for ordering your tickets by calling Lion John Wynne at 603.930.1410 or contact him at johnwynne61@comcast.net

See you at the BALL GAME!



REMINDER



Lions Twin State Soccer 2021 Lions Cup Game

The Games will be held at
HANOVER HIGH SCHOOL
41 Lebanon Street, Hanover, NH

JULY 17, 2021

The Girl's Game Starts at 2:00 pm
The Boy's Game is Scheduled for 4:30 pm

Tickets are \$5.00 per person





Lions Youth Services is teaming up with the Fisher Cats

Tickets are on Sale for \$16.00 per person
for the Saturday Night Game on August 28th
Game Time is 7:05 pm
(a spectacular fireworks show will follow the game).

Your ticket also includes:
a Hot Dog, Chips, a Drink, &
a FREE FISHER CATS Baseball Cap



NEW HAMPSHIRE FISHER CATS vs BINGHAMTON RUMBLE PUMPS
Northeast Delta Dental Stadium, Manchester, NH
\$16.00 per person
Saturday, August 28, 2021 at 7:05 pm



To Get this Great Deal
Please indicate the Number of Tickets Required

tickets @ \$16.00 each = total

Make Check Payable to: Lions Youth Services
and send to: John Wynne,
344 Elm Street Unit 61, Milford, NH 03055



The ducks are getting ready to race on the Fourth of July.. The Meredith Lions Club has the go ahead and tickets are now on sale. Tickets are \$5.00 for one or

\$20.00 for five. First prize is \$1000.00 second: \$550.00, third: \$300.00, fourth: \$200.00 and fifth prize is \$100.00. But wait... there's more! Twenty three more prizes donated by local merchants. The race is held at 4PM on July 4th and ticket sales close at 3:30 p.m. the day of the race all at Hesky Park on the bay in Meredith. Get your tickets now by mailing a check to the Meredith Lions Club, P.O.Box 1720, Meredith, NH 03253 or go to Facebook/ Meredith Lions Club and pay via PayPal. Proceeds of the race benefit those in the community needing eye-glasses, hearing aids, toiletries, food, reading materials, etc. The club also sponsors four scholarships each year.. They are contributors to David's House and the Visiting nurses in the area. For more information or to help contact Lion Marie at keylion03@gmail.com.



September 9-11, 2021

YOU'RE GOING TO LOVE DES MOINES!

What are the best things to do in Des Moines?

GREATER DES MOINES BOTANICAL GARDEN

JOHN & MARY PAPPAGHIO SCULPTURE PARK

DES MOINES ART ROUTE

ADVENTURE LANDS PARK

PRAIRIE MEADOWS CASINO RACETRACK & HOTEL

BLANK PARK ZOO

LIVING HISTORY FARMS

OUTDOOR TRAILS

MORE ACTIVITIES IN DES MOINES



AWARD TIME

LIONS SIGHT & HEARING FOUNDATION OF NH, INC

GRANITE STATE FELLOW (GSF)

COVID-19 has impacted our lives.

Lions International Headquarters is behind on award orders.

We are able to get Granite State Fellow Award Plaques

Give recognition to someone in the community who helps and supports your club, or a member in your club that goes above and beyond. Some clubs have money in their accounts with Sight & Hearing. Consider using those funds to thank individuals or entities for their support, and honor them with a GSF award. The Award comes with a beautiful plaque, a lapel pin and a letter honoring the recipient. By making a donation of \$500.00 to LSHF, you are not only giving recognition, you are aiding a NH Citizen in need of our services which include hearing aids and cataract surgery.

Donations go directly into the LSHF Endowment.

Clubs may donate to LSHF in \$100.00 increments

Donations may be banked for up to 5 years, by putting a designation on the donation memo.

Applications are online at: nhlions.org

Or from Chairman PCC Roger LaTulippe at 603-566-9409
email: dgroger@comcast.net



PDG Jerry Vaccaro, Chair Lions Health Services of New Hampshire E-mail: lionjerryvaccaro@gmail.com

Lions Health Services of New Hampshire

Next month, we will be entering a new Lion Year and hopefully a year that the Kid Sight Program will restart eye screenings throughout the Districts. Club Coordinators, I encourage you to make those calls to all your community school contacts and get your screenings scheduled. Yes, the Covid era is in the past and Kid Sight Program is ready to move on.

We all know; by now, that most screeners cannot be serviced and if your screener is not working correctly please contact your District Coordinators for assistance. They will get you a replacement for your school screenings.

I would like to report that LHSNH was asking for Lion help from both Districts to assist our programs and we have been approached by some Lions. They have been invited to our May Zoom meeting. We still need more help; especially, from District 44H. Please contact me, Chair PDG Jerry Vaccaro. We presently meet through virtual means the last Tuesday of each month. Hopefully, we will meet again face to face at the Hannaford Community Room 7 Kilton Road, Bedford, NH. soon.

