

Not So Different- A look at resources in our community for mental illness and addiction with a talk centered around stigma and what you can do to help. **February 25 at 6 pm**

 <https://zoom.us/j/98594792102?pwd=V3lYQ0pDZG5ENlJtaTM5dFl6Vmp2Zz09>

Mental Health First Aid- Learn how to identify someone in a mental health or addiction crisis and learn how to respond.

**February 19 at 9 am**

<https://www.eventbrite.com/o/mental-health-and-recovery-for-licking-and-knox-counties-17805095282>

QPR- Question, Persuade, Refer: Suicide Prevention

**February 23 at 6 pm**

 <https://zoom.us/j/97751938796?pwd=cUVLWDgzL0Y3UDZWWi9BZTQxVTZnZz09>

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