

The PRIDE



Newsletter of Lions District 44-H New Hampshire January 2022 Volume 47 Issue 7



DG Robert Gustafson
RobertGustafson11@gmail.com

Service from the Heart

Hello Fellow Lions,

Happy New Year! 2022 is here and it's going to be better than 2021. Yes, we'll face some challenges as we always do but we will continue to serve and help our Communities. That's what the Lions are all about. Please keep optimistic. Optimism always wins out.

If you're not aware, we have a 44H District e-clubhouse site developed by our tech guru Brad Duquette from our Atkinson club. You can get to the site by entering the following: <https://tinyurl.com/9epm23s5>

The site will provide you with the latest District 44-H newsletter if you don't get it by constant contact and you can also post your club events by giving Brad the following information:

Event name, date, time, cost, location and description...just send him the details at bduquette35@gmail.com

I've enjoyed my visits to many of our clubs thus far. If you haven't scheduled your visit please do so with CST/PDG Al Goldstein. I've found that each of our Clubs is unique. It's great to see the variety of things we do as Lions. The one common theme I see is that we all want to serve and make a difference. Please continue doing what you do. And, have a great 2022!

**Send all news articles, pictures, and info to
Christine Goldstein at Newsletter44H@outlook.com
Send in Word Document or Publisher format, no PDF Files
Deadline for submission is the 20th of Each Month**



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Our mission is to empower volunteers to serve their communities, meet humanitarian needs, encourage peace and promote international understanding through Lions clubs. TO ORGANIZE, charter and supervise service clubs to be known as Lions clubs.

MEMBERSHIP MATTERS

District Membership	This Month	This Year
Opening Balance	1193	1183
Added members	11	72
Dropped members	10	61
Closing Balance	1194	1194
Net Gain/Loss	1	11
Worldwide	1,377,148	

CLUB	NEW MEMBER	SPONSOR
Conway	Dee D Spencer	Philip Ouellette
Derry	Katherine J Proudhomme	
Exeter	Cari M Hunkins Dawn M Vidito Lilianne Ouuimet	Michael Baillargeon Ellen Garnett Michael Baillargeon
Hudson	Arie Cole Jenna D Miller Deborah D Cole	Margaret St. Onge Sholeh Sexton Margaret St. Onge
Londonderry	Katie Sullivan	
Moultonboro	Gina M Hughes	Karen Barron
Salem	Sherry Burnett	Sylvie Johnson-Smith



Facebook *NHLionsDistrict44-H*
District Photographer
 PCC Deedee LaTulippe
 136 Lowell Rd. Hudson, NH 03051
 C: 603-566-0691
 E: liondeedee@comcast.net

Lions Fellowship
 Nancy O'Dowd
 P.O. Box 1163 Wolfeboro, NH 03894
 C: 603-387-6808
Lupesmom14@gmail.com

PEACE POSTER
 Lara Raymond
 15 Lindsay St.
 Hudson, NH 03051 C: 603-438-7438
 E: lamiddlemiss@gmail.com

UNIFORMS/JACKETS/SHIRTS,HATS
 Joe Kasper
 63 Pine Hill Rd. Weare, NH 03281
 H: 603-529-0439 C: 603-548-0286
 E: JKasper@nedelta.com

CHILDHOOD CANCER
 Michelle Ackroyd
 E: m.ackroyd@comcast.net

DIABETES
 Mary Tremblay
 E: mtremblay578@gmail.com

ENVIRONMENT:
 Jeri Maynard
 E: lionjeri@comcast.net

HUNGER
 Martha Ackerman
 E: jamamc@comcast.net

VISION
 Emily Lovely
 E: emilylovely@comcast.net

Health Services of NH Meeting

Monthly 4th Tues 6:30PM

Airport Diner

Brown Ave, Manchester

Sight & Hearing of NH Meeting

Monthly 3rd Thurs 6:30PM

Airport Diner, Brown Ave

Manchester

Lions Youth Services Meeting

Monthly 2nd Thurs 6:30 PM

Airport Diner, Brown Ave.

Manchester

Camp Pride Meeting

Monthly 2nd Weds 6:30PM

Airport Diner, Brown Ave

UPCOMING EVENTS

1/5/22 Rye

1/6/22 Wakefield

1/12/22 Kingston Club Visit

1/13/22 Plaistow Club Visit

1/19/22 Windham

- ***Make a difference.***
- ***Serve with pride.***
- ***Build your network.***
- ***Gain Lion credibility.***
- ***Develop new friendships.***
- ***Show your leadership.***



It is time to say Goodbye to 2021 and hello to 2022 with renewed spirit. The Lions Clubs of the District have weathered the Covid storm and come out with positive attitudes. We were able to serve our communities in ways that we never thought of (out of the box) and we need to be ready to continue. I ask that Clubs reach out to Cabinet Sec/Treasurer Al Goldstein and schedule your District Gov. Visitation.

The International Convention in Montreal is just around the corner in June, and I hope to see a good group from NH attend.

I recently saw a post on a Lions web site that really sums up what I believe our District Clubs are all about.

I hope Everyone stays safe and has a Happy New Year.

FVDG Randy Tompkins
Rye642@comcast.net

Make a difference – BE the Difference



SVDG Kamal Masand
kmasand01@gmail.com

As we start the new calendar year, let's continue our efforts in providing services to our communities in order to keep our membership drive in full motion. DG Bob's goal is to get to 1270 members in our district. We currently have 1193 members, as of 11/30/21. Every member added to each club in the district helps to grow the positive impacts we have as Lions.

I am looking forward to the multi-district Mid-Winter Convention in Nashua at the end of January. I hope to see many of you there.

In response to the recent tornadoes in the USA, here is a message from Lions International President, Doug Alexander:

On Friday, December 10, a rare, late-season series of tornadoes battered portions of the Southern and Midwestern United States, leaving dozens of dead, many others injured, and major devastation in countless communities.

When a humanitarian crisis of this magnitude strikes, we, as Lions, are ready to help. Right beside us is Lions Clubs International Foundation (LCIF), our global foundation. LCIF quickly responded and awarded Emergency grant funding to allow Lions in the affected communities to respond to urgent needs of the victims.

You can help. Your generous donation to LCIF's disaster relief fund will help deliver further funds to families impacted by the devastation.

Happy New Year everyone!

Service to Humanity is Service to God.



