

# The Beth Jacob Beat

ט' באדר ב' תשע"ט

Parshat Vayikra

9 Adar II, 5779, March 16, 2019

The beat goes on...

There's no need to take this home on Shabbos... these announcements can be found on our website at [www.BethJacobOakland.org](http://www.BethJacobOakland.org)

## MAZEL TOVS

**Birthdays:** Maxim Shusteff, Jonathan Hajdu, Alan Titus, Richard Tash, Coleman Gross, Jessica Minkoff

**Anniversaries:** Leo Hmelnitsky and Anna Levin, Alex and Alla Dadiomov

**KIDDUSH:** This week's Kiddush is sponsored by BJC and will be held in the Downstairs Social Hall.

**Kiddush sponsors are requested for May 4<sup>th</sup>. Please contact [office@bethjacoboakland.org](mailto:office@bethjacoboakland.org) to sponsor. Thank you.**

## MINYAN TIMES

Shacharit: Sunday: 8:00 AM; Mon - Fri: 6:45 AM  
Mincha/Maariv: Sun: 6:00 PM (before the gala),  
Mon-Tues: 6:45 PM; Wed: 6:50 PM; Thurs: None

**Fast of Esther:** Wednesday, March 20 Fast Begins: 5:54 AM;  
Fast Ends: 8:00 PM. Only eating and drinking are prohibited.

PARSHAT VAYIKRA FRIDAY, MARCH 15 – SATURDAY, MARCH 16	
Candle Lighting	6:58 PM
Friday Mincha/Kabbalat Shabbat/Maariv	6:45 PM
Shabbat Morning Services	9:00 AM
Final Time to Say Shema	10:19 AM
Shabbat Mincha	1:30 PM
Shabbat Ends/Havdalah	7:56 PM
Maariv	8:10 PM

**Parking:** Please do not block - even a tiny bit – of the neighbors' driveways when parking at BJC for the Gala or for Purim. Cars will be ticketed and/or towed at your expense if our neighbors' access to their driveways is affected. Thank you for your understanding.

## EVENTS & CLASSES

- **Shabbat with Community Scholar Michal Kohane:** Join us this Shabbat, March 16<sup>th</sup> with Community Scholar Michal Kohane. Michal will give the Drasha at the end of services (approx. 11:15 AM) and a Shabbat U, open to both men and women. The Drasha topic will be: *Shabbat Zachor - Remember What?* The Shabbat U topic will be: *Megilat Esther - The Hidden and The Revealed*.
- **Sunday Morning Breakfast & Tefillah Talks in Memory of Henry Ramek:** Learn together this Sunday morning, March 17<sup>th</sup> after Shacharit.
- **Learn to Lead Women's Beit Midrash:** Join us Sunday, March 17<sup>th</sup> from 10:00 AM to 11:30 AM for the next Learn to Lead led by Rosh Beit Midrash Michal Kohane.
- **BJC Annual Gala:** ALOHA Beth Jacob! Join us as we come together for our KAIULU'S annual Gala and Auction March 17, 2019. It promises to be ONO. MAHALO!
- **Pathways through the Parsha:** Join Rabbi Albert Monday morning, March 18<sup>th</sup> for the Parsha class at OHDS at 8:30 AM. The class will also be livestreamed on Rabbi Albert's Facebook page. If you would like to participate but can't make it to OHDS, make sure to friend Rabbi Albert to watch the class live.
- **BJC University Part 3: Fundamental Feuds:** The Essential Place of Machloket in Jewish Life will continue on Tuesday, April 2 at 7:30 PM. The topic will be: *Written by God, but Read by Man: The Two Schools of Midrashic Interpretation and their Two-Thousand Year Legacy*. No classes March 19 or 26.
- **Purim:** Please see attached Purim schedule for all times. Childcare will be available for ages 0-5.
- **Lunchtime Talmud:** There will be no class Thursday, March 21. Class will resume March 28<sup>th</sup>.
- **Seudah Shlishit:** Third Meal and learning will be resuming on Shabbat, March 23<sup>rd</sup>, with a Shiur taught by Rabbi Perry Tirschwell. Rabbi Tirschwell's topic is: *"Food, Glorious Food - Why Purim & Pesach Revolve Around Cuisine."*

- **Pre-Pesach Seder:** So that your Seder cups will overflow with wine and wisdom, join us for our annual Pre-Pesach community dinner where you will be able to enjoy Hajdu wines and learn from Rabbi Albert. Babysitting available. Contact Shelley Zak if you're available to pour wines during the evening. RSVP [HERE](#) to reserve your spot at the table by March 28th!

## ANNOUNCEMENTS

- **Website Makeover:** Our website is still being developed, but you can visit [www.bethjacobobakland.org](http://www.bethjacobobakland.org) for information about our schedule, to use the member directory, and to make payments. Questions? Please contact Adira: [accounting@bethjacobobakland.org](mailto:accounting@bethjacobobakland.org).