Thank you for all you do as Lions,



THE DOGSIGHT PROJECT

A Program of the New Hampshire Lions
Multiple District 44 – Health Services of New Hampshire



Come Fly with Me

On January 11 of this year, new regulations went into effect for service dogs and their handlers when they fly. The ADA of 1990 does not cover service animals in the air. The new regulation says that only dogs of any breed or size will be considered a service animal, and that it must perform a specific task for its handler. To fly with a service dog, a handler must provide to the airline a completed Department of Transportation form as far in advance of the flight as 48 hours. While the form is a little difficult, it is good news that the airline industry is responding to complaints of ersatz 'service animals.'

Be well, be kind, be hopeful.

You can always contribute to the DogSight 2020-2021 campaign by sending a donation to the project chair. Checks should be made out to **LSHF** with **DSP** on the memo line. Please send checks to: The DogSight Project, c/o Linda Piekarski, 15 Edgewood Ave, Keene, NH 03431

Thank you for your support!!

Linda Piekarski
Chair, the DogSight Project
lpiekarski@ne.rr.com



Raised for Fidelco in 2020-2021: \$11,567





**47th Annual VT-NH
Lions All-Stars**

SOCER GAMES



**July 17th,
2021**

Tickets are \$5.00

Hanover High School, 41 Lebanon St, Hanover NH 03755

Girls 2:00pm Boys 4:30pm

All Proceeds to NH & VT Charities

NH Lions Sight and Hearing Foundation & VT Green Mountain Lions Camp









NEW ENGLAND LIONS COUNCIL (NELC)

2021/2022 NELC WEEKENDS & DATES

The following represent the NELC Weekend (& other) Dates for the coming Lion Year. These weekends represent a high level of sharing, learning and fellowship harking back to the foundations of Lionism throughout New England. It is expected that there not be any major District or MD events scheduled on these "Weekends" in order that all thirteen Governors devote their full attention to our region's Lions, PIDs, 1st & 2nd VDGs as well as all of us lending our unified, in-person support to our international candidate(s) and standing officer(s) from New England. We request that all Lions become active in and support NELC. And we ask all incoming Governors include the following dates and events in your respective District Directories.

WEEKENDS:	DATES	HOST
<ul style="list-style-type: none"> Fall Weekend Winter Weekend Spring "Weekend" 	October 16 & 17 January 8 & 9 May 21	New Hampshire Rhode Island Maine

OTHER EVENT(s):

• USA/Canada Lions Forum	September 10	NELC Breakfast
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Respectfully Submitted,

Bill Donnellan, President
& the 2020/2021 NELC Board





INDIVIDUAL MEMBERSHIP DUES - \$10.00

Membership Coverage is from July 1, 2021 to June 30, 2022

Name: _____

MD/District: _____ MD/District Position: _____

Address: _____

City: _____ State: _____ Zip: _____

Home or Cell Number: _____

Email: _____

Please send Membership Dues to:
Domingos Branco
6 Westgate Road
Cumberland, RI 02864

Serving the Needs of the Districts of New England



NELC October Meeting

October 16-17th

Doubletree Nashua, N.H

Special Guest Speaker

Ambassador Scott Brown

Come and enjoy

Lions Fellowship





FUNDRAISING WITH *Terri Lynn*

LYONS YOUTH SERVICES is continuously working to help the youth and needy of New Hampshire. As you know, we have teamed up with **TERRI LYNN** with a fundraising campaign to help us in these efforts. Their premium nuts, decadent confections, savory snacks and tempting mixes are unlike anything you will find at your local grocery store. **How can you help?** By purchasing these delicious nuts, snacks, and chocolates. Please help us with a purchase today by placing an order. [Please visit: https://LYSNH.terrilynn.com](https://LYSNH.terrilynn.com)

Summer is HERE! What about some salty, healthy treats as you take a hike, go camping, or go fishing? Are you back to work and looking for something light to snack on? Terri Lynn's Signature nuts, snack mixes will fill that crave. Or throw a spoonful or two on your favorite yogurt and make it a special treat. They are delicious on their own, but they also make great ingredients for some homemade, tasty creations. Check out an easy recipe below!

Each order ships for a flat rate of only \$5 per address (for any size order, anywhere in the U.S.A.). Please allow two weeks shipping time when you place your order.

Apple Walnut Mini Pies Terri Lynn's Black Walnut Pieces are amazing in this mini pie recipe! (You could use lightyearly.com too!)