PDG/Cabinet Secretary
Treasurer
Al Goldstein

Happy New Year Lions of New Hampshire,

The first half of our Lions year is behind us. Good news is we are plus members for the half. Bad news is we lost members as well. While the pandemic continues to affect our world we still need to find ways to do our service for others.

I know some of you find it a little difficult to ask for donations. I can understand this, but what you need to know is that people expect us to ask. Many people do their personal service to others by supporting our fundraisers and service projects. A great example of this was the great success clubs had once again selling Christmas trees and wreaths and other clubs having huge food drives.

By supporting Lions they feel they have made a donation to helping others. This is what you need to think about when you are selling raffle tickets or asking for donations.

The second half dues notifications will be coming out in the next few weeks. I will send the bills as soon as I get the numbers from international. Remember the District Governors membership contest is still going on. The month of December was a good one for many clubs. Just remember "Just Ask One".

Thanks for all you do,
 Al Goldstein PDG/CST 44H

Comments from GSL, Lara Raymond

I would like to invite each one of you to take part in the art supplies collection drive taking place during mid-winter convention Sat January 29th from 2-3. This collection will benefit Arts In Reach, Moco Arts, Waypoint, and various Boys and Girls clubs. Below is a copy of what is being requested. In addition, we will accept gently used dance costumes, ballet shoes, etc. This packing event will be a wonderful opportunity to come together to support the often forgotten about need youth have for the arts.

Wishing everyone a Merry Christmas and Happy New Year!

Lions Youth Services is asking that you bring donations of **Art Supplies** to the **January 28-30, 2022 Mid-Winter Convention**. This is a wish list of Art Supplies for this year's Service Project when we will be filling up Tote Bags from **2-3 pm on Saturday, January 29, 2022**.

**DRAWING PAPER PADS
SKETCH PADS**

**MECHANICAL PENCILS
NO. 2 PENCILS
DRAWING PENCILS,
HB, 2B, 4B, 6B
PENCIL SHARPENERS**

**COLORED PENCIL SETS
MARKER SETS
FINE POINT PENS
SHARPIES**

**GLUESTICKS, ELMER'S
GLUE
EMBROIDERY FLOSS
CORD
BEADS
FELT
PIPE CLEANERS**

**WATERCOLOR SETS
ACRYLIC PAINTS
PAINT BRUSHES**



ART

**S
U
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P
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**WISH
LIST**

**Cash donations will also be accepted by December 31st.
Please make check payable to Lions Youth Services, and mail to
PO Box 156, Atkinson, NH 03811**



Comments from Council Chair Alan Ricard

Dear Lions,

Lions worldwide will be celebrating on January 13, the birthdate of Melvin Jones. It will be a perfect day to wear or display the Lions logo to show your pride.

The next NELC meeting and training will take place January 8-9, 2022, in Newport, RI. More details can be found in this newsletter.

Please consider making a gift to LCIF. The funds can help victims of tornadoes that hit the mid-US in December. The funds can also help with the fight to end the pandemic.

LCI has extended the waiver of the \$35 membership fee until June 30, 2022. Let's each ask someone to join the largest service organization in the world.

As of now, the MD44 Mid-Winter Convention will be held at the DoubleTree Hotel in Nashua, NH, January 28 -30. The guest speaker will be ID Mike Banks from Stillwater, OK. Details are available in this newsletter. More updates will surely follow, as restrictions are changing daily.

Be sure to look for the LCI float in the Rose Bowl Parade on January 1!

Happy New Year to all! Let's hope 2022 is a better year for everyone!

Comments from GML, Gail Dacey

Happy New Year. I hope everyone had a happy and healthy holiday and now it is time to get back to business. Congratulations to every club that has added a member this year. Now is the time to ask one. Let's end the year on a very positive note. Let me know if there is anything I can do for you. Hoping to see you all at convention.

Childhood Cancer by Michelle Ackroyd

Childhood Cancer January Article

I know that everyone does not get the Roar Newsletter but I wanted to share some information that was shared in there December Publication on LCIF and there involvement in Childhood Cancer.

LCIF provides funding support to lions and has developed strategic partnerships to help improve outcomes for children with cancer. LCIF has awarded 8 childhood cancer-related grants since July 2021 that total \$607,881. LCIF has also partnered with Global HOPE to address the huge discrepancies in outcomes from childhood cancer in developed countries and developing countries. Nearly 80% of children diagnosed with cancer live in low or middle-income countries where only 10% of children survive cancer. In developed countries like the US, Canada, Japan, more than 80% of children with cancer survive.

Global HOPE (Hematology-Oncology Pediatric Excellence), a program of Texas Children's Hospital and Baylor College of Medicine and LCIF entered into a formal partnership in May 2019. Global HOPE was launched in 2017 and is a transformational initiative that is improving the standard of care for children with cancer in sub-Saharan Africa. Global HOPE has been able to rapidly and effectively treat nearly 7,500 children and train over 1,500 African healthcare professionals in the care of pediatric hematology-oncology since its inception.

"The LCIF Board of Trustees approved a 2 year strategic partnership between LCIF and Global HOPE to cooperate in building long-term capacity in Africa and treat and dramatically improve the prognosis for children with cancer and blood disorders in Sub-Saharan Africa. This partnership will help strengthen the local healthcare infrastructure to effectively provide the multi-disciplinary care that is needed to optimally care for children with cancer and blood disorders." There are 3 components to this partnership:

- 1) LCIF funding support of \$2 million over 2 years to support Global HOPE infrastructure, strengthening projects in Uganda, Malawi, and Botswana.
- 2) Engagement of local Lions at the country level in Global HOPE activities within their country.
- 3) Joint fundraising where financial support is mobilized for partnership



Diabetes Awareness by Mary Tremblay

Diabetes Awareness

Did you know the local American Diabetes Association provides a summer camp (Camp Carefree) experience for youth with diabetes? Did you know that this camp happens at Lions Camp Pride? Each of you contribute to the education and support of children with diabetes. Every year the ADA leases Camp Pride for two weeks of camping experience for children with diabetes. ADA provides staff to help children understand their illness and how to control it.

Their staff for the most part have diabetes themselves so can relate to the campers on a personal basis. ADA provides information on nutrition, exercise, and monitoring of their blood levels to help the campers live life to the fullest. They also provide a camp experience of programs like other camps provide; swimming, boating, hiking, archery, camp fires, etc.