## COMMUNITY MESSAGE BOARD

- **Be the Match Campaign:** Five-year-old Norah is searching for a bone marrow donor. Visit the link for details at [www.norahneedsyou.com](http://www.norahneedsyou.com).
- **Mommy and Me Yoga:** Join Mielcah for her second of four Mommy and Me Yoga class at Meira Albert's home- 1063 Mandana Blvd. on Tuesday, March 18<sup>th</sup> from 10:30-11:30 AM. \$20/class. Please email Mielcah with any questions at [mielcah.a@gmail.com](mailto:mielcah.a@gmail.com).
- **Expectant Mother's Empowerment Workshop:** Come together on Sunday, March 24<sup>th</sup> from 11:00 AM- 1:00 PM at the Oakland Birth and Wellness Center and learn birthing techniques, breathing, and yoga, to alleviate pregnancy and discomforts and labor pains and put you in control of creating an optimal birth experience. RSVP at [Mielcah.a@gmail.com](mailto:Mielcah.a@gmail.com) or call Mielcah: 773.480.7153. Cost \$35.
- **Understanding and Managing BRCA-Related Cancer Risk:** Join the Basser Center for BRCA at Congregation Beth El of Berkeley on Thursday, March 28<sup>th</sup> from 7:30 – 9:30 PM for an important discussion about the experience of living with BRCA mutations and hereditary cancers. Register at [basser.org/knowledgeispower](http://basser.org/knowledgeispower).
- **Free Pilates/Yoga for BJC Women:** Join Mindy Berla for a free Piloga class on March 31<sup>st</sup> at 3:00 PM at BK ROOTS, 300 4<sup>th</sup> St, Oakland, 94607. For more information visit [www.bkrootsfitness.com](http://www.bkrootsfitness.com). RSVP at <https://goo.gl/forms/QnIF9Bta3vTpHQ0E2>.
- **Monthly Shabbat Open Table:** Anyone and everyone (including children) are invited to a Shabbat dinner hosted by Kirsten Barrere on April 5, 2019. There is a maximum of eleven seats. Please RSVP to Kirsten at [barrere0424@sbcglobal.net](mailto:barrere0424@sbcglobal.net) by April 3.

- **Summer Day Camp:** Rabbi Akiva Naiman is planning to lead a day camp this summer for current 1st, 2nd, and 3rd graders. Please click this link for more information: <http://tiny.cc/qk1s2y>.
- **Camp Gan Israel:** 6 weeks of fun, adventure, and growth mixed with Jewish joy and pride for over 25 years along the sunny shores and amongst the majestic trees of Lake Temescal. For more information visit <http://www.ganisraelberkeley.com/>.
- **Raising Jewish Teens with Akiva & Chani Naiman:** Tuesday, March 26 from 7:00 -8:30 PM at OHDS (5500 Redwood Rd, Oakland 94619.) Raising kids? Hard. Raising teens? Harder. Raising JEWISH teens?? We're off the charts, people. All kidding aside, teens are at an incredible stage in life, when they are building and shaping their identities. Judaism plays a part in that identity! Together we will discuss the importance of Judaism in a teen's life, and some #life hacks at making Judaism a [fun] priority. Whether you have a teen, pre-teen or future teen, come join us. Please register below (no cost): <https://docs.google.com/spreadsheets/d/1ukQUDuqY151EWKyq9xmZbq3HZHJguMqKzBpjUuAUoLE/edit#gid=0>
- **Hebrew San Francisco:** We welcome anyone interested in the Hebrew language, and offer multiple levels of instruction in small class settings. Ulpán at USF from July 8-26, 2019. For more information, including a link to register, please visit [usfca.edu/summer-hebrewsf](http://usfca.edu/summer-hebrewsf). Scholarships are available.

## BJC YOUTH EVENTS

### B'NAI J YOUTH GROUPS (Tots – 5<sup>th</sup> grade)

- **Shabbat Groups:** All ages meet in the Downstairs Social Hall at 9:30 AM. Parents, please pick up your children at the end of services (before Kiddush). The Gan will be locked at the completion of groups.
- **B'nai J Tots (1yr - Kindergarten):** Noam and Hila will prepare us for Purim!
- **B'nai J Club:** Join us for a Super Duper Kiddush this week to celebrate the month of Adar!
- **B'nai J<sup>2</sup>:** Rabbi Josh Munk will be leading Middle School Tefilah and Activity at 11:00 AM in the teen lounge.
- **Storytime and Quiet Room:** Open at 10:45 AM. B'nai J Club members can come to the room across from the downstairs social hall to enjoy quiet activities, read, and hear a new story read each week!

## NCSY EVENTS

- **NCSY Annual Celebration Dinner** – All community members and teens ages 6th grade and up are welcome to join us for a fun night reflecting on the incredible year of growth for NorCal NCSY this year! Save the date, April 10<sup>th</sup> from 6:45 – 8:15 PM at BJC! RSVP at [norcal.ncsy.org](http://norcal.ncsy.org). Questions - please contact Rabbi Akiva Naiman at [namana@ncsy.org](mailto:namana@ncsy.org).

### GRADES 6-8

- **Shabbaton!** March 22<sup>nd</sup>
- **Bat Mitzvah Club for 6<sup>th</sup> & 7<sup>th</sup> grade girls:** Sunday, March 17 from 10:30 AM-12:00 PM. Join Mielcah Munk in her apartment at BJC for an introduction to meditation. Please bring a yoga mat and wear comfortable clothes. Light refreshments will be served.
- **Tuesdays:** Lunch club at OHDS and every other Tuesday at CCJDS.

### GRADES 9-12

- **Mondays:** Latte N Learn in Berkeley
- **Tuesdays:** Lunch Club at Piedmont High and JCHS and every other Tuesday at Head Royce
- **Tuesdays:** Lunch Club at Oakland Tech
- **Thursdays:** Learn N' Earn at BJC! 7:45 PM-8:45 P.M.
- **Fridays:** Lunch Club at JCHS