Ingredients

- 1 cup brown sugar
- 2 large eggs
- 2 tbsp melted butter
- 1 tsp vanilla extract
- 1 tsp ground cinnamon
- 1 cup salt
- 1 cup Terri Lynn Black Walnut Pieces (finely chopped)
- 1 cup Apples (cored, peeled & finely chopped)
- State bought pie crust

Directions

- To prepare crust, unroll pie crust, lay flat. Use a cutter or a glass to cut circles. Press one circle in each cup of a lightly greased mini muffin pan. Chill.
- Preheat oven to 350 degrees F.
- In a large mixing bowl, mix together the brown sugar, eggs, melted butter, vanilla, cinnamon, and salt until well combined. Stir in the chopped walnuts and apple.
- Remove the crusts from the refrigerator, and spoon the filling into each cup of the crust.
- Bake the pies at 350 degrees F for about 15-20 minutes or until golden brown around the edges. Cool, then run a sharp knife around edges of crust to remove. Enjoy!

Fruit & Nut Mix
A savory and sweet mix of dried apricots, raisins, dried banana chips, roasted cashews, dried dates, walnuts, dried pineapple, almonds, dried papaya, and pecans



Tropical Blend
Taste the tropics with this scrumptious blend of roasted cashews and almonds, dried pineapple, dried cranberries and roasted macadamias



Almond Cranberry Granola
Tasty granola with plump dried cranberries and sliced almonds gives you a boost of flavor and energy



**DISTRICT GOVERNOR****DG Robert Gustafson**

16 East Rd.

Atkinson, NH 03811

C: 603-553-0531

E: robertgustafson11@gmail.com**1st VICE DISTRICT GOVERNOR****FVDG Randy Tompkins**

1 Coombs Farm Rd

Greenland, NH 03840

H: 603-431-7352

C: 603-765-4965

E: Rye642@comcast.net**2nd VICE DISTRICT GOVERNOR****SVDG Kamal Masand**

20 Jennifer Drive

Nashua, NH 0362

H: 603-886-4389

C: 603-661-6638

E: kmasand01@gmail.com**CABINET SECRETARY-TREASURER (CST)****PDG Al Goldstein**

35 Main St

Atkinson, NH 03811

C: 603-913-1281

E: A1Goldstein@comcast.net**MULTIPLE COUNCIL CHAIR****MCC Alan Ricard**

PO Box 543

Canaan, NH 03741

C: 603-530-1206

E: AlanRicardc26@gmail.com**IMMEDIATE PAST DISTRICT GOVERNOR****PDG Marie Hall**

26 Moonlight Dr

Newmarket, NH 03857

C: 603-686-6935

E: 44hlionmarie@gmail.com**Global Leadership Team****GLL Celeste Ricupero**

7 Winn Ave

Hudson, NH 03051

C: 603-321-0737

E: ricupero7@comcast.net**Global Membership Team****GML Gail Dacey**

26 Winward Terrace

Salem, NH 03819

H: 603-898-6913

C: 603-560-1029

E: grd514@aol.com**Global Service Team****GSL Lara Raymond**

15 Lindsey St

Hudson, NH 03051

H: 603-438-7438

E: lamiddlemiss@gmail.com**LIONS YOUTH SERVICE**Second Thursday of the month at
Airport Diner, Manchester**SIGHT & HEARING FOUNDATION**Third Thursday of the month at the
Airport Diner, Manchester at 6:30PM**HEALTH SERVICE OF NH**Fourth Tuesday of the month at
Airport Diner, Manchester at 6:30PM**TWIN SOCCER ASSOCIATION (LTSSA)**Last Wed of the month at
Lui Lui in West Lebanon Powerhouse
Mall, Subject to change**CAMP PRIDE**2nd Wednesday of the month at
Airport Diner, Manchester NH**Zone 1 , Erin Freda ,Chair**

C: 603-305-5696

E: erinfreda@gmail.comClubs: Derry, Hudson, Litchfield,
LondonDerry, Nashua, Salem and
Windham**Zone 2 Mary Ellen Pate, Chair**

H: 603-489-5259

C: 603-475-9985

E: meln71@msn.comClubs: Atkinson, Danville, Epping,
Hampstead, Plaistow, Sandown
and Kingston**Zone 3 Karen Baillargeon, Chair**

H: 603-778-8496

W: 603-300-7197

E: kebail@comcast.netClubs: Exeter, Everest Centennial,
Hampton Area, Newmarket,
Portsmouth, Rollinsford / S. Ber-
wick, Rye, Seabrook and Somers-
worth**Zone 4 Marilyn Vaccaro , Chair**

H: 603-347-1408

C: 603-204-7251

E: ivac1408@comcast.netClubs: Barrington, Chester, Ep-
som / Chichester, Loudon, Ray-
mond, Saddleback Mountain and
Suncook Valley**Zone 5 Linda Rafferty, Chair**

C: 781-820-4771

E: lindarafferty@gmail.comClubs: Conway Area, Laconia / Gil-
ford, Meredith, Moultonborough,
Rochester, Wakefield, Whittier
and Wolfeboro