Another important factor is to let the campers know that they are not alone. Before COVID a grandson of a co-worker was diagnosed with diabetes, she asked him if he wanted to go to camp Care Free and explained that it was for children with diabetes. His response was "there are others like me?" That is one of the greatest things about Camp Care Free, children realize they are not alone in dealing with diabetes.

Camp Pride has scholarship money to help offset the cost of camp for those who cannot pay full price, thanks to donations by clubs.

Whether you knew it or not the Lions of 44H are instrumental in helping youth understand and deal with diabetes.

Thank you for your support!

Best in the New Year, let's continue to get the word out about diabetes its signs and how to control it.

Yours in Lionism,

Mary

Environment by Jeri Maynard

Environment

HAPPY (and a GREEN) NEW YEAR

We are all familiar with the terms reduce, reuse, and recycle- but here is a new one to add to your vocabulary: UPCYCLING! You may ask what is the difference between recycling and upcycling so here goes:

Recycling: involves putting throwaways through a professional process to create something new, such as when plastic bags turn into park benches (many of our clubs have already participated). Typically, recycling results in an item worth more in value than the original product.

Upcycling: involves using your imagination for items that you might just throwaway by creating new uses for them (usually items are of little value other than getting another purpose before finally being disposed of); examples might be using a toothpaste cover as a lampshade for a doll house or using toilet paper rolls (decorated) as garages for miniature cars.

There are thousands of ideas on the internet for almost everything that might be upcycled for an alternate use - here are just a few of what we all use every day-be sure to clean first, if needed.

1. Cereal liner bags: cut into small squares and use to line your hamburger patties before freezing, use to crush crackers, cereal, nuts without making a mess
2. Mesh produce bags: use a scrubber for cleaning around the house or bunch up to clean dishes, use as a yarn holder by threading the end through a hole and pulling it through
3. Glass jars: make great vases, collect cooking grease- some glass bottles are just to pretty to throw out! My husband doesn't understand why I never throw out glass containers!
4. Disposable razors: when too dull for shaving, use to remove "pills" from sweaters, scarfs, etc.
5. Paper egg cartons: seed sprouting containers, organize Christmas ornaments, jewelry, office supplies, nuts & bolts and more...
6. Tin/Aluminum foil: soften brown sugar lumps (wrap sugar, put in oven at 300 degrees for 5 minutes); shine your silverware, clean cast iron, sharpen your scissors...
7. Tissue boxes: store your plastic grocery bags (before you donate them to your club's plastic collection program); use as a tiny trash receptacle for your desk, bathroom, or in your car- toss out when full or empty and reuse.
8. Newspaper: lay a few pieces on windshield at night to prevent icing in winter; use as paper towel when cleaning glass or mirrors (I bet many of us already do that). Balled up newspaper is also good at absorbing odors in your refrigerator, shoes, diaper bags.

How many of you remember your mother collecting buttons, cutting the zippers and clasps out of old garments and, yes, telling you to be careful when unwrapping your Christmas gifts- that generation was ahead of their times!

PS: REMEMBER TO BRING IN YOUR OLD CELL PHONES TO MIDWINTER- THEY WILL BE REPURPOSED FOR USE BY OUR MILITARY MEMBERS

Hunger by Martha Ackerman

So, I spoke to people getting food at a food bank and here are some things I learned from those in need:

1. Everyone donates Kraft Mac and Cheese in the box. They can rarely use it because it needs milk and butter which is hard to get from regular food banks.
2. Boxed milk is a treasure, as kids need it for cereal which they also get a lot of.
3. Everyone donates pasta sauce and spaghetti noodles.
4. They cannot eat all the awesome canned veggies and soup unless you put a can opener in too or buy pop tops.
5. Oil is a luxury but needed for Rice a-Roni which they also get a lot of.
6. Spices or salt and pepper would be a real Christmas gift.
7. Tea bags and coffee make them feel like you care.
8. Sugar and flour are treats.
9. They fawn over fresh produce donated by farmers and grocery stores.
10. Seeds are cool in Spring and Summer because growing can be easy for some.
11. They rarely get fresh meat.
12. Tuna and crackers make a good lunch.
13. Hamburger Helper goes nowhere without ground beef.
14. They get lots of peanut butter and jelly but usually not sandwich bread.
15. Butter or margarine is nice too.
16. Eggs are a real commodity.
17. Cake mixes and frosting makes it possible to make a child's birthday cake.
18. Dishwashing detergent is very expensive and is always appreciated.
19. Feminine hygiene products are a luxury and women will cry over that.
20. Everyone loves Stove Top Stuffing.

In all the years I have donated food, I bought what I thought they wanted, but have never asked. I am glad I did. This can help you tailor it more. It does for me!

In the New Year may you and your loved ones know peace and live it, understand love, give it, have happiness, and share it. Happy New Year!!

By Emily Lovely

Vision



January is National Glaucoma Awareness Month

- Glaucoma is the leading cause of irreversible blindness
- More than 3 million people in the United States have glaucoma
 - The National Eye Institute projects this number will reach 4.2 million by 2030
 - **THIS IS A 58% INCREASE!**
- Glaucoma is called the “sneak thief of sight” since there are no symptoms and once vision is lost it is permanent
- As much as 40% of vision can be lost without a person noticing
- Glaucoma is 6 to 8 times more prevalent in African Americans and Latino
- The World Health Organization estimates that 4.5 million people worldwide are blind due to glaucoma





LIONS CAMP PRIDE CONNECTION

January 1, 2021

Hi to all from your Lions Camp Pride Board,

Winter has arrived at Lions Camp Pride, but work continues on the dining hall baths and kitchen expansion. Framing, rough plumbing, rough electrical, and hanging the sheetrock are all complete and the place is looking great. We do not have a finish drywaller on our crew so that work will be slow and tedious, but your work crew will prevail. If you know of a volunteer who will help out with the drywall finish, please send him or her to us to help. Next to do will be the plumbing finish, electrical finish, flooring, trim work and painting.

This year's zone 2 project is to fund the new walk-in freezer for the dining hall kitchen **Very Nice!** A Beatles tribute band fundraiser has already been scheduled for February 19th at the Austin 17 House located in Brentwood NH. Cost will be \$30/ticket doors opening at 6:30, band starting at 7:30. Doug Griffin's world famous steamed hot dogs will be sold along with chips and soda. There will also be a 50/50 raffle and raffle baskets. The Austin House facility only seats 180 so please order your tickets early and often. I'm testing to see who reads my article so if 25 people email or text "Sing it" I will sing Rocky Raccoon for you all.

