

THE BETH JACOB BEAT

כ"ז בשבט תש"פ

PARSHAT MISHPATIM

FRIDAY,
FEBRUARY 21

SATURDAY,
FEBRUARY 22

CANDLE LIGHTING	5:35 PM
FRIDAY MINCHA/ KABBALAT SHABBAT/MAARIV	5:35 PM
SHABBAT MORNING SERVICES	9:00 AM
FINAL TIME TO SAY SHEMA	9:37 AM
EARLY MINCHA	12:40 PM
SHABBAT ENDS/HAVDALAH	6:35 PM
MAARIV	6:50 PM

MINYAN TIMES

Shacharit: Sun - Mon: 8:00 AM
Mon - Fri: 6:45 AM
Maariv: Mon - Thurs: 6:45 PM

Please Note: Mincha/Maariv will start at 5:45 PM on Sunday, February 23

ROSH CHODESH

Tuesday, February 25 and Wednesday, February 26 is Rosh Chodesh Adar. We will recite the Hallel together in Shul both days, and please remember to include Yaaleh V'Yavo in your private Amida and Birkat Hamazon.

KIDDUSH

This week's Kiddush is sponsored by BJC. Kiddush will be held in the downstairs social hall.

BIRTHDAYS

Michael Barricks, Sarah Offenberg (17), Debbie Offenberg, David Green, Sevan Randell (11), Mark M. Cohen, Talia Green (14), Daniel Gonik, Naomi Roberts (8)

EVENTS & CLASSES

Sunday Morning Breakfast & Tefillah Talks in Memory of Henry Ramek: Learn together this Sunday morning, February 23 after Shacharit.

Celebrate Tu B'Shvat with your BJC Family this Sunday, February 23. We'll be coming together at Lakeside Park near the kids' playground (Lakeshore Ave and El Embarcadero) from 11:30 AM - 1:00 PM. We'll have fruits and fun! Everyone is invited to bring picnic blankets and their own picnic food, as we celebrate Rosh Hashana La'ilanot, the New Year for the Trees. Questions? Email Rebecca @ astrachan@gmail.com.

Welcome to Palm Springs! We can't wait to see you in Palm Springs @BJC this Sunday evening. The doors will open after Mincha - around 6:15 PM. Our thanks to everyone who has worked so hard to make this a wonderful evening, especially our co-chairs, Terry Friedkin and Jessica Minkoff.

EVENTS & CLASSES

BJC University: The next series will start March 17. Listen to last week's class on *Case Studies on the Value of Human Life: Vaccination, Immunization, and Cosmetic Surgery* at: <https://www.yutorah.org/lectures/lecture.cfm/946227/rabbi-gershon-albert/case-studies-on-the-value-of-human-life/>

Lunchtime Talmud: Thursday, February 27 at noon at the home of Shelley Zak, 901 Hillcroft Circle.

All Women's Yoga Class: Thursday, February 27 from 8:00 - 9:00 PM at Beth Jacob. The class is \$20. For more info please contact Mielcah Munk at Mielcah.a@gmail.com.

Loved the musical davening with Yehuda Solomon and want to get some more? Join Rabbi Albert on Friday evenings March 6 and April 3 as we bring in Shabbat with a musical Kabbalat Shabbat.

EVENTS & CLASSES

Save-the-Date: Please join us on March 7 for a discussion on Jewish Wisdom and Mindfulness led by Yaakov Lehman. Yaakov is an entrepreneur and international lecturer bridging ancient wisdom with modern life. He is both a trained Rabbinic Educator and Qi gong teacher. When Yaakov is not on the road teaching, he resides in a quaint Judean village with his wife and four children.

Save-the-Date Purim Night: Maariv followed by Megillah Reading and Purim Carnival on March 9. More details to come.

Save-the-Date: Visiting Community Scholar with Michal Kohane March 14.

Caregiver Filming: Join us in the main sanctuary on Sunday, March 22 at 7:30 PM for a showing of "*Caregiver: A Love Story*," featuring our very own Bambi Fass z"l and Rick Tash, as well as Jessica Zitter and Rabbi Albert. Filmmaker and co-director Kevin Gordon will join them for a panel discussion following the screening. The film explores the rising problem of family caregiver burden, which comes with serious health, financial, and psychological hardship on family members caring for dying loved ones.

Intern Rabbi Shua Brick: Rabbi Brick is not coming on February 29 as originally scheduled, but will be coming on March 28 instead.

NCSY EVENTS

High School

Q&A Whatsapp group - send in any Jewish question.

More info and registration for all events can be found at norcal.ncsy.org.

[Pre Register for one of our 24 awesome summer programs to Israel!](https://summer.ncsy.org/)

ANNOUNCEMENTS

A reminder that all children through grade 5 should be escorted by their parents to child care/groups. Please do not allow your children to wander through our facilities unaccompanied.

Phishing Scam Emails: We continue to have problems with emails being sent to our members from someone posing as Rabbi Albert; the problem of emails impersonating clergy is occurring in Jewish communities nationally. The email this week has the subject line: Shalom Aleichem. Please remember that Rabbi Albert will only send you email from RabbiAlbert@bethjacobakland.org. We continue to be in touch with law enforcement regarding these emails.

What's App Group: Stay in the BJC Learning Loop Daily. We have two Whatsapp groups for members and friends that are available to anyone with a smartphone: "Inspiration Seekers" with Meira Albert shares a weekly dose life inspiration with an inspiring article, story, or thought-provoking question. "Beth Jacob Daily Hala-cha" with Rabbi Albert shares a daily recording between 3-5 minutes long on the Laws of Cooking on Shabbat. If you'd like to sign up, please send an email to the office with your Whatsapp account information or cell phone number.

BJC MESSAGE BOARD

Torah Imecha Nach Yomi with the OU Women's Initiative: Join the daily Nach Podcast by noted women educators. Subscribe at go.ou.org/tipr.

Monthly Shabbat Open Table: Anyone and everyone (including children) are invited to a Shabbat dinner hosted by Kirsten Barrere on March 6, 2020. There is a maximum of eleven seats. Please RSVP to Kirsten at barrere0424@sbcglobal.net by March 4.

Interested in some immersive Torah study in Israel? Rabbi Dardik and his Yeshiva (Orayta) are hosting a learning mission for men and women from March 17th-22nd. No prior text study background required for the "yeshiva fantasy camp" experience. Contact rabbidardik@gmail.com or Kirsten Barrere at barrere0424@sbcglobal.net for further details.

For Rent: Large furnished apartment for rent. One mile from the synagogue. Views and fenced backyard. Available immediately. Contact bill.tausch@ucsf.edu.