

Tashlich

מִי־אֵל כְּמוֹדֶךָ נִשְׂא עֹון וְעֵבֶר עַל־פְּשָׁע לְשִׁאֲרִית נִחַלְתּוֹ לֹא־הִחְזִיק לְעַד אָפוּ
כִּי־חִפֵּץ חֶסֶד הוּא: יֵט יָשׁוּב יִרְחַמֵּנוּ יִכְבֹּשׁ עֲוֹנוֹתֵינוּ וְתִשְׁלִיךְ בְּמַצְלוֹת יָם
כָּל־חַטָּאתָם: כִּי תִתֵּן אֶמֶת לִיעֲקֹב חֶסֶד לְאַבְרָהָם אֲשֶׁר־נִשְׁבַּעְתָּ לְאַבְתָּינוּ מִיָּמֵי
קֶדֶם:

Is there any divinity save You who forgives the sins and pardons the transgressions of the remnant, Your people? You do not maintain anger forever, for You delight in love. You will return to us compassionately, overcoming the consequences of our sin, hurling our sins into the depths of the sea. You will keep faith with Jacob, showing enduring love to Abraham, as You promised our ancestors in days of old.

- Micah 7:18-20

וַיֹּאמֶר קִרְאתִי מִצָּרָה לִי אֱלֹהֵי הַיְהוָה וַיַּעֲנֵנִי מִבֶּטֶן שְׁאוֹל שְׁמַעְתָּ
קוֹלִי: וְתִשְׁלִיכֵנִי מִצוֹלָה בְּלִבָּב יָמִים וְנָהָר יִסְבְּבֵנִי כָּל־מִשְׁבְּרִיךָ וְגִלְיָדָךָ עָלַי
עָבְרוּ: וַאֲנִי אֲמַרְתִּי נִגְרַשְׁתִּי מִנֶּגֶד עֵינֶיךָ אַךְ אוֹסִיף לְהִבִּיט אֶל־הֵיכַל
קִדְשֶׁךָ: אֶפְפוּנִי מִיָּם עַד־נֶפֶשׁ תִּהְיוּם יִסְבְּבֵנִי סוּף חֲבוּשׁ לְרֹאשִׁי: לְקַצְבֵּי הָרִים
יִרְדְּתִי הָאָרֶץ בְּרַחֲמֶיךָ בְּעַדִּי לְעוֹלָם וְתַעַל מִשַּׁחַת חַיִּי יְהוָה אֱלֹהֵי: בְּהִתְעַטֵּף עָלַי
נֶפְשִׁי אֶת־יְהוָה זָכַרְתִּי וַתָּבוֹא אֵלַיךְ תִּפְלֹתִי אֶל־הֵיכַל קִדְשֶׁךָ:

In my trouble I called to ADONAI, who answered me; from the belly of Sheol I cried out, and You heard my You cast me into the depths, into the heart of the sea, the floods engulfed me; all Your breakers and billows swept over me, I thought I was driven away out of Your sight: Would I ever gaze again upon Your holy Temple? The waters closed in over me, the deep engulfed me, Weeds twined around my head* I sank to the base of the mountains; the bars of the earth closed upon me forever. Yet You brought my life up from the pit, O my God ADONAI! When my life was ebbing away, I called ADONAI to mind; and my prayer came before You, into Your holy Temple.

-Jonah 2:3-8

לֹא־יִרְעוּ וְלֹא־יִשְׁחִיתוּ בְּכָל־הָר קִדְשֵׁי כִּי־מִלְאָה הָאָרֶץ דָּעָה אֶת־יְהוָה כַּמַּיִם
לִיָּם מְכַסִּים:

None shall hurt or destroy in all My holy mountain, for the love of ADONAI shall fill the earth as the waters fill the sea.

- Isaiah 11:9

A Prayer for Tashlich

- from Ritualwell

Here I am again

ready to let go of my mistakes.

Help me to release myself

from all the ways I've missed the mark.

Help me to stop carrying

the karmic baggage of my poor choices.

As I cast this bread upon the waters

lift my troubles off my shoulders.

Help me to know that last year is over,

washed away like crumbs in the current.

Open my heart to blessing and gratitude.

Renew my soul as the dew renews the grasses.

Amen.