Fundraising for the Pavilion continues to be steady and as you can see we are getting there. Work to begin soon. Thank You

Happy Holidays from your Lions Camp Pride Board

LCP Board members	\$28,270
Lions	\$55,065
Clubs	\$53,845
Corporate	\$6,700
LCP Friends	\$33,255
Pledges	\$16,225
Total	\$193,360



Thanks for listening, Lenny Hall

LAH03811@gmail.com

978-360-0958



Fran Deleo, Atkinson Lion
making room for the
cooler? Or giving himself
a shot in the arm



The plumbing and drywall crew + one
electrician.



Drywall started in one of
the new baths.



Studio Two
A Beatles Tribute Band
In Concert



February 19, 2022
Saturday, 7:30 PM
(Doors open at 6:30. Show starts at 7:30)
Austin 17 House
263 RT. 125 Brentwood NH

Ticket: \$30.00

(Tables of 8 are available for this 2 hour show
Light refreshments and beverages will be available)

***All proceeds to support Lions Camp Pride,
A Special Needs Camp Walk-In Freezer***

Ticket questions:
Contact Lenny 978-360-0958 or Ron 603-770-1790
We Accept Paypal and Venmo



Make Checks Payable to:
LIONS CAMP PRIDE
PO Box 135
East Hampstead, NH 03826



***All proceeds to support
Lions Camp Pride,
A Special Needs Camp
Walk-In Freezer***

TICKET # _____

Studio Two Beatles Tribute Band
In Concert
Saturday, February 19, 2022

RECEIPT

(Doors open at 6:30: Show starts at 7:30)
Ticket questions:
Contact Lenny 978-360-0958 or Ron 603-770-1790
We Accept Paypal and Venmo

Item Description	Price	Quantity	Amount
Studio Two - Single Ticket	\$ 30.00	_____	\$ _____
Studio Two - Table of 8	\$ 240.00	_____	\$ _____

Notes:	Subtotal	\$ _____
Single Ticket - \$30.00 each	Total	\$ _____
Table of 8 - \$240.00 table	Amount Paid	\$ _____
	Balance Due	\$ _____

Hampton Area Lions Club Events

Article from OKS Coordinator, Hampton Area Lions Club for THE PRIDE - Vision

Tag Line for attached photograph:

School nurse Annette Griffin vision screens Sacred Heart School students, October 5, 2021

PHOTO PROVIDED BY SACRED HEART SCHOOL

Article title: Vision Screening at Elementary Schools during COVID-19

Article:

The Operation KidSight (OKS Zone 3) team of Hampton Area Lions Club (HALC) vision screened for School Nurses at Sacred Heart in Hampton, Lincoln Akerman School in Hampton Falls, and Barnard School in South Hampton this past Fall. Vision problems indicated can now be referred by the parent or guardian to an eye doctor for evaluation and recommended corrective action. All OKS team members were fully vaccinated, including booster shots, and school COVID-19 protocols were followed. Additionally, everyone wore masks when in the screening space, students left the screening space as soon as screened, and Carbon Dioxide (CO₂) levels were measured as a proxy of virus aerosol spread in case anyone entering or in the screening space had coronavirus.

It is important that vision screening methods that prevent coronavirus spread be adopted, as an alternative to cancelling screenings as the pandemic continues with no apparent end. Otherwise, students with unidentified vision problems would be handicapped not only in academic performance, but also in activities outside of school. The Spot screener indicates if nearsightedness, farsightedness, blurred vision, and left and right eye refractive, alignment and pupil differences are within or beyond acceptable ranges. Also, any one or combination of these factors could lead to amblyopia, the use of only one eye and loss of sight in the other. Amblyopia is the most common cause of vision loss in children ages 6 months to 4 years, according to the American Academy of Pediatrics (AAP). So screening every one or two years is important for school readiness, and for finding and fixing vision problems while visual development continues until 7 or 8 years of age. Screening 9 to 15-year olds is important because vision changes occur the most between the ages of 11 to 14, according to AAP. For high school students, undiagnosed and untreated vision problems could lead to low academic grades and low aptitude tests.

The 44H Spot Reservation Calendar shows that Exeter Lions vision screened all SAU 16 in September and October. Discussions with Zone 3 and Exeter OKS Coordinator, Lang Plumer, identified special precautions taken in the various screening venues to prevent COVID-19 spread. For example, having only one student at a time in a space-limited screening room, using a shade panel when screening in an unused entrance of a school, and using student name cards to quickly identify the correct student name in the Spot queue so as to limit exposure time. The Hampton Lions OKS team screened on gym stages and in a large music room with open window where any virus would quickly disperse to harmless levels as confirmed by the OKS teams CO₂ measuring device. Hampton Lions OKS team intends to work with other elementary schools, and interested preschools, daycares, and homeschooling groups, to accomplish vision screening during the pandemic using procedures that prevent virus spread.

The use of CO₂ monitoring as a proxy for virus transmission is described in "Carbon Dioxide monitoring to lower the coronavirus threat", and "Honeywell launches new air monitoring" by John Hatcher in Smart Buildings Magazine, published 2nd November, 2020 and 3rd December, 2021, respectively.

Hooksett Club Events

District Governor Virginia 44 -N with REAL GRANITE gift from the Hooksett Lions Club.



Hudson Club Events

Congratulations to FVP Linda Hedrick and SVP Kim Fournier upon their graduation from the Regional Lion's Leadership Institute. Their graduation certificates were presented by DG Bob Gustafson. The Leadership training was held on November 19-20 in Loudin, NH.



The Hudson Lions Club Santa Drive-Thru was not dampened by the rain showers. Thanks to the Hudson Fire & Police Departments, the Public Works, HCTV, the Alvirne Leo's Club, the Alvirne Calf Club, the Hudson Rotary Club, The VFW Auxiliary, Let's Play Music School, and Boy Scout Troop 20. Over 300 Goodie bags and treats were given to the kids as the cars drive thru to see Santa!

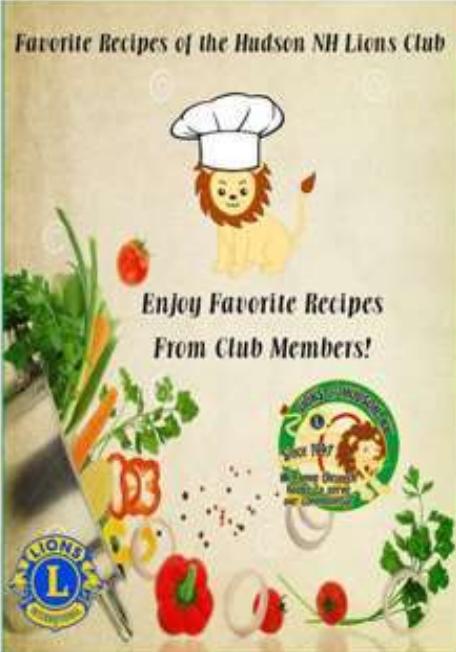


Members of the Hudson Lions Club rang the bells for the Salvation Army at Market Basket in Hudson. They netted the largest amount to date since PP Margaret and PP Don St. Onge have chaired this event! Well over \$1,000. Maybe the Christmas Caroling helped!



HUDSON LIONS RECIPE BOOK

**Our club serves in many ways.....including food!
The recipe book is now completed and ready to go!**



Place your order now!

\$20.00 per book

*Order additional books for friends & family.
You may pay in advance or upon receiving.
Proceeds benefit the Hudson Lions Charities.
These make wonderful gifts*

Mail order to: Barbara Bouley, 41 Adam Dr, Hudson, NH 03051

Email: Barbbouley@yahoo.com

\$20.00 per book. Checks made payable to HUDSON LIONS CLUB

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The Meredith Lions Club Raffle
“Dine in Style”

To benefit

The Meredith Food Pantry

Tickets only \$10.00

And the prizes are:

1st Prize:

\$200 gift card to the Restaurant of your choice
along with a 4 hour Limousine rental.

2nd Prize:

\$100 gift card to the
Restaurant of your choice.

3rd Prize:

\$50 gift card to the
Restaurant of your choice.

..... For further information and tickets, please contact:

PCC Bill Rathbun, Project Chair at 603-707-6209 or via email:

pdgbill33y@yahoo.com or

Club President Marie Valliere at 603-998-0871 or via email keylion03@gmail.com

Checks may also be sent to:

Meredith Lions Club, P O Box 1357, Meredith, NH 03253

Nashua Club Events

Nashua Lions Club has successful fundraisers and service projects.



Nashua Lions Club's Warren Miller Extreme Ski Fundraiser

Our Club ran a great fundraiser on December 2nd. The Warren Miller fundraiser has always been rewarding, and this year was no different! We sold out before the event and it was a very successful night!

The Warren Miller Extreme Ski Fundraiser is one of the most complex fundraisers organized by the Nashua Lions and it takes many members to make it happen. Before the event, members are personally donating or seeking donations to the Silent Auction, the Basket Raffle, and the Swag Bags. Others prepare Facebook and Instagram posts and the Sponsor Video. There are phone calls, emails, baskets to make, sign-up sheets to prepare and swag bags to fill. At the event, we have greeters, ticket sellers, theater ushers, photographers, emcees, and those all-important floaters who are on call wherever needed.

The Committee would like to express sincere thanks to all the Nashua Lions who participated in some way to the success of this year's event: Martha Ackerman, Sarah Autieri, Mary ~~Bathay~~, Kerry Baxter, Margo Bell, Paul Bergeron, Dr. Kristen Bryant, Steve Buxton, Derek Connary, Louise Deschenes, Dr. Karl and Nicki Engelhart, Erich Engelhart, Kelly Fox, Mike Francoeur, Erin Freda, Stephen Greenberg, Shaun and Becky Haerinck, Fran and Mark Hendrickson, Linda Hudon, Kevin and Eileen Kelly, Sarah Kiley, Ed and Elaine Lecius, Kamal and Neeta Masand, Renee McLaughlin, Mary Ann Melizzi-Golja, ~~Cort~~ Mendez, Dr. Robert Moheban, Stephanie Norris, Dan O'Donnell, Bob Pavano, Linda Quebec, Al St. Louis, Deborah Stoodley, and George Walker.

It is truly an event where many get involved to produce this success. Thank you all!

Nashua Lions Club Texas Roadhouse Gift Card Fundraiser!



Nashua Lions Club sold e-gift cards to Texas Roadhouse. Twenty percent of every purchase was given back to the Nashua Lions Club Charities Inc! We had another successful fundraiser. Thank you to all who made purchases and shared the link for others to make purchases. Special thanks to Lion Erich Engelhart for organizing this fundraiser with Texas Roadhouse.



Pill bottle recycling: Lions Fran and Mark recently processed 323 pill bottles that have been recycled by our Club. We continue to recycle clean, label-free pill bottles through Matthew 25 Ministries to provide a way for pill bottles we would normally throw away to become beneficial for medical care in developing countries. The types of bottles accepted include prescription and over-the-counter pill bottles, large and small pill bottles, pill bottles with and without child-resistant caps. All bottles must have caps, but they do not need to be child-resistant/secure caps. Please remove labels, leaving no glue or residue. Connect with fran_hendrickson@yahoo.com to help with this project. Thank you.

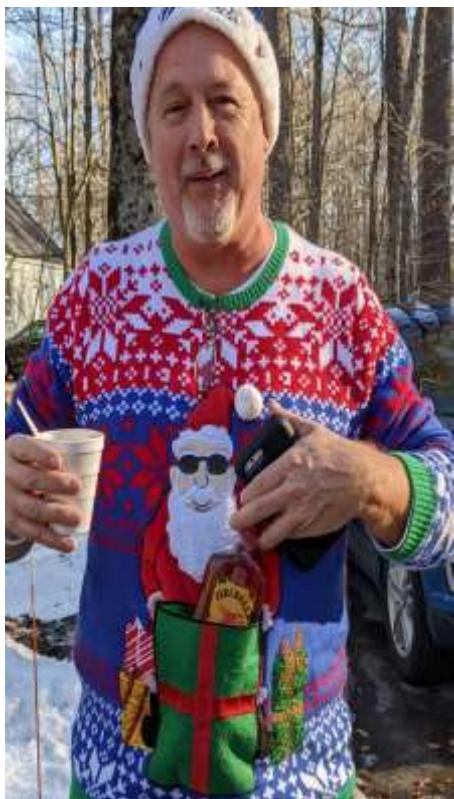
Trex Community Plastic Recycling Project: We are almost two months into our plastic recycling project and have kept 384 pounds of plastic out of the landfill. We are participating in the Trex Community Recycling project; we recycle collected plastic film, and Trex will provide a bench when we reach our goal of 500 pounds.

Santa has been sighted around town. Merry Christmas everyone!



North Conway Club Events

Singing Christmas carols to our Honorary Lion Bill Jones



North Conway Club Events

Our club donated a tree to the community
The theme was Children's Vision
Check out the eyeglass ornaments



North Conway Club Events

Our Conway Area Elves Cheryl & Tom Merrill helping



Foodbank pic to add to previous email



North Conway Club Events



President Alicia Gildea & Secretary Tom Merrill give Josh Drew a donation.
Little Angels Service Dogs is the only organization that helps children. This dog is being trained to help a 9-year-old who has at least 25 seizures a day



We welcome two new members.
Dee Spenser and our cousin Donna Byrne, which makes five people in our family that are District 44H Lions

New members at our Christmas Party

Salem Club Events

Salem Lions held their 65th tree lighting.



Salem lions were awarded 3rd place for their entry in the Christmas parade.



Salem lions donated Christmas gifts to the residents of Salemhaven.



Salem Lions were recently recognized for their donations to Pease Greeters.



Wakefield Lions Club Events

Attached is a photo of some Greater Wakefield Lions installing a new Eyeglass and Hearing Aid collection box in town. The group was joined by our Wakefield Town Administrator, Dino Scala. This box was installed just before Christmas and is located between the local library and the Town Hall.





44H Club event

Clubs that are interested in showcasing their events on the District 44-H website are encouraged to do so. Please email our webmaster at bduquette35@gmail.com with the required information and any applicable flyers:

Event Name

Event Date

Event Time

Event Cost

Event Location

Event Description

If any information is missing, we cannot post the event.

Bradley Duquette
Small Business Evangelist
978-944-2787
bduquette35@gmail.com

New England Lions Council
Serving the Needs of the Districts of New England



2021 - 2022 Council President Michelle Crocker, PDG
Phone: 207-458-3232 Email: dolphin0569@yahoo.com

Council Treasurer Domingos "Dom" Branco, PDG
6 Westgate Road, Cumberland, RI 02864

Phone: 401-658-4837 Email: domgbranco@msn.com

INDIVIDUAL MEMBERSHIP

RE: New England Lions Council Dues
Individual Membership

2021 - 2022 NELC Membership \$10.00

Membership coverage is from July 1, 2021 to June 30, 2022

Name: _____

District/MD: _____

2021-2022 District/MD Position(s): _____

Mailing Address: _____

City/State/Zip: _____

Best Phone: _____

Email: _____

Renewal New Member Number of Years a Member Amount Cash/Check

Please make check payable to NELC and send to Treasurer Dom Branco, PDG at the above address



Lions Youth Services

Our time at the Lucky Moose Casino ended, and it proved to be a huge success with the end result of receiving \$21,308.33.



President Al Goldstein and FVDG John Wynne picking up the check at the Lucky Moose

The Mid- Winter Service Project, collection of Art Supplies is in full swing. Many thanks to those who have made cash donations already, greatly appreciated— (see flyer in this newsletter for the list of wanted items).

The **Terri Lynn Fundraiser** is still going on and you will find a flyer in this newsletter just in time for Valentine's Day! Thank you for all your support!

March Calendar Raffle - 1,000 tickets are being printed and will be ready for sale shortly. Please contact Harry Armstrong at harrya616@yahoo.com



As mentioned in last month's newsletter, there were 10 clubs participating with 106 entries in this years Peace Poster Contest "We Are All Connected". Grand prize winner from the Chesterfield Lions is Kylie Rilling and the runner-up Carissa Bianchino from the Conway Area Lions have been invited to attend the award ceremony/presentation during the Saturday,

Mid-Winter Convention on January 29, 2022 at the DoubleTree in Nashua, NH so that they may be presented with a monetary award along with a framed photocopy of their winning poster. All other entries are in the process of being photographed and framed in order to be displayed at the DoubleTree for the convention.

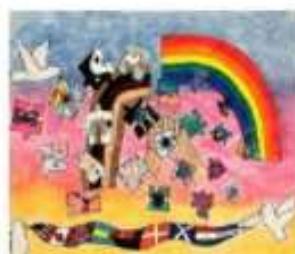
Here are the 1st place winners from the various clubs.



Andover - Ember Morgan



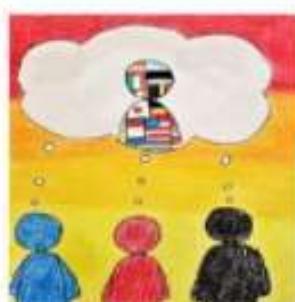
Concord - Sam Maths



Jaffrey-Ridge - MacKenzie Gurn



Merrimack - Kaylie Gregory



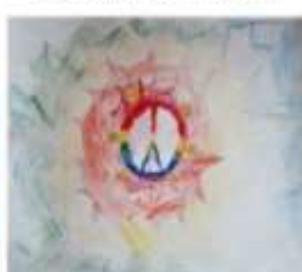
Milford - Zack Ramirez



Winchester - Olivia Jacobsen



Pinardville - Keira Schafer



Milford SVBG - Avian Benson



Fundraising with



Go to: <https://LYSNH.terrilynn.com> to place your order!

NEW! Free shipping when you order \$30 or more (per recipient address).
For orders under \$30, it's a \$5 flat rate shipping fee (per recipient address).



Valentine's Day 2/14/22, Ordering Cutoff Date is 1/31/22



Add a little sweetness to your day or your favorite Valentine with our premium chocolates and confections! Whatever your preference, from rich dark chocolate to kid-friendly treats. Sweets that taste all the sweeter when you show your support.



DARK CHOCOLATE
SEA SALT CARAMELS



MILK CHOCOLATE
PECAN CLUSTERS



MINT CHOCOLATE



DARK CHOCOLATE
PEANUT BUTTER MELTS



Recipe for Fruit and Nut Bark

Be creative with this easy recipe! You can use any combination of our premium nuts.
(We used Terri Lynn Fancy Pecan Pieces, Giant Cashews, and Roasted Whole Almonds)

Ingredients

- 12 oz White chocolate
- 1 cup Mixed nuts, coarsely chopped
- 1/3 cup Dried cranberries
- 1/3 cup Dried blueberries

Directions

- Melt the chocolate in the microwave, by heating in 20 second intervals, stirring between each.
- Once melted, fold in the rest of the ingredients.
- Spread mixture over wax paper, about 1/2" thick.
- Allow to harden, and then cut into large pieces.





THE DOGSIGHT PROJECT

**A Program of the New Hampshire Lions
Multiple District 44 – Health Services of New Hampshire**



New Year with a New Dog

Yikes! It's 2022 already! Jewel and I have been partners now for 4 months. Fidelco says it takes about 6 months to come together as a team. Jewel and I are ahead of the game then... She is a joy to live with and her guide work is wonderful. She's still got a lot of puppy in her, witness her play-bowing at the first snowfall, and her interest in plagueing the cats. The snow has already lost its allure, and I think in another year or so, she'll ignore the cats too. I can only hope!

You can contribute to the DogSight 2021-2022 campaign by sending a donation to the project chair. Checks should be made out to **LSHF** with **DSP** on the memo line. Please send checks to: The DogSight Project, c/o Linda Piekarski, 15 Edgewood Ave, Keene, NH 03431

Wishing you all a Happy and Healthy New Year!!

Linda Piekarski
Chair, the DogSight Project
lpiekarski@ne.rr.com



Raised for Fidelco in 2021-2022: \$7,067



ORDER YOUR AWARDS FOR MID-WINTER CONVENTION

LIONS SIGHT & HEARING FOUNDATION OF NH, INC

GRANITE STATE FELLOW (GSF)

Give recognition to someone in the community who helps and supports your club, or a member in your club that goes above and beyond.

Some clubs have money in their accounts with Sight & Hearing. Consider using those funds to thank individuals or entities for their support, and honor them with a GSF award. The Award comes with a beautiful plaque, a lapel pin and a letter honoring the recipient.

By making a donation of \$500.00 to LSHF, you are not only giving recognition, you are aiding a NH Citizen in need of our services.

Services include, hearing aids, eyecare and cataract surgery.

Donations go directly into the LSHF Endowment.

Clubs may donate to LSHF in \$100.00 increments

Donations may be banked for up to 5 years, by putting a designation on the donation memo.

Applications online: nhlions.org (Sight & Hearing, Granite State Fellow

Or from Chairman PCC Roger LaTulippe at 603-566-9409

email: dgroger@comcast.net



New England Lions Council

Representing Connecticut, Maine, Massachusetts,
New Hampshire, Rhode Island, and Vermont



Winter Meeting - January 8 – 9 2022
At the **Wayfinder Hotel**, 151 Admiral Kalbfus Rd., Newport, RI 02840
Tel.: 401-849-9880

Rooms are \$99.00 per night, plus taxes.

Please call the Hotel directly or book on line using the code "NELIO220107-143615".
The cutoff date is November 26

In order to use this code on line, you'll need to log into thewayfinderhotel.com. From there you'll select "Book Now" in the top-right corner of the page followed by "Check Availability" underneath the calendar menu. This will open a second webpage that you'll use to complete your booking. Scroll down to the bottom of this page and select the "Group Attendee" option under the "Add Code" drop down menu. Input the group code here and you'll be able to confirm your travel dates at the discounted group rate. See image below for reference.



Saturday Meals:

12:00 Luncheon **Wayfinder working Lunch** (Grilled Chicken Caesar Wrap, Bistro Steak Wrap, Grilled Veggie Wrap, Mixed Green Salad, Chips, Chocolate chip cookies, lemonade, coffee and tea)

Price PP (includes taxes & gratuities) = \$30.00 x _____ Total \$ _____

6:30 – Buffet Dinner (Please Choose one)

_____ Roasted Chicken Breast – served with herbed jus,

_____ Market Fish – served with Roasted Cauliflower and Hazelnut Gremolata
This includes Roasted potatoes with Thyme, Rosemary and onions, and Seasonal Veg Olive oil and Herbs

Price PP (includes taxes & gratuities) = \$45.00 x _____ Total \$ _____ Grand Total \$ _____

Name: _____ District Position: _____ District: _____

Address: _____ Club: _____

Telephone: _____ Email: _____

Please Make Checks Payable to NELC and mail to NELC Treasurer:
PDG Domingos G. Branco, 6 Westgate Road, Cumberland RI 02864

Deadline for Meals Reservation is December 23, 2021



MULTIPLE DISTRICT 44
62nd MID-WINTER CONVENTION
DOUBLE TREE BY HILTON, NASHUA, NH
JAN. 28-30, 2022

Our Invited Guests: International Director Michael Banks and his wife, Lion Anne ~~Matoy~~-Banks

Lion #1 _____ CLUB _____

Lion #2/guest _____ CLUB _____

Home Tel. # _____ e:mail _____

<u>Plan</u>	<u>Meals and registration</u>	<u># of persons</u>	<u>total cost</u>
A Fri. banquet, entertainment, Sat night hors d'oeuvres and Sat. banquet			@ \$65.00
B Sat. night hors d'oeuvres and banquet			@ \$40.00
C Fri. night banquet and entertainment			@ \$25.00

Total Amount Due \$ _____

Please make meal choices for Saturday Night Banquet: Circle number for your Choice

1- Garlic sage rubbed tournedos of beef 2- parmesan crusted haddock 3- butternut squash ravioli
Dessert: dessert sampler trays

Friday night: Italian Buffet: Salad, breadsticks, pasta w/marinara sauce, meatballs, sausage, eggplant parmesan
Coffee, decaf and regular, herbals teas, chef selected dessert

Saturday and Sunday Breakfast: Hotel restaurant open. Restaurant closed for lunch

Please note any special dietary needs _____

Deadline for meal reservations is January 12, 2022

Hotel Reservation: Lions Convention Room rate: single or double \$119.00/night plus tax

Call the Double Tree hotel @ 603-886-1200 and identify yourself as part of the group of NH Lions Multiple District 44. **All reservations must be made by Friday, January 14, 2022 for the special rate.** You will call and pay the hotel direct for your room.

Any questions please email Celeste ricupero7@comcast.net or call 603-321-0737 Convention Coordinator

Send reservation form and check for meals to:

Make checks payable to: Lions MD 44 Convention Fund

Deb Hogancamp
Convention Co-Coordinator
PO Box 602
Keene, NH 03431

For those that send their reservations in 2 weeks before cutoff date will have a chance to win a \$50 gift certificate to any restaurant of their choice. Their names will go into a basket and pulled out on Friday night.



**Multiple District 44 Convention
January 28-30, 2022**

Schedule

Friday, Jan. 28th

3:00-6:00 pm Registration
3:00-5:30 pm Hospitality rooms open
6:00-7:00 pm Cash bar and social
7:00 pm Dinner and Entertainment
Hospitality rooms open following banquet

Saturday, Jan. 29th

7:30-8:30 am Registration
8:30-11:30 am Multiple District meeting
11:40-12:05 am Lions Youth Services meeting
12:05-12:25 pm Sight and Hearing meeting
12:30 pm Lunch on your own
2:00-3:00 pm LYS filling tote bags with
art supplies for children in need
3:00-5:00 pm Hospitality rooms open
5:30-6:15 pm Cocktail reception
6:15 pm Grand March for Head Table and Subhead tables
6:30-9:30 pm Banquet and Program
Hospitality rooms open following the Banquet

The hospitality rooms are on the 8th floor

2022 Mid Winter ID Mike Banks



MICHAEL D. "MIKE" BANKS
INTERNATIONAL DIRECTOR

Michael D. "Mike" Banks from Stillwater, Oklahoma, USA, was elected to serve as international director of Lions Clubs International at the association's 102nd International Convention, held in Milan, Italy, July 5 through July 9, 2019.

Director Banks has more than 45 years of experience in accounting and real estate. He is a 1975 graduate of Oklahoma State University and began his career with a national public accounting firm in Oklahoma City. He is semi-retired and the owner of a local accounting firm. He is also the owner of many residential and commercial rental properties.

In 1989, he returned to Stillwater as a single parent to raise his three children. He joined the Stillwater Noon Lions Club in 1990 serving as tail twister, director, vice-president president and membership chair. He served as district governor (2007-2008) and as treasurer for several terms at the district and multiple-district levels.

In recognition of his service, he has received many recognitions including several International President's Awards, International President's Certificates of Appreciation and District Lion of the Year. Director Banks is also a Progressive Melvin Jones Fellow, W. P. Woods Fellow and Finis E. Davis Fellow.

In addition to his Lions activities, he has served his community as a member of the Payne County Sales Tax Oversight Board; treasurer of the Will Rogers Elementary School PTA; treasurer of the Community Aids Network; and member of the Stillwater Chamber of Commerce. He has been recognized as a Paul Harris Fellow and Duke of Paducah. He loves archery hunting and tinkering with his Ford Model As.

Director Banks and his wife, Lion Anne Matoy-Banks, who is also a Progressive Melvin Jones Fellow, have been married since 1992. Lion Anne loves family genealogy and quilting and regularly donates quilts to Quilts of Valor. She is the editor for the Payne County Historical Society Review. They have a blended family of seven children and love spending time with their 11 grandchildren.

**DISTRICT GOVERNOR****DG Robert Gustafson**

16 East Rd.

Atkinson, NH 03811

C: 603-553-0531

E: robertgustafson11@gmail.com**1st VICE DISTRICT GOVERNOR****FVDG Randy Tompkins**

1 Coombs Farm Rd

Greenland, NH 03840

H: 603-431-7352

C: 603-765-4965

E: Rye642@comcast.net**2nd VICE DISTRICT GOVERNOR****SVDG Kamal Masand**

20 Jennifer Drive

Nashua, NH 0362

H: 603-886-4389

C: 603-661-6638

E: kmasand01@gmail.com**CABINET SECRETARY-TREASURER (CST)****PDG Al Goldstein**

35 Main St

Atkinson, NH 03811

C: 603-913-1281

E: A1Goldstein@comcast.net**MULTIPLE COUNCIL CHAIR****MCC Alan Ricard**

PO Box 543

Canaan, NH 03741

C: 603-530-1206

E: AlanRicardc26@gmail.com**IMMEDIATE PAST DISTRICT GOVERNOR****PDG Marie Hall**

26 Moonlight Dr

Newmarket, NH 03857

C: 603-686-6935

E: 44hlionmarie@gmail.com**Global Leadership Team****GLL Celeste Ricupero**

7 Winn Ave

Hudson, NH 03051

C: 603-321-0737

E: ricupero7@comcast.net**Global Membership Team****GML Gail Dacey**

26 Winward Terrace

Salem, NH 03819

H: 603-898-6913

C: 603-560-1029

E: grd514@aol.com**Global Service Team****GSL Lara Raymond**

15 Lindsey St

Hudson, NH 03051

H: 603-438-7438

E: lamiddlemiss@gmail.com**LIONS YOUTH SERVICE**Second Thursday of the month at
Airport Diner, Manchester**SIGHT & HEARING FOUNDATION**Third Thursday of the month at the
Airport Diner, Manchester at 6:30PM**HEALTH SERVICE OF NH**Fourth Tuesday of the month at
Airport Diner, Manchester at 6:30PM**TWIN SOCCER ASSOCIATION (LTSSA)**Last Wed of the month at
Lui Lui in West Lebanon Powerhouse
Mall, Subject to change**CAMP PRIDE**2nd Wednesday of the month at
Airport Diner, Manchester NH**Zone 1 , Erin Freda ,Chair**

C: 603-305-5696

E: erinfreda@gmail.comClubs: Derry, Hudson, Litchfield,
LondonDerry, Nashua, Salem and
Windham**Zone 2 Mary Ellen Pate, Chair**

H: 603-489-5259

C: 603-475-9985

E: meln71@msn.comClubs: Atkinson, Danville, Epping,
Hampstead, Plaistow, Sandown
and Kingston**Zone 3 Karen Baillargeon, Chair**

H: 603-778-8496

W: 603-300-7197

E: kebail@comcast.netClubs: Exeter, Everest Centennial,
Hampton Area, Newmarket,
Portsmouth, Rollinsford / S. Ber-
wick, Rye, Seabrook and Somers-
worth**Zone 4 Marilyn Vaccaro , Chair**

H: 603-347-1408

C: 603-204-7251

E: ivac1408@comcast.netClubs: Barrington, Chester, Ep-
som / Chichester, Loudon, Ray-
mond, Saddleback Mountain and
Suncook Valley**Zone 5 Linda Rafferty, Chair**

C: 781-820-4771

E: lindarafferty@gmail.comClubs: Conway Area, Laconia / Gil-
ford, Meredith, Moultonborough,
Rochester, Wakefield, Whittier
and Wolfeboro

NHLIONSDISTRICT44-H

